Box River News



Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green

May 2011

SUNFLOWER BUILDING OPEN



The the new Sunflower Playgroup building is now completed and visitors enjoyed an open day on 2nd April. From Wednesday 27th April In addition to the normal Playgroup facilities, the Sunflower Playgroup will be open from 7.30am until 6.pm during term time and will provide Breakfast Clubs, Pre-school sessions, After school clubs and Holiday clubs. Moira Grant and her team, are to be congratulated in bringing this major development to a successful conclusion. More pictures of the interior can be seen on the Boxford School page in this edition,

NEW OWNER FOR THE FLEECE

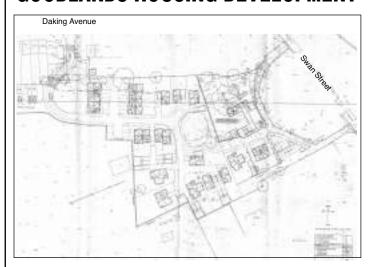
John Norton, proprietor of the Edwardstone White Horse and the Mill Green Brewery, has made a successful offer for the Boxford Fleece, John said "This is a very exciting for us,. We are planning to return it to being a proper village pub full of local character and beer of course hopefully with the support of the village it will be a fine hostelry once again."

It is very disappointing that Punch Taverns deemed it necessary to cover the place in steel plate until the ownership is officially transferred John. He did complain to them but they maintained that it was a condition of there insurance. Everything looks to be going through smoothly and hopefully work to restore The Fleece to it's former Glory will begin within a month.

Footpath 10 (Running Waters).

Although recently restored to a very fine condition, walkers are still choosing to trespass on land belonging to Mr Partridge by walking along the top of the bank. This is quite unnecessary and in the interest of all the footpath users, would those responsible please use the official footpath in future

GOODLANDS HOUSING DEVELOPMENT



An outline planning application (No: B/11/00148/OUT) has been submitted on land south of Daking Avenue and west of, Swan Street for the erection of 25 dwellings with new access road and off street parking for Swan Street.

Details of the application are available for inspection online at http://planning.babergh.gov.uk If you type this number 00148 and click search, the application will appear on the screen. The application may also be inspected at the District Council's Offices, Corks Lane Hadleigh, between 09.00 and 17.00 Monday to Thursday, and 09.00 and 16.30 on Fridays but you will need to have received a letter of notification from Babergh if you intend to visit the office.

Boxford Parish Council have also been notified of the application and may be able to let you see the documents. Please contact the Town or Parish Clerk for further information. Should you have any planning comments to make about the application you are unfortunately too late.

The outline plans are for 25 dwellings, five more than in the Local Plan. and includes parking for residents of Swan Street with access from Swan Street. However the parking will not be available without charge and any resident wishing to have off road parking will be required to pay an annual fee. Similar parking was offered to residents recently but no one took it up. Surely the developer should be held responsible for the costs as a gesture of good will to the residents!!

Meetings were held in March when the plans were considered and a number of objections were raised including the fact that the access from Swan Street is far to narrow and the resulting traffic congestion from the additional traffic would further exacerbate the situation. It has also been noticed that access to the footpath leading to Primrose Wood has not been included on the plans with Garages shown on its present path!

Box River News

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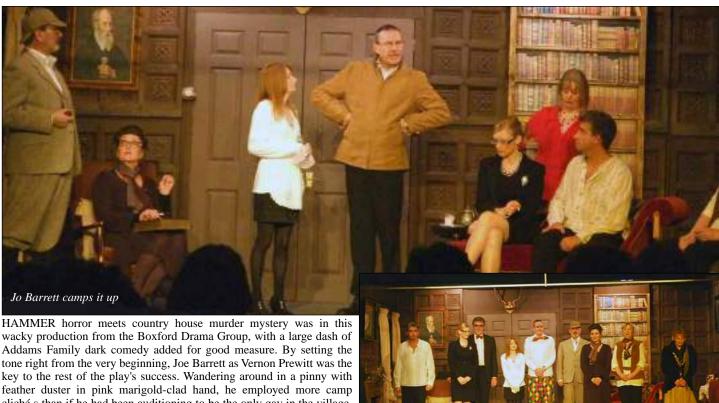
Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR or left at 'Boxford News' in Broad Street Boxford marked for the 'Box River News' Include pictures together with stamped addressed envelope for their return

Telephone: 01787 211507
e.mail: ed.kench@btinternet.com
Final date for copy for the June 2011 Issue is:

May 18th

Box River News Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Lindsey, Stoke by Nayland, Nayland, Kersey, and parents of children at Boxford School.

BDG TIPTOED THROUGH THE THOMBSTONES!!



cliché s than if he had been auditioning to be the only gay in the village. It was all so outrageous that it gave the rest of the cast licence to take their characters out on a limb. This was a play where nothing was what it seemed and nobody was who they appeared to be.

All the players and back room staff are to be congratulated on another excellent production and those responsible for scenery and special effects deserve applause for making the whole production work as slickly as it did



Friday, 6 May 8.00, Ticket £16 Tony Kofi

Tony Kofi tenor sax, David Chamberlain bass, Rod Youngs drums Anyone who heard Tony Kofi perform the complete works of Thelonius Monk in the course of one day (London Jazz Festival 2007) knows what a dedicated, impressive, solid, passionate yet controlled player he is whether playing Monk or his own exciting compositions.

Friday, 13 May 8.00, Ticket £18 Spike Heatley

Spike Heatley bass, Alan Barnes sax, Andy Williams guitar Mal Mortimore drums. Spike Heatley's legendary career spans seven decades and every great jazz musician from Barney Kessel to Martin Taylor, the man who got Spike to drop his golf clubs, pick up his bass, drag himself away from France and start touring again and ten years later, thankfully, he's still at it!

Friday, 20 May 8.00, Ticket £14 Kelly Dickson

Kelly Dickson vocals, Werner Kristiansen guitar, Tom Mason

bass, Pat Illingworth drums. Kelly's voice has been described by Jamie Cullum as A highly individual, mature artist with a very subtle power that creeps up on you. Her Fleece debut is eagerly

Friday, 27 May 8.00, Ticket £15 Nicolas Meier Trio

The Cast, most having come back from the dead.

Nicolas Meier guitar, Paolo Minervini bass, Demi Garcia percussion. Swiss born London based guitarist Nicolas. Meier is a versatile musician whose primary influence is music of the Middle East. This will be an evening of exotic and exciting jazz.

Friday, 3 June 8.00, Ticket £16 Gabriel Garricks Sidewinder Quintet

Gabriel Garrick trumpet, Michael Garrick piano, Sam Walker tenor sax, Matt Ridley bass, Chris Nicholls drums. Born into a musical family and gigging from an early age Gabriel graduated from the Royal Academy of Music and the NYJO in 1995, since when he has worked with everybody from John Dankworth to King Candy and The Sugar Push! He is also a passionate educator and we should learn something tonight!.

Friday, 10 June 8.00, Ticket £15 Richard Fairhurst's Triptychamusia

Richard Fairhurst piano, Jasper Hoiby bass, Chris Valataro drums, Award winning pianist Richard Fairhurst is a powerful keyboard virtuoso and as sophisticated a composer as he is a player. A hint of Bill Evans.

Friday, 17 June 8.00, Ticket £16 Neon Quartet

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

01787 211865 All cheques (with S.A.E. please) to: Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

THE MAY LETTER FROM REV JUDITH



Dear friends,

As I write this, Swan Street, our main thoroughfare through Boxford, is closed to traffic for a few weeks for road repairs and improvements. For me - as for many of you - this has meant that my journeys in the benefice have taken on a new twist, as I now wend my way up Cox Hill, through Kersey Tye and past Groton Wood to reach Edwardstone and Little Waldingfield .

The downside of this is the extra time it takes me to reach my destinations. It's not just because of the extra distance, but because the narrowness of the roads and the bends concealing oncoming cars means that I have to drive more slowly (no bad thing!).

The upside, though, for me, has outweighed any slight inconvenience. I have discovered more of the places where parishioners live, as well as new parts of the lovely countryside which surrounds us. I have also seen familiar places from a completely new angle, like the view of Groton church in the distance coming down the lane towards Groton from Castling's Heath.

It was the same thing recently when, on our day off, Rufus and I were thwarted from reaching our destination by a long hold-up on the A14. Our initial reaction was dismay, but we started to look for an alternative route, leaving the A14 by the nearest exit.

One of the joys of having Ordnance Survey maps in the car, rather than relying on Sat Nav, is that you can see at a glance the area around you and pick out its interesting features. That meant that we were able to find our way to a pleasant secluded church, just a mile or two away, where we sat in peace to eat our packed lunch.

Life throws up many things which block the path we wanted to take – for all kinds of reasons – and that can make us feel, quite naturally, angry, bitter, frustrated or disappointed. But it's my belief that, if we can hold on to a trust in God, we will find that he is able to open up new paths for us, to show us new vistas, to reveal new insights into the problems which have dogged us.

"Make me to know your ways, O LORD; teach me your paths." (Psalm 25)

Every blessing. Revd. Judith

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Semer, B1115, opp Semer Bridge

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Above: "Some don't like it hot" (And the Bhut Jolokia was extremely hot, with the warning, "try it if you dare!")

Another highly successful "Quiz and Curry" evening at Groton Village Hall. 14 teams took part, with the winning team scoring 100½ out a possible maximum of 112. Three teams were in joint second place on 97 points.



Left: quizmaster, Steve Foster in full voice, while Brian Jones updates the scores after the previous round,

Photos David Lamming

QUIZ AND CURRY EVENING AT GROTON | 3PR AT THE BOXFORD APM



At the Boxford APM on the 5th April, following the official business, members of the Three Parishes Response Team were presented with awards for outstanding service to the community by being on call throughout 2010 for in excess of 500 hours. those receiving awards were as follows:

Yvonne Hughes 501 hours, Tina Loose 502 hours, Elaine and Will Carpenter 531 hours, Robin and Elizabeth D'astur 828 hours, Peter Hibben 1441 hours and last but by no means least, John Moles 2448 hours. The awards were presented by the Chairman of Boxford Parish Council, Roger Balls.

THE EDWARDSTONE WHITE HORSE





THE 15TH ANNUAL DARK ALE DAYS

28th April - 2nd May

East Anglia's biggest and longest running independent celebration of dark ales.

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5 days of great real beer, talented musicians, and excellent homemade food.

Our own Mill Green Brewery will again be brewing the brilliant 3.3% Mild 'Tess Of The Compasses' (named after the former landlady of the now closed 'Compasses' PH in Boxford, one of the last real Suffolk ale houses), and a special royal wedding ale 'Mead For Each Other' brewed using real honey and with medieval character.

Traditional Dances

Live music everyday

What a weekend!

Fri - Afternoon: French/Euro Dance (perfect for family fun, light-hearted wedding day celebration) Eve: Céilidh (bam dance style) there will be tuition and guidance, so wear your flat shoes and give it a go.

Sat - Afternoon: - Brian Crockett (folk) - Peter Booth (folk). Eve: - Bradfield Redshift (Rock/Blues) - Rockhouse (50's, 60's rock)

Sun - Afternoon: - Morris Dancers TBC (traditional) - Foolproof Posers (Rock) The Bluesnight Men (rock/blues). Eve: This Boy Wonders (Superb local Indie Rock group)

Mon -Afternoon: Folk Session (everyone welcome) 3pm

Camping is popular this time of year and is a brilliant way of making the most out of the facilities, ensuring that you get a good sample of the beers and don't miss a minute of the live music.

