BOXFORD ROVERS AT OBH
Boxford Rovers sent two teams to Old Buckenham Hall School recently for matches against the school. All enjoyed a lovely sunny morning and the chance to play on perfect grass pitches! Under 13 girls and Boys Under 9s enjoyed some very competitive and close matches with Boxford just coming out on top. The Boxford teams always enjoy their visits to OBH who are great hosts. Thanks to all at OBH and we look forward to the next fixtures.

BOXFORD ROVERS YFC PROGRESS IN CUP COMPETITIONS
Boxfords Under 9s and 11s both reached the semi-finals of The Suffolk League competitions. Unfortunately both teams were knocked out at this stage by Haleigh and Whittton. Despite that everyone at the club is incredibly proud of the achievement of both teams in reaching this stage having defeated bigger clubs along the way.
BRYFC is a thriving club with over 150 girls and boys playing from the age of 4 to 18. The club was recently awarded a Suffolk League Fair Play Award. If you are interested in your child joining the club please contact Barry Green at barry.green@nanook.co.uk
The club is totally self funded and sponsorship is very welcome!

A Brownie making Mothering Sunday posies in Boxford Church

Box River News
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Final date for reserved copy for the May 2016 Issue is:
April 15th at noon

Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green and Milden and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Stoke by Nayland, Nayland, Kersey, and parents of children at Boxford School.
At Groton Village Hall on 5th March guests enjoyed an exceptionally good lecture by Mark Mitchels

Elizabeth Garrett Anderson was the first female doctor to qualify in England. She opened a school of medicine for women, and paved the way for women’s medical education in Britain. She was born in Whitechapel, London, the daughter of a pawnbroker with 12 children. She was given a good education and decided to become a doctor after meeting Dr Elizabeth Blackwell, the first female doctor to graduate in the United States.

Anderson failed to get into any medical school and enrolled as a nursing student at the Middlesex Hospital. She attended classes with male colleagues, but was barred after complaints. She took the Society of Apothecaries examination and qualified in 1865. The society subsequently changed its rules in order to ban women entrants.

In 1866 she was appointed as a medical attendant at the St Mary’s Dispensary, London. Determined to become qualified as a doctor, she taught herself French and got a medical degree in Paris, but was still refused entry into the British Medical Register. She married James Anderson in 1871 (they had three children). In 1872 she set up the New Hospital for Women at the St Mary’s Dispensary, later the London School of Medicine for Women, where she appointed Dr Elizabeth Blackwell as Professor of Gynaecology.

Partly as a result of her open campaigning, an act was passed in 1876 permitting women to enter the medical profession. Anderson was appointed Dean at the London School of Medicine for Women in 1883, and oversaw its expansion. She retired in 1902 to Aldeburgh, Suffolk, where she became the first female mayor in England in 1908. She died in December 1917 and in 1918 the London School of Medicine for Women was renamed the Elizabeth Garrett Anderson Hospital (now part of the University of London).

I have never enjoyed a lecture as much as I did this one    Ed

---

**FleeceJazz**

at Stoke by Nayland Hotel

**Friday 1 April 8.00 £15**

**Pete Churchill and Mishka Adams**

Internationally known singer/pianist Pete with singer/songwriter/saxophonist Mishka will be special. Pete Churchill piano/vocals Mishka Adams vocals

Pete and Mishka have important stories to tell of how we became who we are. Pete and Mishka are both heavily involved with the London Vocal Project, an a cappella jazz choir, so they share a deep degree of empathy.

The songs are very much in the singer/songwriter tradition rather than the jazz one, although their jazz sensibilities are clearly evident. They remind me most strongly of James Taylor’s work, especially when he had players like Don Grolnick in the band – just wait to listen to Unbreakable Chain on Stories To Tell, and you will see what I mean.

**Wednesday 8 April 8.00 £15**

**Matt Ridley Quartet**

"highly creative and exciting, four talented musicians who have developed an almost telepathic musical understanding." - Jazz Views.

Matt Ridley bass Jason Yarde sax John Turville piano George Hart drums. Celebrating the launch of their second studio album, the virtuoso bassist Matt Ridley leads his dynamic quartet of A-list musicians to give us a pulsating set of original material that showcases his unique compositional style. Initially working as a trio, the core rhythm section was joined by the globally recognised and prolific saxophonist Jason Yarde.

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**THE LAST OF THE SUMMER WINE TEAM DO IT AGAIN**

A notice board has been erected in Broad street for use for footpath information in the Boxford area. The board was made by Bryn Hurren and has been erected by the last of the summer wine team comprising Vic Rice, Michael Norman and David Williams (or should it have been Wallyams). This team of volunteers have given up their time for the benefit of the village on many occasions and along with the many other volunteers in our villages make Benefice Villages such wonderful places to live in.

**Remember**

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**Friday 15 April 8.00 £15**

**Bryan Corbett Quartet**

A stunning gig last spring, and a beautiful CD recorded here. Bryan Corbett trumpet, Al Gurr piano, Ben Markland bass, Neil Bullock drums. trumpeter Bryan Corbett deserves a wider recognition for a great sound, stage presence and sense of purpose' (Alex Webb). A stunning gig last spring, and a beautiful CD recorded and on sale here at the Fleece.

**Friday 22 April 8.00 £15**

**Matt Anderson Wild Flower Sextet**

"This is sophisticated stuff, with a proper handle on Shorter's post-bop genius . . . . Everyone plays superbly and the whole set is wholly recommended." - Mark Gilbert, Jazz Journal Matt Anderson sax Laura Jurd trumpet Alex Munk electric guitar Jamil Sheriff piano Sam Vicary bass Sam Gardner drums.

**Friday 29 April 8.00 £18**

**Dennis Rollins Velocity Trio**

"Rarely can an instrumental trio have produced such a rich and varied tonal range." - London Evening Standard

Dennis Rollins trombone Ross Stanley hammond organ Pedro Segundo drums. Dennis Rollins’ Velocity Trio return to Fleece Jazz after a storming gig in 2014. Celebrated for his versatility and muscular approach to playing, virtuoso trombonist Dennis Rollins has played at the forefront of UK jazz, funk and pop for 25 years, performing with such stars as Maceo Parker, Courtney Pine and The Brand New Heavies. An award winning leader in his own right, Dennis comes with a sonic vision that unifies traditional brass sounds with club culture beats and the whole spectrum of Afro-Caribbean jazz sounds.

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To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE: 01787 211865

All cheques (with S.A.E. please) to:

Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR
**THE APRIL LETTER FROM REV JUDITH**

Dear Friends,

No plan B...

We had run through all our ideas for the school Easter Service. This year, we would try something really adventurous. Taking the whole school over to the Spinney (thank you Gordon Edgar) at the back of Ash Street, we would “stage” five key scenes from the Easter Story. Starting with a patch of grass and a single tree for the Garden of Gethsemane, we would watch as Jesus wept and prayed for a way out of the fate he knew was to come; moving from there into the scout hut, we would find to our amazement that it had turned into a Roman courthouse, with Pilate about to wash his hands of the man whose life he held in them. Lining the winding path through the woodland, as the crowd, we would call out - either in pity or scorn - at the condemned man, as he passed us by, carrying his horned cross (thank you Bob Bowdidge) and wearing his crown of thorns (thank you Jayne Foster). Then, following up behind him, we would find ourselves all at once in a dark hollow of the woodland, at the foot of that cross. Hardly believing what we were hearing, we would listen as Jesus, from the extreme depths pain, from the extreme depths of a love we could never fathom, would draw up, like water from a well - in the very face of his death -, the life-giving words, “Father, forgive them, for they know not what they do.” Stunned into silence, we would walk quietly away from the scene, relieved to take to our lungs the fresh air as we emerged into a light and open space, a field far from the scene of horror we had left below. That was the end, then, we would think, of this man Jesus. What on earth could we make of it? What was the point of all his teaching, his healing, his message of hope? Yet, as we pondered the pointlessness of it all, something in the air around us changed. A brightness, a glow. Birds which had stopped singing, started up again. And then a figure. A man. A familiar man, surely? He looked just like... but it couldn’t be? And yet it was. He was. And he knew us and called us by our name. So we had worked out our five stages of the Easter Story, Revd Tricia Box and I. We could picture it, imagine it, begin to live it, even. But suddenly Tricia brought us both down to earth. “What’s plan B?” she said matter-of-factly. “Plan B”, I said, “What do you mean?” “Well”, Tricia said, “what if the weather is terrible, what will we do then?”. “Oh”, I said, a bit too glibly and easily, “We’ll just stage it in the church instead”. So we left it at that, relieved when a few days later the forecast was for days of dry weather to come. All should be well.

Plan B? That got me thinking though. How often do we go through our lives simply hoping for the best, assuming that all will go according to “Plan A”, whether it’s in our professional life, our personal life, our church life? We go along with little thought about the things which could happen to push us off course. But the reality is, sometimes, as we all know inside, that those things can and do happen to us. We find ourselves without a job, or in a job that no longer fulfills its promise for us; we find ourselves in a marriage which is faltering, we find we have a child or partner who is ill; we find our church is facing challenges we hoped it never would. Where, when these things happen to us, is our Plan B? Perhaps nowhere. But the good news of Easter is that God always has a plan B for us. Just as he did with Jesus, he can take whatever has happened to us, he can find us wherever we are, even in our darkest times and places, and pick us up and put us back on course. It may have to be rather a different course from Plan A. It may not be anything like the plan we thought and hoped we were going to follow. But it is the plan that God can use to bring us back to life again and to lead us home.

Blessings, Revd Judith.

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**THIS MONTH’S GOOD READ**

The Morning They Came for Us, Janine di Giovanni

When I first visited Syria, about 20 years ago, it was outwardly calm but with an atmosphere of underlying unease. After I gave a lecture at a university in Homs, I met a group of postgraduate students for coffee and was bombarded with questions about everyday life in a western secular society. I thought I’d been careful to avoid politics but when I got back to Damascus I discovered I’d been banned from speaking at the university there. A mukhabarat informer had been in the coffee shop.

A few years later, when I chaired an English PEN committee that campaigned on behalf of imprisoned writers, I heard first-hand about the torture that went on in the country’s prisons. One of the most terrible cases was close to Palmyra, where opponents of the government had their joints ripped apart on a horrific instrument of torture called the “German chair”. I used to wonder what would happen when decades of this brutal repression became intolerable and ordinary Syrians rose against Assad.

The answer turned out to be an extraordinarily savage civil war. It is a story that encompasses a massive refugee crisis and a whole series of war crimes, including rape of the regime’s opponents, male and female alike, and the use of chemical weapons. Now Russia’s entry into the conflict appears to have turned the odds in President Assad’s favour, while causing significant civilian casualties.

What life is like for ordinary Syrians who have stayed behind is the subject of Janine di Giovanni’s heartbreaking book. It is an account of her travels in Syria during a six-month period in 2012. Wealthy Damascenes are still in denial, gathering around the pool at Di Giovanni’s hotel to drink beer while smoke rises from shelling in the suburbs.

She cuts from this scene to Latakia, a coastal city close to the birthplace of Hafez al-Assad, the president’s father, who held the country in a stranglehold for almost 30 years. A young woman called Nada, who carried medical supplies to opposition fighters and broadcast reports calling for a democratic Syria, describes how she received a panicked phone call from a friend, telling her he had been arrested. “Can you get here right away?” he begged. “They want to talk to you, too.”

It was a pre-arranged signal, giving Nada time to run, but she had nowhere to go. She destroyed anything that might incriminate her, but it made no difference when the knock came in the early morning, two days later. Nada spent the next eight months being tortured and made to listen as other prisoners were stripped, beaten and forced to drink urine. She was also raped, something confirmed by one of her friends, although Nada herself is unable to talk about it.

Di Giovanni confronts the nightmarish subject of sexual violence as a means of terrorising prisoners early in this extremely harrowing book. Her account of rapes in Assad’s prisons is unsensational but unshaping, a tone she maintains when she meets Hussein, a student. Hussein was never a fighter but that didn’t stop him being arrested and his story about being tortured by men who described themselves as doctors is too graphic to repeat. He survived only because another doctor took pity on him, certifying him dead so he would be taken to the morgue, where a nurse helped him escape.

Di Giovanni has reported on many conflicts. “I swore to myself, after Bosnia, that I would never live through another war that would consume me,” she writes. But she cannot bear the feeling of standing by and doing nothing, even if the best she can do is to make a record of suffering. This is no small thing; it is individual stories, rather than victims counted in the millions, that reveal the terrible cost of leaving dictators in place for the sake of “stability”.

