

# Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



March 2015  
Vol 15 No3

## WELCOME AND FAREWELL



Above: Komal and Kunal Odedra

The future of our village shop is in good hands after new owners Kunal and Komal Odedra opened for business.

The Village Stores, better known in the village as 'Joys' was put on the market a year ago when Joy Stowe decided to retire. Joy had owned the shop for 15 years and working in it for more than half a century. She remembers when she first worked there the entrance to the shop was on the left hand side as you look at the shop from the front and was only 9' wide and 20' deep. With all the stock they carried there was little enough room to move around.

The shop has been bought by a young couple Kunal and Komal Odedra, and they will continue to trade as a general store. Their new opening hours are Monday to Friday 7.30am to 8.00pm, Saturday 7.30am to 6.00pm and Sunday 8.00am to 5.00pm



Joy Stowe and Jackie Illiffe who have both now retired from the shop

**"Thankyou" tea and cakes for the staff of our Village shops.**

**Saturday 28th February 3.30-5.00 at Boxford Village Hall**

If you would like to come and wish them well, please collect a free tea and cakes ticket from Alan our Butcher. Numbers are restricted because of fire regulations, so you must get a ticket if you want to come. Staff from the shops should have received their invitation and ticket by now, but if not, please phone 210538 Anyone who would like to bake a cake for the event, please contact Tina on Boxford 210538.

## BOXFORD POST OFFICE APPEAL



### BOXFORD POST OFFICE

Post Office Counters has granted the present Postmaster an extraordinary licence to run the Post Office for February and March 2015. This is understood to be a rolling contract and it may be possible to renew this if the situation has not moved on by the end of March. However The Post Office Counters will not pay the rent required by the Vendors. Costs including Solicitors fees for the first 2 months and for any months thereafter are considerable. These costs are being met by the Boxford Parish Council and the Boxford Community Council but we do not have a bottomless crock of gold.

### WE NEED YOUR HELP

To get the ball rolling we are going to place a 'Save our Post Office' box in the Post Office and will welcome whatever contributions you are prepared to make, however small they may be.

It is essential that we should maintain Post Office Services in our villages and your support to this end will be for the benefit of us all.

Julian Fincham-Jaques, Chairman Boxford Parish Council  
Ward Baker, Chairman Boxford Community Council



## Box River News

Eddie Kench, Kiln Cottage, Stone Street, Boxford CO10 5NR

Telephone: 01787 211507

e.mail: ed.kench@btinternet.com

Final date for reserved copy for the April Issue is:

**March 15th at noon**

**Delivered Free** to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Stoke by Nayland, Nayland, Kersey, and parents of children at Boxford School.



# FAREWELL AND WELCOME



On Saturday 31st January we said goodbye to Clare and Jarrod who have been in charge at the Fleece for the past 3 years. As they set sail to renew their life in Florida US, we wish them all the best and a fond farewell from all in Boxford. With help from Joseph Norton they introduced Folk at the Fleece and performers have always been massively complementary of how Clare has looked after them, she even gave Kris Drever & Eamonn Coyne a lift back to their accommodation at 4am after the pair had become close friends with our beer and the famous 'Churchfitters' still mention the food Jarrod cooked up for them one Sunday lunchtime before playing, even suggesting that he go on tour with them in France.

We are very sure that Judith and John, the new management team, will have just as much fun looking after folk at the fleece as Clare and Jarrod and might introduce other music in the not too distant future.

Judith and John are locals coming from Cavendish. For some years they ran a hotel in France but returned to the UK two years ago to start looking for a good traditional English pub and what better than the Fleece.

They have managed to find a great Chef who is due to join them early in March. Food will start to be available again on 7th March and sample menus can already be seen along with the menu for Mothers day. Bar snacks will be available from Feb 16th.



*Above: John and Judith, new landlords of the Boxford Fleece.*

*Below: Kimbers Men who performed at the Fleece on Claire and Jarrod's penultimate day.*

*Above left: Clare and Jarrod*



## FleeceJazz

at Stoke by Nayland Hotel

**Friday 6 March 8.00 £16**

### **Christine Tobin: It Might as Well be Spring**

An exceptional singer songwriter, Christine specialises in idiosyncratic highly musical poetic vignettes. Christine Tobin vocals, Phil Robson guitar, Dave Whitford bass, Gene Calderazzo. A wonderful evening of classic songs is in store from the ever popular Great American Songbook by 2014 'Jazz Vocalist of the Year', Parliamentary Jazz Award winner Christine Tobin. Her programme for this concert marks a return to the classics and includes favourites by Jerome Kern, Ellington, Gershwin, Michel Le Grand and many more.

Christine's stellar band are; A-list jazz guitarist Phil Robson, Dave Whitford double bass & US drummer Gene Calderazzo. "Gorgeous, affecting and deeply human" The Guardian \*\*\*\*

**Friday, 13 March 8.00, Ticket £16**

### **Tim Whitehead**

Tim has a highly personal and always gorgeous sound on tenor sax and an infinite vocabulary. Tim Whitehead sax, Jonathan Gee piano, Oli Hayhurst bass, Eddie Hick drums. Lawyer turned jazz musician, highly acclaimed Tim Whitehead, is now well known on the British jazz scene. His career goes back forty years when he played with Ian Carr's Nucleus before becoming a member of the prestigious twenty one piece band "Loose Tubes". Tim brings with him three musicians with their own national reputations, Jonathan Gee, Oli Hayhurst and Eddie Hick who have entertained and enthralled us many times.

"He is a prodigious tenor player whose graceful compositions always rise above the mere technicalities of the conservatoire... amid the crowd of anonymous, garrulous and hard-edged tenor

saxophonists, Tim Whitehead's music is marked by a sense of grace and economy." Clive Davis - The Times

**Friday, 20 March, 8.00, Ticket £18**

### **The Derek Nash Picante Latin Band**

Award winning saxophonist Derek Nash makes a welcome return to the Club bringing his new Latin/Salsa band.

Derek Nash saxes, Dominic Ashworth guitar, Robin Jones percussion, Marc Cecil drums, Neil Anguilly keyboards, Andy Staples bass. "At the forefront of the British Jazz movement, Derek Nash is 'one of the most versatile saxophonists in the UK today'" (The Guardian) To demonstrate that versatility, he brings to the club his new Latin/Salsa project. Did I mention that two of his many bands are Fleece favourites? Tonight's band will no doubt join that list. How can it miss with the great Robin Jones, Dominic, Marc, Neil and Andy in attendance?

**Friday, 27 March 8.00, £15**

### **Tom Green Septet**

London based trombonist, composer and arranger and winner of The Dankworth prize for composition leads this great young band.

Tom Green trombone, Matthew Herd alto and soprano, Sam Miles tenor, James Davison trumpet, Sam James piano, Misha Mullov-Abbado bass, Scott Chapman drums. Having listened to these stunning young musicians on Youtube, I am eager to hear them. They have an lovely accurate big band sound. John Fordham says, "This medium-sized band manages to sounds like a big one, and Tom Green sounds like an even bigger prospect". This is a tour to promote the band's new CD, "Skyline"

The music is contemporary, accessible and a delight.

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

**01787 211865**

All cheques (with S.A.E. please) to:

Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR



## THE MARCH LETTER FROM REV JUDITH

*Dear Friends,*

### Candles and chairs...?

It sounds like one of those quiz questions or challenges: What connection is there between candles and chairs? I know...I am hard pressed to find an answer too! Except that, perhaps there is a link when we look towards the future. The giant paper candles - seen here all over Boxford Church - were put up as part of Boxford School's recent assembly celebrating the festival of Candlemas. So in a way, those candles represent the future,

because the children in our wonderful local school are the future - for our society, for our community, for our churches. The chairs...well, they are part of an exciting new future that we are working towards in the five parishes for our church buildings, a future which will see those buildings become even more welcoming, comfortable and usable for all - and not just on Sundays!

They say that without a vision, the people perish, and in our benefice we do have a vision for our church buildings and are working hard to realise it - though, it has to be said, it is a struggle at times, with very limited resources of people and money!

In Boxford Church, this vision began by replacing the wood which screened off the bellringing chamber with clear glass. This let more light flood into the building and enabled everyone to enjoy watching the bellringers in action. Our next aim is to create a delightful, welcoming, carpeted space, across the whole of the back of the church (known technically as the narthex!). This will allow us to continue to develop our monthly Café Church, experiment with other informal services and provide a good area for socialising and getting to know each other. It will also provide greater comfort for some of the many who attend concerts and other community events in church.

The other churches in the five villages are also changing and developing to meet the needs of the future, whilst retaining their beautiful, traditional interiors. Edwardstone, with its children's corner and rocking horse, now has permission to remove, temporarily, and on a trial basis, a small number of pews from the back of church. This, again, is to provide more space for coffee and chat after services, as we enjoy our brilliant new concealed oak servery, complete with hot water, sink and storage. Groton has plans approved for a new kitchen area in the base of the tower and a discreetly designed toilet building within easy reach of the church close to the main door. Newton is also trying to meet the needs of its congregation and visitors, discussing with the Churches Conservation Trust the possibility of a jointly funded toilet facility. At Little Waldingfield Church, the

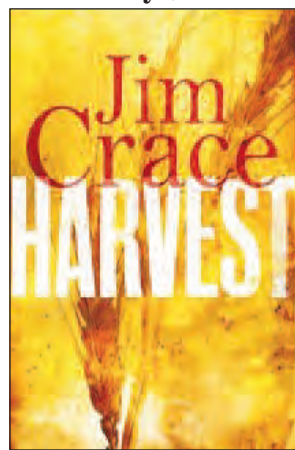


children's area is being completely refurbished to provide more table and seating space, with new screens to display children's art and craft work. Chairs and candles...! Of course the other link between these is that they remind us of how good it is to take time out, to rest, to think of others, to offer prayer perhaps, simply to enjoy God's presence.

I hope you will be inspired by our vision for the future, a vision that embraces you - whoever you are - whatever journey in life you are on - whatever your beliefs - and for whatever reason you enjoy coming into your village church. With your help, with your support, we know we can make that vision come true. Blessings, Revd Judith

## THIS MONTH'S GOOD READ BY JO MARCHANT

### Harvest by Jim Crace



Harvest, by Jim Crace, was published in 2013, and he announced it would be his final novel. It was shortlisted for the Man Booker Prize and many readers were disappointed when it did not win.

Those of us who enjoy historical novels will relish this story of how land, commonly owned by villagers for centuries past, is brutally taken from them and converted into enclosures, for profit, progress and enterprise. The era is deliberately vague, probably somewhere in the middle ages, and the un-named village is just a remote hamlet in rural England. It could even be Suffolk.

The novel is narrated by Walter Thirsk, Master Kent's right hand man, and the

book opens with a celebratory feast in the master's barn. The barley harvest has been safely gathered in, and it is time for merry-making. But the tight-knit community is disturbed by a mysterious plume of smoke on the edge of this pastoral idyll. Newcomers have arrived, and they are not welcome. Their presence heralds a nightmare that is about to befall the village and in the next seven days everything changes. Suspicions, jealousies and fears are exposed and the outcome is unpredictable. Reason and humanity are absent. In this regard 'Harvest' could be set anywhere and at any time.

This novel, like the changing seasons, is slow moving and is narrated in delicious, lyrical prose. Crace's descriptions of autumn are especially wonderful. 'The glinting spider's thread will turn in a little while to glinting frost.....' Every word counts and every sentence is a delight. This novel is full of gorgeous writing.

Jim Crace was a political journalist for eighteen years and 'Harvest' is not just a historical novel but a comment on man's relationship towards property and land, and about xenophobia, the fear of strangers and their politics. Although set in the past I see it as a book for our time.

Fortunately he announced at the London Book Fair this summer that he has changed his mind, and that there is to be another novel. Hurrah!

## Making Your Will

**Retired solicitor Trevor Dodwell's company is Polstead based and writes Wills and Lasting Powers of Attorney.**

- Home visits at times to suit you (no loss of working time)
- Easy one-to-one advice (many years of practical experience)
- Wills witnessing service (to ensure legal acceptance)
- Very competitive prices.

**Please call 01206 263420  
or email me at [trevordodwell@aol.com](mailto:trevordodwell@aol.com)  
[www.thewillbusiness.com](http://www.thewillbusiness.com)**



## S B Electrical



**For all your electrical work  
large or small**

**Free Estimates ✓ No Call Out Charge ✓  
A Member of the BSI ✓ Electrical Certificates Issued ✓  
Part "P" Registered ✓ Insurance Backed Guarantee ✓**

## Tel: 01787 247043

**e-mail: [Info@sbelectrical.biz](mailto:Info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)**

**Church Road, Little Waldingfield, Sudbury, Suffolk**





Stop making Excuses ✓

Take Responsibility ✓

Make the changes ✓

We're here to help, guide and support you every step of the way.

- Back pain and Holistic Healthcare specialist, program co-ordinator:  
Alexander Dent, B.Sc.(Hons)OST, MAO (manip).  
Registered Osteomyologist. Direct line 07800 542901
- Hypnotherapy CBT and Mindfulness: Elaine Carpenter.  
Direct line 07929 744072
- Massage, sports massage and Reflexology: Karen Ann Franklin.  
Direct line 07772 286106
- Optimum nutrition, metabolic balance program and food intolerance testing:  
Louisa McKnight, Clinical Nutritionist. Direct line 07772 781010
- Counselling: Pam Evans, B.Sc.(Hons) Integrative Counselling.  
Direct line 078350414429

Come and visit our new purpose built clinic rooms in the tranquil setting of Kersey Mill. A professional facility set in a historic watermill site just off the A1141 at Kersey.

Call now on **01473 826232** to book your appointment or e-mail enquiries at [holonhealth@gmail.com](mailto:holonhealth@gmail.com)

Natural Health Centre- *healthcare naturally*



# COUNTRY HEATING plus

## Oil-fired Boiler Servicing Maintenance Breakdowns & Installations

[www.countryheatingplus.co.uk](http://www.countryheatingplus.co.uk)

**Mick Dye Tel: 01787 211179  
Mob: 07891 867672**



Saturday 11th & Sunday 12th April from 10am to 4pm

Come and view our two 18-hole championship golf courses, welcoming Golf Clubhouse and fully equipped Pro Shop.

### Exclusive Offer!



Enjoy 14 months' membership for the price of 12\*!  
Select from our 'Classic' or 'Premium' joining fee options – from only £99\*\*! You'll also receive a New Member's Pack – worth up to £300!

\*Offer only available to Open Weekend attendees (Sat 11th & Sun 12th April).  
\*\*Annual subscription rates then apply.

[www.stokebynayland.com](http://www.stokebynayland.com)



STOKE BY NAYLAND  
GOLF CLUB

To register please call Mary on 01206 265841 or email [mary.saward@stokegolfandleisure.com](mailto:mary.saward@stokegolfandleisure.com). Alternatively we hope to see you on the day!

Stoke by Nayland Golf & Leisure, Keepers Lane, Leavenheath, Colchester CO6 4PZ | Tel: 01206 262836



## Congratulations to former Boxford School pupil

Congratulations to William Hilsum, former pupil of Boxford Primary School, who is one of two lucky recipients to win the prestigious Jubilee Scholarship to Culford School which is a Headmaster's award for those children who show outstanding qualities and future potential.

William and several other children from Old Buckenham Hall School, near Lavenham, learnt of their success just before half term; Francesca Hughes with a Sports Scholarship to Oakham School, Molly Webster who has won with a Music Scholarship not only to Woodbridge School but also to Framlingham College, Maddie Anderson with an Art Exhibition to Culford School, Jonty Lecompte, Faith Bahar and Sam Ponty have all won Albert Memorial Scholarships to Framlingham College and finally Tilly Lockhart who has won an Art Exhibition to Framlingham College. Tom O'Sullivan, Headmaster, said it has been a very proud moment for him to congratulate these pupils on their very well deserved awards and is testament to their determination and ability to shine through in a wide field of competition. [www.obh.co.uk](http://www.obh.co.uk)



## THE BCC FUN AND GAMES NIGHT



The Boxford Community Council Annual Fun & Games Night held on Saturday 24th January proved to be yet again a very enjoyable, sociable, hectic and at times very competitive evening, which seemed to be enjoyed by all whether regular competitors or new this year. For those of you who may not have heard the outcome, the top three places were:

1st	UNIVERSALLY CHALLENGED	310 Points
2nd	FADY DAFYS	287 Points
3rd	A NEW LEASE OF LIFE	283 Points

A very big thank you to everyone who helped with this event, which requires a lot of hard work: organising teams and helpers, buying all the food and drink, preparing the food, serving behind the bar, setting the games up, manning each game and clearing up afterwards. We are indebted to all who helped in any way, as we could not have done it without you. Thank you also to all the local businesses and individuals who kindly donated raffle prizes, which is much appreciated. Finally, thank you to the 16 teams who took part and we hope you all enjoyed the evening, which is essentially about having fun. It also helps us with our fundraising, where the funds are then granted out to organisations in the local villages. We look forward to seeing you all again next year. It's never too soon to sign up! Boxford Community Council

## THE BROWNIES CLEAN UP



The brownies had their turn in cleaning the church. Rev Judith popped in to see them and have a chat. She was very impressed with how hard they were working. Then Richard turned up as it was bell ringing practice. He very kindly allowed the girls to climb the tower to the bell room where he talked about the history and rang some of the bells. It was a great end to the evening and the girls were so excited going up the tiny stone staircase. They weren't so excited when they then had to climb back down!

### Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## HARE & HOUNDS LEAVENHEATH

traditional country freehouse with 3+ real ales  
pool table - open fire - beer garden - play area

### upcoming events

#### Mothers Day

Sunday 15th March - book now

2 courses - £13

or 3 courses - £16

#### St. Patricks Day

Come and enjoy a pint Guinness or two  
at just £2.50 all day

Live Music (see website for more info)  
Saturday 4th April from 9pm

#### OPENING HOURS

tuesday, wednesday, thursday 12 - 3pm & 5 - 11pm

friday & saturday 12 - 11pm

sunday 12 - 10pm

closed all day monday

#### FOOD IS AVAILABLE

tuesday - saturday 12 - 2pm & 6 - 9pm

sunday 12 - 3pm



[www.hareandhoundsleavenheath.co.uk](http://www.hareandhoundsleavenheath.co.uk)



01787 212396



John & Judith welcome you to

## The Fleece

Serving Great Beer & Fantastic Food



### Fleece Food is back!

We will soon be serving fantastic food here at the Fleece!

From 7th March our new chef will be serving up a wonderful new menu.

We'll be putting it online and on the bar, so keep your eyes peeled.

Food served:

Tuesday - Saturday : 12 - 3pm & 6 - 9pm

Sunday: 12 - 4pm

Call us now on

01787 211183 to book.

Bookings now being taken for Mother's Day!

15th March 12 - 4pm - Free glass of Prosecco for mums.

### St Patrick's Evening!

Celebrate the Irish way. 17th March. Pints of Guinness just £3.

### Regular Live Music

We are planning on having regular live music nights here at the fleece. Keep your eyes peeled for info on our first live music night.

### The Fleece

Walkers & well behaved dogs welcome, so come in from the cold and soak up the atmosphere by our wood burning fires. Our Guild Room is available all year for birthday's, wedding receptions etc.



### Live Music - FleeceFolk

Kris Drever & Boo Hewerdine. Live Sat 18th April.

Tickets available online now.

Kieran Goss. Live Sun 17th May.

Tickets available online now.

Tickets & info - [www.boxfordfleece.com](http://www.boxfordfleece.com)

### Weekly Pub Quiz - Every Sunday 8.30pm

Join in our weekly quiz nights. Test your knowledge against the best of Boxford

[www.boxfordfleece.com](http://www.boxfordfleece.com) - [boxfordfleece@outlook.com](mailto:boxfordfleece@outlook.com) - 01787 211183





# Mother's Day 2015



Mother's Day is just around the corner. This year, how about treating the Mum in your life to something she really deserves...?