Please check our website or Facebook for further info on available beers, music line-up, accommodation etc or ring Amy and Gav on 01787211211

What's new at the White Horse

Our attractive 'Green Room' is now available for parties and meetings. Contact the pub for details.

- We now have our own water supply from a borehole that goes 60 meters beneath the beer garden. CAMRA members, with a valid membership card, are now entitled to 10p off every pint of real ale.
- We now have a good selection of single malt Whiskies, including the rich peaty flavoured 'Laphroaig'.

Remember....we are now open every weekday lunchtime for excellent homemade food.

To find out more about our 2 self catering chalets, camping, events, our beer, where we source our food, or any other enquiries:- Ring Amy or Gavion: 01787 211211 - Find out more details at: www.edwardstonewhitehorse.co.uk -- Become a fan on facebook -- Or come up the pub

BOXFORD WARD CANDIDATES

Bryn Hurren



I am Suffolk born and bred, and have come to love the South Suffolk villages where I have lived for the past 32 years. I came to live in Boxford in 1975 and set up a business making furniture there. After almost 20 years of trading, I made a decision to downsize, and I now carry on my trade working freelance in peoples' homes, accepting commissions to make anything from church doors to bespoke kitchen cupboards.

I became interested in politics and local affairs at a very young age, and I joined the Liberal Party and Greenpeace when aged 16. Since then I have served 10 years as a

parish Councillor, 8 years as a school governor and now 12 years as your district Councillor.

My interests are agriculture, country matters, music, football, gardening, ballroom and latin dancing and local politics.

I have two gorgeous daughters, Ashleigh, 23 who has graduated in English from Falmouth University and Danielle who is having a gap year from University and working at the Mercury Theatre.

If you need a lift on polling day, please phone me on 01787 210854 or tell me when I visit you while campaigning!

Taz Kavvadias

At the Annual Parish Meeting recently, Parish Council Chairman Roger Balls said that Boxford was a great place to live because of its residents and their natural tendency to welcome newcomers and non-residents. If the reception I received at that meeting is any gauge, then Chairman Balls has it right. As some of you know, I am standing in the Boxford Ward for the Babergh District Council election on May 5th. I came along to the APM

to meet some of you and hear about the past year's events as well as your concerns and questions.



My message to the residents of Boxford, Groton, Edwardstone, Lindsey and Milden is simple: "Let's talk." And I am extending that invitation to every resident in the Ward, no matter what your current political affiliation, how you voted in the past or how you intend to vote on the 5th. I would like to hear from you! Because we all have one thing in common: A financial crisis that threatens services provided by local government.

And as services continue to be merged with Mid-Suffolk District Council, individual villages will need strong representation—new and accountable representation—to keep their voices heard. I would

like to fight on behalf of residents for what they think is best for their villages, not what others tell them is important. This is your opportunity to be heard.

Local government should work for you; after all, you pay for it. I would like to involve residents in the decision-making process and make the Council's inner workings more open to the public. This way, residents and local businesses will be empowered to best use Council resources.

The same goes for planning. Many application outcomes reflect department targets and not what individual residents need for their families or what each village demands for its community. I cannot change the entire system overnight, but I will do my best to start the discussion of how we better serve residents when it comes to planning.

Accountable representation must be transparent representation. If elected, I will voluntarily make public all of my interests and expenses and I will encourage fellow Councillors to do the same. The same rule should apply for how Councillors vote on every issue.

These are my goals. And I would like to hear from you--by telephone, email or even a letter--about what you think, no matter who you plan on voting for...let's talk! votefortaz@gmail.com Tel: 07896711994

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Ladies & Girls

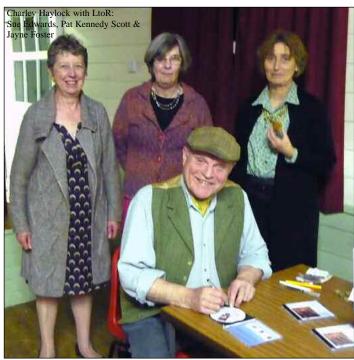
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Saturday 14th May - £45 per head. Includes, PGA tuition, lunch and 9 holes.

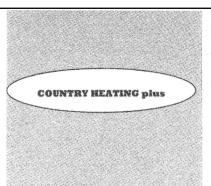
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"AN ECCENTRIC LOOK AT SUFFOLK"



Charlie Haylock, who is one of Suffolk's leading entertainers, put on an informative and hilarious show He managed to reduce the audience at Groton Village Hall on Saturday 9th April to tears of laughter with his story telling during his one man show "An Eccentric Look At Suffolk". But he had a serious side and also gave a highly informative talk about the history of the English language and the importance of the Suffolk dialect.

It was a great Saturday evening out and we enjoyed some great refreshments during the interval. Groton PCC made about £300, towards the Church funds thanks to Charlie's generosity.





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LITTLE WALDINGFIELD LITTER PICK



Above: Little Waldingfield villagers enjoy a hard earned beer after collecting a disappointingly large amount of rubbish from the verges and hedges around the village.

Ruby and her horses.

Little Waldingfield Parish Room

A most enjoyable and interesting evening was spent listening to Neil Lanham relating tales of his mother's life as a girl and through to her old age, illustrated with photos on a big screen. She was a remarkable woman. At regular intervals Andrew Stannard sang a folk song relating to each story in his lovely East Suffolk voice. All the profit from this successful evening has been donated to St Nicholas Hospice and so we have been able to send them £225.

Thanks to all who supported the evening.

RGM



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BOXFORD AT THE ABBEY



WESTMINSTER ABBEY SATURDAY 2nd April.

The Boxford Community Council arranged a visit to Westminster Abbey on Saturday 2nd April 2011with David Burden, CB, CBE, who was until his retirement, Receiver-General of Westminster Abbey. The visit began with evensong when we were privileged to be in the choir stalls for this most moving service. The boys choir were on holiday prior to a very busy period with Easter and the Royal Wedding but we were fortunate to have the lay vicars choir instead.

As special guests, after the service the Abbey was cleared and we had this magnificent building to ourselves with our Guide, Canon Jane, the first lady canon in the Church of England. Jane Hedges is the Canon Steward of the Abbey, and takes responsibility for it's ministry of welcome to over one million visitors and pilgrims each year. In line with their Benedictine tradition she is also responsible for making sure the Abbey offers generous hospitality to it's guests and this was no exception. We were taken to parts of the Abbey that are not normally



open to members of the public including the Tomb of Edward the Confessor.

Kings, queens, statesmen and soldiers, poets, priests, heroes and villains were all there the Abbey being a must-see living pageant of British history we saw so many but a return visit would be necessary to see them all

It was a great day out and our thanks must go to David Burden for getting us such a privileged visit. Peter Hibben for all the organisation and a special thanks to Canon Jane and her colleague for such an in depth tour of the Abbey.

Ed

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NEWS FROM CLUBS AND ORGANISATIONS

DO YOU HAVE ANY OLD PHOTOGRAPHS OF GROTON HOUSES AND RESIDENTS?

As the Recorder for Groton, I am planning to organise an exhibition of photographs of Groton as part of the events planned for the Boxford/Groton/ Edwardstone 2012 – A Year to Remember celebrations in June next year.

I am hoping to tie some of the photographic material in to the 1911 Census, details of which were recently released, and I have full records for Groton including those parts of Swan Street, Boxford which were included as parts of Groton in the Census.

I already have some postcards of Groton Fete in 1906, and some other material from the 1900-1915 period about Groton Street, the Rectory, the Church and the Fox and Hounds Pub, but in order to make the exhibition worthwhile I need to locate and borrow a lot more material from all decades of the C20th, but particularly anything pre 1960.

If you have anything that might be of interest that you are prepared to let me copy, borrow or just see, please contact me at home or by phone and I will be delighted to arrange to meet you to discuss it.

Thank you in anticipation for any material or information you can provide

JEREMY OSBORNE, Waterside Barn, Groton Place, Groton Street Groton CO10 5EE

E-mail: jeremyosborne1@btinternet.com

Telephone: 01787 211960

EDWARDSTONE PARISH COUNCIL

District and Parish Council Elections will take place on Thursday 5th May 2011.

If you wish to stand as a candidate for Edwardstone Parish Council Nomination forms are available from either the Returning Officer, Babergh District Council Corks Lane Hadleigh IP7 6SJ, or the Parish Council Clerk Mrs Sandra Gray 2 Stone Street Road Boxford.

Nomination Papers must be delivered to the Returning Officer no later than noon on Monday 4th April 2011.

Calling all photographers-

"A Boxford Calendar 2012"

We have received lots of lovely pictures, but we do need lots more – please send them to ChrisKingsC@aol.com – our panel of judges will select photos for our calendar. Further information from a churchwarden- get clicking!

A BIG THANK YOU FROM SESAW

Suffolk and Essex Small Animal Welfare would like to thank everyone who helped or attended the Spring Sale in Hintlesham on 12th March. Thanks also to local companies and volunteers who kindly donated the raffle prizes. Your combined efforts helped to raise £800 towards upgrading emergency accommodation for rescued animals in the Overflow Shed. If you would like to rehome an animal visit SESAW at Idano, Stoke Road, Leavenheath, CO6 4PP 10am to 1pm Wed to Sun or leave a message on 01787 210888.

West Suffolk Cruse

Awareness in Bereavement Care course

To be held at 90 Risbygate Bury St Edmunds IP33 3AA

16 sessions in the autumn, starting with essential attendance at the first all-day session on Saturday 17 September 2011. This will be followed by sessions on 2 further Saturdays and 10 Thursday evenings.

This course is for people with an interest in supporting and caring for bereaved people; it is primarily intended for potential Cruse volunteers though other applicants will be considered if there is space. It develops basic counselling skills to be used in bereavement support work and is accredited by Ascentis at Level 2.

For further information, dates, cost etc please contact West Suffolk Cruse at the above address or via our Website at www.westsuffolkcruse.org.uk, or ring 01284 767674

Lt Waldingingfield Parish Room

On Saturday, 2nd April, we held our illusionist event. Alan Nunn entertained and baffled 30 people with his close up card tricks. In the interval they enjoyed a splendid 2 course meal cooked, as always, by Sue.Thanks to all who supported the evening. *RGM*

Little Waldingfield Over 60's Friendship Club

On March 30th we had our AGM after a very successful year of outings, speakers and 2 linches. On quieter meetings we had quizes produced by Rose Finch and poetry readings by Tricia Eddington. We have enjoyed each others company and lived up to our name of 'Friendship Club'.

But the main happening f the year has been the death of a dear member, Peggy Pell. She had a staunch member for years serving in many capacities, laterly as treasurer. During the finalmonths of her long illness, Rose Finch, our president, stepped into the breach and took over as treasurer. We are very grateful to Rose for taking on this task as well as leading us so successfully.

Pat Highton has now been elected treasurer

At the start of the meeting we kept a minute's silence in memory of Peggy. Tricia Eddington read a tribute to Peggy written by Peggy's great friend, Anne Miller

" Peg was a natural, no side, no frills,

She was a lady of many talents, whether icing cakes or arranging flowers, a born leader and organiser, in fact a true Leo.

Above all her many assets, the one we all remember her by, was her ability to make friends wherever she went.

We shall miss her."

Tricia then read a prayer

EDWARDSTONE PARISH HALL:

I have plants for sale opposite Rose Cottage, Edwardstone; all proceeds to Edwardstone Parish Hall.