The Morning They Came for Us will be published by Bloomsbury (£16.99) on May 3rd.
April Cottage Cattery is a newly opened purpose built boarding cattery for cats only. We are situated in the quiet village of Mildenhall and the cattery itself is situated behind our house in a secluded and quiet area and has the benefit of 24 hour supervision. We are a husband and wife team with over 30 years experience with all breeds of cat together with their rescue and re-homing.

- Fully licenced with local authority and complies with current CIEH (Chartered Institute of Environmental Health) and FAB (Feline Advisory Board) standards.
- Fully insulated and heated chalets with large bright airy exercise areas.
- Facilities to cater for elderly or very young cats.
- Daily grooming and administering of medicines free of charge.
- Pick up and delivery service free up to 5 miles, £1 for every mile thereafter.
- Minimum Chalet size is for 2 cats and can cater for up to 6 cats (same household only).
- Prices start from £7.50 a day. Special rates for long stays.

Please come and see us for yourselves just ring or email to make an appointment.

Call Anne or Kevin on 01787 247302 or 07985 404813

April Cottage, Powney Street, Mildenhall, Ipswich, Suffolk, IP7 7AL
Email: info@april-cottage-cattery.co.uk Website: www.april-cottage-cattery.co.uk
www.facebook.com/aprilcottcats

Saturday 21st May 9.30 am — 1.15 pm
The OBH Big Sing & Dance “Carnival”
For children aged between 9 & 11 years
Come and take part in singing and dance workshops with a Latin American flavour.
Children will thoroughly enjoy this event which will culminate in a “Carnival” performance for friends and family
For further details please contact Linda Williams
E: linda.williams@obh.co.uk

Brettenham Park, Nr. Lavenham, Suffolk, IP7 7PH
01449 740252 admissions@obh.co.uk
www.obh.co.uk
FEEDBACK FROM BRYN HURREN
Your Babergh District Councillor
Firstly apologies from the contractors who carried out the power connection across the Jubilee Garden, some damage was done to the grassed area and to the garden itself which was quite unnecessary. A meeting was held between myself a rep from Buxford PC, and the contractor and compensation will be given to enable the garden to be reinstated. I am currently working with the parish council to achieve some signage on the 1071 to point people down to our lovely shops in the village, while we I am sure use them as much as we can they need a boost from the passing trade as well. This project is going well and I hope to have a positive result soon. Please all who are interested come to the Local Needs Housing open day on Sat 9th April, this is a chance to express interest and to view the development at first hand. There will be reps from Icen i as well as myself to talk to interested parties. These houses are for Buxford people and will remain so. Look forward to seeing you. All Best Bryn.

Theatre Trips to the Quay
Some changes to the schedule due to a clash of dates. Friday 15 April Swinging in Slippers a brilliant back to an older era of Perry Como, Andy Williams and Doris Day. A wonderful Show. Then the fantastic film The Lady in the Van with Maggie Smith showing on 31st May. I hope we can fill the community bus on both occasions. Please call me to reserve ticket 01787 210854. Pick up at the Fleece 6.30 P.M. Bryn & Lisa

FEEDBACK FROM JAMES FINCH
Your Suffolk County Councillor for the Stour Valley
➢ SCC Annual Budget agreed at County Council Meeting on 11th February
It was good to be back at this meeting and play my part having been indisposed for nearly a month. The summary of the key elements of the budget agreed the council were:-
- Annual savings of £34.4m as a result of government reductions in funding resulting in a net budget of £93m for 2016-17.
- A freeze in general council tax for this period of £271m so that the Band D council tax for County Services remains at £1.126.53p.
- The introduction of a new ‘precept to fund Adult Social Care of £5.4m which is equivalent to 2% of Band D council tax (£22.50p ) bringing the total Council Tax to £1,149. This was introduced to recognise the impact of the significant increases made by the government to the minimum wage and living wage over the next two years. Your county council has faced some stiff challenges in the preparation of this budget plan but is confident that you will continue to receive the services you expect from a responsible county council administration.
➢ Suffolk County Council’s Children’s Services are rated GOOD by Ofsted
Following the publication of its inspection report on 11th February, it praises the work of the council in protecting and looking after children and young people, with some areas of outstanding practice highlighted in the report. The inspection was carried out for 4 weeks between 23 November – 17 December 2015.
Ofsted’s report highlights that “Leaders have a comprehensive understanding of what needs to be achieved and have made sustained progress since the inspection of services for looked after children in 2010 and child protection in 2013, which both were judged to be adequate”. It says “Suffolk County Council is led by dynamic and capable leaders and managers and is delivering a good service overall to children and their families.”
Suffolk County Council’s Cabinet Member for Education, Skills and Children’s Services, Cllr Gordon Jones said: “I am absolutely delighted that we have received this GOOD rating from Ofsted. This achievement is testament to the work and commitment of all our staff at the authority and the support they receive from local community partners who share our drive and focus to protect vulnerable children and young people in Suffolk, and support their families.
➢ Consultation to shape the future of Suffolk Fire and Rescue Service
The consultation, which ended on 22nd February, sought views on a range of specific proposals for changing the way the fire and rescue service is set up across the county. The changes have been proposed to meet the ongoing reductions in funding for the fire service and also to reflect the more than 30 per cent reduction in 999 call demand over the last 10 years. Engagement events were held in Bury St Edmunds, Ipswich, Lowestoft and Sudbury and the county council has received around 1,500 completed questionnaires and almost 200 enquiries from people engaging with the consultation. The aim was to ensure that as many people as possible had their say on these proposals. Details of the proposals can be found on Suffolk Fire and Rescue Service’s web page: www.suffolk.gov.uk/firedesign.
The consultation feedback is now being reviewed. This will help to shape future recommendations, which will be presented to the Council’s Cabinet on Tuesday 17 May 2016.
My priorities for Suffolk Education - Supporting Vulnerable People - Jobs and Growth Localism and the Stour Valley - Building on Suffolk’s Strength all underpinned by strong financial management and low council tax

SUE EASTALL PERSONAL CATERING
Imaginative Private and Corporate Catering
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Blemishes.... be gone!!

With the removal of minor skin blemishes no longer available on the NHS, people are turning to private practices like Suffolk Medical Clinic, here in Boxford, for treatment.

Minor lumps and bumps like cysts, warts and skin tags are usually harmless but can be irritating and unattractive. If you have a skin lesion that is bothering you, removal is usually quick and simple.

Moles are a different matter due to their link with skin cancer. It is really important that you have any mole that is worrying you examined. Changes in size and colour, itching or bleeding are all cause for concern. If you are worried about a mole, don’t wait - let us take a look. We can reassure you if a mole is healthy and remove it if it is not. Healthy moles can also be removed for cosmetic reasons.

“I had a very large mole behind my ear that the NHS refused to remove. It had been a huge issue for years. The staff at Suffolk Medical Clinic were just so welcoming. The procedure was very quick and efficient, and I will definitely be visiting again.” Elle, Sudbury, March 2016.

If you have a lump or bump that is bothering you, please give us a call or pop in and arrange to see one of our medically trained staff.

Minor Surgery Clinic

Mole checks and minor surgery to remove unwanted blemishes like cysts, warts and skin tags.

Call 01787 211 000 for more information or pop into our clinic on Broad Street, Boxford.
WE WAS BRUNG UP PROPER

"And we never had a whole Mars bar until 1963!!!"
First, we survived being born to mothers who smoked and/or drank Sherry while they carried us and lived in houses made of asbestos...
They took aspirin, ate blue cheese, bread and dripping, raw egg products, loads of bacon and processed meat, tuna from a can, and didn't get tested for diabetes or cervical cancer.
Then after that trauma, our baby cots were covered with bright coloured lead-based paints.
We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets or shoes, not to mention, the risks we took hitchhiking.
As children, we would ride in cars with no seat belts or air bags.
We drank water from the garden hose and NOT from a bottle.
Take away food was limited to fish and chips, no pizza shops, McDonalds , KFC, Subway or Nando's.
Even though all the shops closed at 6.00pm and didn't open on a Sunday, somehow we didn't starve to death!
We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.
We could collect old drink bottles and cash them in at the corner store and buy Toffees, Gobstoppers and Bubble Gum.
We ate cupcakes, white bread and real butter,milk from the cow,and drank soft drinks with sugar in it, but we weren't overweight because......
WE WERE ALWAYS OUTSIDE PLAYING!!
We would leave home in the morning and play all day, as long as we were back when the streetlights came on.
No one was able to reach us all day. And we were O.K.
We would spend hours building our go-carts out of old prams and then ride down the hill, only to find out we forgot the brakes. We built tree houses and dens and played in river beds with matchbox cars.
We did not have Playstations; Nintendo Wii , X-boxes, no video games at all, no 999 channels on SKY , no video/dvd films, or colour TV, no mobile phones, no personal computers, no Internet or Internet chat rooms.........WE HAD FRIENDS and we went outside and found them!
We fell out of trees, got cut, broke bones and teeth and there were no Lawsuits from these accidents.
Only girls had pierced ears!
We ate worms and mud pies made from dirt, and the worms did not live in us forever.
You could only buy Easter Eggs and Hot Cross Buns at Easter time....
We were given air guns and catapults for our 10th birthdays.
We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just yelled for them!
Mum didn't have to go to work to help dad make ends meet because we didn't need to keep up with the Jones's!
Not everyone made the rugby/football/cricket/netball team. Those who didn't had to learn to deal with disappointment. Imagine that!! Getting into the team was based on MERIT!
Our teachers used to hit us with canes and gym shoes and throw the blackboard rubber at us if they thought we weren't concentrating .
We can string sentences together and spell and have proper conversations because of a good, solid three R's education.
Our parents would tell us to ask a stranger to help us cross the road.
The idea of a parent bailing us out if we broke the law was unheard of.
They actually sided with the law!
Our parents didn't invent stupid names for their kids like 'Kiara' and 'Blade' and 'Ridge' and 'Vanilla'
We had freedom, failure, success and responsibility, and we learned HOW TO DEAL WITH IT ALL!
And YOU are one of them! CONGRATULATIONS!
You might want to share this with others who have had the luck to grow up as kids, before the lawyers and the government regulated our lives for our own good.
And while you are at it, forward it to your kids so they will know how brave their parents were.

SLIMMING WORLD FOR BOXFORD

Above: Before After

Vicky is set to share her slimming secrets
Vicky is currently a consultant at Lavenham and has been there for two years, She very excited and proud to be opening a brand new group in Boxford
Vicky joined her local Slimming World group in Lavenham, tipping the scales at 17 stone she knew she had to do something and the support and encourage saw her lose 5 and a half stone before she decided to share the support and became the consultant.
Now Vicky has decided to open a lovely new group in Boxford, this will take place every Wednesday at 7.30pm at the village hall and the opening night will be the 23rd march.
Vicky says: "Like a lot of slimmers, I had tried to lose weight so many times before by following numerous diets but they were never sustainable because I’d always get tired of restricting what I ate. I thought I was destined to struggle with my weight for the rest of my life, but when I came to Slimming World it was different. I never felt like I was on a diet. I couldn’t believe I’d found a way to lose weight without starving myself.
"My weight loss has completely changed my life. I had no confidence or self esteem and suffered with lots of medical issues, since losing the weight I have had a boost of confidence and the aches and pains have disappearing with all the extra weight.
Vicky’s Slimming World group will be held at the village hall in Boxford every Wednesday at 7.30pm from 23rd March
For more information or to join Vicky’s group either pop along on the 23rd March or call her on 01787 376059/ 07931587504

Remember
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THE BEATLES

Do you have any Beatles Records (Vinyl not CD's) that you no longer play or want?
A ‘Beatlemaniac’ could be interested in them if they are in good condition

Contact me at
ed.kench@btinternet.co.uk
or Telephone 01787 211507
Milden Singers Go back to
The 70’s and 80’s

Great tunes from ABBA, Bee Gees, Queen,
ELO & more plus a tribute to Davie Bowie

Friday 6th May
Doors open 7pm with a buffet after the show

Saturday 7th May
Doors open 1.30pm with Afternoon Tea

Both Performances with Licensed bar and
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At and in aid of Milden Pavilion

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Gary Jarvis
Paper Hanger and Interior Decorator
01787 211471 or 07733 325669
garydjarvis@gmail.com
Little Waldingfield History Society was delighted to welcome Robert Leader to the Parish Room last Wednesday night when he enthralled our 45 plus audience with his delightful exploration of the heritage and landscape of his home county.