An hour of relaxation in the Beauty Rooms at Suffolk Medical Clinic, combining a mini-facial and ½ hour massage of choice PLUS a free Dermalogica gift-pack (worth £15) is sure to be well received by any Mum.



And the best bit...? ...it's only going to cost you £35.00!



## Mother's Day Special ...

*Dermalogica facial and massage  
with free gift, just £35.00\**

**Call: 01787 211 000 to book**

\* Our Mother's Day offer is valid until 12/04/2015. Please quote 'Box River Offer' when booking.



Caring for you and your skin

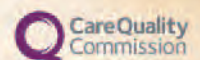
Suffolk Medical and Beauty Clinic

Clinic led by qualified medical professionals  
in our Care Quality Commission registered  
and approved Beauty and Aesthetics clinic

- Anti-wrinkle Injections and treatment for Excess Sweating
- 3D - LipoMed for fat reduction and body sculpting
- Dermal Fillers (Juvéderm® ULTRA, Radiesse®, Belotero, Teosyl, Restylane)
- Laser Skin Rejuvenation for leg and facial thread veins, rosacea, pigmentation, sun damage, acne scarring and age spots
- Medical Microdermabrasion, for skin brightening and treating open pores
- Chemical Medical Peels for skin resurfacing and treating pigmentation/sun damage
- EndyMedPro® Radio frequency Fractional Skin Resurfacing for skin lifting, firming and tightening
- IPL Permanent Laser Hair Reduction
- Beauty therapy treatments



Practising Partners: Dr Anthony O'Neill MB, BS & Jenny O'Neill RGN



Reg No. P040002145

For further information or to arrange a personal consultation please call **01787 211000** or email **info@suffolkmedicalclinic.co.uk** Suffolk Medical Clinic, 6 Broad Street, Boxford, Suffolk, CO10 5DX  
**www.suffolkmedicalclinic.co.uk**



# Boxford School News

## SPORTING ACHIEVEMENTS OF 2014



Here is a picture of our victorious High Fives team which won the Sudbury and District High Fives Tournament. They won all of their games and now go on to represent the Sudbury District in the County Finals.



On Saturday 22nd March a group of children and parents from our school took part in the annual Swimathon in the Hadleigh Swimming Pool. We all completed 1,000 metres in under half an hour.

This is the Boxford School Team with Edward and Flynn from the Waglands.



Here is a picture of our victorious swimming team that won the Sudbury District Schools Swimming Gala. The team represented the school at the County Finals Day and finished a very creditable 4th beating many teams from much larger schools. Well done to Eliza, Cameron, Max, Jacob, Daniel, Isabel, Rosie and Otis.

## FEEDBACK FROM JAMES FINCH Your Suffolk County Councillor for the Stour Valley

### ➤ Consultation has begun on Chilton Woods development outside Sudbury.

Residents and local villagers have been urged to take part in a consultation and have their say on proposals relating to the Chilton Woods development in Sudbury. The consultation, which began on Friday 30th January, will detail proposals which recognise the site to the north of Sudbury as an ideal location to meet local housing and employment needs and deliver wider benefits for the area. These benefits will include provisions such as a new primary school, village hall, community woodland, a pub, shops, sports pitches, walking and cycling routes. As part of the consultation, residents were able to view and comment on proposals for the site and see what has changed since a housing developer presented a scheme back in 2012. From Friday 30th January 2014, plans and other information is available on the SCC website, at [www.suffolk.gov.uk/chiltonwoods](http://www.suffolk.gov.uk/chiltonwoods)

The consultation closed on 16th February 2015. Views and feedback during the consultation helped inform the planning Outline Planning Application which SCC hopes to make this spring. If you have any questions regarding the consultation, please call 0345 603 1842 or e-mail [chilton.woods@suffolk.gov.uk](mailto:chilton.woods@suffolk.gov.uk)

### ➤ New campaign calls on Suffolk people to make the connection with loneliness:

A new campaign, launched by Suffolk's health professionals, invites people to play their part to beat loneliness; drawing attention to the fact that loneliness can affect any of us at any time.

Age UK Suffolk predicts that 15,000 older people in Suffolk can go a month without speaking to a friend, family member or neighbour. The campaign, entitled 'Loneliness. Make the connection', began last month and kicks off a year-long focus on loneliness and how it affects people in different ways, from new parents to bereavement and unemployment. A number of studies have linked the harmful effects of loneliness to both mental and physical health; claiming the same long-term harmful effects as obesity and smoking. SCC's public health team is joining forces with voluntary-sector organisations and other partners to co-ordinate the campaign, drawing attention to the support already available from befriending schemes and organised groups to telephone and on-line advice. More information about this campaign is available from [www.healthysuffolk.org.uk](http://www.healthysuffolk.org.uk) including the ability to make a pledge, find out what support is available, read case study examples and download a range of useful resources.

Supporting those most vulnerable in our communities is not only a key priority for us, but a moral obligation. That's why I heartily support this campaign to raise awareness about loneliness, the wide range of people it can afflict, and the effects it can have. We can all play our part and make a big difference on our doorstep.

### ➤ Suffolk care success at 'Going the Extra Mile' awards

The best of Suffolk's care providers gained recognition and acclaim as the second Suffolk Going the Extra Mile (GEM) Awards ceremony took place. The event, which was hosted by SCC's Safeguarding Team and supported by the Safeguarding Adults Board (SAB), took place at Trinity Park in Ipswich on Wednesday 21st January, sponsored by Integrated Care 24. This year the awards focused on the achievements of supported living, sheltered housing and care-at home providers and celebrated the achievements of providers who deliver creative, innovative and dignified care.

The GEM awards are not just about providing a good quality service, as this is expected from all care providers. As the title suggests, this is about their going the extra mile. It is an opportunity to celebrate exceptional cases and those who are committed to going above and beyond 'good' to ensure that the people they support live life to the full and have truly positive experiences. I congratulate all those who were recognised on the day and I urge all to keep up the great work.

### ➤ Amendments to the development plans on Sand Hill, Boxford.

I have been lobbied to ensure that only the necessary trees are removed as per the plans on Sand Hill when the path is made for the new development. I am speaking to the Highways team and the planners to ensure that only 10 trees are removed and these are clearly marked for the contractor. I am advised that the remaining trees which are mainly Ash will compensate quite quickly to retain the rural vista coming into the village.

### My priorities for Suffolk

Education - Supporting Vulnerable People - Jobs and Growth  
Localism and the Stour Valley - Building on Suffolk's Strength -  
all underpinned by strong financial management and low council tax



## SHED SECURITY

There have been a number of sheds targeted across the Mid Suffolk district recently both at residential properties and on community allotments. Criminals are tempted by the goods and equipment stored within then including hand tools, power tools, lawn mowers, bicycles and fishing equipment. Sheds are usually poorly secured, or indeed left insecure making them an ideal target for the opportunistic thief.

A few simple steps however can help keep your equipment safe while deterring thieves. Suffolk Police are therefore urging everyone to follow these recommendations;

*Are perimeter hedges, fences and gates in good repair?*

Consider your boundary security; keep fences, hedges and ditches in good condition.

Repair any holes and gaps, and cut back overhanging tree limbs which could be used as a climbing aid to gain unauthorised access.

If considering new fencing, where possible, avoid chain link which is inherently weak. Welded mesh is preferable.

Regularly check your gates and locks for evidence of tampering or damage. Use quality close shackle padlocks; Refer to [www.Soldsecure.com](http://www.Soldsecure.com) for recommended manufacturers.

*Are there places where individuals could hide themselves from view?*

Consider removing obstructions, places of concealment and recessed areas near stores and sheds. Consider installing lighting where it will increase your chances, or that of a neighbour or a passer-by, to detecting any criminal activity. Lighting installed in a remote or very rural location will only however aide an offender.

*Are your tools secured within your sheds?*

Inside the shed consider securing your tools to a ground anchor or through their handles to a 'shed shackle', or other similar security anchor point. Anchor points are designed to reinforce the security of equipment within a shed by securing it to an 'anchor' point. Please bear in mind that the chains and padlocks used should be just as secure and fit for purpose. Consider an alarm; either a battery operated alarm (sold at most police stations) or upgrade an existing house alarm to include the shed.

*Are tools easily identifiable?*

Tools that are obviously marked are difficult for an offender to sell on. Property mark your tools, popular options include obvious marking such as etching, painting or DNA products like Smartwater and SelectaDNA. Advertise the fact that they are marked with signs or window stickers to deter an offender, but make sure you keep a note of serial/ make/ model numbers and take photographs of any valuable or unique garden ornaments and tools. Register all equipment with a serial number on the national database [www.immobilise.com](http://www.immobilise.com) for free. This helps police identify and locate an owner if items are lost or stolen.

*Be proactive – Consider organising a "Property Marking Weekend"*

If you are an allotment holder in particular encourage other members to participate in a property marking weekend and make it an event. Your local safer neighbourhood team (SNT) are always happy to assist. You can contact them by calling 101.

*Are you aware of local crime and suspicious activities in your area?*

Sign up to Police Connect alerts and receive up-to-date information relating to crime, suspicious activities, vehicles and individuals as well as crime prevention advice. This Suffolk Police service is completely free. For further information log onto [www.suffolk.police.uk/aboutus/ourservices/policedirect.aspx](http://www.suffolk.police.uk/aboutus/ourservices/policedirect.aspx). For further help or advice on security please call your local SNT or Crime Reduction Officer on 101.

## WILLS ON WHEELS

Time flies. It's six years since I set up The Will Business as a home visit service for local clients who didn't want to go into town and pay more than they needed for a will.

When I started the business I cycled to clients' homes – great if the weather was good! I still use the bike if its fine and there's not too much on, but we can get really busy these days.

The Will Business was designed to help local people who had never made a will (over 60% around the UK). I wanted to encourage them to make a will, at a sensible price. That worked well – I now have nearly 500 clients within those eight cycling-friendly miles from our home in Polstead which I mapped out in my original business plan.

We are still writing loads of wills. They are the heart of our business and we know from experience that our clients like them because the wills are personalised, they are easy to understand, and they are inexpensive. Also

(maybe I shouldn't mention this) they work.

A major change in our business has been the explosion of interest in Lasting Powers of Attorney (which didn't even feature in my business plan) We are now writing as many LPAs as wills.

These LPAs (the successors to enduring powers of attorney) provide a unique opportunity for people (typically in their 50s or earlier) to register their children or other younger members of their family to act as their attorneys when they eventually find their affairs too hard to manage.

There are two types of LPA – one dealing with property and finance, and the other with health and welfare. Because we are so well served locally on the health and welfare front, the majority of my clients go for the property and finance version, which can be invaluable in helping them (once they need to rely on the LPA) to keep abreast of their bank accounts, paying bills, even selling the house.

You can make your LPA today, but if you remain in good mental health you may not need to implement it for many years. Importantly, we should register it now with the Public Guardian in Birmingham and once this has been done the LPA's effectiveness will continue despite any change in your mental capacity.

This is a really important facility for everyone. Get it done now, and it will always be in place. I am formally approved by the Public Guardian to act as the certificate provider for registration applications, and this helps to keep the cost affordable.

Our fee for dealing with and registering an LPA is £200 per application and the Public Guardian's fee is £110. There are no further fees. Registration is currently taking around 6 weeks, when the LPA becomes effective. There is no VAT on the fees and there is currently no more cost-effective means locally of making and registering an LPA.

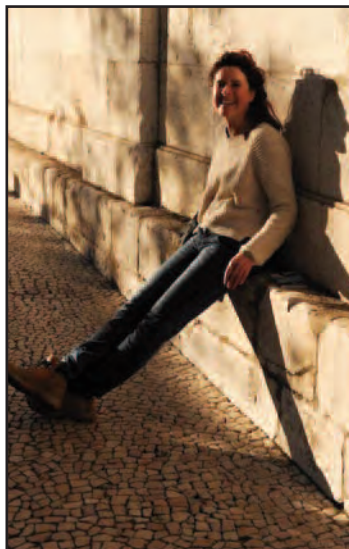
Trevor Dodwell

The Will Business Ltd

## Remember

The Box River News can be seen in full colour by downloading from the internet.

Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)



## GIRL FRIDAY No job too trivial!

PERSONAL  
ADMINISTRATION  
DIARY MANAGEMENT  
EVENTS / TRAVEL  
PLANNING  
DOG WALKING / PET  
SITTING  
FREEZER FILLING FOR  
BUSY MUMS  
DRIVER / ERRAND  
RUNNING

Bex Morrison-Corley has worked for over ten years in London as PA / Production Coordinator in the television, film and theatre industry for Chairmen and Artistic Directors. She has recently returned to Suffolk to dedicate more time to writing children's books, the first of which is currently being considered by agents.

*For references, a current CV or to talk through any professional / domestic way in which Bex might be able to help please email her on - [bexmc21@gmail.com](mailto:bexmc21@gmail.com)*

Rate £12 per hour  
Available Thursday – Sunday



## THE BRITISH RED CROSS IN SUFFOLK

The British Red Cross in Suffolk hit the headlines in January 2015 as they helped save 123 bed days at Ipswich Hospital over six weeks.

Here's how else the Red Cross in Cambridgeshire, Norfolk and Suffolk helped the local community cope with crises in 2014:

Our Emergency Support team responded to 30 call-outs (9 times to notifiable incidents)

Our Fire and Emergency Support team responded to 89 call-outs

Our Ambulances were required to transport 7 patients between hospitals

Our Events First Aid team attended 307 events (recovering 72% of their costs through charges)

Our International Family Tracing team assisted 111 people

Our Refugee Support team helped 636 people (including dependents)

Our First Aid Learning team helped: 941 vulnerable adults e.g. homeless people, 125 vulnerable young people e.g. young carers and 4605 young people e.g. in schools

Our Humanitarian Education team reached 2888 young people

Our Independent Living team helped: 3078 Support at home clients, 10,247 Mobility aids clients (wheelchair loans), 504 Transport support clients, 3075 Hand arm and shoulder massage clients, 15,924 other health and social care clients e.g. Accident and Emergency dept. support, home welfare checks etc

We spent over £150,000 helping people in Suffolk in 2014.

### Also – volunteers needed...

We need someone to visit sites in their local area to display posters/fliers and help with our community collection tins. All visits will be to established Red Cross supporters. We anticipate that sites will need to be re-visited every three months.

Suggested hours: one day every three months, or as suits.

Typical tasks include

- Visiting pubs, shops, fast food outlets and other commercial premises which support the Red Cross.
- Displaying challenge event or emergency appeal posters
- Replacing community collection tins, counting and banking the income from full collection tins

Interested?

Contact Jane Dow 01284 727247

[janedow@redcross.org.uk](mailto:janedow@redcross.org.uk)



## BOXFORD Gardens Open

*Sunday June 7th 11.00am till 5.00pm*

Boxford is full of keen gardeners, so why not join in this wonderful day and open your garden?

No need to have acres of space or be a horticultural expert, just a typical garden owner.

If you live in Boxford, Groton or Edwardstone please contact:

Angela on 01787 212264

or Email: [angela@tolputt.com](mailto:angela@tolputt.com)

*All funds raised benefit St Mary's Church Boxford*

## The Boxford Study Centre Presents

A five-week Spring lecture course by Roger Cooke

# The Representative of the People

## The History of Parliament from 13<sup>th</sup> to 20<sup>th</sup> Century

On Tuesday afternoons this spring:

- |                         |   |
|-------------------------|---|
| 3 <sup>rd</sup> March:  | Birth to Childhood – Medieval Origins             |
| 10 <sup>th</sup> March: | From Near Death to Certain Life                   |
| 17 <sup>th</sup> March: | The Crisis of the Early Stuarts                   |
| 24 <sup>th</sup> March: | The Glorious Revolution                           |
| 31 <sup>st</sup> March: | Reform Acts from 1832 to 20 <sup>th</sup> Century |

**Venue:** Groton Village Hall, starting at 2.30pm

**Email:** [jo.marchant@virgin.net](mailto:jo.marchant@virgin.net)

**Fees:** £35 for the course, payable at the first lecture, or £8 for individual lectures



Roger Cooke was deputy head at Bishop Stortford High School. He has an MA in 18<sup>th</sup> century political history and has spent the last 10 years lecturing to WEA history groups.

New members welcome – just turn up for the lecture and enjoy a free cup of tea in the break!



# Computer Care

**"NEW" HOUSECALL REPAIR SERVICE**  
**COMPUTER VIRUS REMOVED!!**  
**BY V-EXTERMINATOR LTD SINCE 2003**

**NOW £45.00 WITH FIRST HOUR INCLUDED !!**  
**TEL: 01787 370397**

## The Red House

RESIDENTIAL HOME

A Beautiful Georgian House set in lovely mature walled gardens, in a quiet area near the centre of Sudbury.

- 34 Rooms some en suite
- Call Bell System
- 24 Hour Care
- All Diets catered for
- Non Smoking
- Respite Care Available



Meadow Lane, Sudbury, Suffolk CO10 2TD - Telephone: 01787372948  
[www.theredhouserestidentialhome.co.uk](http://www.theredhouserestidentialhome.co.uk) Manager Carol Vaughan

ECO-FRIENDLY

## HARDWOOD BRIQUETTES

For multi-fuel & wood burning stoves, open fires, chimeneas etc.

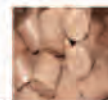
PRESSED FROM 100% NATURAL WASTE CHIPPINGS WITH NO ADDITIVES.  
 VERY HOT BURNING, LITTLE ASH, NO SPARKS OR SPITTING.  
 LOW MOISTURE CONTENT & LOW TAR LEADING TO CLEANER CHIMNEYS.  
 CONVENIENTLY PACKAGED IN BAGS OF approx. 10kg.

10kg bag - £2.50

100kg - £22.50

500kg - £100.00 with free delivery

within 6 mile radius of our workshop. Free sample bag available.



**Call 07825777887 or 07941129982**

Polstead Joinery

## Todds Removals

& Todd Storage

a reliable local service you can trust

Removals  
 Storage  
 Packing materials

Packing service  
 UK, Europe and beyond  
 Home or Business

### Moving?

Call us on 01787 377489



# The Edwardstone White Horse

Cycle here : Walk here : Drink here : Eat here : Stay here

## Dark Ale Days 1<sup>st</sup> - 4<sup>th</sup> May

30+ excellent real ales from far and wide. This is our longest running beer-festival with Real Cider, Live Music, Great Food & Camping available too!

Fantastic ales from these breweries available at some point in March!

Dark Star, Woodfordes, Thornbridge, Crouch Vale, Wild Beer and Adnams.

## Burger Night (every Tuesday)

Fantastic Burger with all the trimmings and a pint for just £7.95!

## Bangers & Mash Night!

Every Wednesday evening our fantastic rare breed pork sausages & a pint for just £8.95.

## Steak Night!

Every Friday from just £14.95 with a pint or glass of wine

## Live Music - March

### Acoustic Folk Night

Weds 11<sup>th</sup> 8.30pm

### Electric Blues Night

Weds 25<sup>th</sup> 8.30pm

## MILL GREEN BREWERY

Award winning beers brewed on-site. We always have a number of MGB ales. Keep your eyes open for these in March:

- White Horse Bitter
- Loveleys Fair
- Massachusetts
- Calais Street
- Mad Old John
- Green Goose

Buy from us direct for parties, weddings etc on 01787 211118.



**Normal Opening Times:**

Tuesday - Thursday  
 12 - 3 & 5 - 11/12  
 Friday, Saturday,  
 Sunday: 12 - 11/12

**Food Serving Hours:**

Tuesdays to Saturday:  
 12 - 2.30 and 6 - 9  
 Sundays 12 - 3.