Many thanks to James Powell for, once again, kindly letting me display the plants at the entrance to his field. Daphne Clark 210698

PLANT POTS NEEDED:

If you have any spare black plastic plant pots I need them please; all sizes from 1 litre upwards.

I have a blackbird nesting in my pot store and I don't want to disturb her!!

Please give me a call on 01787 210698. Thank you Daphne Clark

BOXFORD & DISTRICT BOWLS CLUB,

100 Club winners:

March: 1st: £40 – Trudie Hawes; 2nd: £15 – Emily Worthington;

3rd: £5 - Peter Spragg.

April: 1st: £40 – Mrs E Corner; 2nd: £15 – Mr K Fuller;

3rd: £5 − Mr F Corner.

EDWARDSTONE PARISH HALL

155 CLUB WINNERS:

January: £10 – Mrs Faulkner; £7 – Mr W Paddon; £5 – Mr F Ratcliffe.

February: £25 – Mrs Milsom; £10 – M & D Richardson;

£5 – Mrs Hoskyns.

March: £10 – Mr Daniel; £7 – Mr Kanopka; £5 – Mrs Paddon.

GARETH WEILAND MEMORIAL FUND

The 3rd Gareth Weiland Sports Tournament is to take place on Sunday 29th May (bank holiday) in memory of a Great Man who sadly passed away nearly 3 years ago.

We have so far raised over £10,000 pounds for local groups in the village. Lets Try and raise more this year. They include:

Sunflower Playgroup, BRFC Youth, BRFC Adult, Edwardstone Cricket Club, 1st Boxford Scout Group, Spinney Management Committee, Sistars Dance Group, Boxford Youth Club, and the Jane Whitwell Memorial Gazebo at the School

This money has been raised by the generous people of Boxford , the surrounding areas and Further afield, who have supported this annual event. Please support this event this year to make it bigger and better with more money raised.

This years event will have:

Football tournament, Charity Auction, Bar, BBQ and Live Music

Please keep the date free, forward onto your friends, pop it in your calenders and remember to tell your family and friends.

If you came last year you will know how good it was, don't miss out this year.

Newton's APA

Newton's APA will be held at the Village Hall on Wednesday 27th April 2011 starting at 7.30pm

EASTERN ANGLES THEATRE COMPANY

Present

UP OUT O' THE SEA

By Andrew Holland

When Carrie arrives in a small coastal town her awkward questions spark a mixture of emotions amongst the residents.

A tale of laughter and tears, Up Out O' the Sea shows how lives can easily capsize when family secrets are dredged up to the surface.

ASSINGTON VILLAGE HALL

Saturday 14th May Doors open 7pm for 7.30 start Tickets £7.50. Students £5.25 from Belinda King 01787 210932 e mail belindaking@btinternet.com

Nearly New Sale

Friday 13th May 2011 9.15 am – 2.30 pm

Edwardstone Village Hall

Children's clothes & equipment 0-10 yrs Women's clothes including a 'vintage' corner Complimentary refreshments Donation to Suffolk Cruse Bereavement Care

Boxford Drama Group

Fresh from the success of their Spring production Boxford Drama Group are now deep in to rehearsals for the June show.

'Communicating Doors'

by Alan Ayckbourn

Directed by David Phillips this is a very lively play set in 2024. Or is it?

It's about Murder, or rather previous murders, and with a bit of unexpected time travel thrown in our Heroine, Poopay Daysier, a Dominatrix by trade, finds herself in situations she did not expect when she arrived at her latest clients hotel.

Make sure you don't miss it, 16-17 and 18th June at Boxford Village Hall, and remember dinner is served at each performance, which makes it a great night out.

If you would like to know more about Boxford Drama Group, our previous shows, what's coming up and what else we do. Visit our website at, boxforddramagroup.com. or just Google it.

SPRING PLANT FAIR

Helmingham Hall

Sunday 29th May 2011, 10.30-4pm

- Over 30 specialist nurseries
- National Plant Collections
- 800 free dianthus
- Plant Doctor
- Garden tour
- Over 25 garden accessories stands
- Home made lunches and teas
- £6 including entry to Helmingham Hall Gardens

Helmingham Hall IP14 6EF on B1077 9 miles north of Ipswich

To book garden tour: 01473 890799

For further details: www.suffolkplantheritage.org

www.helmingham.com

West Bergholt Concert Band Open Rehearsal for Brass & Woodwind players

The West Bergholt Concert Band will be holding its next open rehearsal on Friday 13th May at Heathlands School, West Bergholt. All brass & woodwind players are warmly invited to come along and give the band a try at a relaxed and informal rehearsal, with spaces available in both Training Band (6pm, Grades 1-4) and Concert Band (7pm, Grade 4 & above). As well as being one of the areas busiest & most popular bands, the band is also Colchester's longest running community band, having started back in 1978. The band's strength is that its musicians are of all

ages & abilities, with older players there to help the younger players, and sometimes vice versa.

As well as being known for its relaxed and fun atmosphere, the band is also recognised for its wide repertoire of music, with the current programme including music from Shostakovich to Stevie Wonder, and Gershwin to Lady Gaga. If you can't make the open rehearsal, the band rehearses every Friday night and new members are always very welcome. For further details, please see www.wbcb.org.

Nearly New Sale

Friday 13th May 2011 9.15 am – 2.30 pm

Edwardstone Village Hall



Children's clothes & equipment 0-10 yrs

Women's clothes including a 'vintage' corner

Complimentary refreshments



Donation to Suffolk Cruse Bereavement Care



WORMINGFORD FLOWER FESTIVAL.

at ST.ANDREWS CHURCH, WORMINGFORD,

28th, 29th, & 30th MAY 2011 Open 10.30----5.30pm daily. Sunday Services at 11.00am & 6.30 pm

No entry fee, but donations would be gratefully received

Homemade teas & cakes, bric a brac barn, raffle.

In aid of St Andrews Church & School

Birthing Yoga Classes

Unique antenatal and postnatal yoga classes, providing safe effective breathing methods, gentle yoga and relaxation by Wendy Woo-Lake. Midwife (BSc Midwifery), British Wheel of Yoga and Birthlight teacher. Classes held at Milden Village Hall- Pavilion on Saturdays. Please ring for times and enrolment information 07939111693.

STAMPS POSTCARDS EPHEMERA

Saturday 28th May 2011.

10.00am to 4.00pm.

St Peters, Market Hill, Sudbury, Suffolk.

Dealers Displays, Souvenirs

Free admission

For more details contact: 01787 469527

Easy parking and Refreshments available.

The Prostate Cancer Charity Ball

We are holding a fundraising Ball in aid of The Prostate Cancer Charity and The Bridge Project Sudbury on Friday 13 th May 2011. This event will take place at Stoke by Nayland Golf Club, tickets are priced at £50 which includes a drink on arrival followed by a three course meal. There will be a quality raffle and an auction after. Dress code will be evening wear with a theme of blue tie and bangles. We have a five piece band called Tangent playing and carriages at 1.

Please note this is the third Fundraising Ball we have organised in the last five years. Five years ago we raised £4125 for Breakthrough Breast Cancer and three years ago we raised £6400 for Click Sargent. Due to the popularity of both the band and venue it is recommended that people book their tickets early.

Tickets are available on 07970 337228.

CULINARY MASTER CLASS on SATURDAY 7th May 2011 MILDEN PAVILION

'STRESS FREE DINNER PARTY'

Hosted by Master Chef of Gt Britain David Ryan

10.30am Arrival - Coffee & Biscuits

10.40am Intro. To Master Class by David

Demonstration and cooking with Tasters

Review and Questions

Lunch to be served

Demonstration only.....£16.00

As above with Lunch..... £29.00

Limited spaces, to book please call Pearl 01787 247965 or Andrea 01449

740601.

MIDSUMMER MUSIC AND A MEAL

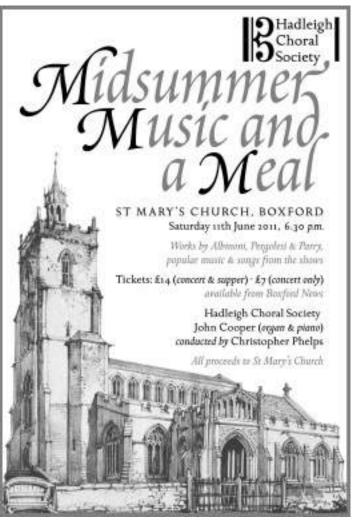
Hadleigh Choral Society warmly invite you to our Summer Concert on Saturdayjune 11th 2011 in Boxford Church, which will be followed by a super supper in the village hall. We shall be singing some sacred music - Pergolesi, Albinoni and Parry - followed by Songs from the Shows and arrangements by our conductor Christopher Phelps of "Bridge over Troubled Water" and "Bohemian Rhapsody". We hope you will support us in raising funds for our parish church whence all proceeds will go. Tickets at £14 for concert and supper or £7 for concert only will be available from Boxford News or Jean Newble on 01473 827718.

Groton Food Market

Saturday, June 18th 11.00am - 4.00pm Groton Village Hall

Do put this date in your diaries now, and be sure to drop in to the Food Market during the day; there will be stalls selling all kinds of food and drink, and refreshments served all day, including the "Jolly Hog Roast" at lunch time. More details about the stalls next month. Any enquiries to Pat Kennedy Scott [210319]





Polstead Cinema

Polstead Village Hall. Forthecoming films

Friday 20 May "The King's Speech"

Available from the Polstead Shop or by telephoning 01787 210029. Tickets £3.50 from the Polstead Community Shop or 01787 210029

All films start at 7.30pm, doors open at 7.00pm

We also have Eastern Angles coming on Tuesday 8 March, 7-30pm. This is their Spring Tour and the play is called "Up Out O'the Sea by Andrew Holland, directed by Ivan Cutting.

Tickets are £7-50 concessions £5-25.

COME AND JOIN US FOR A WALK!!

Babergh District Council Health Walks Programme April – June 2011

Do you want to get fit without over-exerting yourself?

Do you fancy a stroll in the Babergh countryside?

Do you want to meet people and make new friends?

Do you have an hour to spare on a Thursday lunchtime?

If the answer is yes, then these FREE walks are for you.

The walks are mainly flat and easy going although there are a couple with fairly steep inclines. Suitability will be discussed before the walk starts. Walks last for approximately 40-45 mins and usually start at 12.00pm (please note occasional alterations)

Date	Time	Place Leader(s)
Thurs 7th April 2011	12:00	Hadleigh Sue/Sam
Thurs 14th April 2011	12.00	Sudbury Barbara/Sam
Thurs 21stApril 2011	12.00	Lavenham Sam/Barbara
Thurs 28th April 2011	12.00	Boxford Sam/ Frances
Thurs 5th May 2011	12.00	Long Melford Sam/Sue
Thurs 12th May 2011		*NO WALK*
Thurs 19th May 2011	12.00	Hadleigh Sue/Sam
Thurs 26th May 2011	12.00	Sudbury Barbara/Frances
Thurs 2nd June 2011	12.00	Lavenham Barbara/Frances
Thurs 9th June 2011	12.00	Boxford Sue/Sam
Thurs 16th June 2011	12.00	Long Melford Sue/Frances
Thurs 23rd June 2011		*NO WALK*
Thurs 30th June 2011	11.30	Wherstead Barbara/Sue
TT 11 1 1 11	.1 7 11	1 1 77 1 0

Hadleigh walks meet outside the Library in the High Street Sudbury walks meet outside the Quay Theatre Quay Lane.

