

Box River News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton Green



June 2016
Vol 16 No6

HAPPY BIRTHDAY YOUR MAJESTY

BOXFORD STREET PARTY

Just a reminder for all Senior Citizens in Boxford, Edwardstone and Groton that you are invited to an old fashioned sit-down Street Party Tea on Saturday 11th June in Stone Street Road. It will start at 2.00 and there will be amusements and entertainment for the children. If you wish to attend, please contact either Ward Baker on 210129 or Veronica Hobbs on 211529 ASAP so that you can be added to the list. It should be a wonderful afternoon.



Delivered Free to every home in Boxford, Groton, Edwardstone, Newton, Little Waldingfield, White Street Green Milden and Kersey and is available to residents in Assington, Leavenheath, Gt Waldingfield, Polstead, Stoke by Nayland, Nayland, and parents of children at Boxford School.

Ken King lights the Beacon to celebrate the Queens Birthday



Photo David Lammimg

Box River News

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Final date for reserved copy for the July 2016 Issue is:

June 15th at noon

FleeceJazz

at Stoke by Nayland Hotel

Friday 3 June 8.00 £15 Philip Clouts Quartet

Philip's African inspirations extend beyond Cape jazz to Gnawa music, Afrobeat and further to pan-European folksong, soul-jazz and beyond. Philip Clouts piano, Sam Eagles sax, Alex Keen bass guitar, Dave Ingamells drums Pianist Philip Clouts was born in Cape Town and as well as the music of his homeland he has soaked up Caribbean calypso and the soulful strains of the Indian subcontinent while honouring and learning from jazz heroes including Bill Evans, Keith Jarrett and Charles Lloyd. Sam, Alex and Dave are rising stars who are the perfect complement for the music.

"Pulsating groove orientated music - distinctive*spiritual and soul jazz - strongly melodic themes." Jazzwise. A gig not to be missed.

Wednesday 10 June 8.00 £16 James Pearson

The Fleece brings Ronnie Scott's to East Anglia with the long and eagerly awaited return of the pianist, composer and creative tour de force that is James Pearson. James Pearson piano, Sam Burgess bass, Ian Thomas drums The late Sir John Dankworth said: "it takes an exceptionally gifted artiste to stand out and be noticed. James Pearson is exactly that; his masterful playing and his imaginative work as a composer and arranger combine to make him head and shoulders above most of his contemporaries. I believe he shows signs of true greatness in the making. James is joined by a fellow Guildhall alumnus and Ronnie's house band member, Sam Burgess who

is noted for his wide experience, adaptability and if required *thumping, pounding, relentlessly driving bass.* Ian Thomas, one of the most versatile, adaptable and popular drummers around, completes the line-up. Ian, of course, also plays regularly at Ronnie's, so we are assured of a tight trio.

Friday 17 June 8.00 £18 John Etheridge and Vimala Rowe

Legendary guitarist John Etheridge and the remarkable live performer, vocalist Vimala Rowe, successful in the far east and now firmly established on the London jazz scene. John Etheridge guitars, Vimala Rowe vocals John Etheridge enjoys a glowing reputation throughout the jazz world and beyond, and has been described by Pat Matheny as "One of the best guitarists in the world" He is prodigiously gifted and creative with an eclectic approach which refuses to acknowledge musical boundaries, Vimala Rowe is an award winning jazz, soul and R & B singer. In her early teens she left England for the Far East where she quickly established herself as a vocalist. Back in England she made the eponymous EP "Vimala" with Simon Horn a recording of original compositions which Garnered the Indy Music award for Best Soul, Jazz Funk act.

Friday 24 June 8.00 £20 Liane Carroll

Award winning Lianne Carroll is unique. She is a larger than life character with a strong voice, in which one can find influences of the great soul singers and of her semi-pro country club singing parents. She performs her own compositions and a wide selection other jazz standards to which brings her own sound. Lianne adds in her classically founded mastery of the jazz piano

To buy tickets for any gig, obtain further information or add your name to the mailing list please telephone the BOX OFFICE:

01787 211865

All cheques (with S.A.E. please) to:
Jazz at the Fleece, 18 The Causeway, Boxford, Suffolk CO10 5JR

THE JUNE LETTER FROM REV JUDITH

Dear Friends,

Busy or too busy...?



I discovered recently that someone had hesitated to talk to me about something, because they had been warned that I was very busy. When I found that out, I felt mortified! Yes, of course, it is true, I am busy – as indeed I know that many of you are. Five church buildings, five congregations, five village communities, five church councils, two churchwardens instead of the ten I should have.... all that does give me (and Rufus who supports me) much to think about and much to do. But that doesn't mean that I don't have time to listen. I hope that you know that I can and will always find time for that.

There is a lovely traditional prayer which I sometimes say at funerals:

O lord, support us all the day long of this troublous life, until the shades lengthen and the evening comes, and the busy world is hushed, the fever of life over and our work done. Then Lord, in thy mercy, grant us a safe lodging, a holy rest, and peace at the last, through Jesus Christ our Lord. Amen.

Sometimes life can indeed be troublous for us. The world – our daily worlds – can indeed be very busy, often too frenetically busy. But surely we should not have to wait until our lives reach their end, as this prayer might suggest, before we are able to find some respite, some space just to “be” instead of to “do”?

The current popularity of the idea of “Mindfulness”, has taken hold of people's imaginations for that very reason. People increasingly want to know how to live each moment to the full, rather than being immersed in busyness, often worrying about the future or dwelling on the past.

Chris Kingsbury, our Lay Minister, preached a memorable sermon the other day on the dangers of living a life dominated by the idea of “As soon as...”. It might be “As soon as the children are old enough to go to school I will be able to” or, “As soon as I retire I will be able to....”. You will know what your own “As soon as...” scenario is. It is a very easy trap to fall into, and I am probably one of the first to fall into it. After all, it is only human and natural that, when life is troublous or busy, we look forward to a time when we think and hope that life will be easier, or simpler or less stressed for us, so it is not something to feel guilty about.

Perhaps, though, just by recognising that, “As soon as...” has become our mantra, our habitual refrain, we can begin to take stock of our lives and try to live in the present, thanking God for each moment, each new day.

From a Christian point of view, what an “As soon as...” mindset reveals is the struggle we have to trust in the one we follow. We refer to Jesus sometimes as the Prince of Peace. But the peace he offers is “not as the world gives”. I think, that means accepting that, inevitably, the world always will remain at times feverish, troublous, busy, but that, in the midst of all that, we can always find in him, if we turn to him and entrust ourselves to him, a safe lodging, a holy rest - the calm that lies in the still centre of the whirlpool.

Blessings, *Judith*

THIS MONTH'S GOOD READ

Paul McCartney. The Biography by Phillip Norman



Never write the authorised biography,” goes one media adage; you are likely to find the most savoury sections of your tale excised. Philip Norman's fulsome life of Paul McCartney, a companion to his biography of John Lennon, comes with “tacit approval”, meaning there was no interference from McCartney, but no cooperation either, Norman's 1981 Beatles history, *Shout!*, being deemed “anti-Paul” (“John Lennon was three quarters of the Beatles” – that'll do it).

McCartney has long nursed a clutch of grievances about the established mythology of the Beatles, foremost that he is invariably portrayed as the “safe”, soft-centred obverse to John Lennon's acerbic, iconoclastic rocker; doe-eyed, “cute” Beatle Paul, handy with a melody and a bassline but lacking the fire and edginess of “clever” Beatle John. This view was vigorously promoted by Lennon himself in the wake of the group's bust-up (and later upheld by Yoko Ono), brandishing *Tomorrow Never Knows* and *A Day in the Life* against “granny music” like *When I'm Sixty-Four* and *Your Mother Should Know*.

Norman presents a different picture. In the squalid Hamburg residencies of the Beatles' early career, fuelled on booze and uppers, McCartney was an eager participant in the orgiastic craziness. Later, during the Fabs' mid-1960s peak, it was McCartney who immersed himself in the burgeoning London “underground”, championing the Indica bookshop and gallery (where John first met Yoko), helping found *International Times* and exploring avant-garde composers like Stockhausen and Luciano Berio. Meanwhile Lennon, as Paul puts it, “was living on a golf course in bloody Weybridge”.

Nor was McCartney's music any less innovative than his partner's. Always the Beatles' most evolved musician and a keen student of classicism after lodging with the family of his actor girlfriend Jane Asher, he demanded a string quartet for *Eleanor Rigby*, while Penny Lane was as brilliant as *Strawberry Fields*. In the judgment of their equitable producer George Martin, “John was lemon to Paul's olive oil.” The Beatles' magic required them both.

McCartney had himself to blame for perceptions of his role, always playing Mr Nice Guy, developing an affable but vacuous interview technique that Norman aptly terms “soufflé-speak”. Steeped in antique pop by his beloved father, an amateur musician, McCartney was often led astray by sentimentalism during the solo career he doggedly built with *Wings*, though it delivered chart success (the vapid *Silly Love Songs* remains his biggest US hit).

Norman stumbles when describing the social timbre of the 70s. The punk insurrection is presented in lamentably clichéd terms – a froth of mohican cuts and safety pins – whereas a triple album of *Wings Over America*, the dreary waltz of *Mull of Kintyre* and videos of Paul and Linda on horseback, multimillionaires living an outworn hippy dream, were precisely why the Clash barking “London's burning with boredom” was so appealing. The spiteful harrying of Linda – he's got a woman in the band! – was likewise why female groups such as the *Slits* and *Raincoats* were so needed.

Commercially, McCartney has rarely faltered down the years; even 1984's epically unfocused movie *Give My Regards to Broad Street*, in which “a succession of distinguished actors struggled to provide plausibility”, provided a No 1 album. His work rate has been relentless, the flow of albums, tours and collaborations never stalling. The 1990s brought his rediscovery by the Britpop generation alongside the *Beatles Anthology* for which he was the driving force. Even the death of Linda, the undoubted love of his life, seemed only to spur his productivity and a shift into classical pieces like *Standing Stone*.

At times the long and winding road carries on too far. The unhappy marriage to Heather Mills, spanning 80 pages and a blow-by-blow account of 2008's fractious divorce proceedings (“legal Armageddon”, remarked one lawyer), intrudes into a portrait of a gifted artist – the most successful songwriter of modern times – and a complex, contradictory personality. For all McCartney's ruthless business sense, he has maintained his dignity and decency. When vegetarian campaigner Peter Cox first met Paul, Cox was startled to be asked: “Have you ever thought what power the Beatles could have had if we'd gone over to the dark side?” Thank heaven that the Fab Four stuck with peace and love.



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APRIL COTTAGE CATTERY

April Cottage Cattery is a newly opened purpose built licenced boarding cattery for cats only. Situated in the quiet village of Milden our cattery is located behind our house in a secluded and quiet area and has the benefit of 24 hour supervision. We are a husband and wife team with over 30 years experience of owning and caring for cats so all our feline guests receive individual attention and are cared for like our own.

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ruth@e-l-d.co.uk

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ASPARAGUS

I walked down to the vegetable garden a few days ago and was rewarded by the sight of three tiny asparagus shoots breaking through the soil. Perhaps Spring had finally arrived!

Unlike most vegetables, asparagus is a perennial plant and records tell us of it being grown in Ancient Greece and Rome more than 2000 years ago and it was cultivated by the Egyptians for medicinal purposes.

In the First Century BC, it is said that the Emperor Caesar Augustus was well known for screaming out 'Velocius quam asparagi conquantur' or.....'faster than cooking asparagus'..... in other words, 'get a move on!'. He organized military units to procure asparagus and Asparagus Fleets made rounds in the Empire to import the best varieties back to Rome and the fastest runners were employed to carry fresh spears into the Alps where they were frozen and thus were able to be used year round. It is said that Louis IX was the first individual to grow asparagus in greenhouses.

Both the Ancient Greeks and Romans named Asparagus with a Persian word 'asparag', meaning 'shoot' or 'sprout'. In the 16th Century, the term 'spargus' was used in English speaking countries and peasants called it 'sparrow grass'!

Asparagus takes three years from seed to harvest. Once started, it can be harvested for approximately 8 to 15 years, eventually growing into a tall ferny canopy feeding the underground rhizomes with energy synthesized from the sun. Plants gain strength in the second year and by the following spring are ready for harvesting. Asparagus can grow incredibly quickly – sometimes as fast as six inches in one day.

Strangely enough, chickens can help in the farming of asparagus. In a study conducted in Maine, USA, weed growth was reduced by up to 90 percent after releasing chickens in an asparagus field to forage with no adverse effects on the crop. A flock of around one dozen hens per 1000 square feet of asparagus is all that is necessary.

Asparagus is now grown all over the world.....China produces the most, followed by Peru, Mexico, Germany and the U.S. An interesting fact is that America's War on Drugs is responsible for Peru's growth in the asparagus industry. The US pays Peruvian farmers to grow asparagus instead of coca, thus depressing the global price of asparagus and making it an unprofitable proposition for American farmers. Apparently, this programme has not succeeded in drastically cutting the production of coca.