**The White Horse has a lot to offer:**

Private parties, weddings, walking groups... You name it we can cater for it.



[www.edwardstonewhitehorse.co.uk](http://www.edwardstonewhitehorse.co.uk) - 01787 211211



## FROM A STONE ST KITCHEN WINDOW



## Mill Kitchens Ltd.

A Family Company (Est. 1976)



We are a traditional family company, and we take pride in the quality of service we give to our customers.

We offer a wide range of kitchens, bedrooms and bathrooms, individually designed to suit your requirements.

From bespoke cabinets made to order in our own workshop, superior quality 'off the peg' ranges in a wide variety of styles, to our extensive made to measure replacement door selection.

We offer our customers a free design and estimate service and our 'Lifetime Customer Care Promise'.

### **Our Workshop and Showroom are at:**

Unit 4, Crestland Business Park, Bull Lane Ind. Est.,  
Acton, Sudbury CO10 0BD

Office/Fax: **01787 310533** Workshop: **01787 315588**

[www.MillKitchens.moonfruit.com](http://www.MillKitchens.moonfruit.com)

## *P*recision *A*min

Do you need to outsource your business administration so that you can concentrate on more important tasks and focus on the things you do best?

With over 15 years experience working as a PA, I offer the following business services;

- Project management
- Expense Accounts
- Mail Merge/Mail Shot
- Data Entry
- Internet Research
- Travel Arrangements
- Email Management
- Copy Typing
- Audio Typing
- Word Processing
- Meeting Arrangements
- Diary Management

For further information please contact Laura at  
[lauraleeder.pa@gmail.com](mailto:lauraleeder.pa@gmail.com) or  
telephone 01787 210990.



## COMMUNITY TOUR COMING YOUR WAY

Local writer, performer and artist Robert Crighton is going on tour this Easter with his acclaimed production of *The Summoning of Everyman*, a radical reinterpretation of a medieval morality play.

The story sees Everyman being summoned by Death to meet his maker - and chronicles his struggle against the inevitable. Robert's interactive performance brings this struggle directly to the audience, asking them to become part of the story, to stand in the footsteps of Fellowship, Good Deeds and even Death himself.

Robert's tour is taking in any village hall, church room or even living room who would like to have him - the show can even tour directly to your home, if you want to host a house party with a difference. Every show is open to anyone, thanks to the Pay-What-You-Want system - so that those who couldn't normally afford to go to the theatre can. The audience decides at the end of the show how much they want to give.

It's a unique event, as the audience is invited by Robert to help make the action happen - without them the story cannot be told. This process turns what could be a dry late medieval play into a piece of living theatre, one that can be shared in terms of the early 21st Century.

*The Summoning of Everyman* is touring mostly over Easter - with dates between 24th March and 22nd April 2015 to village halls and other community spaces.

Tickets are Pay-What-You-Want on the night and can be reserved by calling 07946 652 196 or emailing [contact@milkbottleproductions.co.uk](mailto:contact@milkbottleproductions.co.uk)

Nearest Local Venues: Great Waldingfield Village Hall - Thursday 26th March at 7.30pm

**Boxford Village Hall** - Tuesday 31st March at 7.30pm

Leavenheath Village Hall - Sunday 5th April at 6pm

Assington Village Hall - Thursday 9th April at 7.30pm

Full list of tour dates can be found online at [robertcrightonstoryteller.moonfruit.com](http://robertcrightonstoryteller.moonfruit.com)



## The Bell Inn

The Sreet, Kersey, Suffolk, IP7 6DY

**Tel: 01473 823229**

Janet Woollard and Wendy Green Welcome you to the 'The Bell'

Their new menu is now out and has lots of new dishes as well as a few classic pub favourites.

They have curry nights on Tuesday's and pie and pudding day on Wednesdays.

For Sunday lunch there are three roasts Beef, Pork and Lamb.

Book Now For Mothers Day 15th March

**OPEN ALL DAY EVERY DAY**

### Remember

The Box River News can be seen in full colour by downloading from the internet. Just go to [boxfordvillagehall.co.uk](http://boxfordvillagehall.co.uk) and click on the BRN icon. The Newsletter is usually available about two days after the published press date. [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## NICK COX

WEALTH MANAGEMENT CONSULTANT



**A wealth of expertise on your doorstep**

I provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact Nick Cox on

**Tel: 01787 210339**

Email: [nicholas.cox@sjpp.co.uk](mailto:nicholas.cox@sjpp.co.uk) Website: [www.nickdcox.co.uk](http://www.nickdcox.co.uk)



# NEWS FROM CLUBS AND ORGANISATIONS

## PARISH COUNCIL ELECTION MAY 2015

Boxford, along with other similar villages, faces a challenging future no matter which party wins the General Election.

The Parish Council Election in May gives you the chance to stand for Election and make a contribution to the future of our village.

There has been much comment, both supportive and critical, of our present Parish Council so now is your opportunity to help to influence future decisions about planning and about the services and support given by our County and District Councils.

The Parish Council meets once monthly on the first Monday of each month. You are welcome to come and witness our meetings and talk to the Councillors and our Clerk about what is involved.

If you really care about our village please take this chance to use your skill and knowledge to make it the village that you think it should be.

Boxford Parish Council

## POLITE NOTICE REGARDING DOG FOULING

Over the years, the Boxford Playing Fields Committee has always tried to strike a balanced view about the needs of playing fields users.

Committee members, myself included, want to safeguard this fantastic facility so it continues to provide enjoyment for everyone in the future – for sports and village events, recreation and picnics, and for walkers and their dogs to enjoy.

However, there are reports of persistent and worsening cases of dog fouling on the field. Dog faeces are a health hazard and those who break the law are risking the health of others, especially young footballers and cricketers who have frequent contact with the grass in the course of their matches.

It can spread parasites such as Ringworms, Tapeworms and Salmonella. Infected dog poo on your lawn may disappear after a while, but the eggs of the nasty creatures remain in the grass for years. It may contain Cryptosporidium, which causes sickness and diarrhoea. It can contain a parasitic worm, Toxocara Canis, which causes blindness. If this worm is ingested it can cause disease to the brain, lungs, heart, liver and eyes. When footballers come into contact with dog faeces and then touch their mouths, they can become infected.

Please can we remind dog owners and walkers that it is against the law not to clear up after a dog has fouled. The Council has powers to issue 'on the spot' Fixed Penalty Notices of £50, or to prosecute in the criminal courts, which could lead to a fine of up to £1,000.

Should we catch anyone flouting this law, I'm afraid we have no alternative but to report it to the police. Indeed, making an example of an offender with all the attendant publicity increasingly seems the way to bring the gravity of the situation to the community's attention.

We realise that many dog owners are responsible and do collect their dog's mess, bag it up and bin it. To those who do, thank you for the example you set.

If you have any ideas or suggestions on how to stop this problem, or a comment about this issue, please do not hesitate to contact me.

David Burden Chairman, Boxford Playing Fields Management Committee. (We are a volunteer user group which is part of the Boxford Community Council.). d.burden379@btinternet.com



## SUNFLOWERS CHILDCARE

### THANKS "NEIGHBOURS" COURT KNOLL LODGE

Sunflowers Childcare has received £365.00 from Court Knoll Lodge for their outdoor play equipment.

Court Knoll Lodge, based in Boxford found out from the parish council that Sunflowers Childcare were looking for sponsorship towards their new outdoor play equipment and Court Knoll were only too happy to help.

Kirit Bedia, secretary for the Lodge said "We all take great pride in being part of the court Knoll Lodge and part of that is being located in the beautiful village of Boxford, Suffolk. Sunflowers Childcare is one of our "neighbours" and does a splendid job of looking after the children of the village; we look forward to seeing the new play equipment installed and more importantly the children of the village having fun."

Court Knoll Lodge is part of the Suffolk Freemasons and meets on a Tuesday at the Village Hall, seven times per year. The Lodge has 31 members and is part of the Suffolk Freemasons Province which has almost 3000 members belonging to 67 Lodges.

This is the second time that Court Knoll has donated to village funds and are always happy to be involved where they can.

If you are interested in knowing more about the Court Knoll Lodge please email Kirit Bedia at kirit.bedia@ecsolutions.co.uk as we would welcome new members from the village and surrounding areas.

Please email any village sponsorship or funding request to Jonathan Neill, Charity Steward jon@sportsafeuk.com

## Stone Street and Boxford Lane Distribution

I am looking for one or two people to deliver copies of the Box River News to the houses in the Stone Street Hamlet and School Hill and Boxford Lane. If you can help. Please get in touch with me. Eddie Kench telephone 01787 247528, email ed.kench@btinternet.com

## GROTON PARISH COUNCIL

has a vacancy for a councillor. If you are interested in standing for the council in the elections on 7 May, please contact the clerk for details.

Anita Robinson, Clerk to Groton Parish Council 01787 211673, clerk.groton@btinternet.com

## ARE YOU SOMEONE WHO IS LOOKING TO HELP YOUR COMMUNITY IN A PRACTICAL WAY? IF SO HERE IS AN OPPORTUNITY IN WHICH YOU CAN BECOME INVOLVED.

BOXFORD VILLAGE HALL MANAGEMENT COMMITTEE IS LOOKING FOR AN HONORARY TREASURER TO REPLACE THE CURRENT TREASURER WHO WISHES TO CEASE HIS DUTIES AT THE END OF AUGUST 2015. IF YOU WOULD LIKE TO KNOW MORE ABOUT WHAT IS INVOLVED THEN

PLEASE CONTACT:-

**DAVID HOUSE -**

**TELEPHONE NO. 01787 210918**

## CALLING ALL KNITTERS!!

Rev. Judith has bought a lovely pattern book for a Knitted Farmyard!

She would love to have one for Harvest, for children to see and play with. So.....

I need lots of knitters to share the load! Could you knit a pig? goat? duck? A barn or church? Or, simpler....a ploughed field (just rib stitch), or even a few cabbages?

Patterns are available from me, or Mary's House, where there are some photos of the finished farm! Amazing! It will all sit on a piece of rug canvas, some of it embroidered).

If there is anyone who would like to organise their village, and produce their own farm, that would be great! Otherwise, Judith will take the one we do to the various villages for all to see and use.

If anyone is moved enough to get their own copy of the pattern, I bought mine second-hand on Amazon for £2.50! it is "The Knitted Farmyard" by Hannelore Wernhard. (be careful - don't spend a lot - some are very expensive!)

In the meantime, I have photo-copied all the different animals and other elements - please get in touch - happy knitting! We all have till then end of July!!

Pauline Lamming, 20 Holbrook Barn Road. Tel: 01787 210360



## Wot's On

### BOXFORD GARDENING SOCIETY

Unless otherwise stated, meetings take place on the FIRST Tuesday of the month at 7.30 pm in Boxford Village Hall and guests (£5 each) are very welcome. See this months ad. Just turn up. .

### Monks Eleigh Whist Drives 2014-15

Come and join a group who play whist every third Monday of the month in Monks Eleigh Village Hall. We play 12 hands, refreshments are provided and we have a raffle.

We aim to have a social game of cards and a fun evening so beginners to experienced players are welcome.

Dates: 15th January 19th February 16th March 16th

### LITTLE WALDINGFIELD VILLAGE WALKS

The walks are stopping for the foreseeable future.

Maybe they can be revived later in the year!

### Little Waldingfield Parish Room

Our next event is the Themed Supper on 11th April. This will be an India Supper with all the trimmings. 7.00 for 7.30. The last two have been a great success, so book early by ringing Sue on 247173. There will be a small quiz, just for fun.

### Newton Village Hall Events REGULAR EVENTS:

Monday mornings (term time only) : Yoga class ( 313662 for details)

Monday and Thursday evenings : Highway 12 Western Partner Dance Club (phone Chris on 371006 for details)

Tuesday evenings: JT Steppers Line Dance Club (377343 for details)

Friday afternoons: Art Club ( phone Anne on 312346 for details)

Friday evenings : Sudbury and District Wargames Club (phone Brian on 312160 for details)

### THE FRIENDLY INVASION

**Saturday, March 7th 7.30pm Groton Village Hall**

We are very lucky to have Clive Stevens coming to give us a talk about the American air bases in World War 2.

At under forty years old, Clive Stevens is unusually young to be so interested in the wartime activities of the East Anglia region, yet he has been researching his specialist subject since he was a sixth-form student and has attended numerous veterans reunions and commemorations in both Europe and America. His presentation entitled 'The Friendly Invasion,' tells the story of the American Eighth Air Force, from their arrival in England in 1942 to Victory in Europe in 1945 and also takes a retrospective look at the region seventy years after the airfields fell silent. This light-hearted, yet poignant presentation, is fully illustrated with some of the finest original wartime photographs (many in full colour) that still exist, and will take the audience on a nostalgic trip down memory lane to the Suffolk and Essex of yesteryear.

Clive Stevens, originally grew up in Marlborough, Wiltshire and moved to Suffolk in 2002. He lives on the edge of one of the many old American military airfields in mid-Suffolk that were constructed throughout the region during WWII. With his wife Suzanne, they run a Water Softener Company that specialise in the supply and installation of household and commercial water softener.

There will be a break in the middle of the talk for light refreshments, including soft drinks but glasses will be available if you'd like to bring your own wine. All proceeds will be for Groton Church and tickets [£7.50 each] are available from Pat Kennedy Scott [210319] Jayne Foster [211360] or any member of Groton PCC..

### Nayland Open Gardens:

**Sunday 14th June 2-6pm.** Tickets £5 from any garden. Teas and Car parking at the village hall. Proceeds to local conservation projects of the Nayland with Wissington Conservation Society. registered charity no. 268104

### The Nayland Village Players Present: Dead Ringer

When the Prime Minister dies of an apparent heart attack on the eve of a General Election, an out-of-work actor is hired as his double. However, as the actor grows accustomed to his role, it becomes apparent that all is not as it seems. Set in 10 Downing Street, Dead Ringer is a comedy thriller that will keep you guessing until the very end!

Performances are on April 16, 17 and 18

Evenings: 8:00pm (Doors open 7:30pm)

Tickets £7.50 (£6 for under 16) from March at Nayland Post office (afternoons) or by calling 01206 262808.

More information can be found at [www.villageplayers.co.uk](http://www.villageplayers.co.uk).

BOXFORD  
GARDENING SOCIETY

## Kevin Hughes of Kevins Plants Gardening with woodland plants



**Tuesday 3rd March  
at 7.30pm**

THE VILLAGE PLAYERS  
present:



**DEAD**

By Charles Ross

**RINGER**

Nayland Village Hall CO6 4JH

**April 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup>**

**8:00pm (doors open 7:30pm)**

**Tickets £7.50 (under 16s - £6)**

**From Nayland Post Office**

(From March, PM only)

**or call 01206 262808**

[www.villageplayers.co.uk](http://www.villageplayers.co.uk)





# Wot's On

## Little Waldingfield History Society

### Programme of Events - 2015

**18th March** - Ship of Dreams by James Hayward, The stories of Suffolk people connected to the Titanic.

**15th April** - Youth must have dalliance by Sarah Doig A romp through Henry the Eighth's life through the eyes of his wives and mistresses. All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.

Please book & pay in advance to guarantee your place, as seats are limited.

Booking Secretary: Diana Langford, Pitt Cottage 01787 248298

Tickets, Members £2.00 Non Members £4.00

Membership of LWHS costs £10.00 per person pa and entitles each member to the following benefits:

- Reduced price entry to LWHS events;
- Access to exclusive LWHS member events;
- Access to Suffolk Local history and other local events;
- and • Access to the Suffolk Review.

### Boxford Drama Group

## Haunted

Do you dare watch it on Friday 13th?



What would you do if your dinner party had an uninvited guest – a guest who died two hundred years ago and had chosen this night to unleash hell? What if you tried to escape but discovered the house would not let you leave?

That is the horror let loose on Mark and wife Kate, who thought they had bought their dream cottage, and their friends Bill and Louise who arrive to celebrate Mark's birthday and instead find themselves in a battle for survival against an unspeakable evil, and a struggle to help free a lost soul.

As the tale unfolds in the style of such terrifying classics as *The Woman in Black* and *Turn of the Screw*, be prepared for shock upon shock, to be chilled to the bone, and to witness a violent end to a story that starts with a birthday celebration and finishes with a scene of horror bathed in blood.

*Haunted*, written by Michael Munn and presented by Boxford Drama Group, is designed to shock and scare, and is not for the squeamish or faint-hearted and is not suitable for children.

The performances are on Thursday 12th, Friday 13th and Saturday 14th March at 7.30pm. Tickets are £13.00 with a meal and there will be a licensed bar.

Are you brave enough to come and see it on Friday 13th?

To obtain your tickets call in to 'Mary's House' Swan Street Boxford between 9.00am to 11.00am every Saturday until 14th March.

If you can't get to Boxford then simply email

hauntedtickets@btinternet.com or call 01787 211951

## Stoke by Nayland Hotel

**Mother's Day Lunch, Sunday 15th March, 12.30pm – 3pm.**

A special 3-course Sunday Lunch including a gift for Mum! Just £22.95pp! Call 01206 262836 to book in advance.

**Comedy Night Friday 20th March, from 6.30pm**

A line-up of comedians hand-picked from the London comedy circuit. Tickets cost £20pp and include a delicious buffet supper. Call 01206 265837 or email sales@stokebynayland.com to book.

**Ladies Who Lunch. Thursday 26th March from 12noon**

Lunch and a fashion show – what better way to spend a day out with the girls? Just £14pp! Call 01206 265837

GROTON VILLAGE HALL MANAGEMENT COMMITTEE  
PRESENTS



# QUIZ AND CURRY EVENING

At

Groton Village Hall

On Friday 17 April 2015 7.30 for 7.45 Start

£10.00 per head (entry plus choice of curry & dessert)

Teams of four

B.Y.O. Bar

Raffle

Phone Joanna: 210619 or Jayne: 211360 to book your place



# Wot's On

## BOXFORD WI

Our speaker this month was Kevin Willmott a massage therapist. Kevin gave a fascinating talk about both the history and the benefits of massage. Massage first started in China in 5,000 BC and was also used by the ancient Egyptians in 2,000 BC. It was in subsequent years well known in Japan and the Roman baths before becoming more widely used in Europe. Massage is both a spiritual and a physical treatment that promotes relaxation and stimulation. Although not a panacea for all ills, massage can be used to help a number of ailments including sciatica, frozen shoulder and unspecified back pain and stiffness. It helps to improve muscle tone and to remove toxins from the body. There are many different types of massage such as Swedish, deep therapy and Indian head massage. Treatments can be given in health spas and even in your own home. Our next meeting is on March 4th Women on the Western Front - village hall 2pm

## Nayland Church Fete

**Monday 25 May 2015 2 - 4.30pm at Nayland Playing Field**

Traditional Stalls and Sideshows, Children and Adult sports, Tug of War, Jazz Band, Homemade Teas, Classic Vehicle Display

Admission Adults £2 Concessions £1 Children 50p Free parking

Proceeds to St. James Church Fabric Fund

## Groton's Lent Lunch

**Wednesday, March 25th**

Groton's Lent Lunch is being held at Malting Lodge, Groton from 12.00noon - 2.00pm

## Sounds of the Past OPEN DAYS

The new museum of sound and broadcasting with live performances.

Something for all the family, 1st Sunday Every Month all year. 10.30am to 4.00pm at The Old Chapel, Monks Eleigh, Refreshments available.

Donations to Prostate Action and MacMillan Nurses

For more info telephone Paul Goodchild 01787 372247

## The Lost City of Dunwich

A lecture by Mark Mitchels

### The Boxford Society

Mark Mitchels makes a very welcome return to The Boxford Society on Saturday 18th April at 7.30pm in the School Hall when he will talk about the Lost City Of Dunwich. As always with Mark we know it will be a thoroughly researched, illustrated and entertaining lecture. It will be followed by a very short AGM which usually lasts around 15 minutes. Visitors welcome.