Robert considers himself a Suffolk Homing pigeon because, despite his lifetime’s thirst for travel, he has always returned to the county. Born in Brandon and now living in Bury St Edmunds, he joined the merchant navy at 17 and went round the world, leaving because “he saw a lot of sky and sea through portholes but did not get any feel for the atmosphere of the countries or of the people”. He has since fulfilled such longings by twice undertaking the overland trip to India and the Far East, whilst also crossing Africa from Tunis to Cape Town by Land Rover.

Robert’s series of guide books to the counties of East Anglia grew from the many photo feature articles he wrote for the Suffolk and Norfolk Journals and the Essex Magazine, concentrating on the history and heritage, with a wealth of ruined castles, abbeys and stately homes to explore. Following the coastline and the courses of local rivers from their source to the sea, his photo trips occupied most summer weekends, with articles mostly written in mid-winter, as he was then running a painting and decorating business. It later dawned on him that these articles could be incorporated into chapters for a series of souvenir guide books, which eventually morphed into the talks he now gives to history societies and the like.

His talk centred around the 100 or so slide photos he took himself, along with a commentary of historical and factual information which together kept us all well entertained for over an hour. His favourite subjects were the rivers of Suffolk, because “they vary so much, sometimes quiet and peaceful in the Suffolk countryside and other times extremely busy, as along the Orwell, always changing. Heritage aspects along the rivers also tell a story because before modern roads, rivers were the main county routes – much is related to them and has grown up along them”.

Robert’s talk covered a huge part of our delightful and varied county, far too much to detail in this review, so what follows are those aspects which particularly caught your reviewers attention:

**Ickworth House**

One of the brightest jewels of the National Trust, an Italianate marvel with its immense rotunda soaring high above the elegant palatial wings curving away on either side. Set in magnificent parkland where sheep graze under mighty oaks, the grounds contain many fine walks, a small breeze-rippled lake, a summerhouse, a vineyard, a private family church and a deer park. The house is a treasure trove of sculptures, paintings and objects’ d’art too numerous to mention.

**Eye Church and Guildhall**

The magnificent flint-panelled C15th Church of St Peter and St Paul towers over its elegant neighbour, the black and white timbered guildhall, built in the late C15th and restored in 1875; an original carving of the Archangel Gabriel can still be seen on one of the guildhall wooden corner posts. “There is a village atmosphere to the lovely small town with an imposing town hall”.

**Bungay and Framlingham Castles**

Norman castles were strongholds which Barons could hold for or against their King, or from which to sally forth to fight for or against their King, or against each other. The central characters in Suffolk were the powerful Bigods, who held both castles. Suffolk’s castles are a solid link with the great and infamous, the names and deeds of the past and a feast for the imagination, and “if you are lucky enough to catch one of the living history displays so much the better”.

**Becles**

A fine market town dating to around 960 AD and Bungay’s slightly larger neighbour. Dominating the centre of the town is the great, grey square block of the C14th bell tower of St Michael and All Angels, where the tower stands separate from the church with its magnificently ornate south porch. There are wide greens along the river and at busy Becles Quay, swans float serenely between the moored yachts and motor boats and the holidaymaker’s Waveney begins. In recent years the Waveney has been re-born with the advent of the modern leisure industry – from Beccles onward the river is broad and deep, prime cruising water “filled with chugging power boats and bright yacht sails of red, white and blue”.

**Somerleyton Village Green**

The river loops north to take the charming little village of Somerleyton and the red and white towers of splendid Somerleyton Hall into its loose Suffolk embrace. The village is a large, neat green flanked by lovely thatched and timbered cottages while the hall is a lavish Victorian Christmas cake built in Anglo-Italian style. There are 12 acres of beautiful gardens surrounding the hall, a glory of colours in summer and the highlight is its famous yew hedge maze, “an ideal place to lose yourself if you have an hour or two to spare”.

**Walterswick Harbour**

The walk along the river is “one of the most picturesque in Suffolk, an ever-changing vista of charming rickety boat landings and jetties stretching out from the mud banks, with the river filled with both pleasure and working boats”.

In Search of Secret Suffolk is 184 pages of fascinating reading, illustrated with more than 100 photographs. The book is now out of print but still available through Amazon and Ebay.

At our next talk, John Newman will discuss recent excavations at Sutton Hoo, made famous by the excavations of Basil Brown when commissioned by the site owner Mrs Pretty in 1938. There have since been further excavations: by Dr Rupert Bruce-Mitford between 1965 / 1971, by Professor Martin Carver between 1983 / 1992 and again during preparation for the new National Trust visitor centre in 2000.

We look forward to welcoming guests new and old to the Parish Room on Wednesday 16th March for what is going to be a fascinating evening.
Celebrity Masterchef finalist, journalist, comedian and restaurateur Hardeep Kohli will entertain delighted diners at the two AA Rosette Lakes Restaurant at Stoke by Nayland Hotel, Golf & Spa on Thursday, 21st April from 6.45pm.

In recent years, Hardeep Kohli has fused his journalistic and comedic prowess with his unstoppable enthusiasm for uniting flavours. He is the author of Indian Takeaway: A Very British Story, and is the co-owner and executive chef of VDeep, Scotland’s first craft beer and curry bar. He continues to host ‘Hardeep’s Sunday Lunch’ on BBC Radio 4.

Hardeep’s excitement for the event is huge: ‘I am looking forward to entertaining everyone at my event at SbN Hotel. We’ll be cooking pork and no meat excites me more than pork. Very few chefs excite me more than Alan Paton. It’s lovely to be cooking and learning at my age, 37 (that’s a lie)’!

Guests will be treated to an amazing 5-course fine-dining feast – a collaboration between Hardeep and the hotel’s award-winning Executive Head Chef Alan Paton. The evening will begin with a Cardamom Martini, and menu items include Tandoori Mackerel with Punjabi Grapefruit Salsa, and Classic Port Vindaloo with Masala Cracking. Each course will be introduced and described in detail by Hardeep. He loves to cook, but Hardeep also loves to laugh – guests will be treated to a hilarious 30 minute stand up session, and will have the opportunity to ask him questions during a Q&A session. He will also mingle with guests throughout the evening.

This is a limited seating event and tickets are selling quickly at just £45pp! To book a seat at this fantastic event, call 01206 265837 or email sales@stokebynayland.com. For more information about this event and other events at Stoke by Nayland Hotel, Golf & Spa please visit www.stokebynayland.com/events.

The Sreet, Kersey, Suffolk, IP7 6DY
Tel: 01473 823229

Serving food Sunday nights from 6 till 8.30pm
Curry Night Tuesday
Pudding and Pie day Wednesday.
Booking now for Easter weekend
25/26/27/28th March and
St George’s Day April 23rd
Follow us on Facebook and Twitter.
our menu is on our website www.kerseybell.co.uk

OPEN ALL DAY EVERY DAY

St Georges Day Black Tie Dinner
April 23rd at 7.30pm
4 courses  £25.00 Inc wine
Book Now to Avoid Disappointment

New Menu - Coming Soon
Our late winter/spring menu is coming soon, with exciting dishes. Our menus are available online at www.boxfordfleece.com/ menu

Moral Food Standards
Mon – Sat : 12 – 2pm & 6pm – 9pm
Sunday : 11 – 5pm

Don’t forget, the Fleece is great for:
- Warning real pub fare
- Comfort homemade food
- Members of the armed forces
- Children’s menu
- Dog friendly, welcome, too
- Relaxing with friends and family of your round.

Open Mic Night –
Every 4th Wed
Fantastic Food

Weekly Pub Quiz –
Every Sunday 8.30pm
Join us in our weekly quiz. Tell your knowledge against the best of Buxford.

www.boxfordfleece.com - boxford@eefas.eops.co.uk - 01473 711384

The Bell Inn

St Georges Day Black Tie Dinner
April 23rd at 7.30pm
4 courses  £25.00 Inc wine
Book Now to Avoid Disappointment

RELAX AT THE BOXFORD FLEECE

Weekly Pub Quiz –
Every Sunday 8.30pm
Join us in our weekly quiz. Tell your knowledge against the best of Buxford.

www.boxfordfleece.com - boxford@eefas.eops.co.uk - 01473 711384
BOXFORD CAR SCHEME
In January, volunteer drivers helped 15 residents attend appointments at hospitals, dentists, opticians, health centres, physio's & surgeries etc.,
CAN YOU HELP?
To maintain this important resource for our local community we really need more volunteers. For information ring Sue Green 01787 210603
PLEASE HELP IF YOU CAN.
Boxford Post Office Opening Hours
The Post Office no longer shuts at lunch, is open from 830am and is open all day Wednesday now.
Saturday is still to 1230 as there is no collection Saturday afternoon.

Table Top Triumph
The table top sale at Edwardstone Village hall on Saturday 27th was a big success with 14 stalls and lots of happy shoppers. More importantly, it raised a fabulous £323 for St Mary’s Church Edwardstone, from a combination of donations from the sellers and proceeds from the ever-popular cake stall. The organisers would like to thank everyone who had a stall, baked a cake or came along and bought from us, or helped in any way to make the morning so successful.

James Finch
James Finch, County Councillor will be in Mary's House Wednesday 13th April 4-6pm, drop in & have a chat. Sue Green (01787-210603)

EDWARDSTONE PARISH HALL BOOKINGS
TEMPORARY ARRANGEMENTS
From 1 April please contact Daphne Clark for bookings plus information on where to access keys for the hall.
☎: 01787210698, Mob: 07896414587
email: daphne.clark@btopenworld.com

BOXFORD CARPET BOWLS CLUB NEEDS YOU
Boxford Carpet Bowls Club has been in existence for some 29 years but, recently, for various reasons, our numbers have diminished to such an extent that without some new members we may not be able to continue for very much longer.
Anyone wishing to give the game a try is assured of a very warm welcome. From 7th April we meet in Boxford Village Hall from 7.30 p.m. on Thursday evenings for a couple of hours and continue through the summer with a mix of club nights and friendly matches with other clubs in the local area.
Carpet bowls is good fun and it would be sad to see the club fold up after so many years. A few new members would make all the difference and we would be delighted to see you if you would like to have a go.
If you would like to know more about the club please give either Brian Porter, our Chairman, a ring on 01787 210581 or Jean Saunders, our Secretary, on 01787 210725.
We would love to see or hear from you.

Station Field, Boxford
Who gave the Sand Hill Development such a strange name and Why were the Villagers not given an opportunity to choose a name. Clearly named after the old police station but in most minds it conjures up steam trains and a station that was one of many Beaching casualties. However there was never a railway station in Boxford so we should be given the opportunity to choose a more suitable name.
**The Caverners**
Stoke by Nayland Village Hall
By Popular Demand **The Caverners**
Saturday 9th APRIL 2016 From 7.30pm
Tickets £12.50
Will be available from Open Road Bookshop SBN
Licensed Bar, Hot Supper, Prize Raffle

**Milden Singers take it back to the 70’s & 80’s**
Enjoy an evening of Disco and Pop with songs from The Bee Gees, ABBA, Queen and ELO to name a few plus a tribute to David Bowie.
Friday 6th May doors open 7.00pm show time at 7.30pm
Saturday 7th May doors open 1.30pm show time at 2pm
Friday night includes buffet & Saturday includes afternoon tea both performances with licensed bar. Tickets £6 available from Pearl 01449 741876 at and in aid of Milden Pavilion with a donation to a charity.
Come dressed to party!

**BOXFORD WI**
Our WI Member Marie has recently completed her City and Guilds Diploma and gave us a talk about her course as well as bringing along some exquisite pieces of her work for us to see. Marie used the pond in her garden for inspiration capturing what happens when things grow and decay. She photographed the wildlife especially the Moorhens as well as the water itself and the ripples on the pond. The footprints from the Moorhens were used in Marie’s designs which included a dress and a miniature quilt in a Perspex box to reflect the surfaces on the pond. Her final piece was a large quilt where she used ice dying and screen printing techniques on sheer materials. The quilt was aptly named “Follow Me” as it showed the bay Moorhens following their Parents, thank you Marie for sharing these delightful pieces with us.