White asparagus grows as a result of the lack of pigment caused by the absence of sunlight. Farmers pile soil over the asparagus, or in some places a thick layer of mulch or plastic 'igloos', so the plants are unable to photosynthesize and thus stalks are forced to grow underground. Once the tip breaks through the soil, workers probe underground with a special knife to cut the stalk. Purple asparagus originated in Italy and is known as Violetto d'Albenga. Farmers in the Albenga region propagate the plants using seeds from open pollination. Very good in salads as it is much sweeter and more tender. He even organized military units to procure asparagus and 'Asparagus Fleets' made rounds in the Empire to import the best varieties back to Rome.

Asparagus is an incredibly healthy vegetable, containing protein, ascorbic acid, calcium, and Vitamins A, C, E and K (necessary for blood clotting and bone health). It contains minerals and amino acids which may not only protect the liver against toxins, but is believed to aid certain enzymes to break down alcohol efficiently, thereby alleviating some of the hangover effects of alcohol! It contains NO fat, sodium or cholesterol and only 4 calories per spear!

One study shows that even a minor deficiency in vitamin B12 may be associated with accelerated cognitive decline in older adults. As it is high in folate, which teams well with vitamin B12, adding or increasing asparagus to meals high in B12 (beef, lobster, crab, lamb, cheese, eggs) can combat this deficiency. High in asparagine (amino acid which acts as diuretic) and helpful for removing salts from the body which assists people who suffer from oedema, high blood pressure or other heart related issues. It is one of the best vegetable sources for riboflavin (Vitamin B2) which studies have shown can help reduce the frequency of migraine headaches

I am including a couple of recipes which might be of interest. However, as you know, asparagus can be boiled, steamed, sautéed, roasted, grilled or barbecued alone and many prefer it as a plain vegetable. The only thing to remember is not to overcook this wonderful vegetable!

ROASTED ASPARAGUS

Bunch of trimmed asparagus	1 teaspoon sea salt
3 tablespoons olive oil	½ teaspoon black pepper
4 tablespoons grated Parmesan cheese	1 tablespoon fresh lemon juice

50 NOT OUT



Doreen Jarmin, who for half a century has been tending to scraped knees in the playground and ensuring that hungry youngsters eat a hearty lunch, has been recognised for her dedication.

Doreen, 86, started her career as a school dinner lady at Boxford Primary School in 1966. And after 50 years in the job she has no intention of retiring yet because she still "loves" what she does.

She says her work, which entails everything from supervising students in the dinner hall to looking out for them in the school yard, is part of her daily routine and that she would be "lost without it".

"I have always loved my job and I really enjoy looking after the kids – they are sweet little things and I get to see them change as they grow up," said Mrs Jarmin, who is the longest serving member of staff at the school.

The headteacher says I am the only person who hates the school holidays." said Doreen who has lived in Boxford all her life, has seen many changes during her career.

On 18th April, staff at the school held a surprise party for Mrs Jarmin and the following Friday at 2pm, there was a special assembly in Boxford church.

Headteacher Toby Barkworth-Knight said: "There is one family in the school who Doreen has known three generations of, and the grandma still remembers what a great lunchtime supervisor she was.

"To make such a long-standing commitment to the school is an outstanding achievement, especially as Doreen has retained the joy for what she's doing throughout that time."

I clove of garlic (minced)

Pre-heat oven to 220 C

In a bowl whisk together olive oil, Parmesan cheese, garlic, salt and pepper.

Arrange the asparagus on the baking sheet in a single layer. Evenly distribute olive oil mixture over the asparagus.

Bake for 12 to 15 minutes.

Sprinkle with lemon juice just before serving.

ASPARAGUS TART

Heat oven to 180 degrees centigrade

2 bacon rashers

1 small onion, finely chopped

50g grated Mature Cheddar cheese

3 eggs

200 ml milk

½ tsp dried oregano

1 bunch of asparagus (plunge into boiled water for five minutes and then refresh in iced water for one minute)

8 cherry tomatoes, halved

1 tsp olive oil

Over high heat saute bacon in frying pan until it browns and begins to crisp. Reduce heat to low, add onion and cook for ten minutes until soft and translucent.....add a sprinkling of sugar after five minutes.

Combine cheese, eggs and milk in bowl. Add oregano and season with salt and pepper.

Add onions to egg mixture and stir well.

Pour into greased quiche or tart dish with tomatoes and asparagus. Bake for 35-40 minutes until golden brown and firm in centre.

Fake It... Don't Bake It!



Stay safe this summer with a Sienna X spray tan...

Celebrity favourite 'Sienna X' spray tan has been a big hit at Suffolk Medical Clinic since its launch in 2014.

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SUFFOLK DURING THE PLAGUE

A Talk by Pip Wright



Little Waldingfield History Society was once again delighted to welcome Pip Wright back to talk to us. As anticipated, the packed Parish Room was enthralled with his account of the trials and tribulations of ordinary Suffolk folk during these difficult times, and with the many nuggets of information he somehow manages to unearth from various historical records.

He began by telling us about the disease itself, *Yersinia Pestis*, a bacterium that can infect both humans and animals, which came from China, carried by the fleas living on the black rats (*Rattus rattus*) and carried in the holds of vessels trading with the Far East. Transmission to humans usually occurs from bites by infected fleas; these infect the lymphatic system before the disease makes its way to the lymph nodes, from where the term bubonic plague originates. After 3 or 4 days, bacteria enter the bloodstream and infect major organs such as the spleen or lungs; death normally occurs after a few days. A different strain is pneumonic plague where bacteria become airborne and enter directly into the lungs, a far more virulent form as it can directly spread from person to person by coughing, sneezing and vomiting.

In medieval villages, peasants lived mainly in huts with beds made from piles of straw; whole families lived and slept in one room with farm animals separated by just a rough partition, ideal nesting places for rats. In towns open drains ran between wooden houses and all kinds of rubbish was poured into them which then flowed into local rivers. Plague doctors didn't understand what caused the plague and were at a loss as to what to do to reduce its effects or to protect others. They wore voluminous outfits to protect themselves, with a sort of beak through which they breathed, filled with herbs to deter the plague germs.

Before the advent of microbiology it was generally understood that plague was caused either by the will of god, or by bad air - the so called miasmatic theory of disease. To combat spread, people either hurriedly moved elsewhere, often taking the disease with them, or carried aromatic substances to combat any bad air. Pip suggested these could possibly have been posies of herbs as described in the nursery rhyme, where 'a ring o roses' refers to a symptom of the plague as a rosy rash; sneezing or coughing would then be the final fatal symptom, with 'all fall down' being exactly what happened, though not everyone agrees with this theory.

Ring-a-ring o' roses,
A pocket full of posies,
A-tishoo! A-tishoo!
We all fall down.

Pip then described what happened during an outbreak of plague, which in the middle ages, occurred regularly at an average of every 20 or thirty years until the great plague and fire of London, after which outbreaks thankfully became fewer and more manageable. It seems the plague struck randomly, sometimes coming by road from village to village and sometimes by river or by ship, from already infected areas. Accurate death rates are hard to gauge because populations can be hard to determine whilst not every plague burial was recorded as such; there were often many deaths shown as being from toothache. It is also very difficult now to imagine the impact of plague on small rural communities, few settlements were totally depopulated but in most outbreaks whole families would have been wiped out; few would have been spared some loss since the plague killed indiscriminately, striking rich and poor, priests and lay people, or Christian and Catholic alike.

Houses of the afflicted were marked by a red cross painted on the door

post, whilst the dead were collected on carts and buried together in large mass graves; such Plague pits were dug outside towns and villages to dispose of thousands of rotting corpses, though many sites are not shown on modern maps. Plague victims were also separated by placing them in Pest Houses, alternatively known as plague houses or fever sheds. Over centuries these were used for the forcible quarantine of persons afflicted with communicable diseases such as TB, cholera, smallpox or typhus; many towns had one or more pest houses, accompanied by a cemetery or a waste pond nearby for disposal of the dead.

Manorial records provide an opportunity to study geographical distribution, which seems to have been roughly the same all over the country; however, East Anglia, which had frequent contact with the continent, was severely devastated. In Norfolk and Suffolk around 57,000 people died. In the 1348 outbreak, in the growing town of Yarmouth, the population was reduced from 10,000 to less than 3,000 whilst about a third of the population of Norwich died with the commercial life of the city almost coming to a halt. In England as a whole, the total population of 3.7 million in 1348 dropped to 2.2 million by 1377, and it took almost 200 years for the population to recover. So many died from the Black Death there were few peasants to farm and harvests rotted in fields as there was no one to gather them in, so prices dropped. Some medieval villages would have been totally depopulated, or so depleted that former settlements were abandoned.

In Bury St Edmunds, the plague struck in 1589 and again in 1637; on one date late that year, 263 families were affected, all on the town's charge at a cost of some £200 per week. 4,000 people were recorded as still healthy, 103 families were segregated in their houses, 117 persons were convalescing with plague sores, 439 had completely recovered but 600 had already died. In Needham Market, plague swept the town from 1663 to 1665, and to prevent the spread of disease, the town was chained shut at other end. This succeeded in its task but at the cost of two thirds of the population; the town did not recover for nearly 200 years and Chainhouse Road remains a continuing legacy from those terrible times. Pip told us the Black Death had a huge impact on the clergy and holy men, as monasteries were isolated and intimate spaces, perfect for the disease to spread. Priests were often among the first to succumb, through contact with the dying; new priests then had to be quickly found and employed, resulting in badly qualified, under trained and unreasonable men being put into positions to which they were not suited. Local communities further suffered from the early loss of local administrators, lawyers and other professional people, who being the first to see the onset of plague (e.g. more people falling ill, more wills being recorded) and with the means to escape, often did so. As noted above, such actions generally hastened the spread of the disease to non-infected areas so benefitted nobody.

We heard that the last plague epidemic was most probably in Suffolk, between 1906 and 1918, south of Ipswich on the Shotley peninsular between Freston and Holbrook. Of the 23 possible cases of human plague, just 4 were confirmed bacteriologically (Mr Chapman and Mrs Parker at Freston, the sailor at Shotley and Mrs Garrod at Erwardon), though it seems there was little doubt the other 2 cases at Freston and Mrs Bugg at Erwardon also had the disease. The outbreaks at Shotley and Trimley were both characterised as highly infectious with a short incubation period and high mortality; the disease pattern was pneumonic at Shotley and largely glandular at Trimley, but both episodes were entirely compatible with a plague diagnosis, which came as a considerable shock to all present.

Our next event will be on 18th May at 7.30 in The Parish Room, when Marcia Whiting will surely regale us with her talk on 'The life of Sir Alfred James Munnings', one of England's finest painter of horses, first world war artist and an outspoken critic of Modernism, the talk will also include his associations with Sudbury and the Gainsborough Museum. We look forward to welcoming guests new and old to the Parish Room for what is sure to be a most fascinating evenings entertainment.

Remember

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Stoke by Nayland Hotel presents...

SATURDAY 25TH JUNE

GLITTER BALL

Featuring dancers & performers from Stoke Newington Dance Company

This year our fabulous Summer Ball has a thrilling Strictly Come Dancing theme with live professional ballroom dancers and singers who take you on the popular BBC programme. Best side is Black!

www.stokebynayland.com

Member 01449 744966 1 November 2015

Book tickets online today at www.stokebynayland.com/gfb15 or call 01449 744966



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www.clayhillcattery.co.uk



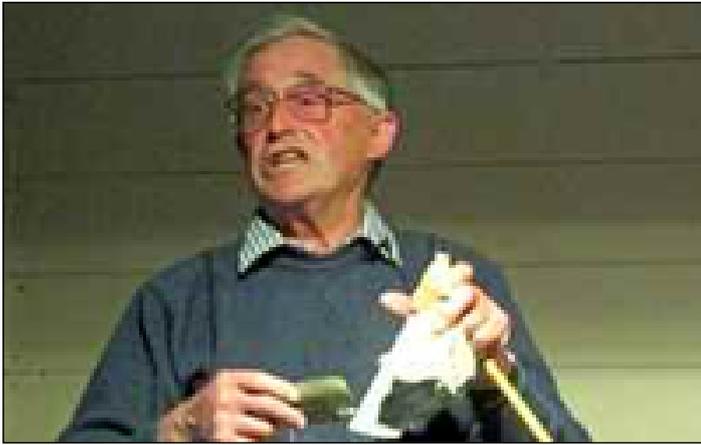
CLAY HILL CATTERY

'Woodside' Clay Hill Lane, Wattisham, Suffolk IP7 7JS

01449 744966 info@clayhillcattery.co.uk



DAVID HELPS RAISE THE ROOF



David helps raise the roof for St Bartholomews Church, Groton
When David Elliott heard about the theft of lead from Groton church roof, one of his first thoughts was how he could help.

David decided that he could give a talk about his over 70 years connected with Groton and raise funds for the church if people were interested in hearing what he had to say.

So the idea of a talk entitled 'Down Your Way with David' was born and on May 6th Groton Village Hall was packed with people who heard David give a fascinating account of his life in Groton, as he took us on a tour of the village and recalled various people and events which clearly struck a chord with many members of the audience. David had various old tools and farm implements to illustrate his talk, and also passed round some old farming photos.