Please put the date in your diary now so you don't miss it.

## Bridge at Newton Green Golf Club.

There were 5 tables in play at the Bridge Drive held on 9th February

The prizes were won by:

Brian Waghorn and David Tolhurst 3700

Barbara Latta and Rosemary 1930

Andrew King and Alan Vince 700

Unfortunately recent attendances have been low with not enough people attending to make the drives worthwhile so I have reluctantly decided not to hold any more. We have had some very enjoyable times over the 30 or so years that I have been running the drives and I know it is disappointing for those regulars who would have liked to carry on.

However all good things come to an end and I would like to thank all who have loyally supported the drives over the years.

Alan Vince.

## COFFEE MORNING!

**Coffee and scones  
Savouries, Cards and Cakes  
Jams and Marmalades  
Raffle**

**Come and join us**

**SATURDAY 28<sup>th</sup> MARCH  
in MARY'S HOUSE  
9 am to 12 noon**

In aid of Mary's House

She had waited over two centuries,  
and would now  
unleash hell

# Haunted

by  
Michael Munn

Presented by Boxford Drama Group

Boxford Village Hall

March 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> at 7.30pm

Tickets £13.00 with meal. Licensed bar.

Tickets available from 'Mary's House' Swan Street Boxford 9.00am to 11.00am every Saturday from 31<sup>st</sup> January to 14<sup>th</sup> March.

Alternatively call 01787 211951 or email [hauntedtickets@btinternet.com](mailto:hauntedtickets@btinternet.com)

Warning: this play contains tension, strong violence and is designed to shock and scare.

It is not suitable for children.

**He is back!**



## CLAIRVOYANT EVENING

An evening of modern mediumship with the amazing  
Ryan Goodling.

**Saturday 25th April  
7:30pm for 8:00pm start  
Refreshments and Bar available  
Boxford Village Hall**

**£10pp**

**For tickets please call Sunflowers Childcare on 01787 211363**



# Wot's On

## HADLEIGH CHORAL SOCIETY

St Mary's Church Hadleigh, Saturday 28th March 7.30pm

SCHUBERT : Mass No 6 in E flat major

Colchester Symphony Orchestra, conductor Christopher Phelps

Soloists : Julia Roberts, Muriel Kwint, Robyn Lee Evans, Ashley

Catling, James Arthur

Charles Hine (clarinet)

Tickets £14 £12(conc) £2(under 16)

from The Idler, Hadleigh 01473 827752 or on the door

[www.hadleighchoralsociety.org.uk](http://www.hadleighchoralsociety.org.uk)

## DAVID OWEN NORRIS

Plays a grand pianoforte by John Broadwood & Sons, 1828

Sunday 29 March 2015 • 6pm • Lavenham Village Hall

MOZART Sonata in D major K.576

HAYDN Sonata in E flat, no. 52

BEETHOVEN Sonata in C minor op 13 Pathétique

MENDELSSOHN Sonata in E major op. 6

MENDELSSOHN Rondo capriccioso op. 14

David Owen Norris is one of Britain's most versatile and enterprising pianists, noted for his radio and TV appearances – most famously deconstructing Parry's 'Jerusalem' in the Prince of Wales's programme about the composer. We are delighted to welcome him back to the Festival with his magnificent 1828 grand pianoforte by John Broadwood & Sons. The programme consists of five masterpieces



from the late eighteenth and early nineteenth centuries, when the piano was developing rapidly and composers were revelling in the possibilities it offered them. English pianos were prized all over Europe, and Broadwoods gave Beethoven one of their largest grands in 1818. A concert not to be missed – in a warm and comfortable venue! 'Quite possibly the most interesting pianist in the world' Toronto Globe & Mail

'swaggering conviction, glinting mischief ... once again, Norris's pianism is past praise in its scrupulous poise, immaculate touch and attention to dynamic nuance. What's more, he also displays an acute intellectual and emotional understanding ... artistry of a very high order'. The Gramophone

Tickets: £18 (reserved), £12 (unreserved), with half-price tickets available to full-time students

Box office via the National Centre for Early Music, 01904 651485, [www.ncem.co.uk](http://www.ncem.co.uk)

## LAUNCH AND BOOK SIGNING

Little Waldingfield Church

A Suffolk 'Landmark' Church: History and Guided Tour

Little Waldingfield Church, Saturday 16 May, 10.30 We would like to welcome you to the launch, by the author, of CLIVE PAINE's new colour- illustrated history and guide to our elegant church (available March, in the church). All proceeds of sale to St Lawrence's fabric fund.

Clive is a well-known local historian, author and TV/radio broadcaster ('Crown and Country', 'Songs of Praise' and more). From a mine of knowledge, and engagingly as ever, he will present the Guide in a short talk, to be followed by signing and refreshments.

COME AND ENJOY AN ENTERTAINING MAY MORNING

## BOXFORD GARDENS OPEN

Sunday 7th June 2015, 11am-5pm

This will be the 18th year of Boxford Gardens Open and the event is still proving as popular as ever, drawing visitors from a wide area to see our lovely gardens. This year we will be doing lunches in the village hall and there will be plant stalls in and around the church and school. Please put the date in your diary and also pray for good weather! The event requires a large number of volunteers to make it run smoothly, so any offers of help are always extremely welcome. In addition to existing gardens, we are also looking for new gardens to open. All money raised is used to benefit Boxford St Mary's church. Contact Angela Tolputt (call 01787 212264 or email [angela@tolputt.com](mailto:angela@tolputt.com))

## Nayland Horticultural Society

Talk: 'An Incitement to Early Marriage: A Social History of the Allotment'

Tuesday 17th March

From their birth in the 18th century Dr Twigs Way, acclaimed garden historian and author, will lead us through the fascinating history of the not-so-humble allotment.

Church Hall, Bear Street, Nayland at 7.30 for 7.45pm.

More info [www.naylandhortsoc.org.uk](http://www.naylandhortsoc.org.uk) or 01206 262807

## Spring Flower Show

Saturday 21st March

Displays of spring flowers and refreshments. Cakes on sale & raffle.

Church Hall, Bear Street, Nayland from 10am-12noon, entry free.

Exhibits 8.15am-9am - schedules from [www.naylandhortsoc.org.uk](http://www.naylandhortsoc.org.uk) or 01206 262807

Matthews Church Leavenheath

## Spring Fayre

Help fund the internal decoration of the beautiful Saint Matthews Church by attending the spring Fayre being held in the Leavenheath Village Hall on Saturday 18th of April from 10 am until 2 PM. There are lots of stalls refreshments games raffles etc. All welcome



LEAVENHEATH CINEMA SATURDAY MARCH 7TH

Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)

£3.50 per adult and £2.00 per young person



## Forthcoming Events Diary

### March

Tuesdays Boxford Study Centre	The Representative of the People	Groton Village Hall	2.30pm
3 Boxford Gardening Society	Gardening with Woodland Plants	Boxford Village Hall	7.30pm
4 Boxford WI	Women of the Western Front	Boxford Village Hall	2pm
7 The Friendly invasion lecture by Clive Stevens	Groton PCC	Groton Village Hall	7.30pm
12/13/14 The Haunting	Boxford Drama Group	Boxford Village Hall	7.30pm
12 Boxford WI	Hadleigh Sheep	Mary's House	2pm
18 Ship of Dreams, James Hayward	Little Waldingfield History Society	Parish Room	7.30pm
28 Coffee Morning	In aid of Mary's House	Mary's House	9am to 12noon

### April

1 Boxford WI	Hearing Dogs for the deaf	Boxford Village Hall	2pm
9 Boxford WI	Walk in Groton and Boxforde		
11 Indian Supper	Lt Waldingfield Parish Room	Parish Room	7.00pm
15 Youth must have Dalliance Sarah Doig	Little Waldingfield History Society	Parish Room	7.30pm
17 Quiz and Curry evening	Groton Village Hall Mgt Com	Groton Village Hall	7.30pm
18 The Lost City of Dunwich Talk by Mark Mitchels	The Boxford Society AGM	Boxford Village School	7.30pm
25 Clairvoyant Evening	Sunflower children	Boxford Village Hall	7.30pm

### May

6 Boxford WI	Resolutions	Boxford Village Hall	2pm
14 Boxford WI	Coasters	Mary's House	2pm
16 Launch and Book Signing	Little Waldingfield Church		10.30pm

### June

3 Boxford WI	Bowling Club	Boxford Village Hall	2pm
7 Boxford Gardens Open	Boxford PCC		11am to 5pm
10 Boxford WI	Blue Badge Walk	Lavenham	
16 Clive Paine: Launch of his History and Guide to Lt. Waldingfield Church			

### July

1 Boxford WI	Museum Costumess	Boxford Village Hall	2pm
9 Boxford WI	Glass Painting and Deco patch	Kersey Mill	2pm
First and Third Monday each month	Boxford Parish Council Meetings in	Bell House, Stone Street St, Boxford	7.30pm



**Need Computer Help and Advice**

Support and advice for the home user.  
No problem is too small.  
Give me a call with all your PC problems.  
Same day service often available.  
Help with setting up email accounts / Internet /  
Anti Virus / Wireless networking etc.

Phone Ian on  
01787 210031 Evening /Weekend or 07866 015953 Daytime



**Clean 'N' Glean**  
Phone Mark on: 01787 880371  
Mobile: 07904 594957

**CLEAN'N' GLEAN**  
MOBILE CAR VALETING  
CALL: 07904 594957  
FULL VALET



**Bates Wells & Braithwaite**

**Expert legal help for business and for individuals...**  
Accident claims - Commercial and company law  
Commercial property - Commercial German legal services  
Employment - Environmental Law -  
Estates, trusts and wills - Family and children  
Farming and rural business affairs  
Health and safety - Licensing - Litigation/mediation  
Residential property - Rural business affairs

**Bates Wells & Braithwaite Solicitors**  
27 Friars Street Sudbury C0102AD  
T: 01787 880440 E: solicitors@bwblegal.com



**Churchill Brothers**  
**BUILDING CONTRACTORS**  
**AND**  
**SPECIALIST JOINERS**

**Restoration**  
**Refurbishments**  
**Extensions**

For free estimates and advice please contact Will Churchill on  
01787 211528 or e-mail: info@churchillbrothers.co.uk  
www.churchillbrothers.co.uk



# The Box River Parishes Church News

**Boxford • Edwardstone • Groton • Little Waldingfield • Newton**

**Priest in Charge:**

The Revd Judith Sweetman

The Rectory, School Hill, Boxford CO10 5JT

Tel: 01787 210091; e-mail: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com)

*The Revd Judith's day off is normally Friday but this may vary according to circumstances*

**NSM:**

The Revd David Abel, 13 Church Street, Boxford CO10 5DU

Tel: 211765; e-mail: [davidabel19@hotmail.com](mailto:davidabel19@hotmail.com)

**Reader:**

Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD

Tel: 211236; Fax: 211238; e-mail: [ChrisKingsC@aol.com](mailto:ChrisKingsC@aol.com)

**Lay Elder:**

David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU

Tel: 210360; Fax: 329770; 07968 791135; e-mail: [djlamming@hotmail.com](mailto:djlamming@hotmail.com)


*Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.*

**Benefice house:**

Mary's House, 5 Swan Street, Boxford CO10 5NZ.

Box River Benefice


## café church



An informal time of worship  
With fresh coffee and pastries!

Boxford Church  
Sunday March 1st  
11am

With activities for children



## THE PARISH OF ST MARY, BOXFORD

**Churchwardens:**

Ruth Kingsbury, Rose Cottage,  
Sherbourne Street, Edwardstone tel.211236

Peter Patrick, Amberley,  
White Street Green. tel 210346



**Make a date to come- on  
Sunday 1st March at 11.00am  
What's it all about!**

Café church is a church with a difference. It happens usually on the 1st Sunday in the month at 11.00 am. We sit around café

style tables instead of in rows of pews. We drink coffee - eat pastries etc. Lots of help is needed though. Please contact the Revd Judith of a churchwarden if you can help.

**How to help St. Mary's Church with its fundraising:** When buying anything on line go to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) it is very easy to use - the web site explains everything! Register, & then go to the link to your favourite on line vendor e.g.: Amazon. Order as usual. Amazon (as an example) gives a small donation to St. Mary's Church, you don't pay anything more though! Please use this to support your parish church.

**Boxford Church Tea towels are available to buy** see notices in church. Do make a date for **Open Gardens 2015**. Please contact Angela Tolputt on 211264 if you can open your garden or help in any way. This is a major fundraising event for the church.

**A LENT LUNCH** is to be held on Thursday 5th March 12.00-2.00pm at the home of Jill Nation, Daking Avenue- make a date to come along. Please let Jill know if you can come.

**Boxford Guides** are cleaning the church on Saturday 28th March and are also being sponsored to carry out the cleaning in silence! This is to raise funds for new equipment. If you would like to sponsor them or donate towards the guides equipment please speak to the Revd Judith, Eloise Bircher, Guide Leader, or a churchwarden.

Also the Guides are collecting "**Active Kids**" **Vouchers from Sainsbury's**. If you shop at Sainsburys do collect the vouchers & bring them to church where we can pass them to Eloise.

**Annual Parochial Church Meeting** - this year will be held on Sunday 12th April following morning service - meeting starts at 12.15pm.

**Revision of the Electoral Roll 2015** The annual revision of the roll will be between 13th March & 27th March. If your name is not the roll & you think you qualify for enrolment please collect a form from the back of church or speak to the PCC Electoral Roll Officer, Mr Dennis Picton.

## MARY'S HOUSE BOOKINGS

There is now a new 2015 diary in Mary's House for making bookings

When making a booking, please ensure that a contact name and telephone number is entered clearly in the diary in respect of every booking, as we need to know who to contact in the event of any query over, or the need to change, a booking.

Please note that the suggested donation is now £1.00 per head for a two-hour booking for all meetings. For inquiries about bookings, please contact Pauline or David Lamming: telephone 210360.

**Copy Date for Church News in the April Box River News:**

**Please, NO LATER THAN 13th March 2015**

**Failure to meet the date will mean your copy may not be included**

Thank you. Sue Knight. 01787 210785

email address: [sedwards1946@btinternet.com](mailto:sedwards1946@btinternet.com)





## THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

**Churchwarden:**  
**Vacant**

### Rota

**March 15th** 9.30 am Mothering Sunday Morning Worship  
Ineke Morris/Pam Dodd

**March 29th** 10.00 am Palm Sunday 5 Villages Service  
Pam Dodd

**No flowers in Lent**

**Cleaning:** Caroline Williams/Melanie Childs



## THE PARISH OF ST BARTHOLOMEW, GROTON

**Churchwardens:** Jayne Foster:  
Ramblers, Bulmer Lane. 211360  
Sue Knight:  
Cotlee, The Street, Groton; tel 210785

### THE FRIENDLY INVASION

**Saturday, March 7th 7.30pm Groton Village Hall**

We are very lucky to have Clive Stevens coming to give us a talk about the American air bases in World War 2.

At under forty years old, Clive Stevens is unusually young to be so interested in the wartime activities of the East Anglia region, yet he has been researching his specialist subject since he was a sixth-form student and has attended numerous veterans reunions and commemorations in both Europe and America. His presentation entitled 'The Friendly Invasion,' tells the story of the American Eighth Air Force, from their arrival in England in 1942 to Victory in Europe in 1945 and also takes a retrospective look at the region seventy years after the airfields fell silent. This light-hearted, yet poignant presentation, is fully illustrated with some of the finest original wartime photographs (many in full colour) that still exist, and will take the audience on a nostalgic trip down memory lane to the Suffolk and Essex of yesteryear.

Clive Stevens, originally grew up in Marlborough, Wiltshire and moved to Suffolk in 2002. He lives on the edge of one of the many old American military airfields in mid-Suffolk that were constructed throughout the region during WWII. With his wife Suzanne, they run a Water Softener Company that specialise in the supply and installation of household and commercial water softener.

*There will be a break in the middle of the talk for light refreshments, including soft drinks but glasses will be available if you'd like to bring your own wine. All proceeds will be for Groton Church and tickets [£7.50 each] are available from Pat Kennedy Scott [210319] Jayne Foster [211360] or any member of Groton PCC.*

**LENT LUNCH:** Further to the notice in last month's BRN, a Lent Lunch is to be held at Malting Lodge, Parliament Heath, Groton (Anthea Scriven's home) on Wednesday 25 March 2015 from 12.00 noon to 2.00 pm. All are welcome to drop in for a simple lunch during this time. (Details of other Lent lunches in the benefice are on a poster displayed at Mary's House.)

**ANNUAL MEETINGS:** This year's Annual Meeting of Parishioners (to elect churchwardens) is on Thursday 19th March 2015 at 7.30 pm in Groton Village Hall, Broad Street, Groton. It will be followed at 7.40 pm by the Annual Parochial Church Meeting ("APCM"). This is the meeting that elects representatives to serve on the PCC for the coming year. The PCC presents its report and accounts for 2014 and there is an opportunity at the meeting to ask questions or raise any matter of parochial or general church interest. Anyone whose name is on the church electoral roll is entitled to attend and vote. Do come to this important meeting in the life of the church and have your say. A copy of the accounts and the annual report will be on display on the church noticeboard at least a week before the meeting.

**ELECTORAL ROLL REVISION** – The church electoral roll is revised annually prior to the Annual Parochial Church Meeting (APCM). The aim is to ensure that it is an accurate record of our church membership, with only those whose names are on the roll entitled to attend and vote at the APCM. There is a slight change in the dates of this year's revision period from those announced in the February BRN due to the date of the APCM being brought forward to 19th March (see above). The revision period is now from 22nd February and 3rd March. Please contact me to check if you are not sure if your name is on the roll. If your name is not currently on the roll but you would like to be on the roll

and think you qualify for enrolment (either by living in the parish or by attending worship regularly), please get in touch and ask me for an application form. Forms must be returned to me by 3rd March. Anyone qualified for enrolment is encouraged to apply and to take a full part in the life of your local church. David Lamming (Tel: 210360).

**PCC MEETING:** Thursday 19th March 2015 in Groton Village Hall, immediately following the APCM (to appoint PCC officers and to elect the standing committee for 2015-2016).

**PAROCHIAL FEES** Small increases in the fees for marriages and funerals came into effect on 1st January 2015. A copy of the 2015 fees list has been posted on the porch noticeboard. Please contact the Revd Judith or David Lamming if you have any queries about the new fees.

### Rota:

**Sidesman:**

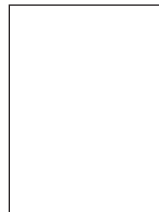
**Cleaning:**

**Flowers:**

Mrs Knight

Mrs Gooderham

No flowers - Lent



## THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

**Churchwardens**

**Vacant**

Our first service in February was Morning Worship, led by our lay team. Their theme was Candlemas. Each member of the congregation was given a candle as they entered. The readings told of the infant Christ being presented at the temple, and the joy of Simeon and Anna who had waited so long for His coming. The address was taken from the writings of Ronald Blythe.

We were pleased and surprised by the numbers who came, and indeed the support from others in the benefice. We are so happy that people enjoy our lay efforts, as we feel a great responsibility in deputising for Reverend Judith, whose workload only seems to increase. For two weeks now she has led a course at the Parish Room here and in Boxford. We have enjoyed these meetings and look forward to the remaining ones on 17 and 24 February at 10am.

The snowdrops are blooming in the churchyard, Gill Harritt has replanted the flower tubs, and a small prunus tree is just unfurling its tiny pink blossoms in a nearby garden. Spring!

Come to our Lent Lunch on 17 March at Newman's Hall at 12-2pm.