**FUTURE MEETINGS**
- **6th April** A Turkish Wedding – Jenny Gibbs 2pm
- **14th April** Sudbury Guided Walk 2pm
- **27th April** Book Club Mary’s House 3pm
- **4th May** AGM & Resolution Meeting Village hall 2pm
- **12th May** Place for Plants – guided walk East Bergholt 2pm
- **1st June** Our 10th Birthday party Village hall 2pm
- **9th June** Warden’s Walk at Wolves Wood 2pm
- **29th June** Book Club Mary’s House 3pm

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**Newton Village Hall**

**Art and Craft Exhibition**
15th April at 10am to 3pm
Refreshments available
All proceeds to St Nicholas Hospice
Wot's On

Newton Village Hall Events

REGULAR EVENTS:
- Monday mornings (term time only): Yoga class (phone Sophia on 313662 for details)
- Monday evenings: (6.00 pm) Trufit high intensity exercise class (call Tracy 07772 575325)
- Monday and Thursday evenings: Western Partner Dance Club (call Chris 371006)
- Tuesday evenings: JT Steppers Line Dance Club (call Jean on 377434)
- Friday afternoons: Art and Craft club (call Anne on 312346)
- Friday evenings: Sudbury and District Wargames Club (call Brian on 312160)

**APRIL 2016**
- Friday 1st: tba. Fireside Club – Lunch out
- Saturday 2nd: 10.00 am Parish Council coffee morning
- Wednesday 6th: 7.30 pm. Village Hall AGM and committee
- Tuesday 12th: 2.30 pm. Fireside Club – Scrabble and games
- Wednesday 13th: 7.30 pm. Parish Council meeting
- Saturday 16th: 10.00 am. Art Club Exhibition
- Wednesday 20th: 7.30 pm. Parish Council – Annual Parish Meeting
- Tuesday 26th: 2.30 pm. Fireside Club – Grandparents photos and memories
- Friday 29th: 10.00 am. Fireside Club – outing tba

**MAY 2016**
- Thursday 5th: 7.00 am Police and Crime Commissioner election
- Saturday 7th: 10.00 am Church coffee morning and gift day
- Tuesday 10th: 2.30 pm Fireside Club – poetry reading
- Wednesday 11th: 7.30 pm Parish Council Meeting
- Tuesday 24th: 2.30 pm Fireside Club – Armchair exercises
- Friday 27th: 10.00 am Fireside Club – outing tba

"Down Your Way with David"
Friday, May 6th 7.30pm at Groton village Hall

David Elliott has very kindly offered to take us on an imaginary tour of Groton, entertaining us on the way with numerous amusing tales of life in the village, spanning over 70 years. We will be serving a 'Ploughman's' to everybody during the interval, but please bring your own beer, wine etc; soft drinks and glasses are provided. All proceeds will be put towards Groton Church roof fund, so get your tickets soon at £6.50 each from Pat Kennedy Scott [210319] or Jayne Foster [211360]

The Queen's 90th Birthday Celebrations

**WATCH THIS SPACE!**

St. Bartholomew's Groton are planning to celebrate the Queen's Official birthday on Saturday, June 11th, but until the plans from Boxford Community council are finalised, we do not know quite what sort of celebration this is likely to be; it might be a Tea Party or a Cake Stall, but next month's BRN will reveal all! Pat Kennedy Scott.

Golf Open Days
Tuesday 5th April (10am-4pm) & Wednesday 6th April (10am-4pm) – Join us at our Golf Open Days for your chance to view our golf courses, welcoming Clubhouse and ProShop. Plus there are two exclusive offers available. Call 01206 265841 or email mary.saward@stokegolfandleisure.com for more information.

An Evening with Hardeep Kohli

Thursday 21st April – An Evening with Hardeep Kohli
Celebrity MasterChef finalist. Comedian and journalist, Hardeep Kohli will be at ShN for the night. You’ll enjoy a 5-course Indian inspired dinner, welcome cocktail and a fun Q&A session with the man himself! Price - £45pp! Call 01206 265837 or email sales@stokebynayland.com to book!

A Picture history of Margaret Catchpole

A woman ahead of her time.
Boxford Society AGM (April 30th 7.30, School Hall) will be preceded by a talk by Pip Wright. It tells the tale of Margaret Catchpole (1762 – 1819) a famous Suffolk heroine through the pictures that the Rev. Richard Cobbold originally painted for his book about her. These were never used, but are rather charming and have only recently come to light. Pip’s good fortune in being able to use these helps illustrate a fascinating story of an adventurress, chronicler and criminal. Born in Suffolk, she worked as a servant in various houses including the Leader’s and Cobbold’s before being convicted of stealing a horse and later escaping from Ipswich Gaol. Following her final capture she was transported to Australia. Her entry in the Australian Dictionary of Biography describes her as one of the few true convict chroniclers with an excellent memory and a gift for recording events. This story as told by Pip Wright should not be missed.

All welcome. A very short AGM will follow the talk. Members free and Visitors £2 are welcome.

Leavenheath Village Hall Digital Cinema
Tickets £3.50 per adult, £2.00 per young person
Phone: Lesley (01206 262505) or Ken (01206 263266) for tickets
Arrive 7.00pm starts 7.30pm See ad in the BRN

Polstead Cinema Polstead Village Hall
Tickets £3.50 from the Polstead Community Shop or 01787 210029
Arrive at 7.30pm, doors open at 7.00pm. See ad in this month's BRN

Boxford Community Council AGM
The Boxford Community Council will be holding its Annual General Meeting in the Pavilion on 25th April at 7.30 for 8.00pm. Please come along to this meeting, we need new blood on the committee which does so much good for the three villages. Refreshments will be served.
HADLEIGH HEALING SOCIETY
HADLEIGH HEALING SOCIETY are hosting another of our popular Clairvoyant Days on Saturday April 16th between 10am - 4pm, where you can have an individual, private reading for £12.00. For an appointment, please call 01473 823262 or see www.hadleighhealingsociety.org for information about our Society

Pumpkin Competition
The Pips are now on sale at the Groton Fox at £1.00 a packet of three Grow the biggest pumpkin to win The Cup.
The charity this year is for MS so get growing.

Suffolk Village Festival
HANDEL: ACIS & GALATEA
PURCELL: THE MASQUE OF CUPID & BACCHUS from THE TIMON OF ATHENS
Monday 30 May 2016 o 6.00pm St Peter's, Sudbury, Suffolk
Philippa Hyde & Claire Tomlin soprano, Richard Edgar-Wilson tenor
Giles Davies bass
Psalmody. Essex Baroque Orchestra directed by Peter Holman
Acis and Galatea is one of Handel’s most memorable and popular English theatrical works, a dramatic and moving story of pastoral love between the shepherd Acis and the nymph Galatea, threatened and finally destroyed by the jealous monster Polyphemus.
We perform the rarely heard revised version of the work, as performed by Handel in London in 1739 and 1740 and in Dublin in 1742. The Masque of Cupid and Bacchus, written by Henry Purcell in 1695 for Shakespeare’s play Timon of Athens, is a delightful curtain-raiser.
‘Peter Holman, directing from the harpsichord, inspired a lithe and enjoyable performance’ The Observer
Tickets: £18 & £12 (half-price to those in full-time education)
Box office via the National Centre for Early Music, 01904 651485, www.ncem.co.uk

Boxford Slimming World
Boxford Village Hall
Stone Street Road
Boxford
Wednesdays at 7.30pm

mob: 07952172534
home:01787376059

*New group opening from 23rd March*
Fitball Class
Fitball Class Thursday Evenings 7.30-8.30 Boxford School. Own ball and mat required.

Children's short story competition
Children's short story competition starting 6th Feb 2016 ending 5th March at Hadleigh library. For ages 7-9 and 10-12 up to a 1000 words about anything. Come to Hadleigh library to sign up with a parent £1.00 per entry you receive a writing book and choose a sticker. We have judges to read all the stories and select the top three winners in both sets of age groups this will be announced at Hadleigh library on 2 April at 11.00. If we have enough entries we will look at putting a book together later in the year.

Spring Sale and Coffee Morning
The Friends of the historic Lambe School, East Bergholt Warmly invite you to their popular the Spring Sale and Coffee Morning Saturday 23rd April 2016, 10 - 12 noon
The Lambe School, Gaston Street East Bergholt CO7 6SD
Attractions include: Cake Stall - Raffle - Plant Stall
Bucket Raffle - Cards - Blind Lucky Dip - Name the Bear
Children's Toys -Toiletries - Bric a Brac - Books
Entrance £1 including coffee and biscuits Children free!

Monks Eleigh Whist Drives 2016
Come and join a group who play whist every third Monday of the month (apart from December when it's the second!) in Monks Eleigh Village Hall. We play 12 hands, homemade refreshments are provided and we have a raffle. We aim to have a social game of cards and a fun evening so beginners to experienced players are welcome.
Dates: • Monday February 15th • Monday March 21st
Contact Angela Forrest on 01449 740414 for further details.

Eastern Angles Polstead Tuesday 19th April
Tickets are £9.00, cons £8.00 and can be booked
at 01787 210029,
or at sue.wigglesworth@btinternet.com.

Polstead Digital Cinema Friday 15th April
Tickets £3.50 from the Polstead Community Shop or 01787 210029
All films start at 7.30pm, doors open at 7.00pm.

LEAVENHEATH CINEMA SATURDAY 5TH MARCH
Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)
£3.50 per adult and £2.00 per young person.
Little Waldingfield History Society
Programme of Events - 2016
All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.
Please book & pay in advance to guarantee your place, as seats are limited.
Booking Secretary:Diana Langford, Pitt Cottage
Phone: 01787 248298
Tickets, Members £2.00 Non Members £4.00

20th April, Pip Wright  Plague in the 17th century.
Plague was the most feared disease of the 17th century since its reappearance in western Europe in the 1340s - the Black Death. Come and hear Pip give an impression of the effects on the population of the time - grim but fascinating.
18th May, Marcia Whiting
The life of Sir Alfred James Munnings KCVO PRA, one of England’s finest painter of horses, first world war artist and an outspoken critic of Modernism, including his associations with Sudbury and the Gainsborough Museum.

22nd June, Jenny Antill
The Bronze Horseman, a tale of St. Petersburg,
This extensively illustrated talk tells the history of the city as reflected in two iconic artworks - a bronze statue of Peter in Senate Square & the poem about the statue ‘The Bronze Horseman’ by Alexander Pushkin, the 19th C ‘Russian Shakespeare’. We will all learn about madness, obsession, murder, exile, revolution and floods.
All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.
Please book & pay in advance to guarantee your place, as seats are limited.
Booking Secretary:Diana Langford, Pitt Cottage
Phone: 01787 248298
Tickets, Members £2.00 Non Members £4.00

BOXFORD GARDENING SOCIETY
Unless otherwise stated, meetings take place on the FIRST Tuesday of the month at 7.30 pm in Boxford Village Hall and guests (£3 each) are very welcome. See this months ad. Just turn up.