Taking into account the proceeds from the raffle as well, the evening raised over £500 towards the replacement roof.

So thank you and well done to David, and also to Pat Kennedy- Scott and her band of helpers for organising the event on behalf of the PCC and for the very welcome ploughmans, which all contributed to another memorable Groton evening.

3 PEAKS CHALLENGE



Ian and Sam Drake from Boxford will be attempting to climb Britain's 3 tallest mountains, in 4 days, to raise money for Marie Curie, in memory of Ian's Dad John.

"When my Dad passed away with liver cancer in 2014, the nursing staff from Marie Curie were so caring and professional to my Dad and the rest of our family during that difficult time that I knew then that at some point in the future I wanted to do

something in his memory that would give something back to them. But I also wanted it to be a challenge, so that it would be something he would have been proud of. Originally I was going to do it alone but when I told my family what I wanted to do, my son Sam said that he wanted to join me, in memory of his Granddad and also to give me support. Logistically it needed some organizing and my wife Linda has organized all the accommodation and travel arrangements as well as being our support driver, she will also be climbing Snowdon on the final day. At the end of it we will have climbed a total of 3294m (10,811ft) and driven nearly 700miles."

All the money raised will go to Marie Curie and if you want to support Ian and Sam's challenge then please go to their Just Giving website page www.justgiving.com/Ian-Drake1 to make a donation.

There will also be a sponsorship form in A Leeders Butchers, for which we are very grateful, thanks Alan.

"If you would like to donate £5 to my challenge then text JDCH99 to 70070 and this will be added to my Just Giving Challenge total."

Wedding Open Evening
Wednesday 8th June 2016, 4pm - 8pm

Join us for a special evening of...
Come and have a look around our gorgeous...
Enjoying coffee while sipping a complimentary...
glass of bubbly.

With expert advice, ideas, inspiration and plenty more of the...
wedding industry, you're sure to find inspiration for your special day.
And if you have any questions, our team will be on hand to provide...
answers to ensure your wedding is the best and most joyful.

www.stobisbrayland.com

SN

Linnet
Residential Sales and Lettings

Launching Saturday 4th June, 10am - Noon
6 new homes for Shared Ownership
from Suffolk Housing

Station Field, Boxford, CO10 5EH

Five 2 bedroom apartments, 1 bedroom home,
including 1's and 2's (total of 10) - all available for sale

Call Andrew on 01284 723332 for more information please contact Linnet on
01284 723332

or visit www.linnetgroup.co.uk

NEWS FROM CLUBS AND ORGANISATIONS

EDWARDSTONE PARISH HALL BOOKINGS TEMPORARY ARRANGEMENTS

From 1 April please contact Daphne Clark for bookings plus information on where to access keys for the hall. ☎: 01787210698,
Mob: 07896414587 email: daphne.clark@btopenworld.com

BOXFORD CARPET BOWLS CLUB NEEDS YOU

Boxford Carpet Bowls Club has been in existence for some 29 years but, recently, for various reasons, our numbers have diminished to such an extent that without some new members we may not be able to continue for very much longer.

Anyone wishing to give the game a try is assured of a very warm welcome. From 7th April we meet in Boxford Village Hall from 7.30 p.m. on Thursday evenings for a couple of hours and continue through the summer with a mix of club nights and friendly matches with other clubs in the local area.

Carpet bowls is good fun and it would be sad to see the club fold up after so many years. A few new members would make all the difference and we would be delighted to see you if you would like to have a go.

If you would like to know more about the club please give either Brian Porter, our Chairman, a ring on 01787 210581 or Jean Saunders, our Secretary, on 01787 210725. We would love to see or hear from you.

GROTON COUNCIL VACANCIES

Groton Parish Council currently has 2 vacancies for parish councillors. If you are interested please contact the Clerk, Anita Robinson for further details.

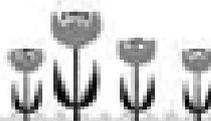
clerk.groton@btinternet.com, 01787 211673, Logan Cottage, Groton Street, Groton, Sudbury CO10 5EE

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PRIVATE FUNCTIONS
IDEAL FOR CHILDREN'S PARTYS ETC.

Fitted Kitchen • China & Cutlery
Separate Function Room facility
Good parking with level access Comfortable furniture
To book and for further information
Contact Alan Vince on 01787 373963

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makeover it deserves!

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complete design, construction
and maintenance package
or just a planting plan for a
single border.

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Cerebra
National Children's Charities

www.cerebra.org.uk
0800 328 1159

Cerebra is a charity giving families that include children with brain conditions the chance to lead a better life together.

Being a family is about discovering life together. That's no different for families of a child with a brain condition - except that there are more challenges to overcome along the way.

For every challenge, there's an answer out there. Let's discover it together.

enquiries@cerebra.org.uk

John & Judith welcome you to

The Fleece

Serving Great Beer & Fantastic Food

Fleece Folk Music Is Back

The second Wednesday of every month
First sessions 27th April 9.p.m

BLUES NIGHTS !

The fourth wednesday of every month.
First session 27th April 9pm.

FUNCTION ROOM.

Our lovely medieval Function Room is available for parties, meetings, weddings, christenings etc
Free of Charge.

RELAX AT THE BOXFORD FLEECE

Open Mic night - Every 3rd Week
Everyone welcome to play or just listen.

Fantastic Food
We have fantastic special food nights, including every night Fridays. For our website for full details or Call us now on 01787 211155 to book.

Weekly Pub Quiz - Every Sunday 8.30pm
Join in our weekly quiz nights. Test your knowledge against the best of Boxford

www.thefleece.co.uk Email:office@thefleece.co.uk 01787 211155

Wot's On

12th May	Place for Plants – guided walk	East Bergholt	2pm
1st June	Our 10th Birthday party	Village hall	2pm
9th June	Warden's Walk at Wolves Wood		2pm
29th June	Book Club	Mary's House	3pm
6th July	Melford Hall	village hall	2pm
14th July	walking group		tba
3rd August	Outing		tba
11th August	Mystery walk with Jayne		tba
31st August	Book Club	Mary's house	3pm.

Nayland Open Gardens

Sunday 12th June 2016 2pm – 6pm

Enjoy a cup of tea and homemade cake in the Village Hall

EUROPE - In or Out?

Oh! La La!

Whatever the outcome come along to Boxford Village Hall and celebrate an Anglo/French bit of fun! Boxford Drama Group have done these "Theme Nights" before from celebrations of all things Scottish to a send up of the Sixties. Now the French are in our sights with our light hearted look at them and us! We promise songs, sketches and fun with a French twist.

Friday June 24th and Saturday June 25th at 7.30pm. We will be serving a French style Ploughmans in the interval and there will be a bar and raffle. TICKETS (£10.00) FROM BOXFORD POST OFFICE FROM MAY 2nd

The Unhappy Medium

by Common Ground Theatre Company

Written by Pat Whymark, Julian Harries & Patrick Marlowe.

Set in the 1920s, The Unhappy Medium tells the story of Montague Faulke, a "spiritualist" and some-time music hall entertainer (played by Julian Harries), as he struggles with his conscience, his creditors and his put-upon assistant Walter Plews.

Polsted village hall, 730pm

Ticket price will be £10-00 £7 00(U18s)

NOT THE QUEEN'S BIRTHDAY TEA!

Sunday, June 26th 3.00--5.00pm at Groton Village Hall.

It was decided not to have a Tea Party on the same day as Boxford Community Council's Queen's Birthday Celebrations, but we are going to have a "Belated Happy Birthday" tea instead, 2 weeks later; This will still have a Royal theme, and you never know, perhaps the Queen will come and join us! This Cream Tea will be open to anyone who would like to attend, of any age, and may be outside the village hall if the weather is good; there will be a prize for the best home-made crown, please wear your crown to the tea! There will be a charge of £5, half price for children, and although we will not be selling tickets, the team would be grateful if you could let us know if you will be coming for catering purposes; Please let Pat Kennedy Scott [210319] Jayne Foster [211360] or any member of Groton PCC know if you would like to come. All proceeds to St Bartholomew's Church.

Little Waldingfield Open Gardens

Sunday 3 July 2016, 11am - 5pm

We are looking forward to opening our lovely gardens again, and welcoming you to our friendly village. Admission is £5 which includes a programme with map, obtainable from the Parish Room in Church Road, where we will be serving refreshments including delicious home-made cakes. There will also be plant and produce stalls. Plenty of parking on our Playing Field, about 150 yards from the Swan Inn. All proceeds will benefit our beautiful St. Lawrence Church. For more information go www.opengardens.co.uk

Polstead Art Group 2016 Exhibition

Our 16th Exhibition will be held in POLSTEAD VILLAGE HALL on SATURDAY 6th AUGUST from 10am-5pm and SUNDAY 7th AUGUST from 11am -4pm

Admission is Free.

Homemade refreshments

Pictures are on view and for sale

Boxford Drama Group presents



Oh La La!

An Evening of Songs, Sketches and Fun with a French flavour!

Friday June 24th
Saturday June 25th
at 7.30
Tickets £10.00

Includes a French Style Ploughmans served in the interval
Licensed Bar and Raffle
TICKETS FROM BOXFORD POST OFFICE FROM MAY 2nd



BOXFORD
Gardens Open

Sunday 5th June 2016 11.00am-5.00pm

Over 20 gardens open in Boxford, Groton and Polstead

Refreshments, Light Lunches
and Cream Teas in Boxford Village Hall
Plant and cake stalls outside the school
Church tower open - breathtaking views
Free shuttle bus from village centre

Tickets £5 (children under 16 FREE)
Main ticket desk at the Church or look out for the
'Garden Open' signs and pay at the first garden you come to

For more information and
Apple Register 01753 211360

All roads closed except
to West Grove, Boxford

Wot's On

Newton Village Hall Events REGULAR EVENTS: h REGULAR EVENTS

Monday mornings (term time only): Yoga class (phone Sophia on 313662 for details)

Monday evenings: (6.00 pm) Trayfit high intensity exercise class (call Tracy 07772 575325)

Monday and Thursday evenings: Western Partner Dance Club (call Chris 371006)

Tuesday evenings: JT Steppers Line Dance Club (call Jean on 377434)

Friday afternoons: Art and Craft club (call Anne on 312346)

Friday evenings: Sudbury and District Wargames Club (call Brian on 312160)

HISTORIC LANDSCAPES OF THE STOUR VALLEY

The Stoke by Nayland WEA is holding its Annual Day School on Saturday, 9th July 2016 starting at 10.30 in Stoke by Nayland Village Hall. The Colchester Archaeological Group will be giving three illustrated talks entitled

“A Ferret's Tale - The Tudor Hunting Lodge”,

“The brick and tile kiln excavation”, and

“The pre-historic landscape”

followed by a Guided Tour and walk around the Wormingford sites

The day will include coffee on arrival and an excellent buffet lunch at Stoke by Nayland Village Hall. Afternoon tea at a Wormingford pub will be provided after the tour.

Total cost £15

Please provide your own transport.

Strong shoes recommended for seeing the sights in the afternoon.

To book please contact: Sue Whiteley - Phone: 01787 210945

or by email: whiteleysa@hotmail.co.uk

Early booking is recommended.

BOXFORD WI

After our AGM and resolution meeting we looked back at our past year at Boxford WI. There was attendance at the Garden Party at Buckingham Palace, the WI Centenary Annual meeting at the Royal Albert Hall and our Federation Garden Party at Park Farm. Our local activities have included organising the Group Carol Service at St Mary's Church and entering a competition for the Group Meeting in Hadleigh. We have had some amazing Speakers and learnt about Museum costumes, the Samaritans, how to be savvy shoppers and had a go at some fun dancing. There was also a taster session at the Boxford Bowls Club followed by tea and cake at the White Hart, a delightful talk from Marie Paddon on Talking Textiles and a talk from Jenny Gibbs about traditional Turkish weddings. Our walking group has had some wonderful walks in the local area, our craft group continues to thrive and our lunch club is always very popular. For our next venture we are considering starting a Theatre Group. As you can see we are always very active and innovative here at Boxford WI! This Year we will be celebrating our 10th Anniversary on 1st June, we all feel that it is a fantastic achievement and worthy of celebration which we intend to do with great style!

FUTURE MEETINGS

1st June	10th birthday party	village hall 2pm
9th June	walk	Wolves Wood 2pm
29th June	book club	Mary's house 3pm
6th July	Melford Hall	village hall 2pm
14th July	Walk	tba
3rd August	Outing	tba
11th August	A mystery walk with Jayne	tba
31st August	book club	Mary's House 3pm

Milden Singers 70's & 80's Concert

Another successful and enjoyable concert from The 70's and 80's by The Milden Singers which raised in total £1156 for Milden Pavilion Fund. A donation of £330 from the raffle is being sent to The Shelly Centre for Therapeutic Riding. Since starting the shows The Milden Singers Concerts have raised over £14,000 for Milden Pavilion with donations to local and national charities too. This is a fabulous achievement and it is great these concerts are so well supported. We look forward to the next concerts later in the year



BOXFORD COMMUNITY COUNCIL

SENIOR CITIZENS' MYSTERY OUTING 2016

TUESDAY 21st JUNE

LEAVE THE VILLAGE CENTRE
from 5.30pm FOR A MYSTERY DRIVE TO A
MYSTERY DESTINATION
WITH A MEAL.