Lavenham walks meet outside the Cock Pub

Boxford walks meet outside the White Hart Pub

Long Melford walks meet at the Cherry Lane Garden Centre

Wherstead walks meet at the Suffolk Food Hall

Please meet outside the venue unless it's raining and wear suitable clothing including footwear appropriate for sometimes muddy conditions

Refreshments will be available for purchase after the walk For more information please call Barbara Tottle on 01473 825834

Chair Based Exercise

I am a qualified Chair Based Exercise coach and am trying to find out whether there would be any interest in my running a class in Boxford Village Hall.

Anyone can attend these sessions. Although primarily aimed at the over 50 age group, there are men and women of all ages and abilities who attend. The exercises are done at a pace to suit everyone and can be adapted for special needs.

The sessions may help to increase or maintain independence, help with strength and balance, and most importantly aid with activities of daily living. In addition to the physical health benefits, the groups are a great social opportunity to meet with others and have a chat while exercising. I am not looking to earn any money from running the classes so would not intend to charge beyond a small contribution to the costs.

If you think you might be interested in taking part in a class, or know somebody that might, please give me a call on 210439 or email: samcross1965@gmail.com and I'll take down your details. If you have any specific medical concerns however, you would need to speak to your practice nurse or GP about your thoughts on attending.

I am currently running a class at the Kingfisher in Sudbury at 2.00pm on Thursdays. The admission the fee Kingfisher are charging at the moment is £2.80. All are welcome, so if you'd like to see what it's all about, come along, I'd love to see you.

Thank you Samantha Cross



CULINARY MASTER CLASS SATURDAY 7th May 2011 at MILDEN PAVILION

'STRESS FREE DINNER PARTY'





Hosted by Master Chef of Gt Britain DAVID RYAN

10.30am Arrival - Coffee & Biscuits 10.40am Intro. To Master Class by David Demonstration and cooking with Tasters Review and Questions Lunch to be served

Demonstration only......£16.00 As above with Lunch.....£29.00

Limited spaces, to book please call Pearl 01787 247965 or Andrea 01449 740601.

Boxford Gardens Open

Sunday June 5th 2011, 11am-5pm

The date has been set for next year's Boxford Gardens Open. It's not too early to put the date in your diaries for 2011 and to hope for good weather! This popular event requires a large number of volunteers to make it run smoothly, so any offers of help would be extremely welcome. In addition to existing gardens, we are also looking for new gardens to open. All money raised is used by the Boxford St Mary's Building Trust to maintain and restore Boxford St Mary's church. Contact Angela Tolputt (212264).

FRIENDS OF BOXFORD SCHOOL SUMMER FETE 9th JULY 2-5pm

As part of our major fund raising activities for the school we are holding our Summer Fete at the School from 2-5pm. With Donkey Rides, Fete Games, Games by the Children, Bouncy Castle, Displays, Face Painting, Balloon Race, Stalls, Licensed Bar, BBQ, Raffle, Refreshments and much much more. Details to follow but for now please note the date

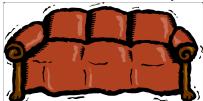
BABERGH WEST PUBLIC MEETING

7:00 – 8:00pm, Thursday 22nd September 2011 **Groton Village Hall**, Broad Street, Groton CO10 5EL

- Meet local council officers and police.
- Discuss local issues that you would like to raise.
- Influence local priorities.
- Find out about what is being done in your area.

WANTED

by Boxford Drama Group



Two or three seater Settee

For their next production

'Communicating Doors'

by Alan Aykbourne, 16-18th June 2011, Boxford Village Hall Needs to be one you don't want as we have to put hole in it. Collection and Disposal will be by BDG.

Tel: The Director 01787 210106

We also need a Bidet!!!!



Celebration and novelty cakes & cupcakes for all occasions.

Cupcake parties for all ages

Tel: Anna Groom 01787 212295

Email: yummymummybakery@gmail.com

Summer School of

Milden Pavilion, Milden Suffolk

Performing Arts

Monday 1st August – Friday 5th August 10am – 3pm For children ages 8 to 16

Drama Acting Music
Movement Teamwork
Self-Confidence Creativity
Theatre Skills Self-Expression
But most of all Fun!

Spaces are limited, so please phone Andrea King on 01449 740601 or 07778 576534 for more details.

All tutors are CRB checked.



Little Waldingfield Parish Room

Please note that the dates for the coffee morning and Quiz night have changed. This has been necessary now that the Flower Festival dates are known (10th & 11th Sept) and to give the Bad Companions more time to set up their stage.

25th June Car Treasure Hunt

15th October Coffee Morning & Memorabilia Exhibition

5th November Quiz Night

25/26th November Bad Companions - Crankenstein 2nd/3rd December Bad Companions - Crankenstein

"Men Only" gentle yoga class
We have some spaces for the "Men Only" gentle yoga class

11.30am Thursday mornings,

Boxford Village Hall

This class is for men who may be a "little stiff in their joints"

Any queries phone Heather 01787 211 765.

MELFORD MUSIC HOLY TRINITY CHURCH LONG MELFORD LUNCHTIME RECITALS

Every Wednesday 1.10pm, Admission FREE

Light Refreshments available

MAY 2011

11th EMMA FIRTH & PETER DOLLIMORE

(piano duet)

Music by Ravel & Schubert

18th CARILLON SINGERS Visiting choir singing

Bruckner, Caccini and Chilcott

25th DENIS HILL (saxophone) Music by Hindemith & Debussy

Two Primrose Wood Events

We are celebration 12 years of Boxford's Primrose Wood from 7.30 pm on Thursday 5th May at Boxford School Hall. There will also be an open day in the Woodland on Sunday 12th June from 10.00 am until 4.00 pm. On the 5th May there will be refreshment, a background slide show, a photo competition and a talk by Geoff Sinclair entitled "Woods: use them or lose them".

On Sunday 12th June there will be a natural history trail and quiz in the woodland for families and anyone else to complete, with three prizes. The organisers will be on hand to answer questions and to talk about the life of the woodland. There will also be a demonstration of wood working using a pole lathe. If the weather is fine you are encouraged to bring a picnic and really enjoy this most delightful corner of the village which we hope will be awash with Orchids. Entrance is via the path from Daking Avenue. Just follow the signs.

MELFORD MUSIC

HOLY TRINITY CHURCH, LONG MELFORD

LUNCHTIME RECITALS

Every Wednesday 1.10pm Admission FREE

Light Refreshments available

MAY 2011

11 EMMA FIRTH & PETER DOLLIMORE (piano duet)

Music by Ravel & Schubert

18 CARILLON SINGERS Visiting choir singing Bruckner, Caccini and

25 DENIS HILL (saxophone) Music by Hindemith & Debussy

Children at Sudbury Library, Don't miss the fun!

Every Sunday from 10.30-12.00 midday children of all ages are welcome to come and join in the activities held in the children's room at Sudbury Library, Market Hill, Sudbury. All free of charge.

GARDEN WILDLIFE MONTH, BUTTERFLIES & CATERPILLARS 1st May, 10.30-12.00

SPIDERS & WEBS 8th May, 10.30-12.00

MINI-BEASTS & BUGS 15th May, 10.30-12.00

GARDEN WILDLIFE 22nd May, 10.30-12.00

GARDEN BIRDS & NESTS 29th May, 10.30-12.00

Where time allows, we will be reading stories from some of the books on the Activity Display. There may be activity sheets and stickers for the children to take home. All pictures displayed in the children's room at the library can be taken home by the artist a few weeks later.

Contact Sudbury library on 01787 296000 for further information.

Watch this space to see what's coming up in June.

Gareth Weiland Memorial Day

Bank



2.00pm till Late @ Boxford Playingfields

Ofootball O Bar OB OAuction OLive Band

With over £10,00 raised so far the Gareth Weiland Memorial Fund has helped: Sunflower Play Group Edwardstone CC Sistars Dance and Fitness BRFC Adult Team Baxford Youth Club Spinney Management Committee 1st Baxford Scout Group The Jane Whitwell Memorial Gazebo (at the school)



Fresh from the O2 Academy London, This Boy Wonders playing Live in the Evening

A CONCERT OF SONGS AND MUSIC

MUSICOLOGY

ST LAWRENCE CHURCH CHURCH ROAD LITTLE WALDINGFIELD

SATURDAY, 7th MAY 2011 **AT 7.30PM**

TICKET PRICE: £7.50

INCLUDES ONE GLASS OF WINE AND NIBBLES AT INTERVAL

TICKETS AVAILABLE AT DOOR ON THE DAY OR CONTACT **DAVID CARSE ON 01787 247585**

172nd Hadleigh May Show.

Saturday 21st May 8am – 6pm

All the regular, popular displays and demonstrations will be there including the growing countryside area which will again feature sheep shearing, sheep dog handling, falconry, ferrets and a Suffolk horse demo. A new petting area with farm animals, rabbits, guinea pigs and a donkey will please the children and dog owners will be invited to take part in terrier racing competitions where allcomers can have a go.

The Food Hall will be brimming with tempting local produce which you can often taste before you buy and the numerous tradestands will offer bargains for those who enjoy shopping.

Lines of cattle and sheep will be taking part in the many showing classes as well as horses, ponies, donkeys and goats; the winners parading in the grand ring before being presented with their cups and trophies.

With the Art Exhibition, Flower Show, Rural Craft Marquee, Donkey Rides, Funfair, Clay Pigeon Shooting, Schools Art Competitions, Ipswich Hospital Band, Poultry and much more, there is literally something for everyone – a great day out for the whole family. Refreshments will be available from the many catering units or you can bring a picnic to enjoy whilst watching the many displays.

Car parking is free and entry on the day is £10 for adults, £8 for senior citizens and £5 for children between 5 and 16 (under 5s go free and a bargain family pass is available for 2 adults and up to 3 children). Reduced price tickets may be purchased in advance from several local outlets as well as from www.hadleighshow.co.uk where further details can be found.

Boxford Over 60's Club

Meeting in the Village Hall on alternative Monday afternoons at 2,30pm **May 9th** Jan Davey "Can I take worms to Britain"

May 23rd David Padwick, Entertaining us with songs

New members aklways welcome.

Telephone Barbara Hamling 210936 or Shirley Watling 210024 for information

Concert by Musicology

St Lawrence Church, Little Waldingfield at 7.30pm on 7th May. Tickets £7.50 at the door or contact David Carse on 247585.

Children's Ballet Classes at Boxford Village Hall "Ballet Buds"

- Pre-primary ballet steps incorporating rhythm and movement to music.
- Fun, lively, energetic classes Mime, dance and story telling.
- Suitable for ages 3 upwards Fridays 2.15 to 3.00 p.m.
- After school classes also available For older children on Fridays. Please contact Pippa Travis-Williams, Registered Teacher of the Royal Academy of Dance

Telephone: 07875 176626 pippatravis43@aol.com

Cake Stall, coffee & a raffle

Saturday May 21st- Cake Stall, coffee & a raffle in Mary's House, starting at 9.00 am. Please come along to this event to buy a cake, biscuits or jam. If you are able to do some baking as well it would be much appreciated. Alison Brain's beads from Uganda will also be on sale, a donation from these will go to Christian Aid



The Bern at Assington, The Street, Assington, Suffish C030 St.W Telephone: 01767 880366 seww.assingtonbarn.co.uk

Now Open

far Marning Coffees, Light Lunches & Cream Teas, plus more....