### Rota:

**March 1**

**March 8**

**March 15**

**March 22**

**March 29**

### Sidesman

Mr & Mrs Tora

Visiting

Mrs Gardiner & Mr Powell

Visiting

Visiting

### Flowers

No Flowers - Lent

No Flowers - Lent

No Flowers - Lent

No Flowers - Lent

No Flowers - Lent



## THE PARISH OF ALL SAINTS, NEWTON

**Churchwarden:**

Christine Cornell,

"Opus", Sudbury Road, Newton, Tel: 370331

**25th January:** Revd Judith led our service and her address told the story of the wedding feast and the various tasks people took so that all went smoothly. To illustrate this, Revd Judith asked three members of the congregation to re-enact the well known TV sketch of John Cleese and the two Ronnies saying how - The tallest looked down on one person and that person looked up to the first and finally the third person looked at both and said "I know my place". Without all the layers of humanity things would not run smoothly. Thank you to Michael Colleer for playing the organ and to all who helped in any way to make our service run smoothly.

**8th February:** Our Service of Holy Communion was taken by Revd Judith and attended by a number of friends from the other churches in our Benefice, who are always very welcome. Reminding us of a children's TV programme, Revd Judith started her Address with the quote "are you sitting comfortably?" but she meant - were we sitting comfortably in our own skin. There is so much that we can do to reflect on all that we think, do and say in our everyday lives to improve the lives of others. While sharing our refreshments and chatting together we get the chance to put into practise some of this. Thank you to our organist, Michael Colleer and our helpers.

Now that the builders are repairing the fabric of the church and starting



to improve the path, we had to tread carefully into church, but the prospect of a natural ramp from path to doorway will be of great help to all and especially for wheelchair users. We hope that this new facility will encourage you to join us at church where you will be warmly welcomed.

**Notices:** 3rd March: Our Lent Lunch will be at Hook End, Sudbury Road, Newton, where Lisa Robertson and her team will welcome you there from 12.00 to 2.00pm.

21st March: Saturday Quiz Night at the Village Hall . 7.00 pm. £5.00 - pate, cheese and bread. Bring your own wine. Tickets from Alan Vince 01787 373963

## Benefice News

**MINISTRY TEAM MEETING:** The Ministry Team meets at Mary's House at 7.30 pm on Monday 16 March 2015.

## General Church News

**OUR NEW DIOCESAN BISHOP.** It was announced in November that our new diocesan bishop is to be the Revd Canon Martin Seeley, currently principal of Westcott House theological college in Cambridge (see the January 2015 BRN). Some dates have now been announced relating to Canon Seeley's appointment. He will be ordained (or consecrated) as a bishop in Westminster Abbey on Ascension Day, Thursday 14 May 2015. His enthronement as Bishop of St Edmundsbury and Ipswich will be at St Edmundsbury Cathedral on Saturday 20 June 2015. He will legally become our bishop on a date prior to that at a ceremony at St Mary-le-Bow church in London called 'Confirmation of Election', the date of which has not yet been announced, so watch this space next month.

## FAREWELL TO ACTING BISHOP DAVID

There is to be a farewell service for our acting bishop, the Rt Revd David

Thomson, on Easter Sunday, 5 April 2015. The service, one of Choral Evensong at 3.30 pm at St Edmundsbury Cathedral, will provide an opportunity to thank Bishop David for all he has done in leading the diocese in the period since October 2013 when Bishop Nigel left us to become Bishop at Lambeth.

**ANNUAL 'JUSTICE' SERVICE AT ST EDMUNDSBURY CATHEDRAL.** On Sunday 8 March 2015 the regular service of Choral Evensong at 3.30 pm will be a special service for Her Majesty's Courts of Justice in Suffolk. The address this year is to be given by Lord Sumption, one of the Justices of the Supreme Court.

**ELECTIONS:** As well as the General Election on 7 May 2015, elections will be held later this year for lay representatives of the deanery to serve on the diocesan synod for a three-year term from 2015-2018, and to represent the diocese on General Synod for a five-year term from 2015-2020. More details next month, but meanwhile please consider whether you, or anyone you know, might think about standing for election.

**GENERAL ELECTION – HUSTINGS** On Wednesday 29 April 2015 Churches Together in Sudbury & District are to hold a general election hustings in St Peter's Church, Sudbury. Starting at 7.30 pm, this will provide an opportunity to grill the candidates standing for election in the South Suffolk constituency on their parties' policies and promises.

**DEANERY SYNOD:** The synod meets next on Thursday 12th March 2015, at 7.30 pm at St Andrew's Church, Great Cornard.

**DIOCESAN SYNOD:** The spring meeting of the diocesan synod is on Saturday 14th March 2015 at the St Nicholas Centre, Ipswich.

**FAIRTRADE FORTNIGHT 2015:** A reminder that this year's Fairtrade Fortnight runs from Monday 23rd February to Sunday 8th March.

## Box River Benefice The Church At Worship March 2014

**Village Daily Prayers:** Each week, said in the five churches: an informal, friendly service, lasting between 30-40 minutes, with Revd Judith. We pray for those who are ill, concerns of the villages, and for the wider world. Do join us! Please let Revd Judith know the names or those you would like prayed for, or any situations for prayer: Confidential messages can be left on tel. 210091 or emailed: [rvdjudithboxriver@btinternet.com](mailto:rvdjudithboxriver@btinternet.com). The rota is: *Tuesday 9.00 Edwardstone, 16.00 Little Waldingfield at Newmans' Hall) (NB Changed time and place) Wednesday 9.00 Groton; Thursday 9.00 Newton, 17.00 Boxford. \*No Village Prayers except Boxford in week beginning 23rd March\**

<b>Sunday 1st</b>	<b>The Second Sunday of Lent</b>		<b>(P)</b>
Boxford	8.00	Holy Communion	Revd Judith
Lt Waldingfield	9.30	Holy Communion	Revd Judith
Boxford	11.00	Café Church Informal all-age worship	Revd Judith
Boxford	18.30	Evensong	Christopher Kingsbury

Wednesday 4th			
Boxford	10.30	Holy Communion at Mary's House	The Revd David Abel
Thursday 5th			
Lt Waldingfield	19.30	Home Communion at Newmans Hall (Reserved Sacrament)	Lay Team

<b>Sunday 8th</b>	<b>The Third Sunday of Lent</b>		<b>(P)</b>
Newton	9.30	Morning Worship	Revd Judith
Boxford	11.00	Holy Communion	Revd Judith
Groton	16.00	Reflective service <i>Informal with readings &amp; music</i>	Revd Judith & Lay Team

Wednesday 11th			
Boxford	10.30	Holy Communion * Beech House, Sherbourne Street*	Revd Judith

<b>Sunday 15th</b>	<b>Mothering Sunday (Fourth Sunday of Lent)</b>		<b>(P)</b>
Boxford	8.00	Holy Communion	Revd Judith
Edwardstone	09.30	Mothering Sunday Service Families welcome !	Revd Judith
Groton	10.00	Mothering Sunday Service Families welcome !	David Lamming & Lay Team
Little Waldingfield	10.00	Mothering Sunday Service Families welcome !	Lay Team
Boxford	11.00	Mothering Sunday Service Families welcome !	Revd Judith

Wednesday 18th			
Boxford	10.30	Holy Communion at Mary's House	Revd Judith
Thursday 19th			
Lt Waldingfield	19.30	Compline at Newmans Hall	Lay Team

<b>Sunday 22nd</b>	<b>The Fifth Sunday of Lent (Passiontide begins)</b>		<b>(P)</b>
Groton	09.30	Morning Worship	Revd Judith
Newton	11.00	Holy Communion	Revd Judith
Boxford	11.00	Matins	Christopher Kingsbury

Wednesday 25th			
Boxford	10.30	Holy Communion at Mary's House	Revd David Abel

<b>Sunday 29th</b>	<b>Palm Sunday</b>		<b>(R)</b>
Edwardstone	10.00	Five Villages Family Service with communion	Revd Judith
<i>** Come and join in the special Palm Sunday Procession, walking to the church through Temple Bar, as we remember Jesus entering Jerusalem through the city gate! **</i>			



## Soap Box

There has been a lot in the newspapers and on news broadcasts recently regarding the parlous state of Accident & Emergency departments in hospitals all across the country. It seems we are turning to them in greater numbers, frustrated, I imagine, at the difficulties presented when trying to arrange an appointment with our GP. Well, it happened that last month found me necessarily seeking the services of A&E at the West Suffolk Hospital in Bury St Edmunds. And very good I found them, too.

This was no casual visit. I shall forebear from explaining the nature of the injury that demanded a dash to Bury in case you are reading this while eating breakfast, but suffice it to say that it resulted in an operation under general anesthetic and a stay in hospital. But while in A&E I was treated speedily, with sympathy and just sufficient humour to take my mind off the events of that afternoon.

Having dropped me off at the door of the emergency department, my wife went to park the car, returning just a few minutes later to find I was already in a treatment room being attended by two experienced nurses. A surgeon was swiftly on hand to determine whether I could be dealt with there or if a trip to Addenbrookes might be in order. Having decided they were capable of providing the necessary surgery, I was quickly X-Rayed and provided with a bed. The only delay to the operation was because I had eaten lunch that day, so time was needed for me to properly digest it.

The ward experience was rather less satisfactory, but that was certainly not because the staff were any less attentive. All in all I found the experience as positive as possible, given the circumstances. I certainly have no wish to embark on a repeat performance, but I do feel encouraged by a National Health Service that worked for me. Perhaps we should be counting our blessings, rather than carping on about the shortcomings of healthcare in this country.

Unconnected with this particular incident, I have had cause to visit the new Sudbury Health Centre close to Homebase on Chilton industrial estate. Very smart it is too, though I gather it has had its share of teething problems. Its location makes it most convenient for the proposed Chilton Woods development, should it ever go ahead.

With such a major building programme on the cards, I thought it sensible to take myself to one of the exhibitions setting out the County Council's plans.

Building on part of the old Chilton aerodrome has been on the cards for some time. The last developer to get involved, Redrow – a very large national housebuilder, withdrew on the basis that it would be difficult to make money from it. But the County Council is anxious to realise value for an asset it largely owns (about a third of the proposed site is in private hands), while Babergh are under pressure to deliver more homes in the District. The 1250 houses mooted for Chilton Woods would provide over a fifth of the number they need.

It is hard to find supporters for the scheme, though. In a way, this is a pity. Clearly much thought has gone into determining the nature of the development, with a proper village centre planned for Chilton, including a village green and a pub – and there aren't many new pubs being built these days. Ancillary services include a new school, employment opportunities through new industrial units, maybe a hotel (badly needed in Sudbury) and the possible re-siting of the Sandy Lane recycling plant on the edge of the development, beyond the Tesco store. Having spent too much time queuing to dispose of rubbish in the narrow approach to our existing plant, I view that as a plus.

But the principal objection appears to be the added burden this development would place on our already crowded roads. Sudbury can be a nightmare for drivers, particularly on market days. The heavy lorries that plough through our narrow streets must be damaging some of the historic houses, which Sudbury is fortunate to possess, as well as providing a hazard for drivers and pedestrians alike. While overall I believe the Chilton Woods development should be a plus for our area, I can only hope that the authorities plough back the money they receive into road improvements that make life better for those living and visiting Sudbury, rather than just coping with any extra traffic created by the new homes.

Brian Tora is a local writer and broadcaster.

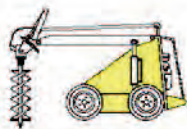
## MICROPLANT

08703 210256 / 07850 210256

E-mail: [charles@microplant.net](mailto:charles@microplant.net)

Website: [www.microplant.net](http://www.microplant.net)

Fencing, Landscaping &  
Paddock Maintenance Machinery



Hydraulic post driver—either centre mounted or offset behind tractor. Also available mounted on Weidemann loader



Mini Tractors  
Mini Loaders  
Skidsters  
Mini Diggers  
Post Hole Borers  
Hyd' Post Drivers  
Trenchers  
Rotavators  
Stoneburiers  
Power Rakes  
Harrows  
Mowers  
Associated Equipment

## MATTOCK MOTORS LTD

CALAIS STREET FARM, CALAIS STREET, BOXFORD



Has your Car lost  
it's Spark of Life?

- TYRES
- BRAKES
- EXHAUSTS
- SERVICING
- MOT TESTS
- ONE STOP CAR REPAIRS

Full Diagnostic Equipment, Laser Liner,  
Fault Code Reading Equipment.

(A.B.S., Airbag, Engine Management Lights etc)

- AIR CONDITIONING • REGASSING
- REPAIRS • ULTRA VIOLET LEAK DETECTION

OPENING TIMES MON-FRI 8.00am-6.00pm  
CLOSED ON SATURDAYS

ONE CALL AWAY  
TELEPHONE

01787 211394



# GARDENING IN MARCH HARRY BUCKLEDEE

March is a busy month in the vegetable garden with the digging to finish. Weather permitting, Shallots should be planted out without delay, use a trowel to plant rather than just pushing them into the soil which tends to form a hard base so that when roots are formed they cannot penetrate and tend to push the bulb out of the soil. The same applies to the planting of onion sets and garlic cloves.

Parsnips need a long season of growth to develop good roots. Seeds should be sown as soon as the soil is right for sowing, they are slow to germinate and the percentage of germination is not as high as most seeds so they need to be sown more thickly. Spring cabbage and sprouting broccoli need a dressing of a quick acting nitrogenous fertiliser, like dried blood or nitro. chalk. Loosen the soil around the plants with a hoe and they will soon make new growth.

Plant a few early potatoes in a position where they can easily be protected from frost.

If you have not got a vegetable garden, try growing them in pots. Potatoes can be grown successfully by planting them in 9 - 12 inch diameter pots, florist buckets with a few drainage holes are ideal. Plant one potato in each pot with about four inches of compost and gradually fill up as the potato grows. Feed every week with liquid fertiliser and you will get a good crop of nice clean new potatoes free from damage by soil pests. Carrots also do well in pots, I have grown as many as three dozen carrots in a 9 inch pot. Simply fill the pot with compost, water to settle it in and then sow seed evenly over the surface and cover lightly with fine compost. Some thinning will be necessary to allow room for development.

When the soil is workable, lift and divide large clumps of herbaceous perennials. Plants will flower much better if they are divided into small portions rather than left in overcrowded clumps. Before replanting, plenty of organic matter and a general fertiliser should be worked into the soil to get the plants off to a good start.

For an informal hedge, the Rugosa rose and its hybrids is hard to beat. All are of bushy habit, sweetly scented, and perpetual flowering with rich green foliage that turns yellow in the autumn. They are vigorous and disease resistant and will grow in most soils. Roseaie de L'Hay with its crimson purple, scented flowers is one of the best. Another good one is Blane Double de Coubert with large white fragrant flowers.

The Rugosa rose is said to have been in cultivation for over a thousand years. All make excellent shrubs and some such as 'Fru Dagma Hastrup' make good ground cover. Most produce hips in the autumn.

## Top 10 jobs this month

- 1 Protect new spring shoots from slugs
- 2 Plant shallots, onion sets and early potatoes
- 3 Plant summer-flowering bulbs
- 4 Lift and divide overgrown clumps of perennials
- 5 Top dress containers with fresh compost
- 6 Mow the lawn on dry days (if needed)
- 7 Cut back Cornus (dogwood) and Salix (willow) grown for colourful winter stems
- 8 Weeds come back in to growth - deal with them before they get out of hand
- 9 Start feeding fish and using the pond fountain; remove pond heaters
- 10 Open the greenhouse or conservatory doors and vents on warm days

Frosts can still be a hazard, so keep vulnerable plants protected at night if frost is forecast. March winds are also notorious for their ferocity so check exposed plants are well supported.

Now is the time for a thorough spring clean; weed and dig over your borders incorporating as much organic matter as you can - those chilly winds will really help to dry out the soil. Mulch bare soil once you have done the work and remove moss and weeds from paths, terraces and driveways. They may be boring tasks but if you don't get on top of the garden now (especially the weeds!) it will be a nightmare for the rest of the season.

Make new beds and borders - mark the shape with sand trickled from a bottle, remove the top layer of growing vegetation and dig the ground over, incorporating as much organic matter as possible. If you are making a bed in the lawn, remove the turf and stack it upside down somewhere out of the way - after a year or two it will rot down into fantastic compost. Alternatively chop it up and bury upside down in the planting hole a good spade's depth down. Beware - if you just dig it in the buried grass will regrow and regrow and regrow.

Clean and repair your garden tools, book the lawn mower in for a service and check garden furniture.



**Welcome to our world**  
An idyllic setting for your dream wedding

- All-inclusive or bespoke wedding packages
- AA 4-star hotel with 80 bedrooms and 10 luxury lodges
- Air-conditioned banqueting suites with private terraces overlooking an Area of Outstanding Natural Beauty

**Forthcoming Wedding Events:**  
 22nd March – Wedding Fayre 11am - 4pm  
 29th March – Wedding Open Day 12noon - 4pm

[www.stokebynayland.com](http://www.stokebynayland.com)




**Call Debbie on 01206 265818 or email [sales@stokebynayland.com](mailto:sales@stokebynayland.com)**

Stoke by Nayland Hotel, Golf & Spa, Keepers Lane, Leavenheath, Colchester CO6 4PZ | Tel: 01206 262836



## A TALK BY LEN MANNING, REAR GUNNER



Little Walsingham History Society was absolutely delighted to welcome Len Manning to the Parish Room last night, not just as a member but also to talk to us about his incredible experience as a tail gunner in a Lancaster bomber shot down over France during the second world war.

As we had fully anticipated, he enthralled our near fifty member only audience with his remarkably detailed account of how he managed to escape, with just one of his parachute hooks secured and the chute itself beginning to catch fire. In his words:

On my third and final flight, we took off in the dark and crossed the Channel, but soon after we got picked up by search-lights. The pilot took some evasive action, diving steeply and we eventually got out of it and carried on towards the target. Because of this we were out of bomber stream, which was our protection as all the guns of the planes covered each other. I saw several Lancasters go down; just blowing up and going down, which was a terrible sight.

Suddenly there was a huge explosion in the front of the aircraft and flames started coming past the rear turret. Because we had been hit in the port engine, which drove the hydraulic turret motors, the turret stopped working so I had to wind it around by hand to get the doors lined up with the fuselage so I could get out. The plane had now started to dive and the whole fuselage looked like a blow lamp - it was a mass of flames. I saw my mid upper gunner get out of his turret, put his chute on and make for the door. He got there first, opened the door and jumped out. I managed to get hold of my chute, which was burning, but because we were in a steep dive I couldn't get both hooks on; I just got it on one and thought: if I don't go now I'm not going to.

I jumped into the dark and hit my head on the tail plane; you're not supposed to jump, the theory was that you sat on the step and rolled out. On the way down, I was leaning to one side and felt something brush my face; this was the intercom attached to my helmet, which I had not taken off - another thing you were supposed to do. It got twisted up in the shrouds and the cable was hanging down so I hung onto it. I looked up and saw the parachute was smouldering and just hoped I'd hit the ground before it fell off.

On the way down, the only thing I could think about was where I was going to land - a field, a pond, up a tree? You had no idea and I was quite badly burnt. I hit the ground with a bang in the middle of my back, because I couldn't see it to get ready for the shock. I jumped on the chute, which had caught fire when it hit the ground, put it out and stuffed it in a hedge before wandering off in what I hoped was a southerly direction. I found a road, which I followed for about 8 miles. I passed some farm houses and dogs started barking and thought "I don't want this", so carried on.

Len then described his experiences as a guest of the French resistance for three months, before being brought home to Blighty at the end of the war; another remarkable story which held our audience spellbound throughout.