SIGN UP IN THE POST OFFICE NOW
or TELEPHONE 211314 or 210444

BOXFORD BINGO!



Come along and join in the fun every first and third Friday of each month at Boxford Village Hall starting on 3rd June. Everyone welcome.

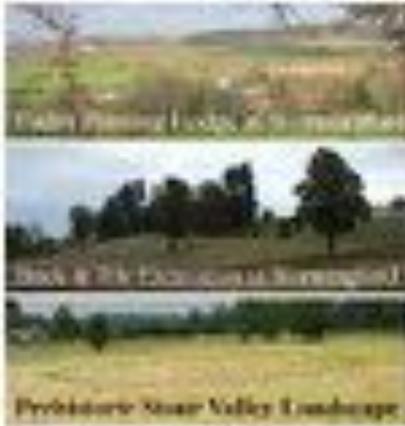
If you would like to come along but have difficulty getting there and back please contact Veronica on 01787 211529 who will be more than happy to arrange transport for you. Doors and licensed bar opens at 7.30pm, and bingo commences at 8pm.

A raffle will also take place!

30th ANNUAL DAY SCHOOL
 Stairs by Mayland Village Hall
 10.30am, Sat, 6th July 2016



**HISTORIC LANDSCAPES OF THE
 STOUR VALLEY**



The Colchester Archaeological Group will be giving three illustrated talks entitled 'St Ferris's Site - The Tudor Hunting Lodge', 'The Brick and tile tile excavation', and 'The pre-historic landscape' followed by a guided tour and walk around the surrounding sites

Tickets are just £10 including coffee on arrival. 2 tickets by members of the Colchester Archaeological Group in the morning followed by 2000 tickets in the afternoon are still being a guided tour of these magnificent Waveney, and also see the site at Waveney park. You will be required to wear your own shoes to the site and all along there should be some early looking to be announced. To book please contact Sue Bennett, Phone: 01206 263266 or email: sths@waveney.org.uk

The planned autumn course is to be on the subject of Shakespeare's Works, beginning Thursday 20th September 2016

The Group is a registered charity and is a member of the British Archaeological Association. It is a member of the British Archaeological Association. It is a member of the British Archaeological Association. It is a member of the British Archaeological Association.

**HILKINGFORD
 GARDENING SOCIETY**

NEILL LUDMON

**Dutch Designs of the 20th
 Century & their influence on
 British Gardens**



**Tuesday 7th June
 at 7.30pm**



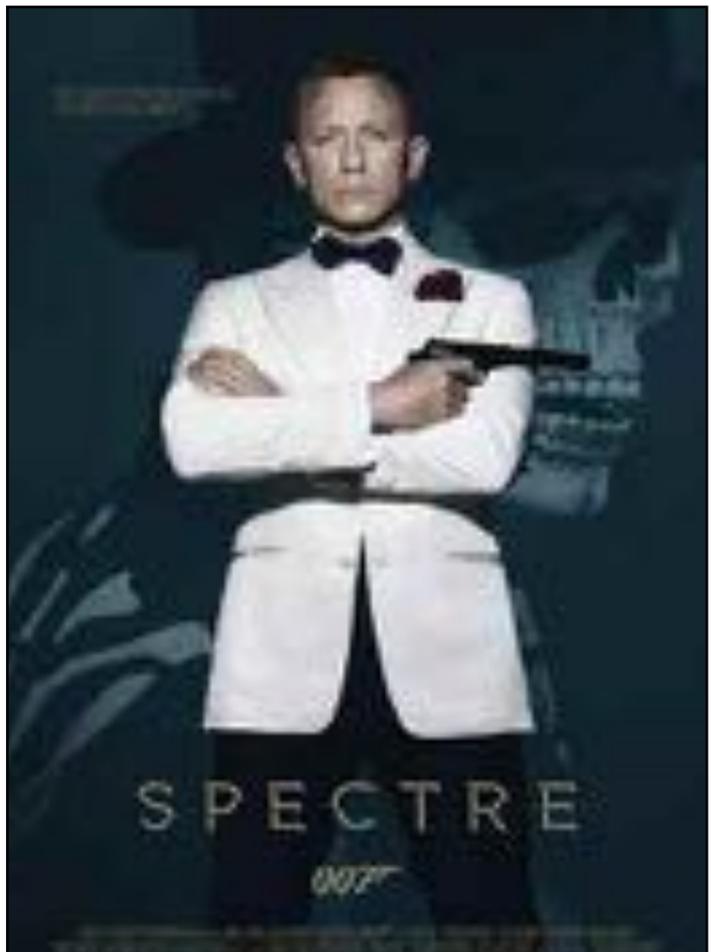
TRINITY SINGERS

Sunday 12th June 3.00pm
All Saints Church
Newton Green

**Madrigals & Music by
 Purcell & Horovitz**
and cream tea.

CONDUCTOR - STEPHEN BERGER
 ACCOMPANIST - ANDREW CLARE

TICKETS £8 - CHILDREN UNDER 16 FREE
 AVAILABLE FROM - SUDBURY TOURIST OFFICE
 LANDERS BOOKSHOP, LONG MELFORD
 AND ON THE DOOR



LEAVENHEATH CINEMA SATURDAY 4TH JUNE
 Tickets Telephone: Lesley (01206 262505) or Ken (01206 263266)
 £3.50 per adult and £2.00 per young person

Wot's On

Queen Elizabeth's 90th Birthday Street Party

To celebrate our Queen's 90th birthday, Boxford Community Council are staging a Street Party for all children in Boxford, Edwardstone and Groton aged 11 and under as well as other children who attend Boxford School, and the Senior Citizens of the three villages.

The Party will be on Saturday 11th June in Stone Street Road, outside the Village Hall from 2.00 p.m. until 4.00 p.m. There will be amusements and entertainers in the School grounds and in the street.

Children at the School have received an invitation via their bags, and a flyer is inserted in this BRN for those not at the school and Senior Citizens. We are asking that the tear-off slip be handed in to the Coffee Box by Monday 9th May, so that numbers can be confirmed.

If you have any questions, please contact Ward Baker on 210129.

SENIOR CITIZENS' MYSTERY OUTING

This year's Senior Citizens' Mystery Outing will be on Tuesday 21st June. We will meet at 5.30 p.m. in the centre of the village and set off on a mystery journey, ending with a wonderful meal.

Please sign up in the Post Office as soon as possible or telephone 211314 or 210444.

Edwardstone as well as Boxford, it has been decided to shelve plans for our proposed tea party at Groton, and join up with the festivities at Boxford Village Hall instead

Little Waldingfield History Society

Programme of Events - 2016

All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp.

Please book & pay in advance to guarantee your place, as seats are limited.

Booking Secretary: Diana Langford, Pitt Cottage

Phone: 01787 248298

Tickets, Members £2.00 Non Members £4.00

122nd June, Jenny Antill

The Bronze Horseman, a tale of St. Petersburg.

This extensively illustrated talk tells the history of the city as reflected in two iconic artworks - a bronze statue of Peter in Senate Square & the poem about the statue 'The Bronze Horseman' by Alexander Pushkin, the 19th C 'Russian Shakespeare'. We will all learn about madness, obsession, murder, exile, revolution and floods. All talks will be at the Parish Room in Church Road, Little Waldingfield, commencing at 7.30 pm sharp. Please book & pay in advance to guarantee your place, as seats are limited. Booking Secretary: Diana Langford, Pitt Cottage Phone: 01787 248298, Tickets, Members £2.00 Non Members £4.00

Wedding Open Evening -

Wednesday 8th June from 4pm to 8pm

Join us from 4pm to 8pm for this free event where you can enjoy a glass of bubbly and canapes on arrival, a look at our gorgeous banqueting suites dressed for the occasion and ask our dedicated team for advice on your wedding. All engaged couples will receive a goodie bag on arrival while stocks last!

Father's Day Lunch or Afternoon Tea -

Sunday 19th June from 12noon to 5pm

A mouth-watering 3-course carvery for just £22.95pp OR a delicious Savoury Afternoon Tea. We will be serving Lunch from 12 noon to 3.30pm and Afternoon Tea from 12 noon to 5pm but we strongly recommend reserving your space in advance by calling 01206 265837 or emailing sales@stokebynayland.com.

SbN Glitter Ball -

Saturday 25th June from 7pm

This year our fabulous Summer Ball has a Strictly Come Dancing theme with a performance by dancers and singers from the BBC programme! Your night includes a 3-course dinner and a DJ. Price - £49.95pp (Members £45pp)! Call 01206 265837 or email sales@stokebynayland.com to book!

Newton Annual Summer Fete

To Celebrate Her Majesty the Queen's
90th Birthday

Annual Summer Fete

and
Party in the Park

Saturday 18th June 2016

1.00pm - 10.00pm

Traditional Stalls

Day BBQ

Day Bar

Music

Games

Evening Picnic and Games

Book the date and join us for an afternoon
and evening of celebration, entertainment
and fun.

Admission Free

Look out for more details with next month's newsletter,
but more info from Paul & Sue Presland 01784
265444 or pjpresland@btconnect.com



**LAVENHAM 2016
ART FESTIVAL**

Saturday 11th & Sunday 12th JUNE 11am-5pm

Artists' Studio tour through the village with 12 Artists
Art & Craft Demonstrations in the Market Place
Refreshments
Live Music

- Photography
- Pottery
- Glass
- Jewellery
- More...

Hands on painting for children

Suffolk Art Society in the Church
Exhibitions in the Guildhall & Little Hall

www.lavenhamart.co.uk

REMAP

Some of you may have heard of a very worthwhile charity called Remap. For those that haven't please allow me to do a quick introduction. Remap is an established national charity which designs, makes or adapts equipment for both adults and children with disabilities. Every year REMAP helps about 4000 UK individuals in this way, helping them to lead more fulfilling and independent lives.

All clients are fully consulted about their needs. A piece of equipment is then designed and made to solve their specific problem. Some devices are made from scratch – others are modifications or attachments to standard products. Some times it may only be advice that is required.

Maybe there are people who have been involved in a sporting activity in previous years but now find themselves sidelined, conversely there may be people who want to try their hand at a sporting activity but are unable to do so by conventional means. REMAP can also help in this area of the individual's life.

All of this is achieved by a network of some 1000 volunteers organised into about 76 local Panels across England, Wales and Northern Ireland. (REMAP in Scotland is run separately). REMAP volunteers are professional engineers, craftspeople, technicians, healthcare professionals and skilled helpers as well as DIY enthusiasts.

You may think that companies already exist to help people with disabilities and you would be correct. However, the difference is that REMAP is not a commercial organisation and is not in competition with them. More importantly our volunteers will determine a solution for the very specific need of the individual which cannot be satisfied by any current product that may exist. Also by working closely with the client and their family and or their support service the needs can be better understood and targeted.

We welcome referrals from individuals, carers or health professionals and we always welcome inquiries from individuals who are willing to volunteer some of their time to help us achieve our aims.

Finally we never ask for payment our services are free to the user. We do however welcome voluntary donations to cover costs of materials.

Bob Barnett Publicity Officer,

REMAP Essex North

E-mail: essexnorth@remap.info

www.remap.org.uk

CAR WASHING TIPS TO PRESERVE PAINTWORK

Is it really necessary to wash the car every week? The answer is that it depends on the conditions in the area where you live.

If, for example, you live near a coast then there is likely to be more salt in the air and salt can damage the surface finish of a car. Similarly if the car is generally parked outside in an area where there are a lot of trees, the chances are that it will be vulnerable to bird droppings and this, too, is not good for paintwork. If any of these conditions applies then the car needs to be washed weekly. The reason is that leaving salt, droppings or squashed insects on the paintwork can eat into the car's paintwork. If, on the other hand none of these applies, then you can safely reduce car washing to a twice-monthly task.

What other advice on car washing is there?

It helps to rinse the surface before starting the actual wash to get rid of loose particles of dirt that could scratch the surface during washing.

It is generally not a good idea to wash a car when the body is hot, either because it has been parked for a long time in direct sunlight or because the engine is still hot after a drive. Heat will mean that the soap and water will dry more quickly leaving smears and deposits you will then have to remove.

Another tip is to avoid moving the sponge in circles. This can create scratches. For similar reasons the sponge must always be as clean and free from grit as possible.

Grease, rubber, and road-tar deposits picked up from the road often accumulate around the wheel wells and along the lower edge of the body. Use a separate sponge to clean the wheels and tires, which may be coated with sand, brake dust, and other debris.

Be careful which cleaning products are used. Don't use household cleaning agents like hand soap, dishwashing detergent, or glass cleaner on the paint. These aren't formulated for use on a car's paint and may strip off the protective wax.

Work the car-wash solution into a lather with plenty of suds that provide lots of lubrication on the paint surface. And rinse the sponge often.