Showcasing Couture Hats and Fascinators from Debra Johnson Millinery and quality local handmade gifts and crafts

Craft Courses starting soon

We are just behind the Farm Shop - Call 01787 880366 for more information

We look forward to meeting you



An evening with Graham Seed The late Nigel Pargetter of the "Archers"

Sunday 12th June at 7.00 pm.

At Lavenham Village Hall

Tickets £ 10.00 pp to include wine and nibbles

Tickets available from: Lavenham Village Hall or Lavenham Newsagents or Phone 01787 247585

To raise funds for St Lawrence's Church, Little Waldingfield



GROTON VILLAGE HALL

ANNUAL GENERAL MEETING

The Annual General Meeting of Groton Village Hall will be held at 7.30pm on Thursday 9th June 2011, for the following purposes:

- To receive the Report and Accounts for the period to 31 March 2011
- To elect members of the Management Committee
- 3. To conduct any other relevant business.

All residents of the Parish of Groton aged 18 or over, are entitled to attend, and vote, at the meeting.

By order of the Management Committee 17 March 2011

Forthcoming Events Diary

April					
•	27 Boxford Community Council	AGM	The Pavilion		8.00pm
	27 Newton APA		Village Hall		7.30pm
	30 FOBS Quiz		Boxford School		7.30pm
May	4 Boxford WI	Nathaniel's Story by Denise Hammond	l Webb Village Hall		2pm
	5 Primrose Wood Celebration	The Box Soc "Woods: Use them or lose			7.30 p.m
	7 Boxford Rovers	The Great Boxford Fun Run	Playing Fields		11.00am
	7 Musicology	Songs and Music	St Lawrence Church Ltl W		7.30 pm
	7 Milden Pavilion	Stress Free Dinner Party			10.30am
	9 Boxford Over 60's	Jan Davey	Boxford Village Hall		2.30pm
	12 Boxford WI Craft Club	Spirelli	Mary's House		2pm
	12 Primrose wood open day		Primrose wood		10-4pm
	13 Nearly New Sale	David Padwick	Edwardstone Village Hall		9.15am
	23 Boxford Over 60's 29 The Gareth Welland Memorial Fun		Boxford Village Hall Boxford playing field		2.30pm
Iune	29 The Gareth Wenand Memorial Fun	id Sports tournament	boxiora piaying neia		2pm till late
june	1 Boxford WI	Field to Fork by Alastair Angus	Village Hall		2pm
	5 Boxford Gardens Open	Boxford Building Trust	Boxford		11-5pm
	9 Boxford WI Craft Club	Drawing and painting	Mary's House		2pm
	9 Groton Village Hall AGM		Village Hall		7.30pm
	11 Midsummer Music and Meal	Hadleigh Choral Society	Boxford St Mary's		6.30pm
	12 Primrose Wood Open Day	Primrose Wood Working Party	Primrose Wood		10am to 4pm
	12 An Evening with Graham Seed	St Lawrence, Ltl Waldingfield	Lavenham Village Hall		7.00pm
	16/18 Boxford Drama Group	Communicating Doors	Boxford Village Hall		7.30pm
	18 Groton PCC	Groton Food Market Car Treasure Hunt	Groton Village Hall Parish Room		11.am to 4.pm
July	25 Lt Waldingfield Parish Room	Car Treasure Hunt	Parish Room		5.00pm
July	Groton PCC	Benifice Lunch	Groton House		TBA
	9 FOBS	Summer Fete	School		2-5pm
August					r
8	1/5 Summer School of Performing Art	ts	Milden Village Hall	10am - 3 ₁	om
Septemb			C		
0-1-1	10 Suffolk Historic Churches Trust	Cycle Ride	local churches		9am to 5pm
October	15 Lt Waldingfield Parish Room	Coffee Morning & Memorabilia Exhibit	tion Parish Room		10.30pm
Novemb		O			1
	5 Lt Waldingfield Parish Room	Quiz Night	Parish Room		7.00pm
	25/26 Bad Companions	Crankenstein	Parish Room		7.30pm
Decemb		Cuankanstain	Parish Room		7 20
	2/3 Bad Companions	Crankenstein	i alisii Kuulii		7.30pm



Bates Wells & Braithwaite

Expert legal help for business and for individuals...

Accident claims - Commercial and company law Commercial property - Commercial German legal services Employment - Environmental Law -Estates, trusts and wills - Family and children

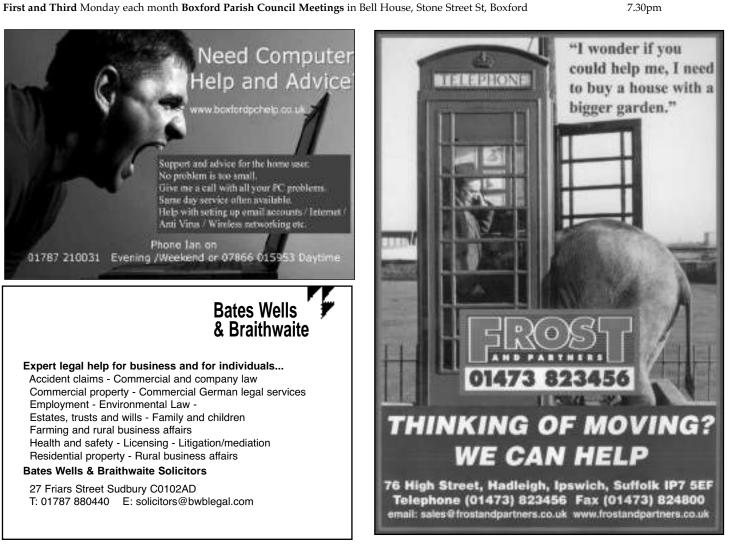
Farming and rural business affairs

Health and safety - Licensing - Litigation/mediation Residential property - Rural business affairs

Bates Wells & Braithwaite Solicitors

27 Friars Street Sudbury C0102AD

T: 01787 880440 E: solicitors@bwblegal.com



The Box River Parishes Church News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton

Priest in Charge: The Revd Judith Sweetman

The Rectory, School Hill, Boxford CO10 5JT

Tel: 01787 210091; e-mail: rvdjudithboxriver@btinternet.com

The Revd Judith's day off is normally Friday but this may vary according to circumstances

NSM: The Revd David Abel, 13 Church Street, Boxford CO10 5DU

Tel: 211765; e-mail: davidabel19@hotmail.com

Reader: Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD

Tel: 211236; Fax: 211238; e-mail: ChrisKingsC@aol.com

Lav Elders: David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU

Tel: 210360; Fax: 329770; 07968 791135; e-mail: djlamming@hotmail.com

Antony Dodd, Mill Green End, Edwardstone CO10 5EX

Tel: 210397; e-mail: doddpanda@tiscali.co.uk

Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise

where they might be of assistance.

Mary's House, 5 Swan Street, Boxford CO10 5NZ. **Benefice house:**

The cycle of annual meetings around the five village churches, which we completed in April, provides a platform for us to review where we have come from and what we have achieved - or failed to achieve over the past year. It also provides an opportunity for us to celebrate our strengths, whilst also being honest about our weaknesses. Above all, it is a spur to our thinking about the future. Much as we love our familiar church buildings and services, we have to recognise that, unless something changes – unless we are prepared to change and adapt – the future of our churches will be at risk. If we believe that a Christian presence and the Christian message of love, hope and transformation matters, not just to us, but to our five communities, we need to face up to and address some challenging questions. A key question to start with, is - when we look at the average age of our congregations (I include myself!), where are the younger people - not just children - but those in their teens, twenties, thirties and forties, whose, ideas, energy and commitment we so urgently need? What is it that we are failing to offer to people of this generation and how can we begin to get things right for them? The Sudbury Deanery, of which we are part, has produced a draft plan which recognises that things simply cannot stay as they are, particularly as the number of paid full-time clergy diminishes. The Deanery Plan, if adopted, could have a major impact on the churches and ministry in this benefice. In the coming months, we should be ready to take seriously its proposals. We should also be willing to work at coming up with creative and constructive ideas to ensure that this benefice has a vibrant, flourishing and sustainable future.

Revd Judith

MARY'S HOUSE, Swan Street, Boxford

Open Monday, Tuesday, Thursday and Friday 9:30 to 12:30 Drop in for a chat and a coffee Everyone welcome

Copy Date for Church News section in the May 2011 Box River News:

Please, NO LATER THAN 13th April

Failure to meet the date will mean your copy may not be included

Thank you. Sue Edwards. 210785

email address: SEDWARDS1946@aol.com



THE PARISH OF ST MARY, BOXFORD

Churchwardens:

Ruth Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone tel.211236 Peter Patrick, Amberley, White Street Green. tel 210346

Thought for the month: Christian Aid is an organisation which helps some of the poorest people in our world. It does not just give aid. Their fieldworkers find really worthwhile local organisations helping people and then go into partnership with them, helping with the funding needed to keep them going. They range from helping women to set up their own market garden plots, to building wells, or funding relief programmes for refugees. We are in the Easter season and Christians across the world continue to celebrate the Holy Spirit's transforming of lives and empowering of communities by bringing them into the new life and liberty of the Risen Christ. What better time to remember those who are so disadvantaged. Christian Aid's slogan has long been "Let's live more simply so that others can simply live" So how about doing a couple of things this month.

- Firstly set aside the amount now, which you could spare this month, to help those who are fighting for survival while we have so much. Have it ready to go into that envelope which will drop through your door, rather than just putting a bit of loose change in the envelope (and don't forget to "gift aid" it, by writing your name and address on the envelope).
- And secondly, if you can spare just an hour or so somewhere in the week, pick up a packet of envelopes from Janet Daniels or see a churchwarden for some and get delivering. Let's see if we, who live in these beautiful Suffolk villages with so much on offer, can show our gratitude and generosity this month by a bumper Christian Aid collection.

Christian Aid Week 2011- May 15th- 21st: Jennie & Ian Lindsley are holding a Coffee Morning and Bring & Buy at Little Field, Cox Hill on Saturday May 14th Starting at 10.00 am. Please do support them if you can. Sunday May 15th – Christian Aid Service in St. Mary's Church at 11.00 am Saturday May 21st- Cake Stall, coffee & a raffle in Mary's House, 9.am see Wot's on

Churchwardens for 2011- At the Annual Parish Church Meeting, Peter Patrick & Ruth Kingsbury were elected as our churchwardens for the next year. We are most grateful for their commitment & hard work.

June 11th 6.30pm "Midsummer Music & a Meal" A see Wot's on Calling all photographers "A Boxford Calendar 2012" see Wot's on Ladies Lunch- The next Lunch date is yet to be announced. We will let you know soon. Many thanks to Yvonne Hughes, for the last lunch which was most enjoyable.

Boxford Open Gardens See Wot's on.

All Age Worship – The next service is on Sunday May 1st at 11.00am. Everyone is very welcome.