Eventually I collapsed on a farmer's doorstep. Fortunately they were members of the Resistance who took me in and put me to bed. The following day Germans came looking for me; after they'd gone, I was moved further down the road where they got a doctor to me. The most frightening thing then was the Resistance interrogation to make sure I was RAF and not a German spy trying to infiltrate their organizations. They accepted I was RAF and gave me a Sten gun, which I put under the bed.

A couple of days later I was moved again and a chap from the Resistance called Lulu turned up and off we went. We wandered off through woods he seemed to know, but it got to the stage where he said "I'm afraid I'm

lost and I've got to go to a house to find out where we are". He sat me in a hedge, gave me his Luger pistol and said "if there is any trouble shoot, don't argue, just shoot". Anyway he came back and eventually we finished up in a café in a tiny little village ... Hello, Hello.

It was run by two elderly ladies, mother and daughter; I think the daughter was 57 then so how old her mother was I don't know, but for these people to take that sort of risk. If they'd been caught they'd have been shot - they took me in and fed me. They could not speak English but with a lot of arm waving they made sure I knew that if the postman turned up I wasn't to be around because he was suspected of being a collaborator. I was given a room to sleep in on the other side of the courtyard of the small hotel they ran from the café - they said that when Germans came into the village they usually commandeered the hotel for their offices, so they moved me into the lady's bedroom.

I remember waking up and one day to be told there were some German tanks coming towards the village, so they again moved me into her bedroom. I got up the following morning, looked out of the window and all the tanks were lined up in the courtyard with Germans strutting about with their machine guns and grenades tucked into their belts.

A young lady from the town hall would come by; she was a member of the Resistance and a forger, forging papers and whatever you wanted. She used to bring me cigarettes and money. Some time later, when it was thought the Germans had gone through the village, I came back from walking in the orchard and went to the café. I walked in to see 4 Germans sitting at the table, which was quite frightening. Madame Lusette, who was serving them, realised what had happened; she got a tea towel and started beating me saying "get out, get out and get back and do your work" So we got away with it.

Another time five of us were sitting in the back room having our evening meal. One of the ladies went to the café, coming back to get some change when a German followed her. He stood in the door way and looked all around; I thought "this is it we're getting caught here", but she gave him his change and he just walked out.

Then one day a couple of Resistance chaps driving a German motorcycle and sidecar, with a machine gun on it, came into the courtyard saying "the Germans have gone". The next day we heard the Americans were outside the village setting up a field hospital, so I went down and met one of the officers, who said he would take me into Paris where the RAF had set up a reception centre in one of the hotels. This was because there were hundreds of people like me roaming the French countryside; they decided to get us all together in a hotel and when they'd got enough, would fly us back to England.

The American gave me quite a lot of tinned food and stuff, as Americans always did, coffee and things for my French friends. I went back and stayed another couple of days and they had a massive party for everyone. The good wines came out of hiding and there was much celebrating. The following day I said goodbye, went down to the hospital and an American officer drove me into Paris in his jeep.

They put us in this hotel and I think I was there two days; we were fortunate to get out and look around Paris at night which was quite interesting. They flew us back the next day to Hendon, where we were interviewed by MI5 and searched for any weapons picked up from the Germans, which were taken from us. They interviewed everybody to make sure we were British and not German.

Then we were taken to a hotel in Marylebone where we were interviewed by Bomber Intelligence and given a slip of paper which told who we were - not an identity card, just a slip of paper with our name and number on it. They said right "you send telegrams home and then you can go".

I sent a telegram, but being in London I got home before the telegram, which was pretty frightening. The amazing thing was that as I walked into our road, right on the edge of Epping Forest, a neighbor was coming down the road with his wheelbarrow, going to his allotments. He saw me, dropped the barrow and ran down the road like he'd seen a ghost. My parents came out and all hell was let loose - after I was shot down my father temporarily went blind from shock, but he was alright. However, because I was very isolated in France, couldn't speak French and they couldn't speak very much English, by the time I came home, I couldn't speak properly, stuttering and spluttering for about a month.

After many questions, Len was allowed to enjoy the special cake to celebrate his 90th birthday just the week before - a truly memorable evening thoroughly enjoyed by all.

At our next talk, Pip Wright will royally entertain us with his presentation on the dissolution of the monasteries. Come along to experience the economic jiggery-pokery of 16th century life and hear how Suffolk's up and coming young men made their fortunes.

We look forward to welcoming guests new and old to the Parish Room on Wednesday 18th February for what is sure to be a fascinating evenings entertainment.

Andy Sheppard



# Parish Council Matters

## GROTON PARISH COUNCIL

**Minutes of the Meeting held at 7 pm Wednesday 21 January at Groton Village Hall, Broad Street, Groton**

**Present:** C Fraulo (in the Chair), J Osborne (Vice Chair), R Kelsey, N Cox, A Dixon-Smith

**In attendance:** A Robinson (Clerk), J Finch (Suffolk County Councillor), B Hurren (Babergh District Councillor)

**Apologies for absence:** Apologies were received from Gerald Smith.

**To receive Councillors' Declarations of Interest in any item on the Agenda:** There were none.

**To sign as a correct record the Minutes of the meeting of 5 November 2014:** The Minutes of the meeting of 5 November 2014 were approved and signed, proposed by Jeremy Osborne, seconded by Rona Kelsey.

**To co-opt a new Councillor to fill the Casual Vacancy:** No-one has yet put their name forward so this matter was carried forward to await the election.

**To receive reports from:**

**Suffolk Constabulary:** The Police were not in attendance but their report had previously been circulated.

**Suffolk County Council:** James Finch had circulated his report prior to the meeting, providing information on the truancy sweep in Ipswich, the provision of 9 new gritters by SCC, and the Warm Homes Healthy People Scheme which aims to make it cheaper for vulnerable people to stay warm over winter. He also updated the Council on the push for greater mobile phone coverage and the provision of high speed broadband to Groton.

**Babergh District Council:** Bryn Hurren said that BDC's budget was being set with a nil increase. There is a desperate shortage of housing at the moment which BDC is trying to address. The solar panels fitted to council housing in the area are now working well. He confirmed that the Sand Hill development was approved in December. He has been involved in discussions regarding the possible closure of Boxford Post Office and hopes that a solution can be reached.

**To receive reports and questions from Councillors and members of the public:** Jeremy Osborne had been unable to attend the December SALC meeting as he had had flu. The minutes have not yet been received.

**Chairman's and Clerk's reports and correspondence:** The Chair reported that she had been unable to attend the Community Infrastructure Levy Workshop. She will be attending the next meeting of Chairs of parish councils in James Finch's division. The Clerk confirmed that she had attended election training at SALC this week. She advised Councillors that their nomination papers must be handed into BDC by 4pm on 9 April. The Clerk is to put a notice in the March edition of the BRN and put up posters regarding the election and the fact that there is a vacancy on the Council and seeking people to put their names forward. To consider adopting the draft Code of Conduct for handling complaints The Council resolved to adopt the Code as drafted, proposed by Jeremy Osborne, seconded by Nick Cox.

**To consider adopting the draft Grant Awarding Policy:** Jeremy Osborne proposed an amendment to the policy to incorporate wording regarding the other grant awarding bodies in Groton. The Council resolved to adopt the policy incorporating that wording, proposed by Carey Fraulo, seconded by Adam Dixon-Smith. The Clerk will amend the draft and the Policy will be signed at the next meeting.

**To consider the proposals made by County Broadband:** The Chair advised that she had not received any proposals and it seems likely that it will not be economically feasible. She will report back once she hears anything further.

**Highway and Footpath matters:** To consider the issue of speeding traffic and Community Speedwatch

James Finch was thanked again for funding the 30mph roundels, which together with the replaced 30mph sign and improved line painting near the Fox did seem to be helping to reduce speeds. The Chair, Jeremy Osborne and Rona Kelsey were all interested in joining the Community Speedwatch and will take this forward.

**Any other Highway and Footpath matters:** The Clerk has already reported the potholes in Groton Street and Slabbs Lane to SCC and the large pothole in Groton Street has yellow lines round it so hopefully will be filled shortly. The Clerk was asked to report the potholes and blocked culvert outside Frog Hall. Rona Kelsey advised James Finch that roadworks signs were often left behind for months after work had been completed. James reported that he has a meeting with SCC Highways in February and will mention this.

**Planning matters:** Local Housing Needs

Councillors have met with BDC planners and will continue to take this matter forward.

To ratify the decision to object to the Goodlands Farm application B/14/01253/FUL due to the removal of the public car parking

The Council resolved to ratify this decision, proposed by Jeremy Osborne, seconded by Rona Kelsey.

**Any urgent planning matters:** There were none. Planning approval has been granted for the extension at 5 Castlings Heath.

**Financial matters:** To approve Statement of Finance and Orders for Payment. The proposed cheques were approved, proposed Jeremy Osborne, seconded Rona Kelsey

The letter to Nat West requesting transfer of monies from the current account to the reserve account was signed.

**To agree future Agenda items:** Local Housing Needs, confirmation of date of Annual Parish Meeting, signature of Grant Awarding Policy, Transparency Code

**To confirm the date of the next meeting:** 4 March 2015

Anita Robinson Clerk to Groton Parish Council



Elaine Carpenter

N.R.H.P., C.H.P., Dip Psychology  
Phone: 01787 210601  
Mobile: 07929 744072

## HYPNOTHERAPY

Negative emotions such as anxiety and depression, can overwhelm us by rippling out and affecting our whole lives. Hypnotherapy can help you discover how to use the power of your mind to free yourself from fear and gain control back of your life.

I HAVE OVER 28 YEARS OF EXPERIENCE AS A  
HYPNOTHERAPIST, HELPING PEOPLE TO OVERCOME A  
WIDE RANGE OF EMOTIONAL, MENTAL AND PHYSICAL  
PROBLEMS.



Call me for an informal chat to see  
how Hypnotherapy can help you.  
Now available at KERSEY MILL and  
BOXFORD

GARDEN DESIGN  
BORDER DESIGN  
PLANT SOURCING  
GARDEN  
OVERHAUL  
GARDEN  
GIFT VOUCHERS



Call Angela for a consultation:  
**01787 212264**  
**07974 375254**

Give your garden the  
makeover it deserves!

We are a local garden design  
company and can offer a  
complete design, construction  
and maintenance package  
or just a planting plan for a  
single border.

WWW.ZINNIADDESIGN.CO.UK

 **zinnia**  
GARDEN DESIGN





<b>Opening Hours</b> Lunch 7 days 12 – 2.30pm Sunday – Thursday 5.30 – 11pm Friday & Saturday 5.30 – Midnight	<b>Tapas Special Lunch</b> <b>£6.90</b> Every day between 12 – 2.30pm
--	---

**FREE HOME DELIVERY**  
**MOTHERING SUNDAY 15TH MARCH**  
**FREE BOTTLE OF WINE**  
 (Minimum table of 4 people, House white or red, valid on 15th March 2015)  
 Name.....  
 Email.....




Find us on  
**Facebook** [indiarestaurant.sudbury](http://indiarestaurant.sudbury)

**BE ONE OF THE FIRST TO TRY THIS NEW RESTAURANT!**

**BOOK NOW!**

**01787 881880 / 374384**

58 North Street, Sudbury  
 Suffolk, CO10 1RE



**AVAILABLE FOR HIRE**  
**EDWARDSTONE PARISH HALL**

Edwardstone Parish Hall is a warm, inviting wooden building. In addition to the usual facilities the Hall has:

- A toilet for the disabled, ramp-access and hearing loop.
- A sound system, DVD players, microphone, projector and electrically operated screen.
- Cooker, microwave, fridge, white crockery, cutlery, wine and beer glasses plus, for a large event, a wall-mounted hot water system for drinks.

The hall can be hired for a half or whole day, a morning, afternoon or evening at a very reasonable cost by telephoning Fiona Raymond on 01787 210461.

Large tables, plastic chairs, earthenware crockery, cutlery, wine and beer glasses, urn, hostess trolley and spare fridge can be hired for outside use.

The Hall is ideal for family/children's parties or for any event that is too large to fit in your own home.

Daphne Clark has plants for sale, from around Easter to the end of September, opposite Rose Cottage (by kind permission of James Powell). All proceeds go to Edwardstone Parish Hall.

Please contact Daphne Clark on 210698 if you have any queries.



We are an established Automobile Engineering Company specialising in all Classic and performance cars but particularly

**Jaguar and Saab**

25 years Saab Sales Tuning and Servicing Experience  
 40 years Jaguar Experience especially E-types / Mk2  
 Car Storage with Collection and delivery Arranged

Please visit our website for more details  
 Nr Manningtree

**01255 870636**

**sales@abbottracing.com**

**www.abbottracing.com**

## Chimney Matters

Town and Country




**Professional Chimney Sweeping**

- Open fires, Wood burners
- Stoves serviced for maximum efficiency
- Certificates issued and fully insured
- Carbon Monoxide alarms fitted

**Mobile : 07767 864127**


**Phone: 01284 789663**

**www.chimneymatters.co.uk**



## Brand New Feet

Enjoy having your feet treated in the comfort of your own home by a friendly professional fully qualified **Chiropodist/ Podiatrist**



## Emma Brand

HCPC Podiatrist

# Tel: 07834 816 541

# Ready for Winter?

- you need Ernest Doe Power



**Barbour**



**MUSTO**



**Provence Stove**





Cornard Road, Sudbury CO10 2XB  
 Tel 01787 375621  
[sudbury@ernestdoe.com](mailto:sudbury@ernestdoe.com)

Follow us on facebook  
 Ernest Doe Power - Sudbury

[www.ernestdoepower.com](http://www.ernestdoepower.com)

Where you can buy with confidence



## Readers Letters

*Sir*

Since leaving the Parish Council I have had some kind letters and comments of peoples regret that I had left and thanking me for all I had done for the village. But this could not have been possible without the help of my dear friends and family who were prepared to give up their free time to help me, so this is a big thank you to them from myself and the village.

Michael Norman  
Boxford

*Sir*

I would like to thank everyone for their wonderful help and support during my many years at the shop especially since taking over in the year 2000. I have enjoyed it so much

I have been overwhelmed with all the beautiful gifts, flowers, cards and goodwishes received on my retirement I can't thank you enough and I shall never forget the warmth shown through good times and some not so good. I couldn't have been in better hands, your kindness is second to none.

Wishing you all the best, I am sure we will meet often in the village and around

Joy Stowe  
Village Stores, Boxford

*Sir*

**Nick Athorne**

The Athorne family were so overwhelmed by the kindness shown to us when the news filtered through that my brother had suffered another serious, debilitating stroke just before Christmas and even more so when he suffered the fatal, final stroke on 2nd January. Nick's funeral will always remain a very treasured memory particularly with so many people joining us in remembering him and celebrating his life.

Nick loved Boxford; the people and village life. He was so happy to make his contribution in his own inimitable way.

So a huge thank you for all your support; it is very much appreciated.

With our very best wishes,

Jo Riddleston, Richard, Charlie and Christopher Athorne

*Sir*

The family of Eileen Alice Whymark would like to express their thanks to all those people who attended her funeral and those who sent flowers and made donations to Cancer Research. Their kindness has been a great comfort at this time. Special thanks to Rev. Judith and Messers Brown, Fenn and Parker.

With our grateful thanks  
The Whymark Family.

*Sir*

May I thank everyone who gave me cards, flowers and gifts on the occasion of my retirement last month from the Village Stores.

I've had many years working in there under different owners starting with the Grimwood family way back in 1971, also for Frank and Bridgid Finneral in the 90's and finally working for Joy for the last 15 years. It has always been a great place to work.

Even if you were having an off day you could walk through those doors and be cheered up immediately.

The fun, laughter and jokes from customers and work colleagues made every day worth while.

I'm going to miss each and every one of you but I'm sure I will still be bumping into many of you in the village.

I wish Joy and Robert a very happy and healthy retirement and wish the new owners Kumal and Komal every success with their new venture, a more friendlier place than Boxford you will never find to make a new home in

Kind Regards  
Jackie

**IF YOU CAME ACROSS ONE OF THESE  
WOULD YOU KNOW WHAT TO DO?**



**CALL NOW AND ASK ABOUT  
COMMUNITY FIRST RESPONDING  
YOU COULD BE THE DIFFERENCE**  
**01787 210819 OR 210504**



**D & L Landscapes Ltd**

All aspects of Groundwork and Gardening Services

Including Landscaping, Tree Work, Fencing,  
Driveways, Turfing and Bespoke Projects

Low maintenance gravel,  
granite or slate gardens  
with a choice of colours

Garden re-design including lawn replacement, shrubbery shaping  
and reshaping lawn to accommodate new flower beds with top soil.

- Tree Surgery
- Hedge Cutting
- Tree Pruning
- Crown Reduction
- Tree Removal
- Garden Clearance

Pruning and shaping of overgrown holly hedge.



**Experienced & Reliable Work  
Assured References Available**

**Over 65% of our work comes  
through recommendation**



**01621 891431**

**07903 136451**

[info@dandlandscapes.co.uk](mailto:info@dandlandscapes.co.uk)

Wayside, Plains Rd,  
Little Totham,  
Nr. Maldon, Essex

[www.dandlandscapes.co.uk](http://www.dandlandscapes.co.uk)



# Box River Benefice, Parish Councillors

## Boxford Parish Council

<b>Julian Fincham-Jaques</b>	42 Homefield	<b>210376</b>
<i>Chairman</i>		
<b>Roger Balls</b>	19 Daking Avenue	<b>210136</b>
<b>Richard Gates</b>	2 Brick Kiln Hill	<b>210432</b>
<b>David Waspe</b>	22 Stone St	<b>828953</b>
<b>Cecil Hughes</b>	Kiln Place, Cox Hill	<b>210685</b>
<b>Sue Green.</b>	34, Swan Street.	<b>210603</b>
<b>Suzanne Impett</b>	Amberley, The Causeway	<b>210035</b>
<b>Debbie Hattrell</b>	(Parish Clerk)	<b>210943</b>
<b>Bryn Hurren</b>	(Babergh District Councillor.)	<b>210854</b>
<b>James Finch</b>	(Suffolk County Councillor.)	<b>01206 263649</b>

## Groton Parish Council

<b>Carey Fraulo</b>	Groton Manor Farm,	<b>210391</b>
<i>Chairman</i>	Castlings Heath	
<b>Jeremy Osborne</b>	Waterside Barn	<b>211960</b>
<i>Vice Chair</i>	Groton Place, Groton CO10 5EE	
<b>Gerald Smith</b>	7 Castlings Heath	<b>210958</b>
<b>Adam Dixon-Smith</b>		<b>210007</b>
	Castlings Hall, Castlings Heath, Groton	
<b>Nick Cox</b>	3 Groton Place, Groton Street	<b>210339</b>
<b>Rona Kelsey</b>	Winthrop Cottage, Church Street	<b>211799</b>
<b>Anita Robinson</b>	Logan Cottage	
<i>Parish Clerk</i>	Boxford CO10 5NP	<b>211673</b>

## Little Waldingfield Parish Council

<b>Andy Shepperd</b>	School House, Church Road	<b>247980</b>
<i>(Chairman)</i>		
<b>Stewart Braybrook</b>	Cypress House Church Road	<b>247043</b>
<i>(Vice Chairman)</i>		
<b>Mike Ewen</b>	Cobweb Cottage, High St Farm	<b>211466</b>
	CO10 OSS	
<b>Dominic Kiddy</b>	Green Farm,	
	Newmans Green CO10 0AB	<b>07976577205</b>
<b>Barbara Campbell</b>	Appleton House, Church Rd	
<b>Matt Foster</b>	Surprise Cottage, Church Road,	<b>07779 003635</b>