It is also best to be careful with settings when using a high pressure jet to rinse of the car wash solution. A too powerful jet can dislodge balancing weights from wheel trims and strip paint from sharp edges such as wheel arches. And finally, a chamois leather or soft towel is most effective for drying the car at the end of the process.

www.mottsbodysrepair.co.uk 01206 264111

LITTLE WALDINGFIELD
OPEN GARDENS
(On B1115 Sudbury to Stowmarket Road)
Sunday 3 July 2016
11am to 5pm
Admission £5 per Adult
Includes programme with map
from Parish Rooms, Church Road
Children under 16 Free
Refreshments
Plant and Produce Stalls
Parking on Playing Fields
Proceeds go to our St. Lawrence
Church



★★★★★
"TOM HANKS and MARK RYLAND
RED HOT in
MAGNIFICENT GOLD WAR THRILLER"
"Tom Hanks is a...
Mark Ryland is a...
The movie is...
★★★★★



TOM HANKS
BRIDGE OF SPIES
MARK RYLAND

Polstead Digital Cinema Friday 20th May
Tickets £3.50 from the Polstead Community Shop or 01787 210029
All films start at 7.30pm, doors open at 7.00pm

Forthcoming Events Diary

June

1 WI Our 10th Birthday party		Village hall	2pm
5 Boxford Gardens Open			11-5.00pm
7 Dutch Designs	Boxford Gardening Society	Village Hall	7.30pm
9 WI Warden's Walk at Wolves Wood			2pm
11 Street Party for Queens Birthday	Boxford Community Council	Stone Street Street	2.00pm
12 Trinity Singers	Madrigals and Music	Newton Church	3.00pm
18 Newton Annual Summer Fete		Newton Playing Fields and Hall	1.00 -10.00pm
21 Senior Citizens Outing	Boxford Community Council	Boxford	5.30pm
24/26 Oh La La	Boxford Drama Group	Boxford Village Hall	7.30pm
22 Jenny Antill The Bronze Horseman, a tale of St. Petersburg, Ltl Waldingfield Hist Soc		Parish Room	7.30pm
26 Not The Queens Birthday Party	Groton PCC	Groto Village Hall	3-5pm
29 WI Book Club		Mary's House	3pm

July

3 Little Waldingfield Gardens Open	Lttle Waldingfield PCC		11-5pm
6 Boxford WI	Melford Hall	Village Hall	2pm
14 Boxford WI	Walking Group		tba

August

6 Boxford WI	Outing		tba
11 Boxford WI	Mystery walk with Jayne		tba
31 Boxford WI	Book Club	Mary's house	3pm.

First and Third Monday each month Boxford Parish Council Meetings in

Bell House, Stone Street St, Boxford 7.30pm



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The Box River Parishes Church News

Boxford • Edwardstone • Groton • Little Waldingfield • Newton

Priest in Charge: The Revd Judith Sweetman
The Rectory, School Hill, Boxford CO10 5JT
Tel: 01787 210091; e-mail: rvdjudithboxriver@btinternet.com
The Revd Judith's day off is normally Friday but this may vary according to circumstances

NSM: The Revd David Abel, 13 Church Street, Boxford CO10 5DU
Tel: 211765; e-mail: davidabel19@hotmail.com

Reader: Christopher Kingsbury, Rose Cottage, Sherbourne Street, Edwardstone CO10 5PD
Tel: 211236; Fax: 211238; e-mail: ChrisKingsC@aol.com

Lay Elder: David Lamming, 20 Holbrook Barn Road, Boxford CO10 5HU
Tel: 210360; Fax: 329770; 07968 791135; e-mail: djlamming@hotmail.com

Please let any of the above or a Churchwarden know if you would like a home visit, home communion or a hospital visit, or of any cases of sickness or otherwise where they might be of assistance.

Benefice house: Mary's House, 5 Swan Street, Boxford CO10 5NZ.
For much more information about the five parishes in our Benefice please go to our Church Near You web site at www.achurchnearyou.com.

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Boxford Church
Sunday 5th June
11.00 am

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THE PARISH OF ST MARY, BOXFORD

Churchwardens:

Ruth Kingsbury, Rose Cottage,
Sherbourne Street, Edwardstone tel.211236
Peter Patrick, Amberley,
White Street Green. tel 210346



The next Cafe Church Service is on **Sunday 5th June at 11.00** in St.Mary's Church Boxford. All are most welcome to this informal service, with good coffee, pastries and children's craft activities. Please do bring along your pet as well if you wish.



Boxford Open Gardens 2016 is on Sunday 5th June. Pick up a garden entry ticket at any open garden. Open **11:00 am to 5:00 pm** with garden stalls, refreshments and the church tower open. Tickets £5.00 (under 16's free). Gardening is a wonderful, peaceful occupation and there can be nothing better than exploring and admiring other people's gardens.

The Bible has four prominent gardens to think about: Eden, Gethsemane, the Garden Tomb at Golgotha, and The Paradise of God.

Eden: Moses gave clear information that God had placed the Garden of Eden in ancient Mesopotamia, present day Iraq (Genesis 2:10-14). Two of the four rivers irrigating Eden are still known to geographers: Tigris and Euphrates. Civilization thus had its beginning in the Mesopotamian valley. Eden means "pleasantness", and since everything the Lord had made was "very good" (Genesis 1:31), the Garden of Eden must have been delightful: no thorns, brambles, thistles, diseases, death, or decay. Out of the ground God caused to grow every tree pleasant to see and good for food" (Genesis 2:17).

Gethsemane: The garden of Gethsemane was on the west side of the Mount Olives and east of the walls of Jerusalem "beyond the brook Kidron" where "Jesus often went" with "his disciples" (John 18:1-2). The name "Gethsemane" means an oil press, and the garden was located where multitudes of olive trees grew. The garden containing the present day trees is supervised by the Franciscans. This garden was where Jesus prayed: "Not as I will, but as you will" (Matthew 26:39).

The Garden Tomb at Golgotha: "Now in the place where he was crucified there was a garden; and in the garden a new tomb" (John 19:41). This third garden could be called a garden of hope, for there, early on Sunday morning, a startled Mary Magdalene heard encouraging words: "Go to my brothers, and say to them, 'I am ascending to my Father and your Father, and my God, and your God'" (John 20:17).

Paradise: The fourth garden is called "the paradise of God," a figurative description of heaven (Revelation 2:7). The word "paradise" means a park, a place of pleasure. That the translators of the Bible used the best possible word is borne out by the fact that Jesus used the same word in describing heaven: "To him who overcomes, to him I will give to eat of the tree of life in the Paradise of God" (Revelation 2:7).

The Bible Study Group meets at Russets, 47 Swan Street on 2nd and 4th Mondays each month by kind permission of Margaret and Peter Holden. We are presently exploring Marks Gospel. All are welcome to this hour of fellowship.



Copy Date for Church News in the July 2016 Box River News:

Please, NO LATER THAN 8th June 2016

Failure to meet the date will mean your copy may not be included

Thank you. Rev'd Judith. 01787 210091

email address: rvdjudithboxriver@btinternet.com



THE PARISH OF ST MARY THE VIRGIN, EDWARDSTONE

Churchwarden:
Vacant

The **Annual Parochial Church Meeting** was held on Thursday 21st April in Edwardstone Village Hall. No-one was nominated as Church Warden for the second year. The following were elected on to the PCC for 2016-17:

Rev. Judith (Chairman), Ineke Morris and Marlene Clarke (Joint Hon. Secretaries), William Dastur (Hon. Treasurer), Jan Paul, Maureen Cooling, Antony Dodd and Pam Dodd. **Next PCC Meeting** is on **Tuesday 26th July at 7:30 pm** in Mary's House, Boxford.

Rota

Sidesman/Coffees Ineke Morris/Anita Steel

09:30 am 19th June Morning Worship

Flowers

Pam Dodd

Cleaning

Ineke Morris and Marlene Clarke



THE PARISH OF ALL SAINTS, NEWTON

Churchwarden:
Christine Cornell,
"Opus", Sudbury Road, Newton, Tel: 370331

24th April: Our Service of Morning Worship was taken by Revd. Judith. It was a pleasure for her to welcome a couple and their very young son who returned for the Baptism Welcome. Also with us were a couple to hear their Banns of Marriage read for the first time of asking. After a complex reading Revd. Judith in her address decoded the message of how Peter finds transformation through a new understanding of the commandment relating to what and who is acceptable to God. There was much to ponder on this. Thank you to Nancy Roser for playing the organ and to all the helpers. Refreshments gave us an opportunity to chat with the young people and to meet up with a family member from Newfoundland, Canada.

26th April: Our **Annual General Meeting of Parishioners** was held in our church followed by the **Annual Parochial Church Meeting**.

7th May: Our **Annual Gift Day** was held in the Village Hall on a very hot, sunny morning. There were various stalls and coffee for people who enjoyed chatting either inside or out in the sun. A very big Thank You to all who attended giving generously and those who gave their time and effort into this event on or before the day.

8th May: The Service of Morning Worship with the Revd. Judith took us through the puzzling time of the Ascension of Jesus. With the sun shining into the church we were able to enjoy our service and refreshment without artificial heating. Thank you to Nancy Roser for coming and playing the organ and to friends who joined us and all helpers.

BENEFACTRESS NEWS Ministry Team Meeting: There is no meeting in June. The next scheduled meeting of the Ministry Team is on **Wednesday 13th July 2016 at 7:30 pm** at Mary's House.

DEANERY NEWS

Deanery Synod: The summer meeting of the Deanery Synod is on **Wednesday 15th June 2016** at St George's Church, Shimplingthorne. The guest speaker is to be the Revd Tim Jones, Diocesan Director of Ordinands and New Ministries, who will be talking about vocations.

GENERAL CHURCH NEWS

Suffolk Show, Wednesday 1st and Thursday 2nd June 2016: Once again the Church of England will be at the Suffolk Show. This year the invitation is for people to come and ask some of life's BIG questions. Archdeacon Ian will take centre stage with a collection of invited guests from every corner of Suffolk who will be on hand to answer any question thrown at them. Come and ask your question over a free coffee and cake. In addition, there will be live music throughout the two days and the Cathedral Discovery Centre team will have an array of children's craft activities and, by popular demand, the St Augustine's Church puppets will return! Find the diocesan marquee at tradestand 'White 690'. Tickets for the show can be purchased in advance at www.suffolkshow.co.uk.

Diocesan Synod: The summer meeting of the synod is on **Saturday 11th June at 9:00 am** in the St Nicholas Centre in Ipswich. See the note below under 'Diocesan e news.'

Diocesan E-News Don't forget that you can sign up to receive (free) the weekly diocesan eNews, which gives details of forthcoming events in the diocese, as well as other news, with a monthly letter from Bishop Martin. Go to www.cofesuffolk.org and enter your e-mail address in the box at the foot of the home page. In his letter on 12th May, Bishop Martin thanked people "for all the support and encouragement you have given me, but thank you most of all for the wonderful examples of faithful and flourishing church life you have shown across the county. I have a real sense that the church is making a vital difference in the lives of individuals and communities and it is this that I pray we build on together in the years ahead." Bishop Martin also writes about the challenges he was given by the Archbishop of Canterbury: "to develop a vision, to build confidence, and to address the diocese's severe financial and organisational issues." Read the letter for news of how the diocese is addressing these challenges and how they will be the focus of the synod agenda on 11th June.

Churches Together Prayer Breakfasts Saturdays 8:00 AM to 9:30 AM.

CTiS&D prayer breakfasts in June, to which all are welcome, will be held at the following venues:

- 4th** St John's Methodist Church, Sudbury
- 11th** Lavenham Village Hall
- 18th** St Lawrence's Church, Great Waldingfield
- 25th** All Saints' Church Hall, Sudbury



THE PARISH OF ST BARTHOLOMEW, GROTON

Churchwardens:
Vacant

From the Registers Funeral and burial in the Churchyard on 13th April 2016 – Patrick ('Paddy') Evelyn McCorkell, aged 88 years. (This is a correction: last month the date was incorrectly given as 13th May 2015.)

Marriage: On Saturday 7th May 2016 Andrew Martin and Jenna Gunn were married in St Bartholomew's Church.

Not the Queen's Birthday Tea!

Sunday, June 26th 3:00 pm to 5:00 pm at Groton Village Hall.

It was decided not to have a Tea Party on the same day as Boxford Community Council's Queen's Birthday Celebrations, but we are going to have a "Belated Happy Birthday" tea instead, 2 weeks later. This will still have a Royal theme, and you never know, perhaps the Queen will come and join us! This Cream Tea will be open to anyone who would like to attend, of any age, and may be outside the village hall if the weather is good. There will be a prize for the best home-made crown, please wear your crown to the tea! There will be a charge of £5, half price for children, and although we will not be selling tickets, the team would be grateful if you could let us know if you will be coming for catering purposes. Please let Pat Kennedy Scott 01787 210319 Jayne Foster 01787 211360 or any member of Groton PCC know if you would like to come. All proceeds to St Bartholomew's Church.