Smile Lines: "The new vicar was visiting the homes of his parishioners. At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door. He took out a card, wrote 'Revelation 3 verse 20° on the back and stuck it in the door. When the collection was processed the following Sunday, the vicar found that his card had been returned. Added to it was this cryptic message, 'Genesis 3 verse 10.' Reaching for his Bible to check out the verse, he broke up in fits of laughter. Revelation 3 verse 20 begins 'Behold, I stand at the door and knock.' Genesis 3 verse 10 reads, I heard your voice in the garden and I was afraid for I was naked.' "



THE PARISH OF ST BARTHOLOMEW, GROTON

Churchwardens: Jayne Foster: Ramblers, Bulmer Lane. 211360 Sue Edwards: Cotlee, The Street, Groton; tel 210785

Groton Food Market:

Saturday, June 18th 11.00am – 4.00pm Groton Village Hall

Do put this date in your diaries now, and be sure to drop in to the Food Market during the day; there will be stalls selling all kinds of food and drink, and refreshments served all day, including the "Jolly Hog Roast" at lunch time. More details about the stalls next month. Any enquiries to Pat Kennedy Scott [210319]

EASTER DAY – SUNRISE SERVICE: Set your alarm clock early and join us on the Groton war memorial triangle at 5.30 am on Easter morning for a dawn celebration of Christ's resurrection, followed by breakfast (with buck's fizz) in the church. As those who attended our last sunrise Easter services in 2007 and 2008 will testify, this is an amazing experience.

CHURCHWARDENS: Sue Edwards and Jayne Foster were re-elected as churchwardens at the Annual Meeting of Parishioners on 6th April. Sue and Jayne, together with other churchwardens from the six deaneries of the Sudbury Archdeaconry, including some from our benefice, will be formally admitted to office by the Ven Dr David Jenkins at a service in St Edmundsbury Cathedral at 7.30 pm on Thursday 12th May. The service is open to all: please come to support our churchwardens at this annual service which acknowledges their vital rôle in the life of the local church.

ANNUAL PAROCHIAL CHURCH MEETING 2011: At the APCM on 6th April, which followed the Annual Meeting of Parishioners, the following were elected to serve on the PCC for the year 2011-2012: Colin Blackmore, Sheila Gooderham, Pat Kennedy Scott, Diana McCorkell, Joanna Riddleston, Anthea Scriven and Pat Smith. They join the Revd Judith Sweetman, the churchwardens, and David Lamming (as an elected member of the Diocesan Synod), who are ex officio members of the PCC. Pat Bowdidge, who stood down as PCC treasurer at the end of 2010, did not seek re election to the PCC this year. We are very grateful to Pat for her 16½ years dedicated service as treasurer. No one was elected as a lay representative of the parish on the deanery synod, but it is open to the PCC to fill the two vacancies if anyone interested comes forward during the year.

PCC MEETING: Wednesday 25 May 2010, 7.30 pm at Mary's House, Boxford. Any items for the agenda should be notified to the secretary (David Lamming – 210360; e mail: djlamming@hotmail.com) by Sunday 15th May.

HELP PEOPLE IN POVERTY OUT OF POVERTY

CHRISTIAN AID WEEK 2010, 15th—21st May: Christian Aid Week—Christian Aid's major annual fund-raising campaign—is nearly upon us. As I write every year, new collectors to help with the house-to-house collection are always welcome. Last year we had a new record total in Groton, which contributed to the collection in the East of England region rising by 19%. Can we raise £500 this year? If you have not collected before (or even if you have) and you have some spare time that week and could help with the collection in Groton or Little Waldingfield, please contact me on 01787 210360. In any event, please give generously when the red envelope drops through your door and, if you are a taxpayer, fill in the Gift Aid section of the envelope, which adds 25% to the value of your gift. David Lamming.

Rota

Sidesman with Sacristan: Mr Lamming
Cleaning: Mrs Scriven
Flowers: Mrs Scriven



THE PARISH OF ALL SAINTS, NEWTON

Churchwarden:

Diana Stock, 12 Links View. Tel: 312828



THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

Churchwarden:

Jan Paul Willow Farm, Edwardstone Tel: 210972 David Saddleton 8 The Winthrops, Edwardstone Tel: 211161

MUSIC FOR A SPRING EVENING:

What a splendid evening we were given on Saturday 19 March by the Kelvedon Singers, conducted by Chris Phelps, in Edwardstone Church. A full Church enjoyed a varied programme, starting with Haydn's Little Organ Mass and Dvorak's Te Deum; the soloists were Linda Hart and Sean Moriarty.

After the interval came a lovely arrangement by Chris Phelps of the Adagio by Albinoni, followed by a collection of songs mainly from the 30s and 40s, which delighted the audience.

The Guest Accompanist on organ and keyboard was David Butcher. Thanks must go to all of them and also to those who provided the delicious refreshments in the interval. A total of £677 was raised for

Church funds. Pam Dodd **ROTA**

Sidesman Cleaning **Flowers** Teas/Coffees Mrs Moore & **May 1:** Claire Belcher Mrs Boggis Mr Boggis Mrs Paul Visiting Mr & Mrs Saddleton **May 8:** May 15: Mr Boggis Mr & Mrs Saddleton ٠. May 22: Mr & Mrs Dodd Visiting May 29: Visiting Mr & Mrs Dodd



THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

Churchwardens

Vacant

CHRISTIAN AID WEEK, 15th — 21st May: Please see the paragraph in the Groton section.

Rota

riowers
Mrs Squirrell
Mrs Eddington
ell Mrs Gregor Smith
Mrs Harbord
Mrs Ewen

General Church News

ARCHDEACON'S VISITATION, 7.30 pm on Thursday 12th May

2010. The "Archdeacon's Visitation," when the churchwardens of our benefice are formally admitted to office, is to be held again this year at St Edmundsbury Cathedral. All members of the PCCs and congregations of our five parishes are invited to attend. Do please come to support our churchwardens on this important occasion.

UNITED SERVICE FOR CHRISTIAN AID WEEK: The service this year is at 6.30 pm on Sunday 15 May at St Andrew's Church, Great Cornard. The speaker is to be the Revd Dr Tim Macquiban, minister of Wesley Methodist Church, Cambridge.

"I SPY EASTER" is the 'event' organised this year by Churches Together in Sudbury & District on Saturday 23 April from 10 am to 2 pm in St Peter's Church and around Sudbury town centre. There will be a children's party and competition. Find the Easter people in costume. Go to St Peter's and draw, dance, make musical instruments and try African drums. Watch the drama, "Were you there...?" when the Easter people will tell their stories.

CORRECTION: In error, last month's BRN we repeated an item about "Easter Story" that appeared in the April 2010 issue. This year's Churches Together event is "I spy Easter": see above. For more news of Churches Together, visit the website:

www.churchestogetherinsudbury.org.uk.

The Church At Worship May 2011

Sunday 1st	2nd of	Easter (W)	
Lt Waldingfield	8.00	Holy Communion	The Revd Judith Sweetman
Edwardstone	9.30	Holy Communion	The Revd Judith Sweetman
Boxford	11.00	All Age Service	The Revd Judith Sweetman
Boxford	18.30	Evensong	Christopher Kingsbury
DOXIOIU	18.30	Evensorig	Christopher Kingsbury
Wednesday 4th	10.30	Holy Communion Mary's House	Antony Dodd
		(Reserved Sacrament)	
Thursday 5th	19.00	Compline at Newmans Hall	Tim Harbord
Sunday 8th	3rd of 1		
Groton	8.00	Holy Communion	The Revd Judith Sweetman
Newton	9.30	Holy Communion	The Revd Judith Sweetman
Boxford	11.00	Holy Communion	The Revd Judith Sweetman
Wednesday 11th			
Boxford	10.30	Holy Communion Mary's House	The Revd David Abel
Sunday 15th	4th of 1	Easter (W)	
Edwardstone	8.00	Holy Communion	The Revd Judith Sweetman
Lt Waldingfield	9.30	Holy Communion	The Revd Judith Sweetman
Boxford	11.00	Holy Communion /	The Revd Judith Sweetman
DOMOIG	11.00	Christian Aid Service	The Reva Judiui Sweeman
			Christian Aid Wook begins
		(Also: Vocations Sunday)	Christian Aid Week begins
Wadnasday 10th			
Wednesday 18th	10.20	H-l- C M , H	A., t D. J.J.
Boxford	10.30	Holy Communion Mary's House (Reserved sacrament)	Antony Dodd
Thursday 19th		(Teserved sucrument)	
Lt Waldingfield	19.00	Holy Communion Newmans Hall	Tim Harbord
Lt waldingheid	19.00	(Reserved sacrament)	Tilli Harbord
		(Reserved Sacrament)	
Sunday 22nd	5th of 1		
Boxford	8.00	Holy Communion	The Revd Judith Sweetman
Groton	9.30	Holy Communion	The Revd Judith Sweetman
Newton	11.00	Family Service	The Revd Judith Sweetman
Boxford	11.00	Matins	The Revd David Abel
	11.00		110 10 10 10 10 110 1
Wednesday 25th			
Boxford	10.30	Holy Communion in Mary's House	The Rev David Abel
Sunday 29th	6th of 1		
Groton	10.00	Holy Communion	The Revd Judith Sweetman
Daily Prayer –	A 30 m	inute informal said service with the Rev	d Judith - All welcome
Tuesday	9.00	Edwardstone	
	17.00	Little Waldingfield	
Wednesday	9.00	Groton	
Wednesday Thursday	9.00 9.00	Groton Newton	

Please note we are in Year A of the Lectionary

Soap Box

This month sees local elections taking place around the country. Locally we will see the electorate delivering their verdict on Babergh District Councillors. For Parish Councils, like my own, elections are likely to be a rarity. Only six applications for candidacy were received for the seven seats available - and one of those fell foul of the scrutineers in Corks Lane. I would be surprised if there are many contested Parish Council elections.

Although it appears that my worst fears of a lack of engagement were realised, I'm actually confident that we will achieve a full quota of Parish Councillors early into our four year term. However, the new council will look very different to the outgoing one. Four members are likely to be new. Thinking back to when I first joined, some twenty years ago, I cannot recall such a wide ranging change. Mind you, I do not think anyone from back then remains on the council, except me.

There has been a lot going on in the local political scene. Not least amongst these going-ons has been the merger of services between Babergh and Mid Suffolk. Why, you might well ask, if the work forces are being combined cannot the councils themselves get together? Some believe they should merge, but were it to take place, many councillors would lose their seats. It could be a case of turkeys voting for Christmas Elsewhere, the leader of Suffolk County Council, Jeremy Pembroke, has announced his retirement. Colin Spence, for many years Little Waldingfield's District Council representative, is stepping down so that he can concentrate on his role as a County Councillor. And in his old ward, the two Labour candidates had their applications to stand ruled inadmissible. I hope that makes one of our local PC candidate feel a little better.

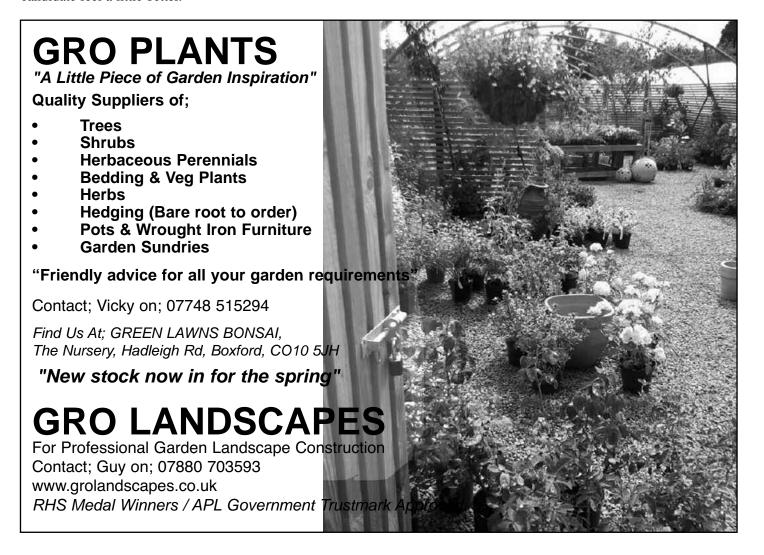
I have even been persuaded to stand for the District Council myself on this occasion. And I've kept up my association with the Little Waldingfield Parish Council, despite assuring my wife that I really was going to take life a little easier. But in the end someone has to step forward and, as I've said more times in the past than I care to think about, finding people to take on these tasks has become ever harder.