APRIL AT THE QUAY
Thursday April 7th – Sat. 9th , 7:30pm Quay Productions Lettice & Lovage Tickets: £10.00 No concessions
Monday April 11th 2016, 2:30pm & 7.30pm Film Suffragette Tickets: £5.00 (Friends £4.50)
Tuesday April 12th 2016, 7:00pm Live Cinema ballet Giselle Tickets: £15.00 No concessions
Thursday April 14th 2016, 8:00pm Comedy Simon Evans - ‘In the Money’ Tickets: £14.00 No concessions
Friday April 15th 2016, 7:30pm Music Swingin’ in Slippers! Tickets: £14.00 (Friends £13.00)
Saturday April 16th 2016, 2:30pm Childrens’ Musical How The Koala Learnt To Hug Tickets: Adults £8.50 Children: £7.50 (4 children for £28.00)
Wednesday April 20th 2016, 2:30pm & 7.30pm Film The Lady in the Van Tickets: £5.00 (Friends £4.50)
Friday April 22nd 2016, 7:30pm Music Voodoo Room Tickets: £16.00 (Friends: £15.00)
Saturday April 23rd 2016, 7:00pm The Almost Complete History of Britain Tickets: £10.00 (Children under 14 £8.00)
Tuesday April 26th 2016, 2:30pm & 7.30pm Film Brooklyn Tickets: £5.00 (Friends £4.50)
Friday April 29th 2016, 7:00pm Live Cinema Lucia Di Lamamoom Tickets: £15.00 No Concessions
Saturday April 30th 2016, 7:30pm Music T-Rextasy Unplugged Tickets: £16.00 No concessions

Yoga classes
Running Thursday mornings 9.00-10.00am and evenings from 5.45-6.45pm at Boxford Village Hall.
Come and enjoy an hour of stretching and relaxation. All levels welcome.
To book a place call Marianne Marshall (trained Alexander Technique teacher and British Wheel of Yoga) 01787 210323 or email marianinemarshall@lastmail.fm.
Forthcoming Events Diary

April

5 Going Wild at Priory Cottage Boxford Gardening Society Boxford Village Hall 7.30pm
6 Boxford WI A Turkish wedding Village Hall 2pm
8 Quiz and Curry Evening Groton Village Hall Mgt Committee Village Hall 7.30pm
12 Annual Parish Meeting of Boxford Parish Council Boxford Village Hall 7.30pm
14 Boxford WI Sudbury guided walk Sudbury 2pm
15 Art and Craft Exhibition Newton Village Hall 10.00 -3.00pm
20 Pip Wright Plague in the 17th century Ltd Waldingfield Hist Soc Parish Room 7.30pm
23 Beavers Dance in aid of EACH Boxford Village Hall 7.30pm
25 AGM Boxford Community Council The Pavilion 7.30pm
27 th April Book Club Mary’s House 3pm
28 AGM Little Waldingfield Playingfield Committee The Pavilion 7.30pm
29 Pip Wright Plague in the 17th century Ltd Waldingfield Hist Soc Parish Room 7.30pm
30 Boxford Society AGM Margaret Catchpole, Ipswich legend & transported criminal. Boxford School Hall 7.30pm

May

4 May WI AGM & resolution meeting Boxford Village Hall 2pm
6 ‘Down Your Way with David’ A Talk Groton PCC Groton Village Hall 7.30pm
6/7 Milden Singers Back to the 70’s and 80’s Milden Pavilion 7.00pm Friday and 1.30pm Sat
12 Boxford WI Place for plants guided walk East Bergholt
14 Boxford Guides Bring and Buy Sale At the Spinney Hut 10am -1pm
18 Marcia Whiting Sir Alfred James Munnings Ltd Waldingfield Hist Soc Parish Room 7.30pm
20 Great Fish and Chip Supper Spinal Injuries Association

June

1 WI Our 10th Birthday party Village hall 2pm
5 Boxford Gardens Open 11-5.00pm
9 WI Warden’s Walk at Wolves Wood 2pm
18 Newton Annual Summer Fete Newton Playing Fields and Hall 1.00 -10.00pm
22 Jenny Antill The Bronze Horseman, a tale of St. Petersburg, Ltd Waldingfield Hist Soc Parish Room 7.30pm
29 WI Book Club Mary’s House 3pm

First and Third Monday each month Boxford Parish Council Meetings in

Clean ‘N’ Gleam
Phone Mark on: 01787 880371
Mobile: 07904 594957

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The Box River Parishes Church News
Boxford • Edwardstone • Groton • Little Waldingfield • Newton

Priest in Charge: The Revd Judith Sweetman
The Rectory, School Hill, Boxford CO10 5JT
Tel: 01787 210091; e-mail: rvjudithboxriver@btinternet.com

The Revd Judith’s day off is normally Friday but this may vary according to circumstances

NSM: The Revd David Abel, 13 Church Street, Boxford CO10 5DU
Tel: 211765; e-mail: davidabel19@hotmail.com

Reader: Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD
Tel: 211236; Fax: 211238; e-mail: ChrisKingsC@aol.com

Lay Elder: David Laming, 20 Holbrook Barn Road, Boxford CO10 5HU
Tel: 210360; Fax: 329770; 07968 791135; e-mail: dljaming@hotmail.com

Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.

Benefice house: Mary’s House, 5 Swan Street, Boxford CO10 5NZ.

**BENEFICE NEWS**

**Annual Meetings** Each year every church holds a series of three connected meetings which take place consecutively. First is the **Annual Meeting of Parishioners (AMP)** to elect churchwardens for the coming year. This is a joint meeting of all residents living in the ecclesiastical parish registered on the civil electoral roll and all of those on the electoral roll of the ecclesiastical parish, which can include people who live outside the parish. This meeting is then followed by the **Annual Parochial Church Meeting (APCM).** This is the meeting that elects representatives to serve on the Parochial Church Council (PCC) for the coming year. The PCC will present its report and accounts for 2015 and there is an opportunity at the meeting to ask questions or raise any matter of parochial or general church interest. Only those whose names are on the church electoral roll are entitled to attend and vote at this meeting. Do come to this important meeting in the life of the church and have your say. A copy of the accounts and the annual report will be on display on the church noticeboard at least a week before the meeting. The APCM is then followed by a short PCC Meeting at which will be appointed by election the PCC officers and the members of the Standing Committee for the coming year.

**Ministry Team Meeting** The ministry team meets next at Mary’s House at 7.30pm on Wednesday 20th April 2016.

‘The New Wine’ It is now a year since this weekly ‘pew sheet’ started being produced as a benefice publication, with copies available in each church in the benefice. Please look at it for notices for the week ahead and any changes to dates or times advertised in the Box River News. Please e-mail Christopher Kingsbury, ChrisKingsC@aol.com, or telephone 01787 211236, if you would like an item included. Copy, please, to Christopher by 6.00 pm on Wednesday for inclusion in the following Sunday’s edition. An electronic version is posted each week on the Benefice pages of the A Church Near You website. Go to http://www.achurchnearyou.com/boxford-st-mary and click on the link in the right-hand side bar.

**GENERAL CHURCH NEWS**

New priest-in-charge for St Gregory’s announced

The next priest-in-charge of Sudbury St Gregory with St Peter and Chilton is to be the Revd Canon Cheryl Collins, currently rector of Suffolk Heights and acting rural dean of Clare Deanery. In announcing the appointment at St Gregory’s on 13th March, Cheryl was quoted as saying: ‘I am very much looking forward to the opportunities for ministry in Sudbury, and to working with the fantastic team at St Greg’s. My prayer is that my ministry among you will build on and complement the fine legacy that Greg Webb has left.’ A date for Cheryl’s licensing has yet to be set, but we look forward to welcoming her to the Sudbury deanery.

Deanery Synod

The synod met on Wednesday 9th March 2016 at All Saints’ Church, Sudbury. Immediately prior to the synod meeting, the Archdeacon of Sudbury, the Revd Dr David Jenkins, formally licenced the Revd Dr Simon Gill as rural dean (in succession to the late Gregory Webb), and commissioned the Revd Stephen Morley as assistant rural dean. Please pray for them as they assume these additional responsibilities in our deanery. At the synod meeting we heard from Jean MacPherson and John Beckett, churchwardens at Old Felistowe and ‘local giving advisors’, who told us of their experience in that benefice of the ‘giving in grace’ initiative and how this helped to increase regular giving by 20%. We are beginning to explore this in our benefice, so look out for further news.

**THE PARISH OF ST MARY, BOXFORD**

Churchwardens:
Ruth Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone tel.211236
Peter Patrick, Amberley,
White Street Green, tel. 210346

Cafe Church will be on Sunday April 3rd at 11.00am.
Everyone is very welcome to this informal service with coffee and pastries and lots of craft activities for young and old!

As the Lenten season ends in Easter rejoicing. Easter celebrates the victory of light and life over darkness and death. God re-creates and redeems all life from dead, dry and destroyed bones. We are released from whatever would steal us away from the radical freedom of God-with-us. Our lives thrive in what is most holy and creative, the new things God is continually doing in our midst. Practicing vulnerability toward the need and hunger of others around us, we will cultivate compassionate hearts. The wonder of the resurrection is upon us once more. May we embrace God’s ever-new life with every cell of our being, every yearning of our soul, and every muscle of our will. Christ is risen, death is vanquished, humanity is restored to holy and creative relationship with God’s ongoing and eternal liveliness. Praise God who brings light out of darkness, life out of death, and newness out of the stale. Alleluia! Christ is risen!

Good Friday, March 25th – A Service of readings and reflections for Good Friday at 2.00pm in church - all welcome

Easter Day, Sunday March 27th at 11:00am A service of Holy Communion for everyone.

The Annual Meetings for St. Mary’s, Boxford, will be held in the church at 7.30pm on Sunday 3rd April, following Evensong which commences at 18:30. Please see the entry in the Benefice News section for details of these meetings.

Good Friday Study Group meets at Russets, 47 Swan Street on 2nd and 4th Monday each month by kind invitation of Margaret and Peter Holden. We are presently looking at St. Mark’s gospel. All are welcome to this hour of fellowship.

Copy Date for Church News in the May 2016 Box River News:
Please, NO LATER THAN 12th April 2016

Failure to meet the date will mean your copy may not be included

Thank you. Rev’d Judith. 01787 210091
e-mail address: rvjudithboxriver@btinternet.com
THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

Churchwarden: Vacant

Table Top Sale A huge thank you to everyone who participated in the very successful table top sale, held in Edwardstone Village Hall on Feb 27th. Over £300 was raised for the church, through donations from the stall holders and the fabulous cake stall.

Easter Day 27th March: Holy Communion 9.30am
Rotas
17th April 9.30am Holy Communion
Sideman/Coiffes: David & Sheila Saddleton
Flowers:
Cleaning: Frances East
The Annual Meetings for St. Mary the Virgin, Edwardstone, will be held at 7.30pm on Thursday 21st April in Edwardstone Village Hall. Please see the entry in the Benefice News section for details of these meetings.

THE PARISH OF ST BARTHOLOMEW, GROTON

Churchwardens: Jayne Foster; Poplar Farm, Goslings Green; 211360
Sue Knight: Tel 07914883161
email sedwards1946@btinternet.com

Easter Day Service The Easter Day service at Groton this year will be one of Communion by Extension, led by David Lamming. We shall be singing traditional Easter hymns—so do join us at 9.30am on 27 March 2016 as we celebrate Christ’s resurrection and the ‘good news’ this is for our fractured world. Jesus said, “I am come that you may have life – and have it to the full.” (John 10 v. 10).

The Annual Meetings for St. Bartholomew, Groton, will be held at 7.30pm on Tuesday 12th April in Groton Village Hall. Please see the entry in the Benefice News section for details of these meetings. Also, whilst gathered together for these meetings, we will take the opportunity to say a formal ‘farewell and Godspeed’ to Sue and Howard Knight, who have now moved to Rattlesden.

‘Growing in God’ Study Morning – 23rd April 2016
‘Growing in God’ is a major theme across Suffolk as we seek to realise the diocesan vision for growth in parishes, benefices and deaneries: to grow in depth, number, influence, and to grow younger. We shall be exploring what this could mean for Groton at a study morning (starting with breakfast) on Saturday 23rd April 2016 at Groton Village Hall. Invitations will be sent out shortly.

Christian Aid Week This year’s Christian Aid Week takes place from 15th to 21st May. Volunteers to help with the house-to-house collection are always welcome: please contact David Lamming on 01787 210360.

Church Roof The PCC has applied for a grant from the Government’s Listed Places of Worship Roof Repair Fund towards the cost of replacing the lead stolen from the church roof last October. £25 million is being made available, but with many other churches applying for grants (not just those who, like Groton, have been the victims of lead theft) it is unlikely that all applications will be successful. Decisions will be taken on 28 June 2016, so we should hear the result of our application in early July. We have to wait until then before we can proceed with a permanent repair. Meanwhile, we thank Castle Roofing for making a temporary repair to keep the church watertight, and our local MP, James Cartidge, who has championed the cause of those churches in South Suffolk that have suffered lead theft as appropriate recipients of roof repair fund grants.

"Down Your Way with David"
Friday, May 6th 7.30pm at Groton village Hall
David Elliott has very kindly offered to take us on an imaginary tour of Groton, entertaining us on the way with numerous amusing tales of life in the village, spanning over 70 years. We will be serving a ‘Ploughman’s’ to everybody during the interval, but please bring your own beer, wine etc; soft drinks and glasses are provided. All proceeds will be put towards Groton Church roof fund, so get your tickets soon at £6.50 each from Pat Kennedy Scott [210319] or Jayne Foster [211360]
The Queen’s 90th Birthday Celebrations

WATCH THIS SPACE!
St. Bartholomew’s Groton are planning to celebrate the Queen’s Official birthday on Saturday, June 11th, but until the plans from Boxford Community council are finalised, we do not know quite what sort of celebration this is likely to be; it might be a Tea Party or a Cake Stall, but next month’s BRN will reveal all! Pat Kennedy Scott.

THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

Churchwardens Vacant

Rotas: Sidesmen: Flowers
3rd Mrs. Gardiner and Mr. Powell Mrs. Eddington
10th Mrs. Squirrell Mrs. Duffy
17th Mrs. Gregor-Smith
24th
Our Lent Lunch was held on 1st March at Newman’s Hall. It was well supported, not only by the village, but by good friends from Groton, Edwardstone and Newton. The sum of £115 was raised for Syrian Refugee Children.
On 6th March Revd Judith led us as we celebrated Mothering Sunday. Pots of polyanthus were distributed to mothers in the congregation, and refreshments were enjoyed after the service.
The last of the gravel has been placed around the church to assist in better drainage and to enable the walls to dry out. Our squad of volunteers have toiled hard and long to complete the task. Our thanks go to all those who have helped over the last four or five weeks.

The Annual Meetings for St. Lawrence, Little Waldingfield, will be held at 7.00pm on Tuesday 19th April in Little Waldingfield Parish Rooms. Please see the entry in the Benefice News section for details of these meetings.

Revision of Church Electoral Roll
The annual revision of the Electoral Roll is about to take place, from 20th March until the 4th April 2016. If there is anyone interested in being included on the revised Electoral Roll, please contact: Felicity Gardiner, Electoral Roll officer on 01787 247471, before the 4th April.

Christian Aid Week 15th – 21st May 2016: Christian Aid Week is Christian Aid’s major annual fundraising initiative so, if you could help with this year’s collection, please contact David Lamming (Tel: 01787 210360).

THE PARISH OF ALL SAINTS, NEWTON

Churchwarden: Christine Cornell, “Opus”, Sudbury Road, Newton; Tel; 370331

14th February: Our Service of Morning Worship was taken by Revd. Judith and she was delighted to welcome a number of new friends to join us but was saddened to hear the news of the illness of Jean Adams who is such a faithful member of our church and done so much in many different ways.

Another faithful member of our church, Judith Smalley, left us in the first week of March to be near her husband David, who is in care in Higham Ferrers, Northamptonshire, and also close to one of their sons and his family.

Judith and David have contributed much to our church officially and unofficially and both will be really missed and we offer them our best wishes for the future.

A big thank you to the kind people who helped with various duties with the unexpected absence of our usual helpers and there being a good number in attendance.

28th March: We celebrated our Service of Holy Communion led by Revd. Judith. We listened to two difficult readings but in this time of Lent we are meant to feel a little uncomfortable. Revd. Judith drew our attention to the warnings in the readings of the consequences of going wrong in our lives and to having second chances and of love triumphing over judgement.

Thank you to Nancy Roser for playing the organ and to all helpers.

The Annual Meetings for All Saints, Newton, will be held at 7.00pm on Tuesday 26th April in the church. Please see the entry in the Benefice News section for details of these meetings.
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<thead>
<tr>
<th>Date</th>
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<th>Service</th>
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<th>Location</th>
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<tr>
<td>Sunday 2nd</td>
<td>2nd Sunday of Easter</td>
<td>Holy Communion</td>
<td>08:00</td>
<td>Old Bedford</td>
<td>Revd Judith</td>
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<td>Holy Communion - Mary's House</td>
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<td>Bedford</td>
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<td>Saturday 9th</td>
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<td>Wedding of Neil Jackson and Elizabeth Galvin</td>
<td>14:30</td>
<td>Edwardstone</td>
<td>Father Russell</td>
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<td>3rd Sunday of Easter</td>
<td>Holy Communion</td>
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<td>Holy Communion - Mary's House</td>
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<td>Sunday 17th</td>
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<td>Thursday 21st</td>
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<td>Lit Waltham</td>
<td>Lay Team</td>
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<td>Sunday 24th</td>
<td>5th Sunday of Easter</td>
<td>Morning Worship</td>
<td>11:00</td>
<td>Newton</td>
<td>Revd Judith</td>
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Soap Box

Last month I was unfortunate enough to spend a day in a Portuguese hospital. Unfortunately, in the sense that I was not well – not that the experience itself was a complete bed of roses. Hospitals everywhere are under pressure as the combination of demographic shifts and the effects of austerity combine to increase demand and decrease resources. Perhaps it was coincidental that the following day junior doctors commenced a two day strike, but it underscored the problems health services face.

Having ranted on this topic comparatively recently, I will keep my remarks brief on this occasion. The Portuguese health system feels very different to that of the UK. Although I have a European Health Card, prescriptions still have to be paid for. The private sector seems much larger, too, with health insurance playing a much bigger part, though perhaps that owes something to the large ex-patriate community and holiday makers.

But stories of the high quality of their National Health Service abound. Apparently, a recent survey had Portugal ranked rather higher than the UK for health services provision. However, it is a relatively small country, with a resident population less than a fifth of ours. Little wonder, then, that many services are concentrated in the capital, Lisbon. Still, my experience has been generally good and I continue to marvel at the way in which so many Portuguese speak very good English – essential in hospitals.

I had intended to pick up the subject of retirement and pensions, though Chancellor George Osborne slightly pre-empted my planned commentary on where we might be heading by apparently abandoning expected reform due in the next Budget. Actually, make that the last Budget, as it will all have taken place by the time you read this, so perhaps he has done it after all.

He was reportedly looking at possible changes to the tax treatment of contributions to pensions, but was persuaded that such a move could dissuade many from saving for their retirement. When that retirement might take place is certainly a vexed topic. Many women, my wife being one of them, discovered recently that their eligibility to receive the State Retirement Benefit (as the old age pension is more properly known) had been put back six years.

The Government must be considering raising the eligibility age, given the way in which longevity is becoming such a financial burden. This is hardly a vote winner, though, and governments tend to seek re-election. Changes in the balance of power in Portugal and Greece can be put down to political parties playing to the wishes of the people by adopting anti-austerity policies. Whether they will have the ability to deliver on such a platform is another matter altogether.

As I have said before, we baby boomers are a golden generation. We have not been required to fight for our country unless we chose to do so. Financially we have benefited hugely from house price inflation and the risks from the rise of Islamic Fundamentalism and the burgeoning migrant crisis are hitting us in our twilight years. Our children and grandchildren are unlikely to have a financial cushion delivered to them on a plate, may well have to work longer and pay more tax to allow social institutions to continue and may yet suffer the consequences of global terrorism.

What a happy note with which to usher in Easter. My current problem is that I am bored rigid with the Europe in/out debate, find the behavior of stock markets increasingly difficult to understand, am deeply concerned over the immigration crisis which seems to have no easy solution and am finding a drink reduced Lent testing. Perhaps I’m just developing into a GOO – a Grumpy Old Git. Who knows? Roll on Easter – and let us hope the year improves.

Brian Tora is a local writer and broadcaster.
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GARDENING IN APRIL  HARRY BUCKLEDGE

Newly planted trees, shrubs, heathers and herbaceous perennials are liable to suffer from drought during April. Plants will be bursting into leaf and moisture will be lost through transpiration. Newly planted subjects will not have had time to make a sufficient root system to cope with this moisture loss, so unless water is given, many will die. Cut back all those shrubs which flower on the current seasons growth, such as Buddleia davidii, Hydrangea grandiflora, Sparticum junceum and Garryopteris clandensis. Pruning all last seasons growth back to two buds will produce better flowers and will keep the plants young and vigorous. Most silver foliage plants will also be in need of a trim to keep them neat and in good shape, if not pruned every year they will become woody and may eventually need to be replaced. If you have planted any trees for their decorative bark, cut off any shoots which are growing from the main stem, doing this while the shoots are young will avoid leaving any unsightly scars.

As soon as the soil is dry enough, get busy with the Dutch hoe among herbaceous plants and autumn planted onions and spring cabbage. As well as controlling weeds, loosening the soil around plants will admit air and sunshine, necessary to promote healthy growth.

Ground that was dug over in the autumn should be raked down to a fine tilth to conserve as much moisture as possible and it will then be in the right condition for sowings so it means that when the weather does warm up everything in the vegetable garden will need doing at the same time. Priority should be given to a planting of early potatoes, if they have been well sprouted they will quickly produce roots and shoots will soon appear above ground. You don't need large tubers for the early crop, so wide spacing of sets is not necessary, 9-12 inches apart is enough. Try and plant a row near a path where the plants can easily be given a protective cover of fleece when threatened by May frosts. Parsnips and carrots should also be sown right away. The parsnip variety 'White Gem' produces medium sized roots suitable for the normal household, while the carrot 'Amsterdam Forcing' will quickly produce a crop of young tender roots. Carrot fly is always a problem and a severe attack can render a crop useless for eating. There are fly resistant varieties such as 'Fly Away', but these resistant varieties, to be affective, they must be accompanied by a resistant variety to act as sacrificial crop. Covering with fleece or insect control vitromesh is the most effective way of control.

Shallots, garlic needs to be planted right away especially if they have to be started off in trays as described last month. Onions, leeks and brussel sprouts raised in the greenhouse can be planted out during the later half of the month. Red beet can be sown without any danger of them bolting and a sowing of perpetual spinach will provide pickings by the end of June.

Plant out dormant dahlia tubers at the end of the month, by time shoots emerge above ground the danger of frost will be gone. Last week in the month make a sowing of sweet corn and courgettes in the greenhouse to supply plants ready for planting out at the end of May.

Spring is finally in evidence as daffodils and flowering trees start to bloom. Expect the inevitable April showers this month but with sunny days too, when you can turn your attention to the lawn. It's an exciting month, with indoor-sown seeds well into growth, and it's also time to start sowing outdoors. Just watch out for frosts.

**Top 10 jobs this month**
1. Keep weeds under control
2. Protect fruit blossom from late frosts
3. Tie in climbing and rambling roses
4. Sow hardy annuals and herb seeds
5. Start to feed citrus plants
6. Increase the water given to houseplants
7. Feed hungry shrubs and roses
8. Sow new lawns or repair bare patches
9. Prune fig trees
10. Divide bamboos and waterlillies

Plant lily bulbs now in pots! If you want to get ahead with your summer lily display, start planting now! I’d always recommend planting in pots. You can simply move them around the patio or into gaps in your borders as they come into flower! Use a good, multi-purpose compost and half-fill a container at least 30cm (12”) in diameter and is sufficient for 3 bulbs. Cover with more compost and water in. Once the plants begin to shoot, move them to a sunny position. Feed with a liquid plant feed each weekly from the beginning of summer.

Deadhead daffodils and narcissi; give them a liquid feed or a sprinkling of bonemeal and then let them die down. Don’t cut off the leaves as they are necessary to replenish the bulb for next year.
ADVICE ON GETTING AN MOT

Tips for reducing MOT stress
The MOT (Ministry of Transport) test was first introduced in the 1960s and in those days it checked just the brakes, lights and steering. Nowadays, however, there is a long list for approved MOT garages to check including body work, doors, tyres, wheels, windscreen wipers, horn, seats and seat belts, mirrors, fuel and exhaust systems, electrics, number plate and vehicle identification number.

If your car is more than three years old you must have it MOT tested every year. There is a full list on here: https://www.gov.uk/getting-an-mot/the-mot-test

There are some things you can do to keep any potential repair bill under control. They include ensuring that the car is clean both inside and out, sending a message that it has been cared for. Check tyre pressures are correct and that all light bulbs are working and that the wipers and blades are in good contact with the windscreen and are in good condition.

To check the shock absorbers (part of the suspension check) quickly apply your weight to each corner of the car then release. It should quickly settle back.

Remember also that the maximum charge for a car MOT test is set by the Government at £54.85 and no VAT can be charged.

If you have a reliable garage that regularly services your car it may also be worth asking them to alert you to any potential problems the next time they do so.

How do you find a reliable MOT examiner?

This can be tricky as all examiners are subject to drop-in inspections by VOSPA, the Government’s Vehicle and Operator Services Agency, and this is where local “insider” knowledge can be helpful.

It can happen that an examiner becomes needlessly strict following an inspection, preferring to err on the side of caution rather than risking losing their licence.

Some centres are much quicker at carrying out MOT tests than others. Equally, there are the “cowboys”. Your car may sail through their tests, but how confident can you be that the car is not a danger to you or others on the road?