THE PARISH OF ST LAWRENCE, LITTLE WALDINGFIELD

Churchwardens
Vacant

We are to have two services in June: **9:30 am Holy Communion on Sunday 5th** and the traditional **8:00 am Holy Communion on Sunday 12th**.

Preparations are well under way for our **Open Gardens on 3rd July**. We have had a wonderful response from the village: 14 gardens will open, more than ever before.

You may have seen Gillian Harritt busy gardening in the churchyard. She is again filling the tubs, troughs and pots to make a lovely display. We do enjoy it, and we are very grateful to her.

Rotas	Sidesmen	Flowers
5th	Mr. Duffy and Mrs. Nicholls	Mrs. Duffy
12th	Mr. and Mrs. Simpson	Mrs. Squirrel
19th	Visiting	Mrs. Eddington
26th	Visiting	Mrs. Roser

June 2016

Services in the Box River Benefice

Village Prayers

Each week, in the five churches, informal, friendly service, 30-40 minutes, with Revd Judith. We pray for those who are ill, concerns of the villages, and for the wider world. Do join us! Please let Revd Judith know of any people or situations for prayer. Confidential messages can be left on Tel: 01787 210094 or emailed to ccbox@boxriverbenefice.org. All these services take place in the churches during the months April to September and the rota is as follows: **Tuesday** 9.00 Edwardstone; **Wednesday** 9.00 Gress, 17.00 Little Woldingfield; **Thursday** 9.00 Newton, 17.00 Boxford.

PLEASE NOTE THERE WILL BE NO VILLAGE PRAYERS BETWEEN 14TH AND 16TH JUNE (INCLUSIVE)

Wednesday 1st

Boxford 10.30 Holy Communion - Mary's House Revd Judith

Thursday 2nd

Little Woldingfield 19.00 Holy Communion - Neumans Hall (Reserved Sacrament) Lay Team

Sunday 6th

2nd Sunday after Trinity

(G)

Boxford 08.00 Holy Communion Revd Judith

Little Woldingfield 09.30 Holy Communion Revd Judith

Boxford 11.00 Café Church Revd Judith

Boxford 18.30 Evening Song Chris Kingsbury

Wednesday 8th

Boxford 10.30 Holy Communion - Mary's House Revd Judith

Sunday 12th

3rd Sunday after Trinity

(G)

Little Woldingfield 08.00 Holy Communion Revd Judith

Newton 09.30 Holy Communion Revd Judith

Boxford 11.00 Holy Communion Revd Judith

Wednesday 15th

Boxford 10.30 Holy Communion - Mary's House Revd David Abel

Thursday 16th

Little Woldingfield 19.00 Compline - Neumans Hall Lay Team

Sunday 19th

4th Sunday after Trinity

(G)

Edwardstone 09.30 Morning Worship Revd James Ridge

Boxford 11.00 Holy Communion Revd James Ridge

Wednesday 22nd

Boxford 10.30 Holy Communion - Mary's House Revd Judith

Sunday 26th

5th Sunday after Trinity

(G)

Gress 09.30 Holy Communion Revd Judith

Newton 11.00 Morning Worship Revd Judith

Boxford 11.00 Matins Christopher Kingsbury

Wednesday 29th

Boxford 10.30 Holy Communion Mary's House Revd David Abel

Soap Box

Walking through the village the other day, I was accosted by a neighbour who asked what the next topic for Soap Box was likely to be. I replied, with frankness and complete honesty, that I hadn't a clue. "You should tackle speeding through the village" was his retort. An interesting idea, but not one I had considered in recent years, so I did at least give it some thought.

When we first moved here more than thirty years ago, I do not remember there being a speed limit in our village. Indeed, commuting to London on a daily basis back then, I seem to recall that there were no speed restrictions between my home and Colchester station until you reached the outskirts of Colchester itself. Today, little of the sixteen or so miles that make up the commuters journey is without a restriction of some sort.

Times are, of course, very different to those of a generation or more ago. Not only are there more cars on the road, they are quieter and often larger. Off road vehicles and SUVs were unheard of in the early 1980s – at least, so far as being the family car of choice was concerned. And there was less evidence that supported a more restrictive approach to speed management. Little wonder, then, that life has changed so much for motorists.

Amongst the initiatives aimed at creating greater awareness of the hazards of driving too fast was the Speed Watch scheme. This involved equipping local communities with speed measurement devices – known popularly as "Speed Guns" – and training those prepared to stand at the side of the road and measure the speed of motorists driving through a restricted area in a village. Details of miscreants were collected and passed to the police.

This is where it appeared to fall apart. We had an active and well run Speed Watch group in our village, but the person tasked with organizing it fell out of love with the scheme when it became apparent that the police were doing little, if anything, with the information collected on speeding motorists. That it had some beneficial effect was undoubted. I have met and spoken with those who acknowledge they moderate their speed when faced with a Speed Watch group, while I, and others who helped operate the scheme, became more aware of our speed through other villages as a consequence.

It seems that the police are becoming more involved again. I certainly hope so, even if I have to acknowledge they are faced with tight budgetary restrictions these days. Perhaps as important, technology has moved on, so the availability of roadside signs that will tell you the speed at which you

are travelling is becoming more affordable. Our local County Councillor once told me that these are of limited value as people become used to seeing them and tend to ignore them once the novelty wears off, but I am not so sure.

There are plenty of these signs around these days and, at the very least, they can warn a driver whose attention has strayed from the speed at which he is travelling to lighten the load on the accelerator pedal. It works for me and certainly makes me more conscious of my surroundings and the responsibility I bear for local residents – pedestrians in particular. Not that I wish to appear holier than thou as such an approach begs a speeding fine for that occasion when I am simply not concentrating sufficiently and lack external warnings.

Still, perhaps an appetite is returning for a more proactive approach to speed management in our village and the surrounding countryside. I would welcome it and could, perhaps, be persuaded to don my high viz jacket once more to help dissuade those for whom the main road in our village is simply an opportunity to show off. I only hope someone (not me – I am away too much) can be found to demonstrate the same commitment and ability to organizing Speed Watch as the previous incumbent.

Brian Tora is a local writer and broadcaster.

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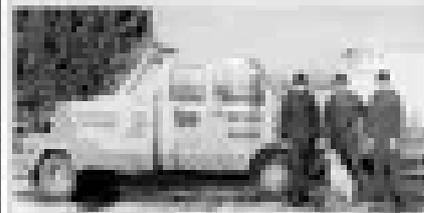


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GARDENING IN JUNE HARRY BUCKLEDEE

The flowers of alpines on the rock garden will die down this month and should be cut off unless they are followed with interesting fruits. Many of the ordinary alpines are better cut back quite hard, flowers, stems, leaves and all. This prevents them sprawling all over the place, induces compact growth and encourages the growing of young shoots, which can be used as cuttings. Kinds which can be treated this way are, Arabis albida, Aubrietia, Helianthemums, Cerastium, Lithospermum, Thymus serhyllum, Candytuft, Kiolas and the more vigorous varieties of mossy Saxifrages. Sedum Acre, Spurium and Album are prone to spreading too readily and it pays to weed them out drastically to stop them overrunning their allotted space.

This month the herbaceous border is usually at its best. Many perennials will be in full flower, as the blooms fade they should be removed, this not only helps to keep the border tidy but prolongs flowering by encouraging the plants to produce more flowers instead of seed, which is its real object.

Gardeners have to be thinking and planning a year ahead so now is the time to sow seeds of hardy biennials for flowering next spring and early summer. The old cottage garden plant Honesty, is still worth growing for its flat, silvery seed pods which are so useful for winter decoration in the house.

For healthy roses with good clean foliage and an abundance of bloom throughout the summer carry out fortnightly spraying against the three main diseases of roses, Rust, Blackspot, and Mildew. Feed with a good rose fertiliser containing all the trace elements necessary to promote healthy growth,

When you buy herbs such as parsley and basil from the supermarkets, they are usually in four inch half pots which are full of roots with no nutrient left in the compost. Plant them up immediately into six inch pots and they keep producing a good supply for many weeks.

Indoor Azaleas will benefit from a spell in the open. They much prefer the improved light and air conditions outside, where they can build up their strength for flowering next winter. This is also the time to report them if necessary, using ericaceous compost, and moving the plant up to a size larger pot. Stand the pot outside in the shade, plunged up to the rim in moist peat. Do not sink them in a bed or border if your soil is alkaline. Pruning is not necessary except to cut back the odd shoot which has

grown to long, making the plant look lopsided.

The danger of frost should now be over and it is safe to plant out all half-hardy plants. Give the pots and trays of plants a good soaking a few hours before planting out, this will get some life into them and enable them to withstand the shock of transplanting. It is a mistake to plant out things that are in a dry state as they take so much longer to establish.

June 21 is the longest day of the year, and the extra light and warmth encourages the garden to put on an exuberant burst of growth. But this extra light and warmth also means weeds will sprout up from seemingly nowhere. Keep on top of them by hoeing regularly in dry conditions.

How to get on top of weeds

Top 10 jobs this month

- 1 Hoe borders regularly to keep down weeds
- 2 Be water-wise, especially in drought-affected areas
- 3 Pinch out sideshoots on tomatoes
- 4 Harvest lettuce, radish, other salads and early potatoes
- 5 Position summer hanging baskets and containers outside
- 6 Mow lawns at least once a week
- 7 Plant out summer bedding
- 8 Stake tall or floppy plants
- 9 Prune many spring-flowering shrubs
- 10 Shade greenhouses to keep them cool and prevent scorch

Charlotte and Maris Peer potatoes can be planted from mid June to late July. These are best planted into our 40 litre patio bags, 5 tubers per bag. No 'chitting' is necessary as the warmth of the compost and the summer temperatures will quickly entice growth. Keep the compost moist at all times whilst the plants are growing, do not overwater or saturate the compost as this can compact the compost and squeeze out the oxygen, preventing the developing tubers from swelling. Also container growing allows them to be moved into your greenhouse or shed if blight threatens.

Remember

The Box River News can be seen in full colour by downloading from the internet. Just go to boxfordvillagehall.co.uk and click on the BRN icon. The Newsletter is usually available about two days after the published press date. ed.kench@btinternet.com

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*Borford Bountly Winners
Jan - Apr 2016*

The Borford Bountly would like to thank members of the community for drawing the following numbers at the Community Council AGM on 25th April 2016

Jan - Feb Draw:

0750	870	1	0850	THE CAUNDREY
1100	870		111	10111
1400	870	0	1001	10010
2100	870	0750	001000	100111

Mar - Apr Draw:

0750	870		0010	100111
0750	870	0750	1001	100111
0750	870		0010	100111
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A good article like this can be found in The Eastern Daily News
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Parish Council Matters

Annual Meeting of Boxford Parish Council

Report of the Meeting held on 3rd May

The next full meeting of Boxford Parish Council will be held on Monday 6th June.

Election of Chairman and Representatives Cllr Fincham-Jacques will continue as Chairman and Cllr Balls as Vice Chairman. The majority of Sub-Committees will remain as before and Cllr Moles will take over as Village Hall Representative.

Public Forum Alex Moore da Luz attended from Dedham Vale Project to provide details of proposed habitat enhancement work on the River Box at Peyton Hall. The property owner and a representative from the Environment Agency also attended. Following his presentation he was questioned about on-going maintenance following the scheme and any potential increased flood risk. He took down details of concerns and contacts and agreed to carry out some further research. The Environment Agency will consider any issue relating to flooding. Providing the scheme gets the go ahead they are hoping to start work in the autumn. Leslie Short attended from Artisan Planning with some colleagues from Landex to outline a **potential phase II at Goodlands**. Following his presentation the traffic issues in the vicinity were discussed including the results of a traffic survey and the stance of this Parish Council against further development in that part of the village. L Short confirmed it was the logical next step following the first phase and wanted to listen to feedback on the type of dwellings needed in the village. Various feasibility studies will feature including traffic, surface water and ecology.

District Council Report Cllr Bryn Hurren attended and confirmed the Chief Executive at the District Councils is leaving to go to a new post. A representative from Babergh Planning is looking to come out to a Parish Council Meeting to liaise regarding Cygnet Court and Goodlands. Cllr Hurren continues to work with the Playingfield Committee in relation to their project for a new cricket wicket and he asked the Parish Council to consider whether they support the use of the 106 grant monies in this way. Cllr Hurren has been trying to get the vehicles for sale moved on from the School Hill junction. Another open day is being organised at Station Field, Sand Hill.

Finance In addition to the usual business a contribution of £500 was agreed towards the Street Party. The End of Year Accounts and Audit Submission were approved.

Cemetery Further quotes are needed to fell the diseased oak behind the Village Hall.

Reports from Chairman and Members Further reports were made of parking issues during football matches at Homefield.

Planning The Planning Authority had confirmed permission had been granted for boundary walls at 32 Stone Street, garage extension at 15 Boxford Lane, extensions at 19 Fen Street and poly tunnels at Shakers Hall. An amendment was notified at the Sand Hill Development. The Parish Council had No Objections to tree work at Causeway House and proposed agricultural barn on land east of White Street Green. The latter was a consultation as adjoining Parish.