## Edwardstone Parish Council

*No confirmation of make up of new council yet*

<b>Sharon Norman</b>	(Chairman) Dormers, Sherbourne Street	<b>210386</b>
<b>Claire Britcher</b>	(Vice Chairman)	<b>211234</b>
<b>Melanie Childs</b>	Edwardstone Lodge,	
	Sherbourne Street	<b>211215</b>
<b>Paul Clarke</b>	Hazel Cottage	<b>210689</b>
<b>Shirley Flack</b>	Mill Cottage, Mill Green	<b>210050</b>
<b>Ian (Jim) Robinson</b>	Logan Cottage, Groton Street	<b>211678</b>
<b>Anita Robinson</b>	Parish Clerk	<b>211673</b>

## Newton Green

<b>Roy Gardner</b>	Vice Chairman	<b>312346</b>
<b>Alan Vince</b>		<b>373963</b>
<b>Rita Schwenk</b>		<b>210838</b>
<b>Lee Parker</b>		<b>376073</b>
<b>Paul Presland</b>	Chairman	<b>379204</b>
<b>Philip Taylor</b>		<b>211265</b>
<b>Deborah Williams</b>		<b>378437</b>
<b>Clerk David Crimmin</b>		<b>375085</b>
<b>Web Site:</b>	<b>www.newton.suffolk.gov.uk</b>	



## Why not hire GROTON VILLAGE HALL It's there to be used

- Fully equipped • Reasonable rates • Convenient
- Tables, chairs and crockery available 'for off-site' hire

### The ideal local venue

For details please contact Joanna Roberts 01787 210619

## NEWTON VILLAGE HALL AVAILABLE FOR HIRE

FOR

### WEDDING RECEPTIONS PRIVATE FUNCTIONS

### IDEAL FOR CHILDREN'S PARTYS ETC.

Fitted Kitchen • China & Cutlery  
Separate Function Room facility  
Good parking with level access Comfortable furniture

To book and for further information  
Contact Alan Vince on 01787 373963

## BOXFORD VILLAGE HALL AVAILABLE TO HIRE

FOR

### WEDDING RECEPTIONS PRIVATE FUNCTIONS PARTIES OR MEETINGS FULLY LICENSED BAR NOW AVAILABLE

To book or for further information  
Please contact Veronica Hobbs 01787 211529



**So Much More Than a Dance Class**

No partners required  
Any age & ability very welcome

**"Strictly" style Dance-a-cise Classes**  
every Wednesday in  
**Nayland's Village Hall (mornings)**

**&  
Hadleigh's St Marys School (evenings)**  
**Spaces are limited - to reserve yours**  
**Call Janet on 07506 350 455**

also held in:  
Brantham, Capel St Mary, East Bergholt & Stratford St Mary  
janet@fundancing.co.uk  
www.fundancing.co.uk





## Leavenheath Village Hall Available for Hire

Weddings • Receptions • Private Functions  
Fitted Kitchen • China & Cutlery  
Separate Committee Room up to 25 people  
To book and for info  
Contact: Malcolm Jones on 01206 263301

## Services Directory

### WINTHROP PLANNING

For Independent Town & Country Planning Advice from a fully qualified & experienced professional with both local authority and consultant experience  
contact Rona Kelsey MA (hons.) MBA MRTPI on 07967 139245 or Email [winthrop.planning@gmail.com](mailto:winthrop.planning@gmail.com)



### G. J. Halls & Co. Solid Fuels

All Coal Orders taken at competitive prices  
**01787 210900**  
PART OF C P L DISTRIBUTION

### Sudbury Physiotherapy Centre

Musculoskeletal & Neuro-Physiotherapy including Paediatric & Women's Health  
Chiropody, Podiatry & Gait Analysis  
Sports Massage, Reflexology & Shiatsu  
Pilates, Clinical Hypnosis, Homeopathy & Counselling

Open: Mon-Fri daytime,  
Mon & Thurs eve & Sat am

Discount for the over 65's

For more information:

Tel: **01787 378178**

8 Cornard Road, Sudbury,  
Suffolk CO10 2XA

### ALEXANDER M SMITH Chiropractor

*Professional & Effective Care*

- Low back pain and sciatica •
- Neck pain and headaches •
- Muscle spasm/tension •
- Shoulder and neck pain • Postural problems •

**To Book 01787 207107**

**ML Partnership**  
Tree surgery & garden maintenance  
Tree felling/pruning, Grass/hedge cutting  
Garden clearance & weed control  
£5m public liability insurance  
Call Chris on : 07539216853  
[mail@mlpartnership.co.uk](mailto:mail@mlpartnership.co.uk)  
[www.mlppartnership.co.uk](http://www.mlppartnership.co.uk)



**J R Fencing**  
TIMBER FENCING AT ITS BEST!

FREE QUOTES

\*Fence Repairs \*Gutter Cleaning \*Soakaways\*

Jason Folkard

Mob 07901 845793 Email [jrfencing@btinternet.com](mailto:jrfencing@btinternet.com)

### Hadleigh Hairloom

78 - 80 High Street, Hadleigh  
**01473 822191**

**Walk-in Family Salon**

Catering to the entire family's hairdressing needs

\*Easy Access \*Family Friendly \* Free Wi-Fi \*  
Comfortable Waiting Area with Toys and TV.

Monday Wednesday & Friday: 9 - 5.30

Tuesday 9 - 7.00\* Thursday 9 - 8.00\*

Saturday 8.30 - 4.00

### SNELL Builders Ltd

Extensions - Alterations

Conservatories

Garden walls and Fencing

Driveway - Paths - Patios

Gutters and Drainage

Plastering and Rendering.

**Phone: Les 07817 974272**

Barry: **07508 298213**

### KEN'S GARAGE

A well established business since 1985.

Now relocated in Sudbury from London.

Specialising in Classic Cars to the present day.

Special work undertaken, fabrication, welding  
and all types of repairs.

Call us on **01787 371028**

Or pop into Unit 6, Mills Road, Sudbury, CO10 2XX

Email us at: [contactkensgarage@gmail.com](mailto:contactkensgarage@gmail.com)



**CLAIRE'S DRIVING SCHOOL**

£22 Per hour

Dual controlled car  
Friendly and patient instructor  
Fully qualified A1  
Pass plus courses available  
Discounts for block bookings

**Call claire :**  
**01787 210070**  
**07795065028**

### METAL FABRICATIONS

**Made to order**

eg RAILINGS, GATES, BALCONIES,  
STAIRS, SECURITY GRILLES ETC.

Over 30 years experience

Contact Ged Fisher

07989 418856

[gedfish@hotmail.com](mailto:gedfish@hotmail.com)



**Food Glorious Food**

Event catering for all occasions  
parties, weddings, funerals & family get-togethers  
over 20 years experience



We now also offer a hot meals at home service  
Providing delicious, healthy 2-course meals  
direct to your door

If you struggle to have a hot meal at home  
we can help

Telephone Dawn on

**01787 372 222**

[www.SudburyCatering.com](http://www.SudburyCatering.com)

### FITNESS FOR 50 +

Gain good posture, Improve stamina levels  
Maintain bone health, Enjoy better balance

**Wednesdays 7 - 8 pm**

at BOXFORD school

**Fridays 9.15 - 10.15 am**

at BOXFORD Spinney

Call 01787 211822 For details

### SWEEP DREAMS

**CHIMNEY SWEEP**

Boxford Based Chimney Sweep

Fully Insured

Certificates issued

Flexible Bookings

Clean and Tidy

**01787 211922**

**07871 195309**



# Services Directory

## A Tennent Electrical

Quality Electrics for Domestic, Commercial and Industrial properties  
Small jobs to complete re-wires

For a free estimate call Adrian on  
01787 211576 Mobile 07968 856765  
e.mail Tennentsparky@aol.com  
1 Church Street, Boxford, Sudbury

## Home Improvements & Repairs

*For all jobs around the home*  
Inside and Outside

**Mark Rowland**  
Mob. 07811 949453

Tel. 01787 211687 Email mjrowland@uku.co.uk

Grove Cottage, Heath Rd, Polstead Heath Suffolk CO6 5BG

## T.O.P.L.I.N.E Pest Control Services

**ANDY TUFFS**

6 Groton Street  
Edwardstone, Sudbury  
Suffolk CO10 5EE

Tel: 01787 211563  
Mob: 07944 115193



**B.P.C.A. QUALIFIED & ADVANCED CERTS**

**SERVICES**

- |                  |                 |
|------------------|-----------------|
| ✓ RATS & MICE    | ✓ SILVER FISH   |
| ✓ MOLES          | ✓ COCKROACHES   |
| ✓ RABBIT CONTROL | ✓ BED BUGS      |
| ✓ BIRD CONTROL   | ✓ CARPET BEETLE |
| ✓ GREY SQUIRRELS | ✓ FLIES         |
| ✓ WASPS & BEES   | ✓ CLUSTER FLIES |
| ✓ ANTS           | ✓ FLEAS         |
| ✓ BEETLES        | ✓ MOTHS         |

U.V.F.K. Servicing - Timber Treatment - Proofing  
Fencing - Sales & Service - 12 Months Protection  
Power Washing - Paths, Patios etc.  
Private - Industrial - Farms  
Prompt Service Covering East Anglia  
Competitive Prices - Top Service

## G F Sweeping Services

**Traditional Chimney Sweep.**

- Insurance certificates issued.
  - Smoke testing.
  - Advice on cowl and bird guards.
- Contact Ged on **07989418856** or  
email: [gedfish@hotmail.com](mailto:gedfish@hotmail.com)

Member of the institute of chimney sweeps.

## FRENCH SPANISH GERMAN TUITION

Retiring abroad, going on holiday  
or interested in languages ?

Working towards GCSE exams

I have a first class degree in French & Spanish  
and am a native German speaker.

Experience with adult and teenage students.

**Call Barbara Sherman on 07890 072163**  
[barbarasherman40@yahoo.com](mailto:barbarasherman40@yahoo.com)

## P.D.Garner Plastering Services

Telephone: 01206 262207

Mobile: 07976 246713

13 Elmtree Lane, Leavenheath, Colchester CO6 4UL



**S. J. HURRELL  
PLUMBING &  
HEATING**

- Bathroom Design & Installation
- Gas & Oil Central Heating Systems
- Kitchen Supply & Installation

Telephone: 01787 249081 Mobile: 07970 163084

Even the finest of

**bodies  
need a little  
paintwork**

Ask **Revive!** to take a look  
at your bodywork today.

Revive! is a leading provider of paintwork services for cars and vans. Our experienced technicians use the latest equipment and materials to ensure your vehicle is restored to its original condition. We offer a free quotation and can work on your vehicle at home or at our premises.

07815 682 233 or 01787 372 058  
Email: [david@revive-uk.com](mailto:david@revive-uk.com)  
[www.revive-uk.com](http://www.revive-uk.com)



## BENSON School of Motoring

High Pass Rate  
Modern Manual & Automatic  
Tuition Cars  
Theory Training  
Intensive Courses

*Your Local Driving School*  
Friendly Professional  
Male & Female  
Instructors



Sally Miles  
Your Local Benson  
School of Motoring  
Instructor  
**07740 958 219**

or telephone us **FREE OF CHARGE**

**0800 019 0800**

[www.bensonsom.com](http://www.bensonsom.com)

## David Folkard BLOCKBUSTERS Drain Clearance

Sinks, Toilets, Drains  
Sewers etc.

**Hadleigh 01473 827426**



**BOXSTORE**

## The Local Self Storage Company

**For all domestic and  
business needs**

See website for details  
**[www.boxstore.co.uk](http://www.boxstore.co.uk)**  
or phone 01787 210350

**= W. A. Deacon =**

Funeral Services



*An Independent Family Company  
dedicated to your service.  
Established over fifty years.*

Golden Charter pre-paid arrangements available.  
Private Chapel of Rest

Norman Way, High Street, Lavenham,  
Sudbury CO10 9PY  
24-Hour Telephone Service  
**01787 248282 & 248147**



**ACE ELECTRICAL**

**Fully Qualified Electrician**

All types of work undertaken  
No job too small

Telephone **01787 281019**  
Mobile **07766 516261**

## Bradshaw Trenching Ltd Trenching & Groundwork Contractors

- |                    |                          |
|--------------------|--------------------------|
| Drainage           | Fencing                  |
| Water mains        | Manage construction      |
| Irrigation systems | Foundations / concreting |
| Cable ducting      | Site clearance           |

Tel: 01787 210 499 Mob: 07810 801 021  
[www.bradshawtrenching.co.uk](http://www.bradshawtrenching.co.uk)

## P D Rose

Plumbing/Heating & General Building

- Plumbing and Heating Repairs
- Complete Bathrooms and Tiling
- Interior & External, Decorating
- Building Maintenance

Telephone 01787m 211042 Mobile 07974 290687  
Mobile 07967 399060  
3 Fen Street, Boxford, CO10 5HL

## DAWN DALE

**BEAUTY RELAXATION THERAPY**

AUSSEER HOUSE, POLSTEAD ST, STOKE BY NAYLAND CO6 4SA

MANICURE, PEDICURE, WAXING,  
AROMATHERAPY, BODY TREATMENTS,  
FACIALS, EYE TREATMENTS, MASSAGE  
LADIES ONLY

RELAXING TREATMENT ROOM IN  
BEAUTIFUL SURROUNDINGS

OPEN MON-SAT, & UNTIL 9pm TUE, WED, THU.  
PLEASE PHONE DAWN: 01206 262118



# Services Directory

## Ken Grime & Son Ltd

Electrical Contractors

Fully Qualified and part P Registered  
All types of electrical works undertaken  
No job too small • Very competitive prices

Office Tel: 01787 373558  
Ken Mobile: 07702 358802  
Steve Mobile: 07759 535610

109 Bures Road • Great Cornard • Suffolk • CO10 0JE

## Darren Howe - Qualified Carpenter & Joiner

All Aspects of Carpentry Undertaken

- Handmade Kitchens & Fitted Wardrobes
  - Fitted Kitchens
  - Doors Made and Hung
  - Floors & Laminates
  - Balustrading, Decking and much more
- Call me for a free No Obligation Quotation  
on 07795 345466 or email me at  
[howies@hotmail.co.uk](mailto:howies@hotmail.co.uk)



## polstead lodge

Bed & Breakfast

Mill Street, Polstead

Proprietor: Mrs M. Howard

Tel: 01206 262196



Lakes, Moats and ponds,

Created, Lined & De-silted

All Excavation work undertaken

Ditching trenches & pipework laid

All types of Hard Landscaping, Driveways

Retaining walls, levelling ground clearance

Experienced professional service

[www.clacksonexcavations.com](http://www.clacksonexcavations.com)

**07811 175533**

## NEED HELP IN THE GARDEN



Digging, Hedges, Lawns,  
Pressure Washing  
and more.

**£10**  
Hourly

I have a trailer. call me for a quote  
to remove household items and garden waste  
Tel. Alistair, Boxford 01787 210254

## Spokes MOBILE CYCLE SERVICE



Brings a fully equipped cycle workshop  
to your door for:

• Repairs • Spares • Servicing • Wheel Building

Phone Phil Bedingfield 01473 658529

## CARPENTRY & JOINERY

Purpose made doors, windows,  
conservatories, fitted kitchens,  
bedroom furniture, etc.

No job too small M Hearnden

Tel: 01787 248285 / 07850 196891

## ROGER MEEKINGS Plumbing and heating Engineer

Local established tradesman  
with 40 years experience

The Firs, 24 Stone Street, Boxford, Sudbury, Suffolk

Tel: 01787 210287

Mobile: 07866085355. e-mail:  
[stonemeeke@btinternet.com](mailto:stonemeeke@btinternet.com)

Polstead Based

## Country Cars Private Hire



Local and Long Distance  
Airports - theatres - Restaurants -  
Weddings

Contact: Dave Howard  
Telephone: 01206 262196  
Mobile: 07767 076976



**WOODERSON**  
FINANCIAL

Mortgage Adviser • Life Insurance  
Commercial Finance Advisers

01787 379000

[www.woodersonfinancial.co.uk](http://www.woodersonfinancial.co.uk) FSA

## TREVOR MOSS

Complete Property  
Services

For a free no obligation estimate  
Please contact:

Tel: 01787 210856

Mobile: 07906 467702

Email: [info@completepropertyservices.co.uk](mailto:info@completepropertyservices.co.uk)

[www.completepropertyservices.co.uk](http://www.completepropertyservices.co.uk)

Established since 1993

- ◆ Electrical
- ◆ Plumbing
- ◆ Heating
- ◆ Decorating
- ◆ Floors
- ◆ Tiling
- ◆ Bathrooms
- ◆ Kitchens
- ◆ Carpentry

The Old Manse • 63 Swan Street  
Boxford • Suffolk • CO10 5NZ

## B P LAMBERT R.S.S.

EST 1977

## BLACKSMITH

Hand Forged Ornamental  
and Structural Ironwork

Makers of Boxford Beacon

& Grot

on Sign

Telephone 01787 210634

Mobile: 07866 596121

## Local Piano Teacher



Highly qualified and experienced,  
offers lessons to all ages and abilities  
Whether you wish to take grades  
or play your favourite pieces  
I can tailor lessons to suit you.

Call Sue on 01787 210913

## The Village Stores

Shop locally for good value and service

Open Mon - Fri 8.30am - 6.00pm  
Sat 8.30am - 4.00pm Sun 8.00am - 12.00 noon

Support your Local Shops and Businesses

Now includes Daily and Sunday Papers

Tel: 01787 210371

## Antique Renovations



Expert restorers of fine antiques & interior woodwork

Lavenham Studios, Brent Leigh Road, Lavenham

Tel: 01787 248511



# Services Directory

## Bed and Breakfast Newmans Hall Farm

(Charles Miller) website: [www.newmanshall.co.uk](http://www.newmanshall.co.uk)

- \*All Rooms En suite.\*
- \*Heated Indoor Swimming Pool.\*
- \*Ample off-road parking.\*
- \*Quiet rural setting.\*
- \*No Smoking Policy.\*

Monks Eleigh Road,  
Little Walsingham,  
Sudbury, Suffolk.  
CO10 0SY

Telephone: 01787 249111  
Charlie mobile: 07850 210256  
Louise mobile: 07887 540532  
e-mail: [louise@newmanshall.co.uk](mailto:louise@newmanshall.co.uk)

## Boxford Lane Joinery

With the benefit of over 35 Years experience.

Specialist Manufacturers and Installers of  
Bespoke:

Kitchens

Wardrobes and Household Furniture

Staircases • Architectural Joinery

Windows, Doors and Conservatories.

All finished/Sprayed/Polished

in House if required.

A full fitting and Carpentry service  
is also available.

Contact: Greg Deeks: 01206 263525  
or mobile: 07977 738649  
or Brett Deeks: 01206 626981  
or mobile: 07969 524124.

email: [boxfordlanejoinery@hotmail.co.uk](mailto:boxfordlanejoinery@hotmail.co.uk)



## COMMAND PEST CONTROL & HYGIENE SERVICES

Complete Pest Control service  
including Premises Contracts.  
12 month Protection from Infestation.

All Pest control work undertaken

• Coverage of East Anglia •

- 24hr Emergency Service • Professional Back-up •
- Quality Control Manager and Field Biologist •



We supply most Pest Control, Timber  
Treatment, & Ind Cleaning  
Chemicals, Shotgun Cartridges &  
Pest Control Equipment



### COMMAND PEST CONTROL

Unit 4. College Farm, Church Lane,  
Preston St. Mary, Sudbury, Suffolk CO10 9NG  
Tel: (01787) 248049 Fax: (01787) 247113

## BJW Garden Services

Gardener/Handyman

Hedge cutting, grass cutting etc no job too  
small, competitive rates and reliable.