This is where a company like ours can help. We work closely with other specialists in the car industry, whether it is the local MOT test centres we use for our customers, the main dealers, specialists in electrics or mechanics so we generally hear about any changes quickly when they happen. Give us a ring if you can or you are due for an MOT and we may be able to point you in the right direction. www.mottsbodyrepair.co.uk

Motts Body Repair, Horkesley Hill, Nayland, CO6 4JP 01206 264111

SILVER AWARD FOR STOKE BY NAYLAND HOTEL

Stoke by Nayland Hotel, Golf & Spa wins Silver Award for Best Business Tourism Venue at 2016 VisitEngland Awards for Excellence

On Tuesday 8th March, prominent representatives from all walks of the tourism industry in England converged on The Winter Gardens, Blackpool, for a glittering black tie awards dinner in honour of the VisitEngland Awards for Excellence. This event celebrates the most prestigious awards in English tourism, bestowing accolades such as B&B/Guest Accommodation of the Year, Access for All Tourism Award, Large Visitor Attraction of the Year and the newly introduced Dog Friendly Business of the Year.

Group Managing Director Susanna Rendall and Director Robert Rendall represented Stoke by Nayland Hotel, Golf & Spa, one of the five finalists in the running for the Best Business Tourism Venue award. Competing against worthy finalists, SBH Hotel was thrilled to be presented with the Silver Award for the category!

The category placements are reflected below:

Gold Award – Crewe Hall (QHotels)
Silver Award – Stoke by Nayland Hotel, Golf & Spa
Bronze Award – Dartington Hall
Highly Commended – Seaham Hall Hotel and Highbullen Hotel Golf and Country Club

Commenting on the Award, Sally Balcombe, CEO of VisitBritain and VisitEngland said ‘We received hundreds of applications of an extremely high quality this year. Winning a Silver is therefore a considerable achievement and one of the highest accolades for excellence in tourism which VisitEngland can bestow. I warmly congratulate Stoke by Nayland Hotel, Golf & Spa’. Speaking on behalf of SBH Hotel, Director Robert Rendall said ‘We are delighted to be recognised by Visit England as one of the very best business tourism venues in England. In addition to our really great facilities, we feel that our amazing staff make all the difference for our business customers, large or small.’
Meeting of Newton Parish Council 10th February

Present: Councillors Paul Presland (Chairman), Russell Bower, Sue Crawte, Lee Parker, Colin Poole, Rita Schwenk and Phil Taylor.

Attending: Lee Parker (Babergh District Councillor), D Crimmin (Clerk) and 1 resident.

Apologies for Absence: James Finch (Suffolk County Councillor) sent his apologies.

Declaration of Interests and Requests for Dispensation: Cllr Taylor declared a pecuniary interest in item 16/025a and left the meeting while this item was discussed. No request for dispensation had been received.

Minutes of meeting held on the 13th January 2016: The minutes of the meeting were considered and signed by the Chairman as a correct record.

Public Forum: Lee Parker updated councillors that the Community Infrastructure Levy will be introduced by Babergh from the 11th April 2016.

Correspondence: Following a review of the Correspondence and the emails circulated the Clerk the councillors noted the correspondence regarding Quiet Lanes.

Clerks Report: Following a review of the Clerk’s Report there were no further actions requested of the Clerk.

Finance: a. All cheques signed and due for signing, as itemised in Appendix C, were authorised by the councillors. The councillors also noted the income received since the last meeting and reviewed the Statement of Accounts against the budget and the bank reconciliation against the bank statements.
   b. The councillors resolved to award D Gotts the footpath cutting contract for 2016 at the same rate as 2015.
   c. The councillors resolved to award G Flowers the play equipment area grass cutting contract for 2016 at the same rate as 2015.

Planning: a. The councillors reviewed Planning Application B/16/00101 Land to the north of Valley Farm, Valley Road - Erection of agricultural building for the storage of machinery fertiliser and grain and resolved that they supported the application.
   b. No further planning application had been received since the agenda was posted.
   c. The councillors agreed that any questions they had with the Chilton Woods planning application would be forwarded to the Clerk for submission to BDC. In this way it is hoped that the applicant’s answers will be taken into account when the application is considered at the next NPC meeting.
   d. The status of previous applications, reviewed by NPC were as follows:

Future developments in village: The councillors thanked Mr Baldwin for presenting a professional set of outline proposals for 10 dwellings on his land, which had taken into account a number of the parish survey outcomes. The councillors raised the following issues:
   • Site location plan would help identify precisely where the proposal would be on the land
   • The lack of 2 bedroom properties
   • Affordable housing provision
   • Would all dwellings be developed in the same phase?
   • The lack of a footpath
   • Are there plans for further development on the surrounding land?
   • The concept behind the proposed layout.

Parking: The councillors agreed that following their meeting with Babergh on the options for community led planning they would review, at the next NPC meeting, the Locality publication on “How to prepare a character assessment”. The councillors would also review which type of community led planning would best suit Newton’s needs and how best to engage with residents in the process. The Clerk was asked to see if Babergh’s representatives were able to attend the meeting.

Asset of Community Value: The councillors noted that BDC had agreed to list the Saracens Head as an asset of community value and that as it was currently up for sale NPC had until the 10th March 2016 to submit an Expression of Interest to bid for the property.

Fire Rescue and Service consultation: The councillors resolved to respond to the consultation highlighting the following issues:
   • The specification for the proposed Rapid Response Vehicle (RRV) should be part of the consultation process
   • How the different matching levels for the RRV and the existing fire engine will be managed in the event of a call out requiring both vehicles.

Local Housing Needs Scheme: There has been no update since the last meeting.

Village Hall and Trust representative updates: No meetings held in the last month

Litter Picks: The councillors agreed to hold litter picks on Saturday 5th March and Saturday 29th October 2016 both starting at 8.30am.

Questions to the Chair: There were no questions raised.

Next Meeting: The next scheduled meeting is on Wednesday 9th March 2016 starting at 7pm.

Meeting of Little Walsingham Parish Council 19th January

Present: Councillors Andy Sheppard (Chairman), Barbara Campbell, Jeremy Coomber, Matt Foster and Tim Sheppard.

Attending: Margaret Maybury (Babergh District Councillor), Cally Boardman, Dave Crimmin (Clerk) and 2 members of public.

Apologies for Absence: Cllr Braybrook (holiday) sent his apologies as did Frank Lawsonren (Babergh District Councillor).

Declaration of Interest and Requests for Dispensation: None

Minutes of Meeting held on 21st December 2015: The minutes of the meeting were approved and signed by the Chairman as a correct record.

Public Forum: Margaret Maybury updated councillors on the terms and conditions of the Community Infrastructure Levy, that Babergh are looking to adopt to commence in April, and emergency planning. Cally Boardman explained her role as the Local Area Coordinator which is a long term, integrated, evidence based approach to supporting people with disabilities, mental health needs, older people and children and families through communities.

Routine Correspondence (Appendix A): After the councillors reviewed the correspondence and the emails circulated by the Clerk it was agreed that no further action was required from the Clerk.

Clerk’s Report: Following a review of the Clerk’s report there were no further actions requested of the Clerk.

Finance: a. All cheques signed and due for signing, as itemised in Appendix C, were authorised by the councillors. The councillors also noted the income received since the last meeting, the reconciliation of bank accounts against the bank statements, and the Statement of Accounts against the Budget.
   b. The councillors reviewed the current year furniture budget and proposed reserves (Appendix D) with particular reference to potential liabilities with regard to the closed churchyard and street lighting and resolved to set a Precept of £8,000 for 2016 / 2017 (excluding BDC’s grant) which will mean a 17% increase in the Band D Council Tax.
   c. The councillors resolved to award D Gotts the grass cutting contract for the Churchyard in 2016, which will mean that LWPC will pay for 7 cuts at £100 per cut.
   d. The councillors considered the options of joining the Sector Led Body for the audit procurement against the alternative of setting up the governance within LWPC. The councillors felt that the option of joining the Sector Led Body was better in terms of transparency and resolution to join.

Planning: a. Two planning applications had been received since the agenda was posted. The councillors reviewed Planning Application B/15/01372 14 Grove Standen - Erection of two-storey side extension (Following demolition of existing conservatory and garage) and resolved to support the application. The councillors reviewed Planning Application B/16/00009 Greenmead, The Street - Erection of new roof to existing garage and utility room and resolved to support the application.
   b. The status of planning applications, enforcement and appeals previously reviewed by LWPC are as follows:

Highways and Footpaths: The councillors noted hedge growth on FP3.

Assets: The councillors reviewed the locations for the 2 further dog bins that had been proposed to Babergh and were happy with these proposals. It is hoped that the 2 new bins and the store of dog bags in the telephone kiosk will reduce the number of incidents reported to the council where dog mess was being left uncollected by owners.

Effectiveness of LWPC’s Internal Audit and Internal Control process: The councillors reviewed the current system of LWPC’s internal controls and internal audit and resolved that they were satisfied with the measures currently undertaken by the council.

Standing Orders and Financial Regulations: The councillors reviewed LWPC’s Standing Orders and Financial Regulations and do not consider that there are any requirements for change.

Charitable Giving Policy: The councillors reviewed the draft Charitable Giving policy and resolved that it be adopted.

Welcome Card: Cllr Foster will produce 150 A5 Welcome Cards for distributed to new residents.

Councillor Vacancy: The Clerk reported that one application had been received for the vacancy on the council. This and any further applications will be reviewed at the next LWPC meeting in order to co-opt a councillor.

Litter Pick: The councillors set a provisional date of Saturday 19th March 2016 for this year’s 16th Annual Litter Pick.

The date of the next scheduled meeting will be Tuesday 15th March 2016.

The meeting closed at 9.21pm.

At the December meeting you agreed an Expenditure Budget of £7,385 for 2016 / 2017 as follows:

Income generated by LWPC

In previous years it has been LWPC’s practice to hold a General Reserve to cover all contingencies outside of the current year’s budget as well as the Clive Memorial funds, which LWPC administers on behalf of the Clive family but has not decided as to how it will use for the Clive family’s benefit. As RFO I recommend that LWPC establishes Earmarked reserves to manage the risks of the following items:

Asset Replacement -Telephone Kiosk, War Memorial, Notice Board and bins.

Street Lights replacement of the concrete columns.

Closed Churchyard for significant works outside the scope of the annual maintenance budget e.g the tree works undertaken in 2014 / 2015, ground works, headstones.

Election Costs costs of polls at either a by-election or the election in 2017.

practice would suggest that the level of General Reserves should be somewhere between 50 -100% of main income.
Parish Council Matters

Meeting of Boxford Parish Council

Report of the Meeting held on 7th March

The next full meeting of Boxford Parish Council will be held at the Village Hall following the Annual Parish Meeting on Tuesday 12th April.

Police Report

The Clerk read from the Babergh West Area crime statistics and of the 74 incidents in the area, 3 had occurred in Boxford. Two were attempted burglaries and a further incident was not to be publicised.

County Council Report

Cllr James Finch attended and reported on the agreement of the Annual Budget at the County Council.Whilst there was not to be a general increase for residents, funding for Adult Social Care was being introduced to recognise the impact of increases to the minimum wage and living wage over the next two years. The County Council is delighted with the GOOD rating of their Children's Services by Ofsted. His final item was the Fire Service Consultation where extensive feedback is being reviewed to help shape future recommendations.

District Council Report

Cllr Bryn Hurran attended the meeting and had listened to the comments about the state of Wash Lane. As a designated cycle route he agreed to investigate. The Budget at Babergh District Council had been set with an increase of 3.5%. Various investigations are being made to reduce expenditure and bring new income to the Council. He referred to the site meeting in respect of the Solar Farm application. He also mentioned the drainage issue reported in relation to Goodlands. He expressed concern about the damage by utility contractors to the Jubilee Garden and he is actively working to resolve this. There was a good response to the Mobile Signal Petition. He will enquire with Jane Burch, at the County Council, about the results of their flooding investigation and an offer from a landowner for an overflow to his lake. Options were being considered regarding business signage for the A1071. The Parish Council resolved to pay the Planning Fee of around £75 should it be required.

Correspondence

The correspondence report had been circulated ahead of the meeting and members had noted the progress of each item. On-going concerns were reported at the bus shelter with the inadequacy of netting and the continuing bird mess problem. A pest control contractor had installed netting which had been cut on more than one occasion. Other solutions were being considered but members felt it essential that residents report any concerns to the Parish Council and do not cut the netting in the meantime as this will let other birds into the problem area. The status of the Stone Street link path as a permissive path was noted.

LED Upgrades to Street Lighting

It was agreed to upgrade the two lanterns in Butchers Lane.

Cemetery

Members expressed their gratitude to Cllr Sargeant who had repaired the fence in the Cemetery bordering the Rectory garden.

Neighbourhood Planning

Unfortunately a proposed event in relation to Neighbourhood Planning was postponed due to time pressures. Cllr Talbot-Clarke now plans to get together with the current volunteers to help get things started.