Meeting dates for Boxford Parish Council: 6th June and 4th July.

Debbie Hattrell, Clerk to Boxford Parish Council

GROTON ANNUAL PARISH MEETING 2016

Minutes of meeting held at Groton Village Hall, Wednesday 4 May 2016 at 8pm

In the Chair: C Fraulo

Present: J Osborne, A Dixon-Smith, P Roberts (Parish Councillors); B Hurren (BDC); A Robinson (Parish Clerk); R Bowdidge, B Jones, D Lamming

The outgoing Parish Council Chairman, C Fraulo welcomed all those present.

The Minutes of the Annual Parish Meeting of 13 May 2015 were agreed and signed, proposed by J Osborne and seconded by A Dixon-Smith.

J Finch was not in attendance.

B Hurren thanked the Parish Council for inviting him to his 17th Annual Parish Meeting. He said that there had been an increase in Council Tax. BDC had been successful in collecting 99% of domestic tax and 98.5% of business tax. He was pleased to report that businesses seem to be doing well, with record tourism in the area, which was becoming well known for good food. Small businesses were starting up in the countryside. BDC and MSDC have a good stock of council houses despite the right to buy, and solar panels have been installed where possible providing a good income. He advised that there was a good chance of a mobile phone mast in Boxford, with James Cartlidge pushing hard in support. Bryn has attended all Council meetings and is still on the Scrutiny Committee and the Suffolk Standards Board. He is a representative on Ipswich CAB and is enjoying that role. He is Chair of Pin Mill Bay Management Company and of the Quay Theatre. He said that he is always available if he is needed. He handed the Clerk a copy of BDC's report of Highlights and Achievements for 2015/16 which is attached to these Minutes.*

Suffolk Police were not in attendance.

Report from local organisations and charities

Groton Educational Foundation – Anthea Scriven had provided a written report which was read out by the Chair and is attached to these Minutes.*

Groton Winthrop Mulberry Trust – R Bowdidge read his report on The Croft which is attached to these Minutes.*

Groton Parochial Church Council – D Lamming as PCC secretary thanked the Parish Council for the grant towards the maintenance of the churchyard which Tony and Valerie Riddleston keep in good order. The highlight of 2015 was the visit of the US Ambassador, Matthew Winthrop Barzun, including an event in the Church, lunch at the Blackmores' home, and planting a tree on The Croft. The lowlight was the theft of lead from the church roof in October. The PCC is waiting

to hear whether they will be awarded a grant for repairs. The PCC is grateful to Judith for all she does across the benefices, and offer thanks to retiring churchwardens Sue Knight, who has served for 10 years, and Jayne Foster who has served for 9. Sue has taken over as treasurer but for the first time there are no churchwardens.

Groton Village Hall Management Committee – B Jones reported that the main project over the last year had been having the internal ceiling repainted using its own resources and a donation from Groton United Charities. Boxford Study Group kindly donated 30 padded chairs to the hall. Regular bookings are received from them and from Boxford Literature Group, with small private bookings, Church bookings and elections providing additional income. Financially the Committee is fine but has no reserve for any repairs. The next major task will be to re-felt the roof. They will have to seek grant funding for this. (It was noted that last year J Finch kindly offered to provide some money from his locality budget if required so as this was not taken up, it may be that he can assist this year.) The recent Quiz and Curry evening was successful, becoming a Groton institution. There will be a vacancy for a trustee soon if anyone is interested. The AGM is on **15 June**.

Groton United Charities – J Osborne read his report which is attached to these Minutes, and handed the Clerk a copy of the accounts for the year ended 30 April 2015.*

Boxford Playing Fields – Mrs P Lamming had written to the Parish Council thanking them for their grant, and advising that they are hoping to apply for some major grants to update the premises.

Groton Footpaths – The Chairman read John Norton's report which is attached to these Minutes.*

Financial Report – The Parish Clerk read her Financial Report which is attached to these Minutes*, and provided copies of the Receipts and Payments Accounts and the Income and Expenditure Accounts which had been approved by the internal auditor.

Chairman's Report – C Fraulo confirmed that she had stepped down as Chairman of the Parish Council but will remain on the Council until she moves away from the village. She expressed the Council's thanks to Rona Kelsey who had recently resigned; she was a great asset to the Council due to her professional background and was very proactive and helpful. The Parish Council is making progress with identifying a site for a very small development of affordable housing and will report on progress at the next Council meeting. The Council has tried to gradually build up its reserves without increasing the precept. She said that there were currently 2 vacancies on the Council and efforts were being made to fill them; she was keen to see younger people getting involved. J Osborne added that Carey has been a very active and effective Chair and expressed thanks to her for all she has done. He said that he was glad that she was going to remain on the Council until she moves away, and it would be another tribute to her if the affordable housing scheme goes ahead. All in attendance were in agreement.

D Lamming had wanted to raise with J Finch (SCC) the appalling state of the road surface at Park Corner. C Fraulo said that R Kelsey had raised this with J Finch and she will forward on an email she had been copied in on. She believes that the road and drains will be improved in the summer. J Osborne confirmed that the PC would follow this up. D Lamming also said that there had been some petty criminal damage to churches in the area and a monitoring camera had been installed in Groton Church.

There being no further business the Chairman closed the meeting at 9pm.

* The Minutes and attachments can be seen in full on the website, groton.onesuffolk.net

Groton Parish Council

Minutes of the Annual Meeting held at 7 pm Wednesday 4 May 2016 at Groton Village Hall, Broad Street, Groton

Present: C Fraulo, J Osborne, P Roberts, A Dixon-Smith

In attendance: A Robinson (Clerk), R Cheeseman, G Becker

Election of Chairman – C Fraulo took the Chair and confirmed that she was going to stand down as Chairman. J Osborne was nominated as Chairman by P Roberts, seconded by A Dixon-Smith, all in agreement. J Osborne expressed thanks to C Fraulo who has been a very active and effective Chair. The PC is pleased that she is prepared to remain on the Council until she moves away.

Election of Vice-Chairman – J Osborne proposed P Roberts, seconded by C Fraulo, all in agreement.

Apologies were received from N Cox, approved.

Councillor vacancies – J Osborne confirmed that there were currently 2 vacancies following the resignation of Rona Kelsey. Thanks were expressed to her for all her work on the Council. A number of people had expressed an interest and he would like to meet with them to discuss and to provide them with further information, with a view to being in a position to co-opt at the July meeting. J Osborne will contact the relevant people to arrange to meet.

Appointment of representatives – Babergh Area Committee of SALC – C Fraulo agreed to take this on for the time being. The next meeting is on 6 June.

Boxford Community Council – J Osborne will continue this role.

Groton Village Hall – A Dixon-Smith will continue this role.

The Minutes of the meeting of 2 March 2016 were approved and signed.

Chairman's and Clerk's reports and correspondence – there were no matters arising from the correspondence.

Planning Matters – Planning applications received – there were none.

Planning decisions received – B/16/00084 Rose Cottage, 2 Daisy Green, Groton erection of detached dwelling – this had been approved. BDC had advised that in their view there had been no change in planning policy. Whitewebbs, B/16/00275 erection of external staircase – this had been approved.

Local Housing update – C Fraulo confirmed that following the meeting with Hastoe Housing Association the latter had been in touch with the landowner of the

Parish Council Matters

site that had been identified. The officer at Hastoe has been away and C Fraulo will report back once she hears from her further.

Community Emergency Plan – no further input had been received on this. It was resolved to place this on the next agenda.

Highway and Footpath matters - Footpath cutting – A Dixon-Smith had arranged for some paths on his land to be cut, as the SCC contractor has been cutting in the wrong place. Some footpath signs are in the process of being replaced. The Clerk will re-send the footpath cutting schedule to C Fraulo and A Dixon-Smith so they can identify on whose land each path is.

Horsing on footpaths – a complaint had been received about horses cantering on the footpath down to Boxford Playing Fields. It was agreed that care needs to be taken by riders, who should only use footpaths if they have the specific permission of the landowner to do so. Otherwise they should use bridleways or the roads. If there are further similar incidents the Parish Council will make additional enquiries and check with the landowners concerned.

Financial matters - The Statement of Finances and Orders for Payment were approved as under and cheques signed, proposed J Osborne, seconded P Roberts:
Reserve Account as at 31 March 2016 £3517.28
Current Account as at 31 March 2016 £2802.97
Total
£6320.25

The end of year accounts, internal audit report, Annual Governance Statement, the Annual Accounting Statements and the Clerk's annual contractual salary increase were approved

Future Agenda items – Local Housing, Community Emergency Planning, footpath cutting, dog fouling – the Clerk will obtain further information on costs, locations etc.

Date of next meeting – 6 July 2016

A full version of the minutes can be found on the website Groton.onesuffolk.net

Readers Letters

Sir

Please could I thank the residents of Sandhill, Roylands Lane, Calais Street and Hadleigh Road for taking part in this year's Scope house to house collection on the 14th of April. A very generous £89.43 was raised for children with disability. Thank you for your support this is the 20th year I have taken part in this collection and every year I am amazed at how much is donated to this worthy cause.

Many thanks
Gail Skinner

Sir

I would like to thank everyone who came to say Thank You for my fifty years at Boxford school and to everyone who took part in arranging it

Many Thanks
Doreen Jarmin

GROTON VILLAGE HALL ANNUAL GENERAL MEETING

Wednesday 10th June 2016 at 7.30pm

The Annual General Meeting of Groton Village Hall will be held in the Hall (formerly the Old Hall) at 7.30pm on Wednesday 10th June 2016 for the following purposes:

1. To receive the Report & Accounts for the period to 31 March 2016
2. To elect members of the Management Committee
3. To conduct any other relevant business.

All residents of the Parish of Groton, aged 18 or over, are entitled to attend and vote at the meeting.

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THE NAMES ON OUR WAR MEMORIALS – JUNE 2016



The Names on our War Memorials – June 2016
This month in the telling of the stories of the men whose names appear on our villages' war memorials we encounter two places etched into the country's collective memory like few others; the Somme and Gallipoli.

The two men who are commemorated at services in June are Private Robert W Ambrose of Newton, 9683, 1st Battalion Essex Regiment, who died on the 6th June 2015 and Private James Gant of Groton, 5011, 8th Battalion East Surrey Regiment, who died on the 1st July 1916. (The service at Groton nearest to his date of death is in June, hence including him in this month's notes).

Very readable and succinct accounts of these two soldiers and their involvement in the War have been written by Roger and Tina Loose. They were published in the BRN as part of the series of articles that put the First World War into a local context. Private Ambrose's story appears in the April 2014 issue and that of Private Gant in the July 2014 issue.

Gallipoli is a Turkish coastal town near the northern end of the narrow straits known as the Dardanelles. It stands on the eastern side of a narrow peninsular land which forms the northern side of the straits. The Dardanelles have great strategic importance in that they guard the entrance from the Aegean and Mediterranean Seas into the Sea of Marmara and thence via the Bosphorus into the Black Sea and so to Russia. The significance of a route westwards from Russia out to the Atlantic Ocean should not be lost on us today, since but two years ago the Russian Federation, under the direct orders of President Putin, annexed Crimea, which is on the northern shore of the Black Sea, from Ukraine.

In 1915 Russia was a major component of the countries allied against Germany and its European partners, collectively known as the Central Powers. Russia formed the Eastern Front of the War. Towards the end of 1914 it became all too clear that the war was not going to 'be over by Christmas' as both sides dug in along the Western Front. Russia by then was in urgent need of another supply route, being cut off from routes through Europe, and having only the treacherous Baltic and Barents Seas to the north as alternatives. The Allies developed a plan of campaign, largely masterminded by Winston Churchill, then First Lord of the Admiralty, to attack and take Constantinople (Istanbul), which lies on the Bosphorus, and which was the capital city of the Ottoman Empire, and ally of the Central Powers. The first step would be to secure the Dardanelles by a land assault mounted from the western and southern sides of the Gallipoli peninsular.

The Gallipoli Campaign has come to represent the greatest single failure on the Allied part of the whole War. It was badly planned and poorly commanded. It grossly underestimated the fighting strength of the Ottoman army, and it was beset by faulty intelligence and a misunderstanding of the terrain over which the troops would have to fight to gain ground. It opened on March 18th 1915 when British warships tried to force their way through the Dardanelles. This failed and simply alerted the Ottoman Empire that a new front was about to open up, and thus gave them plenty of time to reinforce their positions. When the landings came in April the first waves of Allied troops, including a large contingent of Commonwealth forces from Australia and New Zealand, the ANZACS, were simply cut down on the beaches by truly murderous machine gun fire from the high ground beyond the beaches. When a foothold was finally gained all the Allied forces could do was to dig in just like the along the Western Front. As the fighting continued into the hot Mediterranean summer, with little or no movement of the Front Line, the conditions for the troops became atrocious, beset by swarms of flies from the many bodies littering the contested ground. At the end of the summer it was reported that nearly 80% of the ANZACS were suffering from dysentery. Then, as the winter set in, Lord Kitchener, visiting the area in November, found there to be 15,000 men with frostbite. Evacuation and abandonment of the Campaign was now understood to be the only way to retrieve the situation and prevent further losses. This withdrawal was completed in January 1916. In ten months the Allies suffered some 250,000 casualties including 55,000 dead. Robert Ambrose was part of the 29th Division, which landed on the southern coast of the peninsular around Cape Helles. He survived the initial assault and fought through the first battle attempting to take the village of Krithia. This failed and May was spent repulsing counter attacks whilst trying to consolidate positions. Another attempt to secure the village was started on 4th June and this battle continued for three days. Robert

died two days into the battle probably during a counter attack by the Ottoman troops, as they attempted to outflank the Allies.