Phone Bernie: 01787 373327  
Mobile: 07761391925  
email [wildingb7@aol.com](mailto:wildingb7@aol.com)

## Sudbury Cab Company (S C C)

Incorporating Julian's Private Hire  
Airports, Seaports, Theatres etc.  
Up to 8 Seater People Movers

[bookataxi@sudburycabcompany.co.uk](mailto:bookataxi@sudburycabcompany.co.uk)

Tel: 01787 312222

## Box Rubbish

### MOBILE SKIP

### HOUSE CLEARANCE

### RUBBISH REMOVAL

### WE LOAD FOR YOU

The Smart Alternative  
to Skip Hire

01787 211289

[www.boxrubbishremoval.co.uk](http://www.boxrubbishremoval.co.uk)

## C D Lawson

Building & Hard Landscaping

01787 211429 mobile: 07730885019

- All Building work •
- Maintenance •
- Alterations • Extensions •
- Driveways • Drainage •
- Patios • Fences etc. •

Professional and Reliable service at  
competitive rates

13 Boxford Lane, Boxford, CO10 5JU  
email: [lawsondian@btinternet.com](mailto:lawsondian@btinternet.com)

## K.E.Jones & Son

BUILDING SERVICES Ltd. Est 1970

01787 312345 mobile: 07932 618459

- New Build
- Extensions
- Specialising in period properties
- Renovations
- General Building
- Refurbishments

A family business looking after  
all your property needs!

Abbey House • Rectory Road • Newton Green  
Sudbury • Suffolk • CO10 0QZ  
[www.jones-builders.co.uk](http://www.jones-builders.co.uk)

## FLOWERS FOR EVERY OCCASION

Jayne Foster

Groton

Telephone: 01787 211360



## Jaycee Blinds

BLINDS AND AWNINGS  
A SHADE ABOVE THE REST

Reductions on ALL Blinds

Specialists in Conservatory Blinds, Velux

Window Blinds, Venetians, Verticals,

Rollers, Pleated and Awnings

For a free Quote: Tel: 01787 312464

FREE FITTING - FREE MEASURING

## Bespoke Catering for Weddings, Events & Private Dinner Parties

“The food  
was perfect and  
your staff  
attentive: the  
whole experience  
was first class.”



T: 01787 248031  
M: 07976 262997  
[enquiries@gemmahaining.com](mailto:enquiries@gemmahaining.com)

[www.gemmahaining.com](http://www.gemmahaining.com)

Experienced  
ELECTRICIAN  
Fully Qualified

DAVID LAVENDER

07853521333

01473 829753

email – [srairf@msn.com](mailto:srairf@msn.com)

City &  
Guilds  
Qualified

D.R.A. DECORATORS  
For a professional  
decorating service

David R Ardley

Mill Green  
Edwardstone  
07990 975850  
01787 211255

## Boxford Baby and Toddler Group

Every Wednesday morning (term time only)  
in Boxford Village Hall  
9 - 11.30am £2 per family

lots of toys for all ages  
biscuit and juice for the children  
tea/coffee and homemade cakes for the grown-ups!

come and make new friends and play



.....contact Laura 210990 for more info  
or find us on Facebook



# Services Directory

## PRYKE BROS. LTD

Natural rockery stone, Water features  
& Various composts  
Parsonage Farm, The Street, Preston St. Mary,  
Sudbury  
Suffolk, CO10 9NQ  
01787 247696

Come and browse, deliveries can be arranged.  
OR visit our website [www.pbnaturalstone.co.uk](http://www.pbnaturalstone.co.uk)

## Water Works

(Darren May & Mark Jochan)

### Plumbing & Heating Engineers

#### Plumbing emergencies

Bathrooms • Showers • Tiling  
Central Heating Systems & Upgrades  
20 Years Experience Corgi Registered  
**Free Estimates Friendly Efficient Service**  
**No Call Out Fee**

**Phone: 01473 462965 01473 827690**  
**Mobile: 07769696958 Mobile 07886389995**

## M.K

### Carpentry & Building Services

Extensions – Renovations –  
Carpentry – Plumbing – Electrics –  
Plastering – Tiling

All types of building works undertaken.



**Please Contact Mike Kerr:**  
Tel: 01473 822501 Mob: 07525 160330  
E-mail: [mkblders@hotmail.co.uk](mailto:mkblders@hotmail.co.uk)

## FIREWOOD

**DRY SEASONED LOGS**  
By the load or bag

Call Carol Abbott on 01473 829130 or  
07768 795961

Tree, Garden Work and Driveways also  
Undertaken



## Kirkham Sheidow Architects



Boxford 01787 211670  
[design@kirkhamsheidow.co.uk](mailto:design@kirkhamsheidow.co.uk)  
[www.kirkhamsheidow.co.uk](http://www.kirkhamsheidow.co.uk)

## Evolve LANDSCAPES

Landscape design & build

- Landscape Design
- Construction work
- Paving / driveways / patios / paths
- Fencing / decking / garden walls
- Pruning / hedge cutting
- Tree felling / clearance
- Regular garden maintenance

01206 263813 07841 625358  
[info@evolve-landscapes.co.uk](mailto:info@evolve-landscapes.co.uk)  
[www.evolve-landscapes.co.uk](http://www.evolve-landscapes.co.uk)



## PROFESSIONAL HOUSE AND PET SITTING SERVICE

Offering you complete  
peace of mind whilst you  
are away

- Exclusive service, tailor made just for you
- Comprehensive care of your property
- Experienced animal and pet care
- Integrity and discretion

A RELIABLE AND FRIENDLY SERVICE

Telephone: 07712 115970  
Email: [karen.benson@inbox.com](mailto:karen.benson@inbox.com)

## WHITWELL SERVICES

Established 1979

### Oil Fired Heating Engineer

Service • Maintenance

Installation • Oil Tank

Replacement Service

24Hour Breakdown Service



**Call:**

**01787 210277**  
**07956 652264**

## CYGNETS

### CHILD MINDING

Fully Qualified Child Minder  
Based in Boxford

Please call for all your present &  
Future Childcare Needs

01787 211922 or 07956 653413  
[cygnets@outlook.com](mailto:cygnets@outlook.com)

## Frank Matthews

### Upholsterer

All Upholstery work  
undertaken

Free Estimates

Telephone: 01787 311133

## HOMEFIELD

Sheds and Shelters  
Quality Leisure Buildings  
Made to your requirements  
Telephone: 01787 211485



## Green-Lawns

### Bonsai

We now also sell Cacti

HADLEIGH ROAD, BOXFORD  
Nr. SUDBURY, SUFFOLK  
Tel: 01787 210501 (Dave Paget)  
[www.greenlawnsbonsai.co.uk](http://www.greenlawnsbonsai.co.uk)

## M.D.MILLS

(BUILDING CONTRACTORS) LTD

All types of building work undertaken including:

Extensions, Renovations  
Insurance Repair Works,  
Plumbing & Heating, Electrics,  
Roofing, Tiling, Decoration, etc

For a free no obligation estimate  
please call:

**01787 373085**  
[www.mdmills.co.uk](http://www.mdmills.co.uk)

## CARPETS & VINYL

Telephone:  
(01787)  
371486

### Robert Harman's Complete Home Selection Service

Top class fitting • Free Measuring and Estimating  
No obligation • No job too small  
For first class & personal service call **Robert Harman**

## Guy Rule Building Services

All you need to create an exceptional home.

**Home Extensions - Listed Building  
Restorations - Kitchens - Bathroom Design  
& Installation - Floor & Wall Tiling -  
Renovations & Alterations**

[www.thesuffolkbuilder.co.uk](http://www.thesuffolkbuilder.co.uk)  
Tel: 07860 817980 or 01284827637  
Email [info@thesuffolkbuilder.co.uk](mailto:info@thesuffolkbuilder.co.uk)



A STUNNING VENUE IN THE HEART OF SOUTH SUFFOLK

## Dove Barn

**CONFERENCES  
EXHIBITIONS  
WEDDINGS  
BANQUETS**

Check us out  
01787 210007

[www.dovebarn.com](http://www.dovebarn.com)

We look forward to hearing from you

DOVE BARN: CASTINGS HALL, GIGTON, SUDBURY, SUFFOLK, CO10 5ET



# Services Directory

## A.H.S Timber Gardens

Fencing  
Landscaping  
Garden creations/makeovers  
Estate/Woodland management  
Tree care  
Garden maintenance

**For a free quote or advice  
call Andrew Martin**

**01787 211671 07786434315**

[www.ahstimgardens.co.uk](http://www.ahstimgardens.co.uk)

## SHERBOURNE LODGE COTTAGES



Two self-catering cottages former  
stable blocks offer fully equipped  
and well furnished accommodation.  
Each sleeps 2-4 people  
(one can accommodate 6).  
For further details please call:  
**01787 210885**

## Gary Jarvis

Professional Interior Decorator

***"The Art of Decoration  
is Preparation."***

**01787 211471 - 07733 325669**

## Beaumont Cars

LOCAL AND LONG DISTANCE TRAVEL

PROMPT AND RELIABLE SERVICE

**HADLEIGH BASED**

AIRPORT AND FERRY TRANSFERS  
RAILWAY STATIONS, HOSPITALS



Call Les

**01473 827096**

**07850 318582**

It costs only £55 per year  
to advertise in this space.

Contact

**01787 211507**

or

Email: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## Qualified Foot Health Professional

**Bridget Clifford RGN MCFHP MAFHP**  
Foot Care in the comfort of your own home.

**Tel: 01787 211345**

If unavailable leave a message  
and your call will be returned.

## DEPRESSED? ANXIOUS? PROBLEMS WITH RELATIONSHIPS?

There are times when we can feel  
overwhelmed by life's problems  
I am a Relate trained counsellor  
and accredited relationship therapist  
with over 30 years experience working  
in private practice and the NHS  
If you would like to talk in confidence I  
may be able to help

Amanda Hollingworth  
(01473 824663)

COSRTAccred UKCP Reg  
BUPAReg  
([www.cosrt.org.uk](http://www.cosrt.org.uk))

It costs only £55 per year  
to advertise in this space.

Contact

**01787 211507**

or

Email: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

## Andy Morgan Painter & Decorator S.E.P.painters

Tel.: 01787 375824 • Mobile 07748 800701  
[andy@seppainters.co.uk](mailto:andy@seppainters.co.uk)

For all your interior and exterior decorating ...  
...from New Build to Period Properties  
Your satisfaction is my speciality!  
Detailed information on my website:  
[www.seppainters.co.uk](http://www.seppainters.co.uk)

## H Byham & Son Ltd Ballingdon Dairy, Sudbury

Deliveries of Dairy Produce and  
Goods to Boxford and  
Surrounding Villages

**Tel: 01787 372526**

## Tracy Poole

Alterations, curtains, cushions  
made to order.

Fleece hats and scarves

[tracy@head-for-heights.co.uk](mailto:tracy@head-for-heights.co.uk)  
**01787 376448**

## AERIAL VIEW

- TV,FM & OAB aerials 'Freeview, Freesat & Sky
- Extra points & magic eyes -Motofised satellite
- Repairs & upgrades -CAI double guarantee

**01787 311057**

**Make the switch to digital with confidence**  
using a Registered Digital Installer & CAI+ member  
[www.aerial-installers.co.uk](http://www.aerial-installers.co.uk)

**FOUR CORNERS**  
*The Picture Framers*  
*Cobwebs*  
*Bower House Tye*  
*Polstead CO6 5de*  
**01787 210710**

## BEAUTY THERAPY BY MEGAN MOBILE BEAUTY TREATMENTS

A fully qualified and insured Mobile therapist offering a  
professional and thorough approach to relaxing treatments  
in your own home.

Treatments with Megan Pryke VTCT, BABTAC  
**07876717008**

Dermologica facials/Jessica natural nails &  
Gels! /waxing/eye treatments/spray tanning/Make up  
Eyelash Extensions/Eyelash perming/Bridal Make-up

## S B Electrical

For all your electrical work

Free Estimates ✓ No Call Out Charge ✓  
Part "P" Registered ✓ Electrical Certificates Issued ✓

**01787 247043**

e-mail: [info@sbelectrical.biz](mailto:info@sbelectrical.biz) or visit [www.sbelectrical.biz](http://www.sbelectrical.biz)

## Suffolk Medical & Beauty Clinic

All Beauty Therapy Treatments  
Laser Permanent Hair Removal  
Anti - Wrinkle Injections  
Thread vein treatment  
Skin Rejuvenation  
Dermal Fillers  
Mole and Skin Checks  
Dermaroller/Pen  
Medical Microdermabrasion



[www.suffolkmedicalclinic.co.uk](http://www.suffolkmedicalclinic.co.uk)

6 Broad Street, Boxford

**01787 211000**



# Services Directory



**CUTLERY  
CROCKERY  
GLASSWARE**

07811 470956  
JAMES@HENRYEVENTS.CO.UK  
WWW.HENRYEVENTS.CO.UK

QUALITY CATERING EQUIPMENT HIRE  
FOR ALL YOUR SPECIAL EVENTS

**Paul Cooper  
CHIMNEY SWEEP**

- Solid Fuel • Wood Burners
- Inglenooks • Oil - Gas

Bird Guards & Cows supplied and fitted  
(Traditional Sweep for your wedding)

**Tel: 01473 787374**  
Member of the National Association  
of Chimney Sweeps & HETAS approved

**-PJH-**  
Property Maintenance

**Quality Painting and Decorating**

**Interior & Exterior,**

**Tiling and General Maintenance**

**Carpentry, General Building work**

**Alterations and Renovations**

6 HADLEIGH ROAD, BOXFORD, SUDBURY CO10 5JH  
**TELEPHONE: 01787 212366**

**AK SMITH  
PLASTERING (EST 1986)**

**CEILINGS, WALLS, FLOORS,  
PLASTERBOARDING.**

**NO JOB TOO SMALL.**

For references see our website:  
[www.aksmithplastering.co.uk](http://www.aksmithplastering.co.uk)  
**ASSINGTON 01787 212352**  
**Mobile: 07808027116**

**IRONING SERVICE**  
DOOR TO DOOR 24 HOUR

**COMPLETE LAUNDRY SERVICE**  
COMMERCIAL & DOMESTIC WASH & IRON

**QUILT LAUNDERING**  
DOWN & SYNTHETIC

**PRESS**  
GANG

**07881 810710**

**JOANNE'S HOUSEKEEPING SERVICES**

For all your cleaning and housekeeping requirements.  
I can provide a friendly, reliable and personalised  
service with full insurance. This includes:-

- Dusting • Polishing • Vacuuming • Changing Beds
- Ironing • Shopping • Light Office Administration.

This is not a comprehensive list and I am happy to  
discuss your individual needs to suit you.

**Tel: 01787 371486 or 07788 563062**  
Email: [joleeks@rocketmail.com](mailto:joleeks@rocketmail.com)

**TOP CATZ**



**SKIP HIRE**

**2, 3, 4, 6 & 8 YARD SKIPS**  
**SCREENED TOPSOIL DELIVERED**  
**FULLY LICENSED**  
**COTC CERTIFIED**  
**OVER 25 YEARS EXPERIENCE**  
**PHONE FOR BEST PRICES**  
**OFFICE: 01787 210471 OR 01206 272751**

**RECYCLING FOR THE FUTURE**



**Will Bishop  
Jewellery Design**

Beautiful jewellery made from  
silver, gold and platinum.  
Bespoke service.



**Tel: 01787 210251**  
e-mail: [info@willbishop.co.uk](mailto:info@willbishop.co.uk)  
[www.willbishop.co.uk](http://www.willbishop.co.uk)

**LAWNS FIELDS AND GARDENS**  
Established 1991



- All types of Grasscutting undertaken •
- Commercial and Domestic •
- Contract or otherwise •
- Grounds Maintenance •
- Hedges • Trees • Fencing • Patios •
- Drives • Pergolas •

**FOR A FREE QUOTE RING MARTIN ON**  
**Tel: 01787 210675 Mobile: 07932 477152**

**MTM**

**PLANT & TOOL HIRE**  
**Phone: 01787 312007**

**FOR PLANT & TOOL HIRE NEEDS**

**PORTABLE TOILETS** (site  
toilet/event for all occasions)

**MINI EXCAVATORS:-**  
**0.8 ton – 5 ton**

**GARDENING EQUIPMENT**

**Together with other  
equipment for the  
contractor or DIY**

**ACCESS TOWERS:-**  
**850 wide – 1450 wide**

**SCAFFOLDING** erected and  
hired (domestic, industrial or  
commercial)

**All types of power tool  
repairs/electrical testing  
& servicing carried out to  
your machines**

**CARPETS, VINYL AND WOOD  
LIONEL HATCH FLOORS**  
YOUR LOCAL PROFESSIONAL FLOORING SPECIALIST

- Choose in the comfort  
of your own home or office
- Free quotes and insurance estimates
- 35 years' flooring experience
- Excellent fitting service

**CONTACT LIONEL FOR AN APPOINTMENT  
(DAY OR EVENING)**

**THE ULTIMATE PERSONAL, PROFESSIONAL,  
COMPETITIVELY PRICED SERVICE**

**TEL: 01787 211039 MOBILE: 07766 026875**  
**EMAIL: [lionelhatchfloors@tiscali.co.uk](mailto:lionelhatchfloors@tiscali.co.uk)**

It costs only £55 per year  
to advertise in this space.

Contact  
**01787 211507**  
or  
Email: [ed.kench@btinternet.com](mailto:ed.kench@btinternet.com)

**ONLY OIL**

**OIL BOILER ENGINEERS**

Why pay more for your servicing, breakdowns &  
commissioning?  
Call us now for a very competitive quote!

**NO V.A.T.**  
**Tel: 01787 313250**  
**Or 01473 827792**

**MARQUEE HIRE**

**Capri Marquee 28ftx38ft**

Seats approximately 60 to 70 people  
From £250  
(delivered and constructed)

**Tel: 07970 559251**  
[www.jp-services.info](http://www.jp-services.info)



# BOXFORD ROVERS FOOTBALL CLUB 2015



It's been a very quiet month for BRFC owing to games being called off due to the inclement weather. Although we did manage to get one game played, an away trip to top of the table AFC Hoxne with a weakened side and no goalkeeper. BRFC relied on veteran goalkeeper Steve Egglestone to go between the sticks who put in a man of the match performance. It was a tough game in heavy snow and unfortunately we suffered a 7-2 loss with our goals coming from the prolific Luke Waugh and Greg Hills. However, with BRFC only 1-0 at half time, the scoreline more than flattered the hosts.

With weather improving we are looking to get our season back on track and build for next season. BRFC would love to thank Box Valley Building for the supply of a hedge protection system to save our precious footballs from being pierced by the blackthorn. We do, however, desperately need new balls and anyone wishing to sponsor/donate a

football for £15 should contact the club. We are also keenly looking for new players (older than 16-years-old) and anyone interested can email [boxfordrovers@aol.com](mailto:boxfordrovers@aol.com).

BRFC's March home fixtures are as follows: 7th Adhara, 21st Bartons, 28th Ransomes Sports with all matches played at Homefields and with a 2:30pm kick off, feel free to come support your local team and watch an excellent game of football for free.

## ANYONE FOR TENNIS!



A brave group of mature and very fit ladies from the three villages of Boxford, Edwardstone and Groton play tennis in Boxford 52 weeks of the year. They only stop for rain and ice but not for snow it seems



*Above: There are Brownies in the belfry*

## Antique Shop

It is understood that the small unit on the left of the old Boxford News is to open as an antique shop in March. The future retail use of the remainder of the shop will be revealed in the April BRN

## Sudbury Symphony Orchestra

**At St Peters, Market Hill, Sudbury, 28th March 2015 7.30 pm**

Sudbury Symphony Orchestra's next concert features Rachmaninoff's 2nd Piano concerto with Jill Morton and Beethoven's 4th Symphony. Jill will be playing on one of the heaviest and largest grand pianos ever seen in Sudbury. Prices: Adult £12, Under 18s £2. Tickets are available from Compact Music, North Street, Sudbury;