Not that I am seeking sympathy or trying to position myself as a martyr to public service. There are many others whose contribution is far greater than mine. But it does worry me that the turnout for these elections is likely to be low in the extreme. In the end people get the government – local and national – they deserve, according to how they place their votes. And if two thirds or more of the electorate choose not to exercise their voting rights, how can we be certain we will achieve the best outcome?

Some say the adoption of a new voting system - the so called Alternative Vote, or AV — will deliver a fairer outcome at elections. Personally I am far from sure it would. Far from ensuring that the most popular (perhaps that should read "acceptable"), it could result in someone who few made their first choice sneaking through as the least bad candidate, in a manner of speaking. Hardly a democratic imperative.

So don't forget to vote on May 5th. At least if you exercise your democratic right you cannot be blamed if the outcome is not to your taste. Perhaps you might even swing things the way you want. Personally I do not think I have ever missed an election – even while abroad. Postal votes are a useful means of retaining your franchise. Not every result has been to my liking, but at least I've participated. I very much hope you all will, too.

Brian Tora is Chairman of Little Waldingfield Parish Council.



GARDENING IN MAY HARRY BUCKLEDEE

Plant up hanging baskets right away to give the plants a chance to establish before hanging them outside at the end of the month. Make sure that brackets are well secured to walls as the weight of a large fully grown basket with wet compost can put quite a strain on them. Peat free composts are preferable to soil based as it is light. New research shows peat-free compost is best for garden pots and baskets, Generations of gardeners have relied on peat to ensure their back breaking work delivered blooms and produce of the finest quality. Many feared their gardens would suffer following moves by the Government and environmental campaigners to ban the use of peat to protect endangered landscapes. However, research by experts at Which have found that alternative peat-free compost can now outperform the traditional product.

The consumer watchdog has awarded Best Buys for container compost to three peat-free varieties - Vital Earth Tub and Basket Compost; New Horizon Multi-Purpose Compost; and Vital Earth Multi-Purpose Compost.

The compost does dry out quicker than soil and therefore more watering is necessary. if the peeat dries out completely lower the basket into a container of water for a good soak. Baskets should be lined with moss, if available, otherwise black polythene or sacking will do, make some holes in the polythene for drainage. Plant up with fairly mature plants, otherwise you will have to wait a long time for a display. For a hot sunny situation, geraniums are the best bet - plant

one upright growing one in the centre with Ukay fuels three or four trailing ivy leafed ones around the edges. Other suitable Your New Local Fuel Supplier trailing plants for sunny FOR ALL YOUR FUEL NEEDS aspects Key Benefits of Helichrysum Petiolatum Ordering With Us variegated microphyllum, Nepeta Interest Free Credit Options

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are

the

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and

Hederacea (trailing catmint), Verbena and Petunias. Fuchsias are excellent for a north wall.

To get the best from your baskets regular feeding and watering is lecessary. Do not allow the compost to become impoverished before you start feeding as the plants will suffer a check in growth which will take weeks to correct. There are sufficient nutrients in the peat free compost to maintain good growth for about a month so start feeding two weeks after planting using any good proprietary plant foods such as Maxicrop, Vitex, Phostrogen, etc. For the first few weeks use a high nitrogen feed to get good healthy growth changing to one of high potash nearer flowering time. Feed twice veekly to start with increasing to three times by the end of June ind every day from August onwards. Do not exceed the stated nixture.

Dwarf French and Runner Beans can now be sown on the open ground - by the time they have germinated the danger of frost will be fairly remote. Sow also white and purple sprouting broccoli and hardy cauliflower headed broccoli for cutting next spring. Thin out vegetable and hardy annual seedlings as soon as they are big enough to handle, failure to do this results in plants that are left being week and spindly. Carrots are best thinned in the evening to avoid the carrot fly which is attracted by the smell of the bruised foliage. It is a good idea to spray after thinning with something smelly with a weak solution like Jeyes Fluid or Armillotox to disguise the smell of the foliage.

Prune Forsythia by cutting back all the shoots that have finished flowering. Remove suckers from roses, trees and shrubs, especially Lilacs. Lilacs flower better if grown on a single stem, allowing suckers to form seriously reduces vigour.

Don't miss the elder-flower, a tree in your garden, perhaps found in our many country lanes. It is the basis of the first of the summer wines a miraculous, near-Sauterne "country wine".

Get ready for the coming influx of baby vegetables for the freezer check you have boxes, foil, ties and stocks of bags,



Parish Council Matters

Minutes of Little Waldingfield Parish Council Meeting 15 March 2011

Present: B Tora, P Baker, R Mitchell, C Bowden, M Ewen, S Coomber, D Kiddy. PC Garrod, Cllr J Antill and one member of the public.

Declarations of Interest: None.

Police Matters: PC Chris Garrod confirmed there had been 2 reported crimes since the last meeting – the theft of heating oil and items from vehicles at one property, and the further theft of heating oil to the value of £300 from a second property. PC Garrod requested that everyone remain vigilant for unknown vehicles and callers. The priorities of the SNT were discussed, as were oil tank security measures. Members of the SNT are always available to call and advise on security measures that householders can take.

Minutes of the last Meeting: These were agreed as a true record and signed by the Chairman.

Matters Arising: A 'village event' is likely to be held during 2012, as the flower festival is taking place this September and other organisations also have several events already organised. The next meeting of the organisations representatives is due to be held in October. Following the withdrawal of the subsidised bus service in April we have received notification that Beestons will be providing a Saturday service. Leaflets about the Cosford Link have been circulated throughout the village. It is hoped that 'Go Start' may be able to partly fill the gap in bus provision, but as this service is provided by volunteers it needs to attract funding. The provision of a footpath to/from the Lavenham Road must be actively pursued if villagers are obliged to walk down there to catch a bus to Sudbury, Lavenham or Bury St Edmunds. The Chairman and the clerk will liaise re a letter to Suffolk CC.

Financial Matters: Between meetings a cheque was signed for the clerk's salary and post/stationery expenses. Cheques were signed for Speedwatch, Suffolk ACRE membership, Suffolk CC street lighting and the Parish Room for the year's hirings.

Planning Matters: Between meetings an application for a new house in the garden of, and a rear extension to 1, The Street was discussed at length and objections raised on the grounds of the affects on neighbouring properties in The Street and Croft Lea. Permission has been granted for extensions at Slough Hall and the erection of a cart lodge at Wood Hall Lodge. No objections were raised to an application to remove an ash tree from the garden of Cypress House.

Correspondence: The litterpick will be held on 17 March. A letter has been received from the daughter of Pat & Harry Clive expressing their wish to build a practical memorial in the village to their parents and suggesting that this take the form of a bus shelter. Other suggestions are welcome and the memorial will be discussed at the next meeting.

National Grid Proposals: Nothing to report.

Telephone Box: Nothing to report.

Village Website: Minutes of the previous meeting have been uploaded. No other items have been submitted to the Clerk for inclusion.

Footpaths: There is still no sign stating 'No Horses' on the path from Archers Farm.

Village Newsletter: R Mitchell will submit a report of this meeting.

Churchyard: Nothing to report.

Any Other Business: After the May elections residents of the Babergh District will have the opportunity to vote on a shared Constitution between Babergh and Mid Suffolk District Councils. The bottlebank will not be reinstated at The Swan.

Notification of temporary road closure

A1141 Brent Eleigh Road, Monks Eleigh/Brent Eleigh between the B1115 and C716 Milden Road

Reason for closure

Suffolk County Council - carriageway resurfacing and repairs

Date of closure

23 May to 24 June 2011 (0730hrs to 1700hrs)

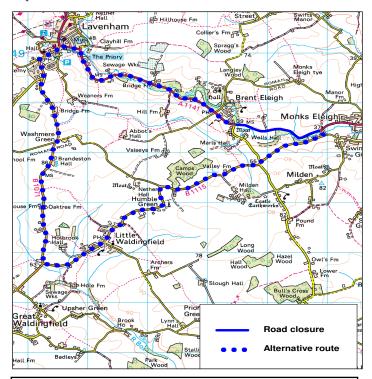
Alternative route

A1141 to Lavenham, B1071 Waldingfield Road, B1115 to Monks Eleigh and vice versaEnquiries regarding this closure should be made to the following:-

Contact name Ian Starling Telephone no. 0845 606 6171

Email West.area@suffolk.gov.uk Cost code ET04370-CAPEX-E11-ET-C

6 April 2011





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Readers Letters

Sir.

Thank you for publishing our appeal in last month's Box River News for help tracing our missing kitten. We were overwhelmed by the response from readers ... and even had one well-wisher contact us from Norfolk!

We are thrilled to say Velcro is now safely back home with us after his sevenweek adventure in the wild.

We would just like to thank everyone who contacted us with sightings and let us wander through their gardens to search for him, as well as the vets and animal charities - especially SESAW - for their help and advice.

Once again, many thanks.

Chris and Paula Swan Street, Boxford



Thank you for a very successful coffee morning for Jonathan!

The weather was perfect, the village hall opened its doors (literally) to lots of new people and we had a great turnout.

Thanks a million to those who came and supported so very well, those who bought raffle tickets (even thought they couldn't come) and those who donated raffle prizes and cakes. I hope you agree that the raffle was impressive.

Including the generous donation of £300 (plus the magnificent toolbox) from Ridgeons the event raised just over £1000 to help Jonathan in his Paralympic training and he and his family are thrilled with the support shown.

Many of the family's friends and relations came, with cakes, raffle prizes and donations. They really enjoyed the atmosphere at the coffee morning and appreciate the generosity shown.

By the time you read this Jonathan will have competed in Dubai and fingers crossed for a successful outcome. Our next publicity event is the Great Cornard fete at the Stevenson Centre on 30 April, where we'll be hopefully celebrating Jonathan's success and definitely running a bric-a-brac stall! So if you have any bits and pieces you want to send to someone else's home please give me a call and I'll collect.

Best wishes.

Janet Weavers (377652)



Spring is in the air, AND in my feet!

Spring is with us and with luck summer not far behind, although the recent warm weather would suggest it has already arrived. Either way good news for me as it makes my recuperation a little easier, and with it further improvement, which I must say is becoming more apparent, as time passes by. I recently completed for the first time an exercise at ICANHO which involved emptying a small basket of toddlers' toys and putting them all into another plastic basket. This might not seem, at first glance, like a particularly significant event, but bearing in mind that I did this with my left hand which has hitherto been pretty much disabled for the past year and a half and that when I first attempted this a year ago I couldn't lift a thing, this was no mean achievement. I now make sure that I repeat this exercise every time I go to my Saebo Clinic at ICANHO.

In March I had an angiogram at Queen's Hospital Romford which I must say was an altogether different experience. As a procedure it was fine, but what struck me most was that the room in which it all took place more resembled the bridge of the Starship Enterprise, with banks of computer monitors showing various angles of my head from the inside. The upshot of this is that I do not have to go back for any further procedures. I just continue my ongoing 'repair and maintenance'.