Reports from Chairman and Members

Cllr Impett reported further deterioration to the road surface on the Causeway. This will be raised along with the surface issues at Homefield with County Highways by Cllr Moles at a forthcoming site meeting. A report will be made to BT of the need to clean the roof of the telephone box. It was agreed to write to the Playingfield Committee regarding the parking situation during football matches where no signs have been put out and significant disruption had been caused.

Planning

The Planning Authority had confirmed permission was granted for a summerhouse, garage and store at 22 Stone Street. A hazel can be reduced to previous pruning points at 9 Broad Street. The Parish Council had No Objections to the proposed garage extension at 15 Boxford Lane and the damage by utility at 19 Fen Street where amendments to the original plans had been proposed following feedback from the neighbours and the Parish Council.

Meeting dates for Boxford Parish Council:

12th April and 3rd May.

Debbie Hattrell, Clerk to Boxford Parish Council.
There are no casualties recorded on our War Memorials for the months of April 1915 and 1916, two of the years we are covering during 2016. However, in May 1915 the villages lost five men and in May 1916 a further two were added to the list of those who would ultimately figure in the several Rolls of Honour. There is not the space in a single issue of the Box River News to report on all seven men, so this month we will mention four, and there will be accounts of the other three in the May issue.

On the 8th March 1915 Lance Corporal James King of Newton, 6840, and Private Herbert Tricker of Groton, 8474, both of the 1st Battalion Suffolk Regiment, died in the Battle of Frezenberg Ridge. This engagement formed part of the second Battle of Ypres, which opened on the 22nd of April and lasted until 15th of May. The second battle of Ypres is notorious for the first use of Chlorine gas, a weapon for which there was very patchy preparedness within the allied forces. James was 27 years old and Herbert just 19, when they died.

There is a comprehensive account of James King’s short life on page 175 of the Little Waldingfield History Society’s publication of 2014, “Little Waldingfield Our village history from 1840 to 2014”. It explains the situation that developed during the 8th of May 1915, when the British line was breached and remarks that ‘On that day, …having suffered a further 400 casualties, the 1st Battalion Suffolk Regiment that James King had known basically ceased to exist.’ Another good account of the events of the second battle of Ypres appeared in the Box River News of March 2014 in the article by Roger and Tina Loose entitled Charles Tricks’ War. (Charles, another member of the extended local family, also enlisted in the 1st Battalion Suffolk Regiment but survived the Ypres onslaught and was taken prisoner).

In brief James King was born in 1888 (his baptismal name was Joshua) to John and Delila. (The Little Waldingfield History Society give his father’s name as Alfred, but the Census returns name him as John). They lived at 3 Haymarket, Little Waldingfield. His father was an agricultural labourer and he was similarly employed by the time he was 13. He enlisted into the militia at the Bury St Edmunds barracks of the Suffolk Regiment in 1903, when he was just 15, passing himself off as aged 17. In 1904 he joined the 1st Battalion as a regular soldier. Herbert Tricker was the son of Edgar and Selina Jane, and was born in 1897. His father is recorded in the Census returns as a Horseman on Farm. In 1901 the family was living at Hole Farm, Groton, and in 1911 they were at Lodge Farm Cottages, Groton, and the Commonwealth War Graves Commission records his parents at Bulmer Lane, Groton. Herbert enlisted in Ipswich which is shown as his place of residence at the time of his enlistment.

Neither James nor Herbert have a known grave, their remains being subsumed in the carnage of the battlefield. Their names appear on Panel 21 of the Ypres (Menin Gate) Memorial along with another 54391 identified officers and men who also lack a known last resting place on this earth.

Private Arthur Munson of Buxford, 11315, of the 1st Battalion Sherwood Foresters (Notts and Derby Regiment) died the day after James and Herbert on the 9th of May 1915. However, it seems unlikely that he was engaged in the second battle of Ypres, because he is recorded on Panel 7 of the Ploegsteert Memorial, which in most part commemorates the 11366 men with no known grave, who died in the daily small scale skirmishes of trench warfare in the sector of the front line having Ypres to the north and Loos to the south. He was 27 years old.

Arthur was born in 1888 in Long Melford to Benjamin and Alice. The 1901 Census records the family living in Butchers Lane, Buxford, his father being a groom and domestic gardener, and Arthur, age 13, a bakers boy. His name does not appear in the 1911 Census with the rest of his family, his father being by then a stockman on a farm, but still living in Butchers Lane. However, we do know that Arthur enlisted at Bury St Edmunds, but it is unclear as to how he came to serve in the Sherwood Foresters.

Our last name for this month is that of William Ewer Gardiner of Newton, 1135, of the Essex Yeomanry, who died on the 13th of May 1915. I wrote a detailed account of what we know of William in the article in this series in the February issue of the Box River News. (All these articles can be found online in the Church Near You pages for our Benefice. This link will take you there directly http://www.achurchnearyou.com/boxford-st-mary/the-names-on-our-war-memorials.html ) William was 32 when he died.

These four men will be remembered in our prayers as follows: James King at the 09:30 service on the 1st of May at Little Waldingfield; William Gardiner at the 09:30 service on the 8th of May at Newton; Arthur Munson at the 11:00 service on the 8th of May at Buxford; Herbert Tricker at the 09:30 service on the 22nd of May at Groton.

As always, if you have any more information about anyone mentioned in this article, please do get in touch by contacting Revd. Judith, email or letter only please, and she will pass it on to me.

Rufus Sweetman, The Rectory, Buxford.
BOX RIVER BENEFICE
MAKE UP OF PARISH COUNCILS 2015 – 2019
following the elections on Thursday 7 May 2015
[All members elected unopposed, except in Newton]

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Roger Balls 19 Daking Avenue 210136
Julian Fincham-Jacques 42 Homefield 210376
Sue Green 34 Swan Street 210603
Cecil Hughes Kiln Place, Cox Hill 210685
John Moles 40 Homefield 210203
Andrew Sargeant 39 Homefield 211048
David Waspe 22 Stone Street 828953
Suzanne Impett, Amberly, The Causeway, 210035
David Talbot Clarke. 18-22 Broad Street, 211976.
Clerk Debbie Hattrell 210943
District Councillor Bryn Hurren 210854
County Councillor James Finch 01206 263649

EDWARDSTONE PARISH COUNCIL
Clare Brichter Tudor Cottage, Mill Green 211234
Melanie Childs Edwardstone Lodge 07952 956417
Paul Clarke Hazel Cottage, Mill Green 210689
Shirley Flack Mill Cottage, Mill Green 210050
Sharron Norman Dormers, Sherbourne Street 210386
Clerk Anita Robinson 211673
District Councillor Bryn Hurren 210854
County Councillor James Finch 01206 263649

GROTON PARISH COUNCIL
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Nick Cox 3 Groton Place, Groton Street 210339
Adam Dixon-Smith Castlings Hall, Castlings Heath 210007
Rona Kelsey Winthrop Cottage, Church Street 211799
Jeremy Osborne Waterside Barn, Groton Street 211960
Piers Roberts Brook House 210619
Clerk Anita Robinson 211673
District Councillor Bryn Hurren 210854
County Councillor James Finch 01206 263649

LITTLE WALDINGFIELD PARISH COUNCIL
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Barbara Campbell Appleton House, Church Road
Jeremy Coomber Gatehouse, Holbrook Hall Park
Matt Foster Surprise Cottage, Church Road 07779 003635
Vicky Mound Surprise Cottage, Church Road
Andrew Sheppard The School House, Church Road 247980
Clerk. David Crimmin 375085
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NEWTON PARISH COUNCIL
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Sue Crawte South Hill, Church Road
Jonathan Parker 2 Hall Cottages, Church Road
Colin Poole Stow Cottage, Sudbury Road
Paul Presland Redwoods, Church Road 379204
Rita Schwenk 1 Assington Road 210838
Philip Taylor Trotts Cottage, Boxford 211265
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To all my family and friends, thank you so much for making my 50th birthday so special. I had the best time at my surprise party. Thank you for all my wonderful gifts and cards, and a very special thank you to Amanda and Craig for making it a day to remember.

Lots of love
Caroline

Boxford is a great village, not only does it have bags of history, many beautiful old house but, unlike many villages nowadays, it still possesses most of the amenities people used to take for granted as well. As far as I am aware, the village of Boxford currently boasts three shops, two pubs, a coffee shop, doctors surgery, post office, 2 garages and a regular bus service, not to mention a ‘retail outlet’ that’s been serving them public non-stop for 600 years and the second oldest garage in the country. An impressive list, but, as I'm sure your readers will note, there’s one thing missing from it. For the last year or so there has been no house to house delivery of newspapers. Could this amenity not somehow be re-instated? It isn’t everyone’s choice to read their news online, indeed some people don’t actually have a computer on which to do so, and for the elderly, or those who through illness are unable to leave their house let alone get themselves down to the shops and buy a newspaper, the lack of daily deliveries comes as a real loss. The paper boy or girl was for so long a part of village life, I’m sure I’m not the only one to miss them.

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The Boxford Tornado 2016 sells out in record time! Sunday 10th April will see the Boxford Tornado cycling sporting event, organised by the Boxford Bike Club, run for the fifth year. Each year the event gets more popular, with this year’s 550 places selling out in an amazing 12 days! A proportion of the proceeds from the event will again be going to the Boxford Community Council who support the event by running the refreshments on the day.

Riders will be setting off from the Boxford Playing fields from 9.30am onwards, with the riders returning to Boxford early in the afternoon. Can we thank the residents of Boxford in advance for accommodating our two-wheeled guests for the day. Any donations of cake, to feed the hungry riders on their return, can be given to Alan Leeder at the butchers in Swan Street, or to members of the community council. Any other queries about the event, please contact Matthew Shinn on Boxford 211296.

MILDEN CRICKET CLUB
With the new season fast approaching Milden Cricket Club are preparing to start the new season off with a bang. There is lots of ‘behind the scenes work’ that is going on, in particular much work on the ground to ensure that the cricket club continue to provide excellent playing facilities for all.

The cricket club will be hosting a quiz night at Boxford School on Saturday 23rd April at 7.30pm in order to help raise funds for our club. Boxford’s very own Mark Mason will be providing the questions and a bar and food will be available. Cost of entry per person will be £10 with teams of six permitted per quiz team. All proceeds will be gratefully received by the cricket club. Please also keep an eye out for the Milden Cricket Club Big Bash T20 tournament that we will be hosting in July with a new date to be confirmed. BBQ, Bar and other attractions will be on offer to compliment the cricket.

On the pitch, Milden start the league season with a home fixture and big derby game against local rivals Lavenham on Sunday 8th May at the picturesque Oval in Lavenham. If you would like to support Milden Cricket Club, or just come along and see some good, local and competitive cricket, please do so. All fixtures are available on www.mildencrc.com.

We are always on the lookout for new players and people to be involved in our club, young and old, if you are interested in playing, please contact Milden Cricket Club either via the website, mildencrc.com or directly to Captain Tom Konopka - tkrunning1975@gmail.com or 07798822148

Would you like to learn to bowl?

We are looking for new outdoor bowls members and would welcome anyone (aged 18 and over) who would like to join us and “Learn to Bowl”.

Why not come along any Saturday morning in May, commencing 7th, and have a go. Our coaches will be available to give you free tuition.

Box River News is published and edited on behalf of The Parishes of The Box River Benefice by Edward A Kench trading as: ‘The Boxford Newsletter Group’ and printed by Spingold Design & Print, Nayland.

Newton Green Golf Club annual award winners


Above Mixed Back Row: Bill Havers, Tim Richardson, Chris Williams, Paddy Lockwood, Kevin Eacey, Sue Thurgate. Front Row Patricia Havers, Sheila Walter, Sarah Williams, Sally Cade, Di Cunningham and Cate Fraser

Bowls will be supplied, you just need to bring flat soled shoes. Alternatively, you are welcome to join us on our “Green Open” day on Sunday 24th April at 2.30pm, where you can meet our members and find out more details. You will also be able to have a try at bowling. Boxford & District Bowls Club is a very friendly Club in a lovely village setting behind The Fleece Public House in Boxford.

For further information, please telephone Malcolm (01206 263301) or Steve (01787 211153).

Remember: The Boxford News can be seen in full colour by downloading from the internet. Just go to boxfordvillagehall.co.uk and click on the BRN icon. The Newsletter is usually available about two days after the published press date. ed.kench@btinternet.com