In the 1911 Census Robert is recorded as the sixteen-year-old eldest son of David and Maria Ambrose living with his parents in Newton. His father was a horseman on farm and Robert was an agricultural labourer. Robert had six brothers and three sisters. Of these ten children, two including Robert, were born in Chelsworth, one in Layham, one in Whatfield, one in Wattisham, two in Great Bricett, and four in Newton. This sequence of births shows a family moving from tied cottage to tied cottage as work came and went on the farms.

Robert enlisted in Sudbury, probably in early 1915 and survived not six months dying barely six weeks after he landed on the Turkish beaches.

The Helles Memorial, which was completed in 1924 close to where Robert fell, serves as a Commonwealth battle memorial for the whole Gallipoli campaign, and as a place of remembrance for the Commonwealth servicemen who died in the Campaign and have no known grave. Robert's name appears on Panel 144 to 150 or 229 to 233.

The Somme is a river which rises near Saint-Quentin in France about 140km inland and flows approximately WNW out into the English Channel more or less opposite Hastings. The name comes from a Celtic word, which roughly translates as 'tranquility'. About 15km east of Amiens this peaceful river passed directly through the Allied Western Front, which, at this point, traversed France in a North South direction.

The first Battle of the Somme has been the subject of a vast library of books and articles describing and analyzing the events that took place between the 1st July 1916 to the middle of November the same year. All I can offer here is a very potted account of the events that led up to the Somme offensive.

By the end of 1915 the opposing sides in the war had reached a stalemate with both armies dug in to trenches either side of a front, which stretched from the North Sea to Switzerland. It had become a war of attrition and every attempt to breakout by either side resulted in little more than a gain of a few kilometers either way, usually at considerable loss of life. In late 1915 the Allied commanders agreed in principle on a major offensive to start in the early summer of 1916 involving the British, French, Russian and Italian armies attacking the Central Powers on all fronts. The Franco-British part of this offensive was to be centered around the point where the Somme flowed through the lines. However, the plans were preempted by a major German offensive at Verdun in eastern France in February 1916 and this took a significant part of the French army away from the region of the Somme. The French divisions at Verdun were under enormous pressure from this very well planned German attack, and it was decided to launch the Somme offensive in spite of the lack of much of the French support that had been intended, partly to try and draw the German army away from Verdun and thus bring some relief to the French.

The bombardment of the German lines began on the 23rd June and lasted until the 1st July, which was the day the Allied troops 'went over the top' out of their trenches advancing on foot through no-man's land towards the German lines. In fact, the eight-day bombardment had not seriously impaired the German defensive fire power. And so it was that this first day of the battle more than any other probably caused the Somme to become synonymous with the unremitting carnage and slaughter of the War, because in those few hours of a summer's day for a few miles either side of the banks of a peaceful river something like 20,000 Allied soldiers died and a further 40,000 were wounded.

The first battle of the Somme is better described as the Somme offensive, because it actually consisted, including the fateful first day, of fourteen separate battles which lasted, with a lull in August, through to November 18th. In that time, 141 days, the total number of men from the two opposing armies killed or wounded numbered more than 1,000,000, about 600,000 of whom were Allied troops.

James Gant died on the that first day of the offensive, as did Private Harry George Butcher of Little Waldingfield. In all, our war memorials carry the names of 16 men who died whilst fighting in the various engagements that comprise the Somme offensive. We shall meet Harry Butcher and the other 14 men over the coming months.

James was born in 1877 in Groton to Mark and Elizabeth, both of whom were also born in the village. Mark Gant is variously described in the Census returns as an agricultural labourer and a horseman on farm. James followed his father and appears as a horseman on farm in the 1911 Census living at Mill Green, Edwardstone married to Minnie (nee Howe) with five children, three sons and two daughters. James enlisted in Colchester in 1915. He had married Minnie in 1901 and by the time of his death they had seven children. Roger and Tina Loose record how Minnie along with her children had to leave their tied farm cottage after James's death and went to live in Stone Street, Boxford.

The Thiepval Memorial in its entirety is dedicated to the missing of the Somme. It lists 72,247 officers and men of British and South African

BOX RIVER BENEFICE

MAKE UP OF PARISH COUNCILS 2015 – 2019

following the elections on Thursday 7 May 2015

[All members elected unopposed, except in Newton]

BOXFORD PARISH COUNCIL

Roger Balls	19 Daking Avenue	210136
Julian Fincham-Jacques	42 Homefield	210376
Sue Green	34 Swan Street	210603
Cecil Hughes	Kiln Place, Cox Hill	210685
John Moles	40 Homefield	210203
Andrew Sargeant	39 Homefield	211048
David Waspe	22 Stone Street	828953
Suzanne Impett.	Amberly, The Causeway.	210035.
David Talbot Clarke.	18-22 Broad Street.	211976.
Clerk	Debbie Hattrell	210943
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

EDWARDSTONE PARISH COUNCIL

Clare Britcher	Tudor Cottage, Mill Green	211234
Melanie Childs	Edwardstone Lodge	07952 956417
Paul Clarke	Hazel Cottage, Mill Green	210689
Shirley Flack	Mill Cottage, Mill Green	210050
Sharron Norman	Dormers, Sherbourne Street	210386
Clerk	Anita Robinson	211673
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

GROTON PARISH COUNCIL

Carey Fraulo (Chairman)	Groton Manor Farm	210391
Nick Cox	3 Groton Place, Groton Street	210339
Adam Dixon-Smith	Castlings Hall, Castlings Heath	210007
Rona Kelsey	Winthrop Cottage, Church Street	211799
Jeremy Osborne	Waterside Barn, Groton Street	211960
Piers Roberts	Brook House	210619
Clerk	Anita Robinson	211673
District Councillor	Bryn Hurren	210854
County Councillor	James Finch	01206 263649

LITTLE WALDINGFIELD PARISH COUNCIL

Stewart Braybrook	Cypress House, Church Road	247043
Barbara Campbell	Appleton House, Church Road	
Jeremy Coomber	Gatehouse, Holbrook Hall Park	
Matt Foster	Surprise Cottage, Church Road	07779 003635
Vicky Mound	Surprise Cottage, Church Road	
Andrew Sheppard	The School House, Church Road	247980
Clerk. David Crimmin		375085
District Councillors	Frank Lawrenson	
	Margaret Maybury	
County Councillor	Colin Spence	

NEWTON PARISH COUNCIL

Russell Bower	4 Nicholsons Court	
Sue Crawte	South Hill, Church Road	
Jonathan Parker	2 Hall Cottages, Church Road	
Colin Poole	Stow Cottage, Sudbury Road	
Paul Presland	Redwoods, Church Road	379204
Rita Schwenk	1 Assington Road	210838
Philip Taylor	Trotts Cottage, Boxford	211265
Clerk. David Crimmin		375085
District Councillor	Lee Parker	
County Councillor	James Finch	01206 263649

South Suffolk Member of Parliament

James Cartlidge MP

House of Commons, London, SW1A 0AA

Tel: 020 7219 3000

james.cartlidge.mp@parliament.uk

forces who have no known grave. James is among them and his name appears on Pier and Face 6b and 6c.

I was going to include a third name this month, that of Ernest Everitt, whose name appears on the Edwardstone War Memorial. Ernest has been tentatively identified on the Roll of Honour web site as Private E Everitt, 5213, 8th Battalion East Surrey Regiment, who died on the 25th June 1916. However, this Ernest was born, brought up, and worked in Tostock east of Bury St Edmunds and his name appears on the war Memorial of that village. Whilst it is not uncommon for one man to be recorded on more than one war memorial, because of family connections, I can find no connection between the family of the Tostock soldier and the Everitt family of Edwardstone, whose son Frederick is commemorated on the Edwardstone war memorial. For the time being our Ernest will join the list of unidentified servicemen.

As always, if you have any more information about anyone mentioned in this article, please do get in touch by contacting Revd. Judith, email or letter only please, and she will pass it on to me.

Rufus Sweetman, The Rectory, Boxford..

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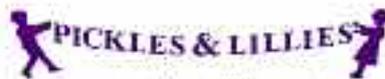
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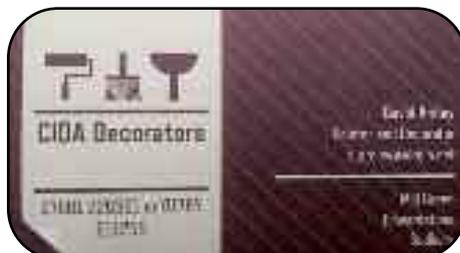


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BOXFORD & DISTRICT BOWLS CLUB NEW SEASON



Boxford & District Bowls Club opens the season with new doors

Boxford & District Bowls Club formally opened for the season on Sunday April 24th. Several members braved the early spring weather as Les Clark, Club Chairman/President, marked the occasion by giving a short speech and then bowling down the first wood of the year. In his address, Les welcomed all members and wished them a happy and successful season and expressed the club's thanks to groundsman Malcolm Grimwood for his hard work in getting the Green into such excellent condition. Following the formal opening, all those present were able to enjoy their first practice bowling session of the season.

The condition of the exterior doors of the clubhouse had been causing concern for some time, but with financial help from the Boxford Community Council and assistance from our Suffolk County Councillor, James Finch, enough funding was raised by the club for new double glazed doors to be ordered and installed in time for the opening day. 'The members of Boxford Bowls Club are immensely grateful for the donations given', Les stated.

Since the opening, several matches have been played and the club has held two very successful social evenings.

Boxford Bowls Club also organised free coaching sessions throughout May for anyone wishing to learn how to play lawn bowls. The response from local people to this offer was very encouraging with several potential new players attending.

For those who wish to play this year but have not yet been able to visit the Club, it is not too late to join and anyone wishing to do so is invited to contact either Malcolm (01206 263301) or Steve (01787 211153) who will be pleased to welcome you. Boxford Bowls Club is located in a very lovely setting behind the Fleece pub in Boxford village centre.



THE STORY OF SLOGGER HART



CRICKET'S SILVER LINING TO THE STORY OF SLOGGER HART
A SPORTS club has been reunited with a valuable silver tankard it was presented as a wedding gift to one of its legendary figures more than a century ago.

William Allen Hart, who was part of Sudbury Cricket Club during a golden era at the end of the 19th century, received the inscribed pint mug from his team mates as a wedding gift in 1899.

It was at a time when "Slogger" Hart's playing days were reaching an end, and as a widower was marrying for the second time at the age of 46. The hard hitting tonker, who farmed at Edwardstone, was part of the club committee that saw it develop its present ground in 1892. His matches for the club included fixtures with the MCC.

An investigation into his history has been sparked by reports that online £45 bids were being sought for a copy of the club's 200th anniversary history book, written in 1987.

Louis Brooks, club chairman, explained: "We were totally taken aback when the tankard came up online for £500. It was being offered by a dealer, who bought it recently at a Suffolk auction."

He said three members of the club had put up money to buy the tankard, which he hoped would be used as a trophy for individuals making special efforts to help the club.

Mr Brooks said at a club dinner in 1936, Hart was remembered in a speech by then president, Frank Nott. He described the late farmer as the best "slogger" he had ever seen.

The 19th century cricketer's father, Jeremiah Kerr Hart, was born in Edwardstone in 1815. He became an Inland Revenue officer. He married at South Shields in 1842, and among his six children was William Allen Hart, who was born in Kilmarnock in 1853. In his early 20s, William Allen Hart and his younger brother Henry moved to work with their second cousin William Hart, at 160-acre The Willows, Edwardstone. William died in 1874 and, although he had a daughter, the cricketer took over the running of the farm. Henry also farmed at Boxford, and eventually died in 1938, aged 84.

William Allen Hart married Elizabeth Mary Machin in 1881, but she died in 1892, while having their first child. The offspring died within a short time. In 1899, Hart married Edith Parsons, of the Firs, Boxford, who was 20 years his junior. The couple were married in London, when the certificate said he was living in Marylebone. They had a daughter Eileen, who was 13 when her father died, aged 63, in 1916. His final address was given as Boser House Farm, Boxford.

In 1924, daughter Eileen (1903-1991) married Arthur Ronald Byham (1904-1955), and at one time they were living in Chilton. Their son Ronald Roy Byham (1925-2004), a driving instructor, married Sylvia (nee Parker) in 1950, and she became a district councillor and mayor of Sudbury, dying a short time ago.

One of her two sons, David Byham, a great grandson of the cricketer, lives locally at Long Melford. He commented: "I was aware there were distant relatives by the name of Hart, but had not previously heard of the cricket connection."