Talking of which, taking those first tentative steps outside of established comfort zones can present real challenges, but conquer them one must. Having been a business facilitator, I now have certain friends of mine who are asking me, not if, but when am I going to host another business Networking Dinner. Had I been asked that question a year ago I would have said a resounding 'No', as the thought of then standing up in front of 200 odd people filled me with total dread!

Getting one's self-confidence back, together with re-building muscles, requires not just enormous hard work and patience, but also at times, a bit of courage. But, with some great help, support and above all encouragement, retrieval is not just possible, it does happen. Positive outcomes become possible when one is given encouragement and shown how to improve. In my case, I was extremely lucky to find Success After Stroke and also have access to ICANHO, one of the best rehabilitation centres for head injury and stroke in the UK.

It then occurred to me that, as I want to put something back, i.e. do some fundraising, why don't I host a Charity Networking Dinner event. So in early September the plan is that I shall do just that at a very well-known local venue. If anyone wants to know more and have their name added to my mailing list, may I suggest that you email me at nickathorne@hotmail.co.uk .

Now I'm ready, so bring it on!

Nick Athorne

A New Style of Estate Agency for Boxford

The idea for Elizabeth Valda Estates began when company directors Christine Hamilton and Brigette Currin recognised a gap in the property market for an estate agency which placed customer service, communication and personal accountability at the top of its agenda. 'We wanted to create an agency which removed the stress from moving and made it the enjoyable journey it deserves to be,' explained Brigette.

Elizabeth Valda Estates' personal approach to property is also indicated in the professional home staging service which the agency offers its clients. Having trained in home staging with Ann Maurice (Channel 5's House Doctor), Christine Hamilton has an instinct and proven talent in suggesting a lifestyle to potential buyers which can often be crucial in clinching an early sale at a good price.

'Passion, commitment and the love of people and property are words that would best describe our Estate Agency journey since launching in October 2010' said Christine 'running your own business is hard work, never boring and is greatly rewarding, full of satisfaction and fun!'

'We are excited to announce that Elizabeth Valda Estates have been appointed the Homebuyer Centre agency for the local area.' Brigette continued, 'This means that we can now offer prospective buyers a property search and acquisition service that covers every property from every agent in the area.'

How does this work for you as a buyer?

'In essence, if we do not have anything on our books which is suitable for you at this time, then subject to certain criteria, we can now represent YOU. You no longer need to waste time calling a dozen or so estate agents or viewing properties that are plainly unsuitable – we can now access other agents' properties on your behalf and then negotiate FOR YOU! Best of all our fees are based on the amount we save you1, and the hand-holding is FREE!'

Christine added 'This is our chance to invite you to visit us in our new office right here in Boxford. Whether you currently have your house on the market, are considering selling or buying or just fancy a chat to talk about the property market or even just meet the new girls in town, please feel free to visit us. We've already had a warm welcome settling into our office and we're looking forward to getting involved with the Boxford community.'

Located in The Black Barn, Cygnet Court off Swan Street, Elizabeth Valda Estates offers a service based on integrity, commitment and professionalism, providing clients with a innovative service, with one clear principle – to help people move home with that personal touch to meet the clients' needs and maximise their financial advantage.



Making your will

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Box River Benefice,Parish Councillors

Boxford Parish Council

Roger Balls	(Chairman)	210136	
Stephen Eggles	tone (Vice Chairman)5 Holbrook Ba	arn Road	
Cecil Hughes	Kiln Place, Cox Hill	210685	
Julian Fincham	-Jaques Pipkins 42 Homefield		
Richard Gates	2 Brick Kiln Hill		
Sue Green. 34,	210603		
Suzanne Impett Amberley, The Causeway			
Michael Norman 13 Gunary Close			
Darren Rule	•	210731	
Debbie Hattrell Clerk		210943	
District Councillor Bryn Hurren		210854	

Groton Parish Council

7 Castlings Heath	210958	
Groton C010 5EU		
Jeremy Osborne Waterside Barn		
Groton Place, Groton C010 5EE		
2 Stone Street Road	211465	
Boxford CO10 5NP		
9 Gunary Close	210802	
Boxford C010 5QB		
	211818	
	210212	
re	211134	
	Groton C010 5EU e Waterside Barn Groton Place, Groton C010 5EE 2 Stone Street Road Boxford CO10 5NP 9 Gunary Close Boxford C010 5QB	

Little Waldingfield Parish Council

Brian Tora	Enniskillen Lodge	247783
(Chairman)	The Street, Little Waldingfield C010 0	SU
Peter Baker	White Horse Cottage The Street	
	Little Waldingfield C010 0SQ	247931
Sandie Coombe	rHolbrook Hall Park	247318
	Little Waldingfield	
Mike Ewen	Cobweb Cottage, High St Farm	211466
	Little Waldingfield C010 0SS	
Richard Mitche	247173	
	Little Waldingfield C010 0SP	
Chris Bowden	Priory Cottage, Church Rd	
	Little Waldingfield	247784
Dominic Kiddy	16 Grove Avenue,	
·	Little Waldingfield CO10 0SX	247077

Edwardstone Parish Council

No confirmation of	of make up of new council yet		
Charlie Boggis (Chairman)		211325	
Sharon Norman			
(Vice Chairman)		210386	
Sandra Grey Parish Clerk		211465	
Paul Clarke	Hazel Cottage	210689	
Shirley Flack	Mill Cottage, Mill Green		
Matthew Glason	Moat Barn, Mill Green		
Jane Konopka	Hunters Moon, Round Maple		
James Rodger-Brown 9 Mill Green			

Newton Green

Colin Poole	Chairman	376448
Roy Gardner	Vice Chairman	312346
Alan Vince		373963
Rita Schwenk		210838
Gary Flowers		374561
Peter Haylock		374574
Rebecca Wade		372868
Clerk David Cri	mmin	375085
Web Site:		www.newton.suffolk.gov.uk

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Boxford School News

Those of you who have been past the school in recent months cannot have failed to notice the new building on our site. This will be the new home for the Sunflower Playgroup. In addition to being a pre-school playgroup it will also be providing us with a breakfast club and an after school facility for our pupils. The building itself, I am sure you will agree, fits in very nicely with the surroundings and will be a real asset to local children and families.

Over the past few months we have become involved in the Let's Get Cooking initiative aimed at teaching young children and families the art of cooking. Last week our pupils were involved in the 'Let's Get Cooking BIG Cookathon competition which is aimed at getting as many people as possible to cook a healthy dish on April 5th. We managed to make nearly three hundred apple crumbles!!

A couple of weeks ago we joined in with the Red Nose Day charity event with 'Wear Something Funny for Money'. We raised around £200 for this excellent charity so well done and thankyou to all.

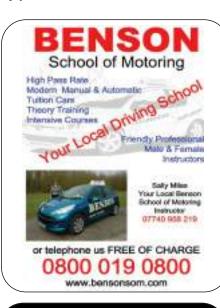
Earlier this term some of our Year 4 boys and girls attended the Great Cornard Pyramid Schools Football Tournament. Both our teams did very well and were a whisper away from winning the trophy losing 1-0 in their final game. Nonetheless they played very well and in a sporting yet competitive manner and Mr Hood was very proud of them. Well done.

On Saturday Mr Hood and I will be taking a group of children to Ipswich Town FC to see them play Crystal Palace. It promises to be a good game with Crystal Palace desperately trying to avoid relegation to the third tier of English football. In the evening three teams from Boxford will be taking part in the annual Swimathon at the Hadleigh Swimming Pool. I am sure you will join me in wishing them every success as they attempt to swim 1,000 metres in aid of the Marie Curie cancer Charity.

Finally may I take this opportunity to wish everyone a very restful and enjoyable Easter Break.







D.C.Tree Services

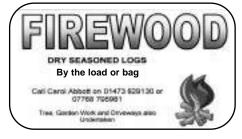
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BOX RIVER SPORTS

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NEWTON GREEN'S EXCLUSIVE COMPANY



Newton Green Golf Club has accepted an invitation to become a member of the exclusive Association of James Braid Courses.

The Suffolk club is one of around 50 courses that the legendary Scottish professional and course designer put his hand to.

Braid, five times Open Champion in the early part of last century, was the most renowned course designer of his time.

The Association of James Braid Courses consists of clubs which offer reciprocal hospitality in the form of

allowing visitors from fellow member clubs to play courses at generally discounted members' guest rates.

As Braid operated in the formative days of golf expansion, many of his designs related to clubs setting out with their first nine holes. This was the case at Newton, where the course was laid out on the gorse-lined village green.

Eight of the original holes are still incorporated in the present 18 holes that the club operates.

Paddy Lockwood, club chairman, commented: "We are delighted to have been invited to join the association because it is another way we can give our members added value in the form of being able to bond with other clubs and enjoy their facilities at reduced rates.

"Braid was eventually made an honorary member of the Professional Golfers' Association, which also happened to our former, legendary professional Arthur Davey, who spent 60 years with the club."

Other association members in East Anglia include Colchester, Rushmere (Ipswich), Royal Norfolk (Norwich), The Rochford Hundred, Boyce Hill and Romford.

In addition to many others in England, there are also 16 clubs in Scotland, eight in Wales, five in Ireland and one in New York.

NEWTION NOMINATED FOR NATIONAL AWARD

Newton Green golf club has been nominated for a national award for the work it is undertaking in schools.

As well as providing coaching to pupils in conventional schools, Newton Green Golf Club's professional has ventured into new educational territory

Tim Cooper has been coaching special needs youngsters attending Sudbury's Hillside Special School - with teachers saying golf is providing a positive experience for the students.

The initiative has led to nomination of the club and their professional for the Sport and Recreation Alliance (SRA) Sports Club of the Year Awards. The Alliance is the successor of the National Council for Physical Recreation and is an umbrella organisation representing 330 national sporting bodies ranging from the Football Association to the Royal Academy of Dance.

This year, for the first time, in collaboration with the Youth Sports Trust, the awards will include honours directly aimed at clubs who are effectively working with schools in their communities.

The prize for the winner of the category is £2,500 to assist the club in further improving their schools and development their infrastructure.

The award will be given during the annual SRA Sports Clubs of the Year awards dinner in London, along with five other awards aimed at community and professional clubs.

The South West Suffolk Schools Partnership – an organisation facing the scaling back of operations under Government cutbacks – has been

BOXFORD ROVERS U9'S CHAMPIONS



Boxford Rovers U9's finished their first league season on a high with the A team winning the South Suffolk Youth League Division 2 with a 4-0 away victory against Brantham Athletic. The team ended up having won 16, drawing 1 and losing 3 matches scoring 95 goals and conceding just 12. All the players and parents in the A and B squads have shown great commitment during the season which has seen them travel to various Suffolk venues from Hadleigh to Wickham Market. The teams are looking forward to a new challenge next season where they will be taking on the top clubs in Suffolk, and hoping to prove that Homefields is a fortress

For further details see the Boxford Rovers Youth FC website:



instrumental in nominating Newton and its professional.

The partnership provides funds to enable schools to engage professional coaches – which could be reduced in scale for younger age groups from September.

Commenting on the golf club's nomination, chairman Paddy Lockwood, said: "We are honoured to put up for consideration for such a prestigious award. The work we are performing in schools is part of a wide-ranging programme of support for newcomers to the sport through our recently formed golf development committee."

Box River News is published and edited on behalf the Parishes of The Box River Benefice by Edward A Kench trading as: 'The Boxford Newsletter Group' and printed by Elmtree Print & Design Limited, Chelmsford.